

## OUTSTANDING YOUNG ALUMNA



### Sheila M. Lemke, MD Class of 1986

Dr. Sheila Lemke is an Associate Professor of Medicine in the Division of Hematology and Oncology at SUNY Upstate Medical University. After graduating from medical school in 1986, Dr. Lemke remained at Upstate completing a residency in Internal Medicine in 1989 and fellowship in Hematology and Oncology in 1992.

Dr. Lemke serves as Chair of the Cancer Committee at University Hospital, a position she has held since 1999. In that position, Dr. Lemke is very active in hospital based cancer practice, education and quality assurance. In June of 2006, under Dr. Lemke's leadership, the Cancer Program at University Hospital was awarded a 3 year Accreditation with Commendation.

Dr. Lemke has focused her clinical and research work in the area of Breast Cancer. She has been involved in cooperative group clinical trials through the Cancer and Leukemia Group B. Additionally, she is currently the Principal Investigator on a clinical trial exploring the effects of weight-bearing exercise on bone mineral density in breast cancer patients taking Arimidex. She has also been the recipient of a Lance Armstrong grant exploring the role of exercise on quality of life in cancer patients. In addition to her extraordinarily busy clinical practice which also includes a satellite office in Oneida, Dr. Lemke also has a strong presence in the community. She is a well known speaker and supporter of a variety of Breast Cancer events including the Susan G. Komen Race for the Cure, Carol M. Baldwin Breast Cancer Golf Tournament and many others. She presently serves as the Physician Media Spokesperson for the American Cancer Society. In 2006, she was the recipient of the Humanitarian Award at the Carol M. Baldwin Breast Cancer Gala. She was also recently named as one of Syracuse's "Best 111 Doctors" by her peers.

Dr. Lemke has been very active in the development of a multidisciplinary Breast Cancer Program at University Hospital which will be unveiled this fall. She attributes her success in the area of patient centered cancer care to the countless number of cancer survivors who provide ongoing motivation and support for her work.