

CLASS NOTES

1957

David B. Levine, of New York, NY, writes, "I am alive and well! *The Dartmouth Alumni Magazine* reported that I was deceased, and our class president alerted me of the error."

1958

Rosanne Wille, PhD, the late wife of George B. Jacobs '58

George B. Jacobs, of Cape Coral, FL, writes, "I am sorry to inform my classmates that my beloved wife, Dr. Rosanne Wille, passed away on October 2, 2024, after a life full of accomplishment. During her career, she was the chair of Acute Medical and Surgical Nursing at Rutgers University, the founding dean of the Lehman College of Nursing and Health Professions of City University of New York, and for more than 10 years served as university provost and senior vice president for academic affairs. While at Rutgers, she was a founder of both the American and International Societies of Neurosurgical Nurses. After retiring, she worked in community affairs at the Cape Coral Police Department and chaired the Architectural Review Board of our community. She managed to be the mother of four sons, a breeder and trainer of champion German Shepherd dogs, and a commercial pilot with more than 5,000 pilot in command hours. She was active in community affairs and was awarded, among many tributes, the American Point of Light Award by President George Bush for a drug prevention program she developed with the

district attorney's office in the New York City public schools. She was nominated for this award by Nancy Reagan. Rosanne's Resurrection Mass was celebrated at the Our Lady of the Miraculous Medal Catholic Church in Bokeelia, FL, a parish in which she served as a eucharistic minister and lector as well as a member of the finance council."

this time as a bonus round. If anybody wants to reminisce, I'm available."

Bruce Stewart, of Frostproof, FL, writes, "Life is good at 92 and would be much better if the current dictator and his minister of health were not in the picture. My wife Judy and I are healthy but learning to live with macular degeneration. We are addicted to cruising and have gone many places and have more planned. If you're in Florida give a holler!"

1965

Robert A. Nover, of Bethesda, MD, retired from teaching and practice in child and adult psychiatry and psychoanalysis in 2024. "My wife Aimee, also a psychoanalyst, is retired," he writes. "We recently celebrated our 62nd wedding anniversary. Our middle grandson will be attending Brown University Medical School this fall."

Lawrence F. Simon, of Pomona, NY, recently retired and is sorry he was unable to make the Reunion.

1961 Reunion

September 18-19, 2026

1962

Steven A. Artz, of Charleston, WV, is professor of medicine at West Virginia University School of Medicine. "Dr. Lyons would have been proud," he writes. "My three sons are academic doctors in California, Nevada, and New Jersey. I spend my time doing endocrine telemedicine for the rural hospitals in West Virginia. I would love to hear from classmates or residency mates (1963-1965). I am still in contact with **Kenneth Kushner**; we share a birthday."

1963

Michael A. Kirsch, of Encino, CA, is in his ninth year of retirement. "Unfortunately, my wife Barbara passed away two years ago and is sorely missed. Fortunately, my three kids, seven grandkids, and two great grandkids are around so I look at

1964

Edward Burak, of Englewood Cliffs, NJ, writes "I work remotely from my house, reading radiology images for Radnet. After spending 50 years as chief of radiology at Irvington General Hospital and running an imaging center in Milburn, NJ, we sold our imaging center in 2020. I am keeping active and still play tennis. My twin brother **George '64**, and my son **Jarett '02**, are both graduates. Jarett is a musculoskeletal radiologist with Northfield Imaging and lives in Roslyn, NJ. He has two children, a son, Sammy, and a daughter, Lola. My daughter Sabrina is a schoolteacher and lives in Paramont, NJ, and has two children, Tommy and Hannah. My brother George is a retired orthopedic surgeon and lives in Edgemont, NJ. He has a daughter and a son, **Corey '99**, who is an orthopedic surgeon practicing at White Plains Hospital."

1966 Reunion

September 18-19, 2026

Frank G. Yanowitz, of Salt Lake City, UT, finally decided to fully retire at 86, although he continues to teach and work on his website (ecg.utah.edu). "Life is Good!" he writes.



Frank G. Yanowitz '66



Rissa and Michael Ratner '68 and Joan and Harvey Bucholtz '68

1968

Harvey K. Bucholtz, of South Orange, NJ, and Joan celebrated Rissa and **Michael Ratner's** 60th wedding anniversary in June. "A friendship that has lasted many wonderful years," he writes.

J. Patrick Lavery, of Kalamazoo, MI, retired from a long career in maternal fetal medicine.

at home from her family, PT and OT," they share.

Kenneth Grundfast, of Boston, MA, writes, "We are all old now and most of us have retired. We got our medical education before there were computers, CT or MRI scans and before DNA mutations that cause various medical disorders were identified. For the most part, we are a very fortunate group. We got a superb medical education for minimal cost. Our faculty members earnestly

wanted to fill our brains with knowledge and teach us technical skills. We were treated with utmost respect and supported in every imaginable way. I am one of the few class members who is not fully retired. As I continue my part-time work as a Professor Emeritus at the Chobanian and Avedesian Boston University School of Medicine, I can see clearly how rapidly biomedical science is advancing and how astounding the advances in biotechnology are. What all of us received from SUNY Upstate is intangible but extraordinarily valuable. Essentially, we were educated through the largesse of New York state, enabling us to have successful, professionally rewarding careers and loads of personal satisfaction. It's good to get old. As the years continue to pass, many parts of life are seen in perspective and I am even more grateful now than before for what I received at SUNY Upstate."

1969

Jane L. Falkenstein and **John T. McCarthy**, of Rensselaer, NY, share that their class note should be entitled Oh No!!! "During summer 2025, we got very excited about going on a cruise to Alaska from Seattle the last week of August but at T-minus two days before we expected to ship ahoy, Jane tripped and fell in her office and broke her right hip. Instead, Jane underwent major surgery. She sailed thru her operation and made a full recovery and is getting great care



John T. McCarthy '69 and Jane L. Falkenstein '69

1970

Alexander (Sandy) E. Kuehl, of Amelia Island, FL, writes, "Our reunion dinner celebrating our 55th was well attended with 23 classmates and guests at the Century Club; Upstate President Mantosh Dewan, MD, and Dean Lawrence Chin, MD, spoke with us. **Alan Williams**, our dinner chair, spoke and memorialized our 23 classmates that have passed away. We announced that the Class of 1970 Scholarship has been officially endowed with \$100,000 in gifts and pledges. **Paul Kupferberg**, a major sponsor of the scholarship, was unable to join us, and **Barry Greenberg** was unable to attend due to an international cardiology conference in Korea, but asked to be remembered to all." **William D. Singer**, of Newton, MA, and Sarah are celebrating their 60th anniversary in December. "Our grandson Sam has been recruited to play baseball at New York University."

Alan L. Williams, of Blaine, WA, shares, "Our 55th reunion weekend of September 19-20 went very well. The Medical Alumni Foundation office team led by Paul Norcross did a wonderful job of planning and executing an interesting and educational program. Eighty-five of our 104 classmates are still living. Attendees at the Saturday evening Century Club dinner included **Jay Adcock**, **Mel Adler**, **Bert Crain**, **Stuart**

Danker, **Ron Dvorkin**, **Alan Kliger**, **Sandy Kuehl**, **Steve Lefkowitz**, **John Marangola**, **Pat Sheehan**, **Richard Sullivan**, myself (dinner chair) and **Mark Wolrich**.

On Friday, Mark received the Distinguished Alumnus Award for his pioneering work in developmental and behavioral pediatrics. Classmates **David Honold**, **John Albrigo** and **Tom Danzi** attended other reunion events during the weekend. A nice feature of the Saturday dinner was the opportunity to interact with Upstate President Manosh Dewan and Dean Larry Chin. Also at dinner, Sandy Kuehl discussed the creation of a Class of 1970 Scholarship and indicated that more than \$100,000 has already been donated or pledged for this purpose. Sandy asked attendees to think of what we would like the scholarship to promote. More on this topic in the future. Overall, a very successful class reunion."

1971 Reunion

September 18-19, 2026

1972

David N. Osser, of Needham, MA, is very excited about the publication of the second edition of his book *Psychopharmacology Algorithms*.

CLASS NOTES

1975

James A. Terzian, of Vestal, NY, is semi-retired, but still doing forensic pathology. "My son **James '07** is a radiologist in Syracuse. And grandson James is now six."

1976 ReUnion

September 18-19, 2026

1977

Stephen C. Brigham, of Saint Michaels, MD, had a long career in diagnostic imaging that has evolved in retirement to the hobby of astrophotography. "Things are looking up!" he writes.

Frank V. Messina, of Pensacola, FL, recently retired from critical care pulmonary practice after 42 years and more than 200,000 patients.

Mark W. Zilkoski, of Wolf Point, MT, welcomed his first great-grandchild. "Azia Rain Ryan Zilkoski and her mom live with us," he writes. "I am taking a year-long contemplative medicine fellowship through The



Azia Rain Ryan Zilkoski, great-granddaughter of Mark W. Zilkoski '77

New York Zen Center, and am loving it. I hope to be able to integrate it into the care here on the reservation. Hello to all from northeast Montana!"

1978

Robert Fulop, of Short Hills, NJ, shares that his daughter Julie gave birth to his third grandchild, Ethan Miles Lickstein, on September 7. "We are very happy," he writes. Ethan's father grew up in Syracuse and still has a large family living there."

1979

Bruce A. Salzberg, of Atlanta, GA, retired in January to spend time with his family and to end a 42-year career in gastroenterology specializing in the care of inflammatory bowel disease patients. His second grandchild, Amelia, was born to daughter Carli, and daughter Lindsay was married to Patrick. "My career in GI has been a long and successful journey in many ways since my time



The family of Bruce A. Salzberg '79

at Upstate Medical University," he writes.

1980

Alexander E. Weingarten, of Holliswood, NY, shares that his son Mark is a psychiatry resident at Mount Sinai in Manhattan, son **Michael '21** is a psychiatry resident at Yale, daughter Michelle is a third-year dental student at the Touro Valhalla campus, and daughter Marnie is a PhD candidate in psychology at Hofstra University.

Joanna Zolkowski-Wynne, of Fairfield, CT, is newly retired in 2025. "We are enjoying our four grandchildren, and I am rediscovering my joy in art," she writes.

1981 ReUnion

September 18-19, 2026



Saul and Ronald C. Brodsky '81

Torah scholar and professional Torah scribe. We're welcoming our fourth grandchild to the family."

1982

Kathleen (Katie) Bosch Baeverstad, of Empire MI, writes, "My husband and I welcomed our first grandchild, Emmett Michael Paul, born to our daughter and her husband. Our daughter was born when I was a fourth-year student at Upstate. I retired in 2022; my medical career was in the emergency department then working for a medical malpractice insurance company. I have written a children's book, published on October 21, *Mama Sugar Bear*. The book is based on a real event in the town where we live in northern Michigan, adjacent to Sleeping Bear Dunes National Lakeshore. In April 2024, a black bear broke into our community's local chocolate shop, dragged a 50-pound bag of sugar out to the sidewalk (without disturbing anything else in

DENNIS DALY, MD '83

A Tradition of Care and Commitment

When Dennis Daly, MD '83, walks into his family medicine office in Camillus, New York, it's not unusual for a patient to recognize his name.

If it's not his own longtime patient, they may be thinking of his father, Roger Daly, MD '55, who had a long career as a beloved solo practitioner in Marcellus, New York. Before him, Daly's grandfather, Dennis Daly, MD '1901, practiced in Ellenberg Depot, New York, for more than 40 years, traveling by horse and carriage to deliver babies.

Today, Dr. Daly's own son, Ian Daly, MD '11, practices alongside him, making the Dalys a remarkable four-generation Upstate family devoted to medicine and community.

"I've been in the same practice location for almost 40 years," Daly says. "I'm seeing second and third generations of patients—sometimes people whose grandparents were treated by my dad. That continuity is one of the most rewarding parts of family medicine."

Daly's deep sense of continuity extends to his long service on the Upstate Medical Alumni Foundation Board, where he has spent nearly two decades championing scholarships and student support. His involvement began unexpectedly; after donating to the Foundation for 15 consecutive years, he received an invitation to a recognition dinner.

"I hadn't been keeping track," he laughs. "But after that dinner, they started talking to me about joining the board—and they reeled me in."

Since then, Daly has served in every leadership role, including a term as president that concluded just as the COVID-19 pandemic began. Through leadership transitions and accreditation challenges, he helped keep the organization focused on its mission: supporting medical students and sustaining a strong sense of alumni camaraderie.

"The Alumni Foundation plays a critical role in helping young people who want to become physicians," Daly says. "Medical school is expensive and demanding, and scholarships can make all the difference. We want students to have the freedom to choose the specialty that inspires them, not just the one that will help them pay off their loans."

Daly is quick to remind fellow alumni that Upstate Norton College of Medicine tuition, even as part of the SUNY system, is now only slightly less than that of many private schools. "The gap between state and private tuition isn't what it used to be," he notes. "And schools with larger endowments can offer much more in scholarships. So, if we want to attract the best students, we need to help level that playing field."

For Daly, giving back to Upstate is a natural extension of the values instilled by his father and grandfather. "Medicine is about relationships, helping people when they're scared or sick, and being part of their lives



Dennis Daly, MD '83

over time," he says. "That same principle applies to supporting our students. If we can take away some of their financial stress, it helps them focus on becoming the best doctors they can be."

Although he still practices three days a week, Daly enjoys a balance that allows time with his wife, three grown children, and three granddaughters—all of whom live nearby. "I'm lucky they're all local," he says. "There's always something going on: school events, sports, babysitting. It's like being back in the days when our own kids were little."

He stays active running, biking, and skiing—his favorite sport—and reading medical journals and the occasional novel. But his commitment to Upstate remains constant.

"I think alumni support is critical for the future of medicine," Daly says. "If we can make it just a little easier for students to pursue their calling—especially in primary care—it benefits all of us."

If you are interested in learning more about the Medical Alumni Foundation Board, please contact Paul Norcross, executive director, at norcros@upstate.edu.

CLASS NOTES



Kathleen Bosch Baeverstad '82



Kathleen Bosch Baeverstad '82 and family



Smoky Mountains National Park sunset at Clingman's Dome. Photograph by Mark Rothschild '82

the shop), and ate the entire bag. This was captured on video and went viral. In my book, this is a mama bear with two hungry cubs who didn't know that stealing is wrong. In the end, a national park ranger asks the bears to stick with berries, fish, and Michigan honey."

Joseph A. Smith, of Hillsborough, NJ, writes, "I continue to stay in family practice after 41 years working three fairly long days a week, but enjoy it still. I practice in Hillsborough, which is in central New Jersey. We have added two new granddaughters for a total of four granddaughters, ages four down to about four months. I'm also enjoying some traveling, including a cruise to Norway this summer and the Canadian Rockies separately."

Mark A. Rothschild, of Lady Lake, FL, continues working limited hours as a cardiologist at Citrus Cardiology Consultants in The Villages, FL, and spends half the year at his second home in Plymouth, MA. He also continues to enjoy travel photography with his

experiences documented on his website: www.markrothschildphoto.com.

1983

Darryl A. Zuckerman, of Olivette, MO, and wife Aurora, welcomed their first grandchild, Daniel Hayden, in June. He continues working at Yale-New Haven Hospital as an interventional radiologist and was recently selected to serve on the board of trustees of the American Board of Radiology.

at Reunion. I hope you all are well and have enjoyed, or continue to enjoy, your professional careers," he writes.

Martin Fried, of Asbury Park, NJ, is beginning a virtual consultation nutrition practice at healthdaysllc.com. He will also conduct webinars on nutrition and can be found teaching on passionclass.co (under the search term nutrition).



Catherine Mahoney, MD, MPH, HS '25, and Teresa J. Karcnik-Mahoney '88

1985

Mickey R. Lebowitz, and wife Anne moved to San Diego, CA, in July after 44 fabulous years in Syracuse to be closer to their children and three granddaughters. His second book, *The EQ Prescription: Put Yourself First to Thrive in Healthcare*, was published in October, a follow-up to his first book, *Losing My Patience* (eq4healthcare.com, Amazon.com). "I missed seeing former classmates and friends

1986 Reunion

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1987

Rosemarie Lombardi Conigliaro, of Oyster Bay, NY, retired in August after 35 years of academic primary care at five academic institutions. "Plans include exercise, reading, and improving my Italian for staying at our retirement villa in Puglia, Italy! Ciao!" she writes.

1988

Teresa J. Karcnik-Mahoney, of Middletown, NY, shares, "It is hard to believe that both of my daughters and I are now Upstate Alumni! **Mary T. Mahoney '23** and **Catherine Mahoney, HS '25**, from the internal medicine residency program at Upstate. I traveled to Syracuse in June for her graduation dinner and enjoyed meeting her colleagues and mentors and found time to enjoy dining in the city while we were there."



Mickey R. Lebowitz '85 (far left) and family



Will '29 son of Regina Torelli '88

Regina "Gina" Torelli, of Natick, MA, writes, "I am so very proud of my son **Will '29**. My fond memories of my time at Upstate, lifelong friendships and an excellent education have so greatly enriched my life. I am so excited for Will's turn."

Richard Ostreicher, of Hakalau, HI, is living on the Big Island of Hawaii after a 30-plus-year career teaching and practicing dermatology in California and Hawaii.

1989

Pamela L. Foresman and **Brian S. Brundage**, of Auburn, NY, completed America's Great Loop in June. "We were on board our 41-foot boat for 7,600 miles and 397 nights. We boated in Canada, Georgian Bay, Lake Michigan, then through Chicago and into the Mississippi, Ohio, and Tennessee rivers to Mobile," they write. "We spent winters in Florida and came north on the Intercoastal waterway through Georgia, the Carolinas, the Chesapeake, New Jersey, New York City, and the Hudson



The Gateway Arch, visited by Pamela Foresman '89 and Brian Brundage '89

to the Erie Canal and back to our home in the Finger Lakes near Syracuse (the center of the universe)! What's next? No idea."

Stephen R. Weinman, of New Paltz, NY, shares, "This August I visited Provincetown, and in between massive amounts of lobster rolls and beer, got together with **Larry Greenwald '89**. He was a great host and inspiration to not retire with the first wave. This spring, **Pam Foresman '89** and **Brian Brundage '89** docked their yacht in Marlboro and we got together for dinner. They are retired (first wavers) and have gone to sea, which I suppose is better than out to pasture.

I continue to work half-time or so at FirstCare and await the reemergence of diseases we learned about and promptly forgot that should emerge as vaccinations phase out."

1991 Reunion

September 18-19, 2026

1993

Janice A. Bedell, New Hartford, NY, is a radiologist who is a long-term locum tenens at Upstate University Hospital at Community, in Syracuse. "I am proud to be working for my alma mater, part of



Stephen R. Weinman '89 and Larry Greenwald '89



Renata Mukai, MD, and Brandon Bedell, MD, son of Janice A. Bedell '93

this prestigious University with a wonderful staff and fellow attendings," she writes. "I've been here for 13 years, as a long-term locums, I've loved the job so much. I'm very proud of my children. Brandon Bedell, MD, is an internal medicine physician; Jared Bedell, JD, a lawyer for Solomon and Cromwell in New York City, and daughter Laura Bedell is a real estate investor for Branjen Realty, working side-by-side with her dad, Robert Bedell, president and owner of Branjen Realty. She is also a dog groomer on weekends for Shaggy Chic Salon.

My son Brandon and his fiancée, Renata Mukai, MD, are engaged with a 2026 wedding planned. He is chief internal medicine resident currently applying for endocrinology fellowships and she is finishing her OB/GYN residency, both at the University of Illinois in Chicago."

Stephanie S. DeBuck, of Freeville, NY, will soon retire from orthopedic practice in Ithaca. "It's been great fun and very rewarding taking care of a wonderful community with wonderful partners," she writes. "I am retiring so I can pursue my interest in art and spend time with my brand-new grandson Oliver. I am so proud of my son Ben, who owns a restaurant, my daughter Emma, who is Oliver's mom, and Sam, who is working as an orthopedic tech and attending nursing school. Hi to everyone! Look me up if you pass near Ithaca."



Oliver, grandson of Stephanie S. DeBuck '93, HS '98

1994

Lisa R. Berger, of Jericho, NY, is entering 29 years in internal medicine practice

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on Long Island for PRINE Health. "I am married to Jeff Berger, MD, a gastroenterologist. Son Brian is a sophomore at Cornell studying business. During my time off, I visit my sister **Lynn Berger-Morrissey '95** and **Tom Morrissey '95** in Delray Beach, FL."

Russell Wenacur, of East Greenbush, NY, started a new role in May as the chief medical officer for the center for disability services in Albany, NY.

1995

Carolyn L. Danzi Marasco, of Wesley Chapel, FL, has worked for BayCare Health System for 24 years and is currently associate program director for BayCare Health Systems Pediatric Residency Program in Tampa, FL, and director of the residency outpatient clinic.

1996 Reunion

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2001 Reunion

September 18-19, 2026

2002

Rebecca L. Bagdonas, of New York, NY, hosted the inaugural Resident Welcome Party for Upstate alumni starting residency in the New York City area. **Angela Gupta, Anjlee Panjwani, Robyn Xiao, Jewel Estrella**, and **William Borchert**, all from the Upstate class of



Rebecca L. Bagdonas '02, Angela Gupta, Anjlee Panjwani, Robyn B. Xiao, and Jewel D. Estrella, and William E. Borchert, all class of 2025, with Skip Lockwood, assistant director of the Medical Alumni Foundation

2025 gathered for connection, conversation, and community at Rebecca's home. They had an opportunity to share experiences about life after medical school, hear from an established alum, and relax in a home atmosphere. Rebecca plans to have more of these events to provide support and mentorship to alums throughout their residency journey.

2006 Reunion

September 18-19, 2026

Tanisha Arora, of Edison, NJ, was elected to serve as president of the New Jersey chapter of the American College of Emergency Medicine (ACEP) for 2025-2026. She will lead important advocacy efforts and plans to champion initiatives focused on advocating for emergency physicians, enhancing patient-centered care, and strengthening quality and safety in emergency departments statewide.

Elizabeth K. Nelsen, of North Sutton, NH,

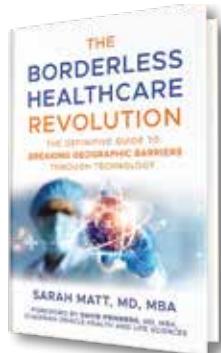
has joined Dartmouth-Hitchcock Medical Center in Lebanon, as a pediatrician in the section of child development. She also holds an appointment as an associate professor of pediatrics at the Geisel School of Medicine at Dartmouth in Hanover, NH. Previously she was a general academic pediatrician and associate professor of pediatrics at Upstate Golisano Children's Hospital and Upstate Medical University in Syracuse for 15 years.

Renee M. Reynolds, of Orchard Park, NY, is clinical associate professor of neurosurgery in the Jacobs School of Medicine and Biomedical

Sciences, at the University of Buffalo and was recently named the inaugural Kevin and Janet Gibbons Endowed Chair of Neurosurgery in May.

2008

Sarah E. Matt, of Fayetteville, NY, writes "My book, *The Borderless Healthcare Revolution*, will be published by Wiley in December 2025. Drawing on my journey from surgeon to technology strategist, the book introduces The Five Pillars of Access: a framework for fixing our broken systems. It is a practical guide to building a future where technology and intentional policy design make quality healthcare truly accessible for everyone. I hope you will look for it."



Renee Reynolds '06, second from left, receiving her award

SARAH FABIANO, MD '10

Enhancing Prehospital Emergency Care



Sarah Fabiano, MD '10

of *Emergency Medical Services* (JEMS), she shapes how emergency responders across the country deliver lifesaving care long before a patient ever sees a doctor.

"I've always been drawn to the intersection between emergency medicine and education," Fabiano says. "Working with prehospital providers, the people who are truly on the front lines, is what I'm tailored toward."

Fabiano's path to medicine began with a master's degree in physical therapy from D'Youville University. Although she loved working hands-on with patients, she found herself wanting to do more.

That instinct led her to medical school at Upstate. Fabiano credits great support from her advisor, Barry Berg, PhD, and the mentorship of Richard Cantor, MD '76, and Mitchell Brody, MD, in the Emergency Department. She excelled academically and was inducted into Alpha Omega Alpha as a junior and received the SUNY Chancellor's Award as a senior.

After completing an emergency residency at the University of Rochester, Fabiano moved to Greenville, South Carolina, drawn by a role that combined academic and community medicine—and by the chance to escape Upstate New York winters.

In Greenville, Fabiano found her niche, becoming deeply involved in Emergency Medical Services (EMS), eventually earning board certification in both Emergency Medicine and EMS Medicine—a dual distinction achieved by only a small fraction of physicians nationwide.

Today, her work spans air, ground, and stadium-based EMS systems. As medical control physician for Clemson University Fire and EMS, she oversees emergency care for the university community, including the massive crowds that fill Memorial Stadium each football weekend. Under her leadership, the program has evolved beyond traditional first aid. "We're treating more people on-site instead of automatically transferring them to the hospital," she says. "It's safer for patients and more efficient for the system."

Her influence extends well beyond campus. Through her role with JEMS, Fabiano ensures the publication's medical accuracy and relevance while mentoring EMS providers nationwide through podcasts, webinars, and conference presentations. She also co-hosts "911 in the 864," a

W hen an emergency unfolds—on a highway, at a football stadium, or in a living room—what happens before a patient ever reaches the hospital can determine everything that follows. For Sarah Fabiano, MD '10, that critical "prehospital" window has become both her passion and her professional calling.

Dr. Fabiano has emerged as a national leader in prehospital medicine, bridging the worlds of emergency care, education, and research. As medical control physician for Clemson University Fire and EMS and medical director of the *Journal*

popular podcast where she and a colleague dissect real-world cases and explore the latest developments in prehospital care.

Fabiano's own research focuses on closing critical gaps in early diagnosis and emergency response. One project trains EMS providers to perform a simple finger-to-nose test to identify posterior circulation strokes—a type often missed by standard screening tools. "These strokes are tricky and frequently overlooked," she says. "We want to give prehospital providers tools that make a difference in the first few minutes of care." The project has grown into a multi-agency initiative with plans to present findings to the American Heart Association.

Another initiative tackles the issue of 911 system overload. Through a countywide grant-funded program, Fabiano and her team are piloting an alternative response model that routes non-emergency 911 calls—such as minor illnesses or injuries—to community paramedics and nurse practitioners rather than hospital emergency departments.

"People are calling 911 for the same reason they go to the ER—because they don't have access to primary care," Fabiano says. "If we can meet them where they are and connect them to the right resources, we can improve outcomes for everyone."

Even with multiple leadership roles, Fabiano continues to practice clinically three to four days a week across several hospitals, including a Level I trauma center. Her commitment has earned her South Carolina's Medical Director of the Year award twice, as well as fellowship honors from both the American College of Emergency Physicians and the American Academy of Emergency Medicine.

She's also an educator at heart, mentoring EMTs, paramedics, residents, and medical students. "There's nothing more rewarding than watching someone you've trained apply their knowledge in a real emergency," she says. "That's what keeps me going."

—Renée Gearhart Levy



Dr. Fabiano conducts training with EMS personnel.

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2011 Reunion
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2016 Reunion
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2018

Joseph Chin, of Fresno, CA, is an attending at Kaiser Permanente in Clovis, in physical medicine and rehabilitation/sports medicine.

2019

Karen I. Cyndari, of Coralville, IA, was the June recipient of a K08 through NIAMS with a project focusing on immune regulation in the setting of Lyme arthritis. "I promptly cracked open the good stuff. Fingers crossed for all my colleagues still struggling through federal changes—truly living in interesting times," she writes.

Matthew M. Fanous, of Mahopac, NY, is happy to share news of his engagement to Marina Boulos. "I am very excited and blessed to start a new chapter in my life with Marina," he writes.

Jonathan Li, of South- ington, CT, welcomed twin newborns on July 17, Logan Ren Li and Adelaide Rae Li.



Adelaide Rae Li and Logan Ren Li, twins of Jonathon Li '19

RESIDENTS

Andrew Tisser, of Clarence, NY, and emergency medicine residency class of 2017, shares a new venture that he co-founded: Franks & Dranks, a gourmet hot dog and cocktail tasting kit that ships nationwide. The company brings people together in a playful way with a premium food and drink experience and makes for a memorable alternative to traditional gifts. "Anyone interested in more information please visit franksanddranks.com," he writes.



Franks & Dranks, a new venture by Andrew Tisser, HS '17

MPH

Bridget (Lenkiewicz)

Volz was honored as a Central New York 40 under Forty award recipient in November 2025 by the CNY Business Journal. She was recognized for her contributions to local public health through her decade of service at the Onondaga County Health Department. In her current role as the health department's epidemiologist, she leads the

development of Onondaga County's Community Health Assessment and Improvement Plan, which guides how local public health priorities are set.



Bridget (Lenkiewicz) Volz, MPH



Marina Boulos and Matthew M. Fanous '19

ANDREW STILSON