Outstanding Young Alumna Award Recipient

Lori Mosca, MD, MPH, PhD, Class of 1984

Dr. Lori Mosca is Director of Preventive Cardiology at New York Presbyterian Hospital, and is Associate Professor of Medicine at Columbia University College of Physicians & Surgeons. Dr. Mosca founded and is Director of the Columbia Center for Heart Disease Prevention in midtown Manhattan. She received her medical degree from SUNY Upstate Medical University in Syracuse, and her MPH and PhD degrees in Epidemiology from Columbia University. She completed a Residency in Internal Medicine at Syracuse and a Fellowship in Preventive Cardiology at Columbia University.

Dr. Mosca's area of clinical expertise is preventive cardiology with an emphasis on the management of lipid disorders. Her research is focused on novel methods for the early detection and prevention of cardiovascular disease. She is Principal Investigator of a National Institutes of Health (NIH) funded study to test the effectiveness of a family heart health screening and educational intervention. Dr. Mosca sits on the Executive Committee of the Raloxifene Use for the Heart (RUTH) International Prevention Trial in women and several other international steering committees related to prevention. She was the recipient of several research career awards in preventive cardiology from the American Heart Association (AHA) and NIH.

Dr. Mosca is Chair of the AHA Council on Epidemiology and recently served on the National Board of Directors. She is President-elect of the American Society of Preventive Cardiology and Chief Medical Advisor for the Sister to Sister Everyone Has a Heart Foundation. Dr. Mosca chaired the Expert Panels for the AHA Evidence-Based Guidelines for Cardiovascular Disease Prevention in Women, and Hormone Replacement Therapy. She also chaired the AHA National Women's Heart Disease and Stroke Campaign and was the recipient of the 2004 Women's Day Red Dress Award. She has participated in several national news programs and documentaries. She is an invited lecturer at many national and international scientific programs. Dr. Mosca serves as a reviewer for several journals including The New England Journal of Medicine, Circulation, and Journal of the American Medical Association. She has authored more than 150 scientific publications. Dr. Mosca is a mother of two boys, wife of a pediatric cardiac surgeon, is a competitive triathlete, and Hawaii Ironman finisher.

