Alumini JOURNAL

WINTER 2019 PUBLISHED BY UPSTATE MEDICAL ALUMNI FOUNDATION



FOOD AS MEDICINE

Natalie Antosh '20 and Barbara Feuerstein, MD '84, Spearhead New Elective Aimed at Preventive Health









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UPSTATE MEDICAL

WINTER 2019 ISSUE

James A. Terzian, MD '75

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ON THE COVER:

Natalie Antosh '20 and Barbara Feuerstein, MD '84. Photo by Susan Kahn.

The Spring 2019 *Alumni Journal* included a list of the graduating class and the hospitals to which the computer matching program assigned them. This brought back memories of my own match.

I studied English and philosophy as an undergraduate with plans to become a playwright. In my senior year at Hamilton College, President Robert Ward McEwen convinced me to consider other options and was instrumental in arranging an interview at SUNY Upstate Medical University. I was accepted and reluctantly accepted.

Arriving to Syracuse in September 1954 with a basic minimum of bioscience classes led to an almost disastrous first year. A forced trip to the Department of Psychiatry was "advised," and that assistance allowed me to continue in medical school, graduating number 35 in a class of 70.

When it came time for internship interviews, I had zeroed in on St. Vincent's Hospital in New York City. I was seated on a small stool in the middle of a large conference room with a semicircle of physicians on one end with the center chair elevated. When asked why I picked St. Vincent's, I replied that I planned to be a surgeon and wished to work with Dr. X. The man in the raised seat said, "Have you met Dr. X? "No, Sir. I have not," I replied. "May I introduce myself," he said in return.

When the match list arrived, I received a small booklet listing hospitals that did not fill their quota. I noted that Stanford University Hospital in San Francisco had one opening. They did not fill their quota since the hospital was moving from the city to "The Farm" in Palo Alto.

I called the Stanford Hospital Chief of Surgery, and after a brief discussion, he said, "This is highly unusual, but O.K."

So I loaded up my 1940 Chevrolet and headed across country. After two years at Stanford, a position opened up at University of California Hospital in E.N.T. and the rest is history.

A favorite Upstate memory involves Dr. Phillip Armstrong, professor of Anatomy at Upstate, who had the charming habit of taping a penny to the blue book of superior test answers. I desperately wanted one of those pennies and on the final written exam I wrote pages and pages. When my blue book was returned I had earned a penny, along with the comment, "Not for quality but for quantity!" When I finally write my autobiography, I will call it A Penny for the Doctor.

Kedar K. Adour, MD '58
San Francisco, CA

t was great reading "The Teaching Physical" by Howard Weinberger, MD '58, in the Spring 2019 issue. It brought back great memories of the Dr. Weinberger, who was a great teacher and friend and almost made me a pediatrician, as well as Nurse Reit, who was the surrogate mother to all the medical students. I also have fond memories of Dr. Cook, who was also a professor of psychiatry and worked closely with the internal medicine residents in understanding the emotional problems our critical care patients were suffering. In addition, she was our source for "mental comfort" during those arduous days. Every issue of the Journal brings back fond memories of my days at Upstate.

Phil Altus, MD '71
Tampa, FL

A s always, Reunion this year was a real hoot. It was the first time I heard the "R word" (retirement!) from fellow class members but we all look young enough and fun enough to remain the relevant, productive, and cutting-edge physicians we trained to be. Thanks to Brian Brundage '89 for arranging the boat cruise.

Dinner was excellent at the Century Club. We continue to have the largest turnout of any class, but it is also fun to see the other classes. How about the young class of 2009? Aren't they adorable! And the class of 1969? I was wondering how many of them were at Woodstock. I have no doubt we will rock our 50th reunion when the time comes.

Being in the presence of intelligent, funny, and good-hearted people will never get old. The next reunion seems like a long way away, but I have a feeling it will feel like no time has passed when it arrives. Until that time I will try to uphold the mantle of most frequent Alumni Journal contributor with the same dedication and seriousness I paid to note service, but without the Dom cartoons (unless I can find one!). Until then I hope everyone stays happy, healthy and in touch.

Stephen Weinman, MD '89 Highland, New York



The Class of 1989 at Reunion 2019



Lawrence Chin, MD

Chin Named Interim College of Medicine Dean

NEUROSURGEON LAWRENCE CHIN, MD, has been appointed interim dean of the Upstate College of Medicine. Dr. Chin has served the Upstate community in a variety of roles, most recently as the Robert B. and Molly G. King Endowed Professor and chair of the Department of Neurosurgery.

Chin is the recipient of numerous honors, awards, and visiting professorships and has held a range of leadership positions in the American Association of Neurological Surgeons, the Congress of Neurological Surgeons, and other organizations. He previously served on the faculty of Boston University School of Medicine and the University of Maryland School of Medicine.



NIH Grant Supports Technology to Help Patients Tolerate Chemotherapy

William Kerr, PhD, is the lead investigator on a recently awarded National Institutes of Health grant to study how manipulating a gene could help people better tolerate and recover from chemotherapy.

Dr. Kerr, professor of microbiology and immunology, biochemistry and molecular biology, and pediatrics, has spent much of his career studying the SHIP1 enzyme, which can affect how an immune cell detects and kills cancer cells. He is a co-founder of Alterna Therapeutics, a private biotechnology company. Kerr, Alterna Therapeutics, and a Syracuse University professor are the recent beneficiaries of the one-year \$225,000 NIH grant that will support research conducted at Upstate and at the Central New York Biotech Accelerator.

"This NIH grant at Upstate advances and showcases SUNY's enduring commitment to medical discovery and innovation," says SUNY Chancellor Kristina Johnson. "This research has the potential to impact millions of people whose lives are upended by the devastating effects of chemotherapy. I applaud Dr. Kerr for his leadership on this work."

Upstate Receives \$3-million Gift to establish Golisano Center for Special Needs



Ann Costello, executive director of the Golisano Foundation, announces a \$3 million gift from Tom Golisano at the Upstate Foundation's celebration of Upstate Golisano Children's Hospital's 10th birthday.

\$3-million gift from Paychex founder and philanthropist Tom Golisano will establish a center for special needs at Upstate Golisano Children's Hospital.

The center, which will be named the Golisano Center for Special Needs, will provide comprehensive, coordinated and scientifically based medical and behavioral care for children and adolescents with many types of intellectual and developmental disabilities. The Center will act as an umbrella, creating a framework to increase

collaboration resulting in better patient care and will centralize programs and services available to this population.

Establishing the Golisano Center for Special Needs will significantly increase the number of children with intellectual and developmental disabilities Upstate Golisano Children's Hospital is able to serve, according to Gregory Conners, MD, executive director of the children's hospital and chair of the Department of Pediatrics. "The center will enable us to increase capacity to

7,600 children per year, which is a 167 percent increase in unique numbers served compared to 2018," Conners says.

Upstate Golisano Children's Hospital will continue to provide diagnostic evaluations and treatments currently provided through the Margaret L. Williams Developmental Center. The Golisano Center for Special Needs will allow the children's hospital to provide an additional 563 evaluations per year through this program, which will likely result in more than 200 diagnoses of autism.

Upstate Opens State-of-the-Art Simulation Center

pstate Medical University has opened an \$11-million teaching center that simulates real-time responses to medical emergencies in any setting where health care is delivered, such as the ICU, labor and delivery, or operating room.

The goal is to improve patient safety and patient care, as well as build highly-trained multidisciplinary healthcare teams.

The Upstate Simulation Center, totaling about 8,600 square feet, will become a hub of teaching and training for students from all areas of the health professions. The center will also be dedicated to improving the competency of health care providers as well as training them in new techniques.

"The Upstate Simulation Center exemplifies our mission and vision to improve the health of our communities through education, biomedical research, and health care, and to create a healthier world for all," says Interim President Mantosh Dewan, MD. "This space provides Upstate with the ability to enhance the training of our students and our region's health care professionals by addressing real-life patient-care scenarios through advanced technology, while providing us with the ability to offer immediate feedback on how to best manage patient care scenarios that are faced every day."

The center, located on the lower level of Weiskotten Hall, features eight high-tech manikins that can be programmed to reflect a seemingly endless range of medical complications. "These manikins are about as lifelike as one can get," said Erin Graham, manager of simulation services. "They allow us to set specific scenarios, while providing for the safest training of learners."

The physical space includes a general open staging area to greet and host learners, a simulated operating room; six generously sized simulated acute care rooms with headwalls which can be "flexed" for additional configura-



"Simulation has been used in aviation for many years, and has now been fully embraced in the education of doctors, nurses, and many other health care professionals. It is known to improve clinical competence of trainees and has been shown to improve patient care outcomes as well."

-Lynn Cleary, MD, vice president for academic affairs

tions like Intensive Care Units or Outpatient rooms; two 16-person skills and task training rooms that can be de-partitioned to accommodate up to 32 learners; two debrief rooms which can accommodate a total of 32 learners; a haptics training room; dedicated administrative offices and workspaces to support the center; and the required storage area for all equipment and supplies. Additionally, there are four control rooms so that multiple rooms can be used at once or in sequence as well as observational windows.

"Simulation has been used in aviation for many years, and has now been fully embraced in the education of doctors, nurses and many other health care professionals," says Lynn Cleary, MD, vice president for academic affairs. "It is known to improve clinical competence of trainees and has been shown to improve patient care outcomes as well."

The simulation center will be used by Upstate students in every discipline, faculty, and health professionals from throughout the region.



Sharon Brangman, MD '81

Upstate Evaluates Drug to Slow Alzheimer's Disease

UPSTATE MEDICAL UNIVERSITY is participating in a new, national Alzheimer's disease (AD) clinical research study evaluating the potential benefits of an investigational medicine for people with mild-to-moderate AD.

The Phase 2/3 study, called T2 Protect AD, is evaluating the investigational drug troriluzole (BHV-4157), which may have the potential to protect against, slow down, and even improve memory and thinking problems that increase as Alzheimer's disease progresses.

Troriluzole is a drug that affects the brain chemical glutamate, which is important for healthy brain function. High glutamate levels in the brain can lead to brain cell dysfunction and disease, including Alzheimer's disease. Troriluzole normalizes glutamate levels in the brain.

Upstate is one of more than 40 sites in the United States participating in the T2 Protect AD study. The study is sponsored by New Haven-based Biohaven Pharmaceutical Holding Company Ltd., and is coordinated by the Alzheimer's Disease Cooperative Study (ADCS), a large clinical research consortium based at the University of California, San Diego.

"This drug, if shown to be effective, will actually slow down the changes in the brain," says Sharon Brangman, MD '81, SUNY Distinguished Service Professor of Medicine and chair of the Department of Geriatrics. "Other drugs take care only of the symptoms, so this is a new era in Alzheimer's disease research and we want people in Central New York to have an opportunity to participate in this study."

Cardiovascular Group of Syracuse Joins Upstate Faculty

The Upstate Department of Cardiology grew by eight members on September 1 with the addition of the Cardiovascular Group of Syracuse, a comprehensive cardiology practice in Central New York, whose members joined the Upstate faculty from St. Joseph's Hospital and Health Center.

"Welcoming members of the Cardiovascular Group of Syracuse to our faculty enables Upstate to take a major step forward as a multi-faceted heart program that incorporates the best in academic medicine, including patient care and research," said Sri Narsipur, MD, interim chair of the Department of Medicine at Upstate. "Our work together will provide patients with collaborative care teams dedicated to providing seamless, exceptional care for our patients."

The addition of the eight cardiologists to the Upstate medical faculty is a key step in Upstate continuing to build its Heart Institute and increases its number of outpatient cardiology sites to six locations. The Upstate Heart Institute unites the expertise and advanced technologies of cardiac surgeons, and cardiovascular and cardiology specialists, set within the resources of the region's only academic medical university.

For patients, the addition of the new cardiologists at Upstate will put into place the expanded medical team to create streamlined care, with greater access to other experts and treatments as needed. As part of the medical university setting, the addition of the new faculty members will enhance the training programs for medical residency and provide patients with greater access to clinical trials.

"We are very excited about our affiliation with Upstate Medical University," said Mark Charlamb, MD '91, speaking for the new Upstate cardiologists. "Joining the faculty provides our cardiologists and our patients access to advancements in care and the availability of experts that only the setting of an academic medical center can provide."

Upstate's efforts at building a world-class heart program began with its appointment in 2017 of G. Randall Green, MD, ID, MBA, as division chief of cardiac surgery and director of the Upstate Heart Institute. In building the multidisciplinary institute, Green has helped to expand cardiology and cardiac services and has brought new state of the art cardiac intervention and surgical modalities to Upstate.

Fabi Named U.S. National Academy of Medicine Fellow

RACHEL FABI, PHD, assistant professor in the Center for Bioethics and Humanities at SUNY Upstate Medical University, has been recognized by the U.S. National Academy of Medicine as one of five fellows in its 2019 class.

Fabi was named the Greenwall Fellow in Bioethics. The fellowship provides scholars with the opportunity to experience and participate in evidence-based healthcare or public health studies and policymaking processes that improve the care and access to care of patients in domestic and global health care systems. The Greenwall Fellows participate actively in the work of the National Academies addressing bioethics issues in clinical care, biomedical research, and public policy.

Each fellow will continue in his or her primary academic post while engaging part time over a two-year period in the National Academies' health and science policy work.

In addition to her faculty post, Fabi serves as a member of Upstate University Hospital's ethics consultation service and as a faculty research affiliate of the Lerner Center for Public Health Promotion at Syracuse University. Her research focuses on the ethics of health policies that affect immigrant access to health care and the social determinants of health.



Rachel Fabi, PhD



Rebecca Garden, PhD

Garden Named Assistant Dean for Disability and Inclusion

ebecca Garden, PhD, associate professor of public health and preventive medicine, has been named assistant dean for disability and inclusion. The appointment expands her role as co-chair of the Disability and Inclusion Task Force to align Upstate Medical University with best practices for disability awareness and accessibility.

Dr. Garden has a deep history of research, teaching, and advocacy related to disability and deafness in healthcare practice and education, and has published articles on the disparities and discrimination that deaf and disabled people face in healthcare, as well as addressing the bias and discrimination that people face due to other identi-

ties, such as race and ethnicity, class, gender, sexuality, weight, and age. She also organizes and moderates co-curricular Interprofessional-Community workshops on disability and healthcare involving students and faculty from Upstate Medical University, Syracuse University, and Le Moyne College.

Garden's research and teaching are in the field of health humanities, using literature—particularly autobiographical narratives—as well as literary and disability studies to address social, cultural, and ethical issues in healthcare and public health. Her most recent research looks at popular and literary narratives of aging and dementia, exploring the social and ethical issues and how disability studies perspectives might help to address bias and disparities.

Garden serves as executive director of the Consortium for Culture and Medicine (an interdisciplinary and inter-institutional organization for education and research), which brings together students and faculty from different disciplines and professions at Upstate Medical University, Syracuse University, and Le Moyne College.

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pstate College of Medicine alumni in classes ending in 4 and 9 returned to Syracuse for Reunion Weekend on September 21 and 22. To see more photos visit: https://medalumni.upstate.edu/reunionphotos.





Stanley B. Burns

DISTINGUISHED ALUMNUS

Stanley B. Burns, MD '64, FACS

tanley B. Burns, MD '64, is a New York City ophthalmologist and the founder and executive director of the Burns Collection and Archive, a historical photography collection of more than one million images, including the largest private collection of early medical photography, and world-class collections of war, crime, African-American, Judaica, and memorial photography. Using this assemblage of unique images as a resource, Dr. Burns has authored 49 texts, 11 essays, and more than 1,100 articles on related topics. He has curated more than 100 exhibitions and consulted on hundreds of documentaries, television series, and feature films.

A native of Brooklyn, Burns attended Brooklyn College, where he excelled in organic chemistry and comparative anatomy. This gave him the confidence that he would be successful in medicine, and he chose to study at SUNY Upstate Medical University. The close-knit and supportive Syracuse medical community encouraged and enabled him to create his unique path in life.

Burns regularly photographed his classes and classmates, which led him to become photography editor of the 1964 yearbook. His photos of Ernest Becker, Aldous Huxley, Thomas Szasz, and other psychiatric notables would become part of his historic photograph collection.

After graduating, Burns completed a general surgical internship at the U.S. Public Health Service Hospital in San Francisco, followed by an ophthalmology residency at the U.S. Public Health Service Hospital on Staten Island. In 1970, he began his ophthalmology practice as an assistant in two ophthalmology offices. Two years later, he opened his own office.

Burns had been an avid collector since his youth. In 1975, after he was shown a daguerreotype of a South American Indian with a tumor of the jaw, he sold off all his unrelated collections and aggressively began purchasing early photographs. In 1978, he held his first exhibition at Adelphi University, "One Thousand Words...," exhibiting more than 1,000 photographs. His collection was lauded by Time/Life's *Encyclopedia of Collectables*, as one of the top historic photography collections in America. After the exhibition, sponsored by Bristol-Meyers Squibb, he wrote *Bristol Gallery* of *Medical History*, a medical historical photography journal



Dr. Burns (second from left) receives his award from Interim President Mantosh Dewan, Interim Dean Lawrence Chin, and Dennis Daly, Alumni Foundation president.

from 1981-1989. He published *Early Medical Photography* in *America* in 1983, and in 1987 co-curated *Masterpieces* of *Medical Photography: Selections from the Burns Archive* with artist Joel-Peter Witkin, which won an ICP best photography book award.

Burns focused on the cultural phenomena of memorial photography in his 1991 landmark book, *Sleeping Beauty: Memorial Photography in America*, which was featured on the front page of *The New York Times Book Review*.

Burns has been recognized as one of "America's Top 100 Collectors" by *Arts and Antiques* magazine, one of "New York's most Passionate Collectors" by *New York Magazine*, and named one of the six influencers in photography in Aperture's *Connoisseurs and Collectors*.

Burns was the on-set historical, medical and technical advisor on the HBO/Cinemax series "The Knick" and PBS's "Mercy Street," and is now a member of the Screen Actors Guild for his role as a surgeon in Martin Scorcese's 2019 film, *The Irishman*. He holds appointments as research professor of medicine, clinical professor of psychiatry, professor of medical humanities, and adjunct professor of obstetrics/gynecology at New York University Langone Health. When not collecting or seeing patients, Burns spends his time consulting, lecturing, creating exhibits, and writing books on under-appreciated areas of history and photography, and sharing his knowledge and rare and unusual photographs worldwide.

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OUTSTANDING YOUNG ALUMNUS

Scott J. Cameron, MD, '09

cott J. Cameron, MD '09, a specialist in blood vessel disorders and platelet dysfunction, is associate section head for research in the Department of Cardiology at the Cleveland Clinic. His research studies signal transduction pathways in the cardiovascular system as they relate to thrombotic and ischemic diseases, focusing on identifying existing and novel platelet signaling pathways in myocardial ischemia and in peripheral vascular disorders such as advanced peripheral artery disease, chronic venous insufficiency, and aortic aneurysmal disease. An overarching theme of his laboratory is personalized medicine aimed at better defining platelet function in disease states, paying close attention to post-receptor signal transduction pathways.

Dr. Cameron initially trained as a pharmacologist at the University of Edinburgh in Scotland, his home country. He completed postgraduate training in the same discipline at the University of Rochester, then postdoctoral fellowship training in clinical chemistry at the Johns Hopkins Hospital in Baltimore to gain qualification in chemical pathology as well as intense exposure to biomarker discovery and evaluation, which would later become instrumental in the disease he would dedicate his early career to.

He applied for and was offered a faculty position in the Department of Pathology at Stanford University, but at the urging of his wife, applied to medical school instead and enrolled at Upstate Medical University. He completed his internal medicine residency at the New York Presbyterian Hospital–Cornell in New York City, followed by a five–year integrated clinical and research fellowship in cardiology and vascular medicine at the University of Rochester, where he was mentored in platelet biology by Craig Morrell, PhD, a national expert in this discipline. At Rochester, Cameron initiated an innovative vascular assessment referral clinic for local optometrists called Vascular Assessment in Patients for Ocular Reasons. He was also the founding member of the University of Rochester Pulmonary Embolism Response Team.

Earlier this year, Cameron moved to the Cleveland Clinic, one of the most active vascular groups in the United



Dr. Cameron receives his award from Interim President Mantosh Dewan, Alumni Foundation President Dennis Daly, and Interim Dean Lawrence Chin.

States. He currently is principal investigator (PI) on a National Institutes of Health-funded study on cardiovascular complications that develop after heart attack and co-PI on an American Heart Association study related to the development of new treatments for stroke. He has been PI or co-PI on multiple basic, translational and clinical research studies on heart attack, arterial disease, and aneurysm.

Cameron has coauthored more than 50 scientific papers and editorials in peer-reviewed medical journals on platelet disorders and vascular medicine and has been an invited lecturer at numerous international and national medical meetings and conferences. He is a Fellow of the American College of Cardiology and the Society of Vascular Medicine and sits on various counsels of the American Heart Association. Cameron is a peer reviewer for multiple medical journals including the *British Medical Journal*, the American Journal of Medicine, Annals of Internal Medicine, Circulation, Circulation Research, and the Journal of Thrombosis and Thrombolysis. He is also on the editorial board of ATVB, and he is an associate editor of Vascular Medicine.





Carl A. Hammerschlag

HUMANITARIAN AWARD

Carl A. Hammerschlag, MD '64

arl A. Hammerschlag, MD'64, is a leader in the field of psychoneuroimmunology, or mind-body-spirit medicine, and the belief that how you feel about yourself has a direct correlation to your immune system and healing process. He is founder of the Healing Corps, which conducts clown healing workshops for health-care professionals, training them how to deeply connect with patients in a short time.

A New York City native, Dr. Hammerschlag earned his bachelor's degree from City College of New York, which he followed with medical school at Upstate Medical University. It was the Vietnam era, and after earning his medical degree, he joined the United States Public Health Service, Indian Health Service (IHS) to satisfy his military obligation. Two years later, in 1967, he began his psychiatry residency at Yale University. It was a tumultuous time and provided an extraordinary training ground for someone interested in community psychiatry.

In 1970, Hammerschlag returned to the IHS as chief of psychiatry at the Phoenix Indian Hospital, for many years the only psychiatrist for the Indian reservations spread throughout Arizona. He learned to fly a single engine Cessna and traveled

weekly to reservations throughout the state, where he taught doctors, nurses, teachers, judges, and probation officers the principles and practice of community mental health.

At the same time, he was exposed to traditional healers who gave him valuable insight into Native American culture, where the spirit plays an integral role in wellness and healing.

In 1986, Hammerschlag began a private practice and started writing books about what he had learned (The Dancing Healers; The Theft of the Spirit; Healing

Ceremonies, and later, children's books). He also began speaking publicly about how people get sick and the many ways they can get well, including practical applications of what we now call the science of psychoneuroimmunology. He co-founded the Turtle Island Project, which conducts workshops integrating indigenous wisdom with Western science to help doctors and patients to magnify their healing power.

Classmates Hammerschlag

and Burns

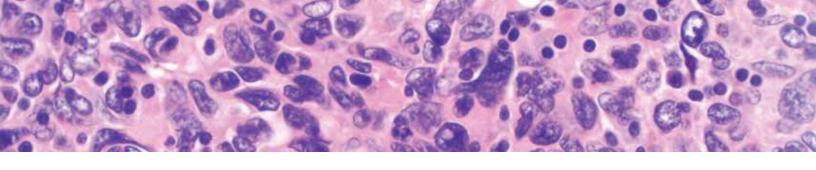


Dr. Hammerschlag receives his award from Interim President Mantosh Dewan, Interim Dean Lawrence Chin, and Dennis Daly, Alumni Foundation President.

In 1991, Hammerschlag met Patch Adams, MD, perhaps the world's most recognized humanitarian clown, and discovered the power of a "red nose" to connect with people at a heartfelt level. Over the last 30 years, he's clowned in war zones, disaster areas, refugee camps, hospices, orphanages, mental institutions and prisons.

Hammerschlag and his granddaughter traveled to the Peruvian Amazon as humanitarian clowns. There, they began training clowns who were also healthcare professionals to conduct mental health clinics in public settings where clinicians saw patients for 15 to 20 minutes. They did not make diagnoses, prescribe drugs, or focus on the patients' problems, but rather on their strengths and resilience. In these brief encounters, they realized they could establish an intimate connection that had significant impact, on both "the patient" and the "practitioner."

After five years of conducting clinics in the Amazon, they replicated this model at home in Phoenix, Arizona. The Healing Corps approaches healing through the lens of the clown, training practitioners how to use clown techniques—such as humor, compassion, eye contact, spontaneity and play—to create intimate healing relationships.



SCIENCE FLATION Comes to like

BY RENÉE GEARHART LEVY

arcoma is a rare and aggressive cancer that can occur in soft tissue and bone, affecting both children and adults. Sarcomas are classified into several groups, with more than 50 different subtypes. Historically, treatment options have been limited to surgery, with or without radiation, followed by chemotherapy. There are only a few drugs currently available for patients with sarcoma; the overall survival for metastatic disease is 11 to 20 months. But the advent of DNA sequencing technologies is opening new frontiers, allowing doctors and scientists to study genetic alterations causing these tumors and develop targeted therapies tailored specifically to their cancer.

"We are now able to do extraordinarily sophisticated analysis at a genetic and molecular level of a patient's tumor sample or blood specimen to find out what is driving that tumor. This is something that I thought of as science fiction as a medical student and now its reality," says Mrinal Gounder, MD '04, a medical oncologist specializing in sarcoma and other rare cancers at Memorial Sloan Kettering Cancer Center in New York City.

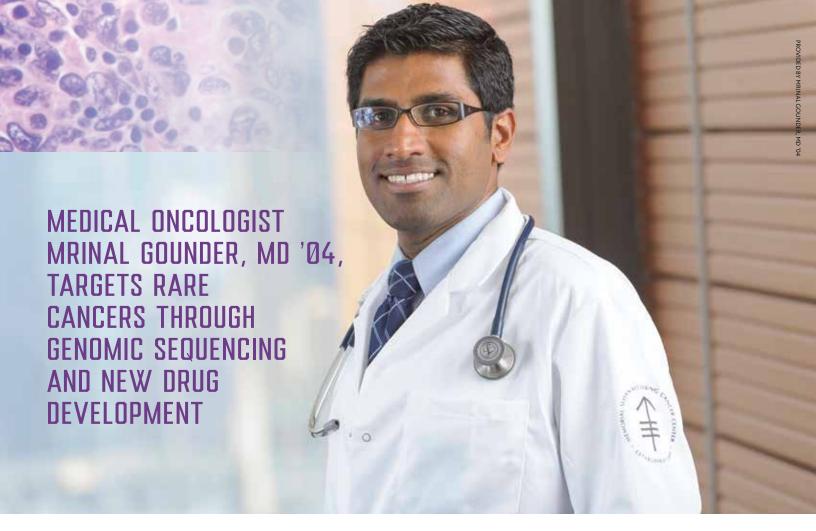
Personalized medicine—the use of an individual's genetic profile to help guide medical decisions—has shown great promise in identifying effective treatments for patients with certain types of cancer. In 2000, a type of sarcoma called

Gastrointestinal Stromal Tumors (GIST) was the first solid tumor to have targeted therapy based on mutations on a gene for KIT when the drug imatinib, which was also being developed in leukemias, was noted to also inhibit KIT, a driver gene in GIST. Imatinib in GIST became the proof of concept for personalized medicine in solid tumors, and thus, heralded a revolution in oncology.

Working with a team of sarcoma experts in medicine, surgery, radiation, pathology, and cancer biology at Memorial Sloan Kettering, Dr. Gounder is attempting to unravel the complexity of each type of sarcoma and develop new drugs in order to move away from the "one size fits all" paradigm.

"There are many exciting new gene-targeting drugs out there-existing drugs that have shown good results for people with other rare cancers, as well as promising new drugs now in clinical trials that might be very beneficial for some sarcoma patients," he says.

Gounder is an attending physician in Memorial Sloan Kettering's Phase I Clinical Trials program and lead investigator on several clinical trials in his division. His own research focuses on discovering and developing new compounds that are more effective in treating solid tumors while being less toxic for the patient, as well as leading the movement to expand the knowledge base on sarcoma.



Using a sophisticated DNA sequencer, Gounder is investigating the genetic mutations driving different types of sarcoma. At the 2017 American Society of Clinical Oncology Conference, Gounder and colleagues presented results from a study investigating the impact of next-generation sequencing in discovering diagnostic criteria and therapeutic treatments for both soft-tissue sarcoma and bone sarcoma. Their work identified more than 60,000 mutations, including germline mutations of known and novel genes, results suggesting that next-generation sequencing may play a pivotal role in diagnosis and treatment selection.

Foremost, the data can be used to match patients to clinical trials that treat cancer based on a specific genetic mutation, regardless of where in the body the cancer originated. Finding the genomic cause of the tumor may give a patient a new frontier to battle cancer when standard therapies are unsuccessful or toxic.

"There are many different mutations and gene signatures associated with sarcoma, and we suspect they play a very important role in understanding a patient's disease," says Gounder. "We are now left with the task of validating these findings in prospective studies. This is the essence of precision medicine."

he son of an endocrinologist and a scientist, Gounder got hooked on translational research as an undergraduate biochemistry major at SUNY Binghamton. He was a research assistant in an insect lab doing molecular biology and spent two years at Harvard Medical School conducting research on gene therapy of brain tumors. "I observed physicians who were seeing patients in the morning and then spending the afternoon in the lab on research, trying to move the needle forward," he recalls. "That back and forth was exciting."

He says he approached his medical studies at Upstate Medical University with an open mind. "Every time I was in rotation, I was seduced by that field and how individual attendings talked with passion about what they did. I remember spending a summer working with Dr. Mantosh Dewan on schizophrenia, and I was convinced that I was heading into the field of psychiatry" he says.

Ultimately, he felt there was no area with greater potential for impact than oncology. The Human Genome Project was underway. "There was an explosion of understanding and drug development," says Gounder, who says he was influenced by David Duggan, MD '79, Bernard Poiesz, MD, and John Wright, MD. "By the time I was writing my essay to apply for internal

"It's bench to bedside and bedside to bench.

More and more, the human body has become the lab.

Historically, things would happen in the lab and then many years later move to the patient, but now, it happens much faster. We've found that the best thing you can study is that one patient sitting in front of you."

-MRINAL GOUNDER, MD '04

medicine residency, it was crystal clear I was heading for oncology," he says.

During his intern year at Northwestern University, Gounder treated a patient who had large sarcoma in his pelvis resulting in an amputation. "He was a young man in his 20s with a young family. He'd lost his leg and the pain management was very difficult. He'd had several rounds of chemotherapy and there was nothing left; basically, he transitioned to hospice," Gounder says. "That kind of haunted me."

He'd intended to focus on pancreatic cancer during his residency at Memorial Sloan Kettering Cancer Center, but after making a connection with two attendings that were sarcoma specialists, his direction was sealed.

When he joined the faculty of Memorial Sloan Kettering in 2009, Gounder says sarcoma treatment was still "the wild, wild west."

"The standard treatment was surgery—removing the tumor if you could, or amputation, possibly radiation, and then chemotherapy," he says.

The revolution has occurred only in the last seven or eight years, fueled by advances in genetic sequencing that began almost 2 decades ago.

"What was primarily being done in the lab has moved into the clinic. We now routinely offer a patient the option to do tumor genetic sequencing of approximately 500 or more genes in the clinic. Clinic is now the new lab," says Gounder, who, given his background in molecular biology and genetics, got involved early on.

Sarcomas comprise only one percent of adult cancer diagnoses, making them one of the rarest forms of cancer. Even among this small group, there is broad tumor heterogeneity, making even the diagnosis of sarcoma quite challenging.

DNA sequencing has changed that as well. "We've moved away from using what you see under the microscope to making a diagnosis at a molecular level," says Gounder. "We've gone from one in 10 patients getting the wrong diagnosis to patients getting the most precise diagnosis, which in itself is a huge leap forward."

One of the challenges of working with rare diseases is the low number of patients to draw comparable information from. Gounder is currently working on a paper for *Nature Medicine* compiling information learned from 8,000 sarcoma patients worldwide who have had genetic sequencing for sarcoma. "There is truly going to be a paradigm shift in thinking about how to treat a sarcoma patient," he says.

ut sarcoma isn't his sole purview. Gounder is part of Memorial Sloan Kettering's Early Drug Development Center, where he sees cancer patients who have failed standard care and need to move on to an experimental therapy.

"We take very promising new drugs developed in the laboratory and evaluate their safety and efficacy in cancer patients," he says.

Gounder focuses his efforts on rare cancers, which he views as a huge unmet need. "Many of them are generally very neglected, are poorly studied from a biological perspective, and are not considered profitable in terms of drug development by pharmaceutical companies because of the low number of patients," he says.

Despite the challenges, Gounder has seen his efforts pay off. To study desmoid tumors—a locally aggressive sarcoma—Gounder aligned with patient advocacy groups internationally and was able to complete the first Phase 3 randomized, global study, something other experts had said would be impossible.

There is no standard of care for desmoid tumors, which can be locally aggressive and painful. In a phase 3 clinical trial, Gounder found that a drug called sorafenib stopped progression of desmoid tumors for two years in 80 percent of patients who completed treatment, a significant increase in progression-free survival compared with the placebo. The results were published last

year in the *New England Journal of Medicine* and Gounder hopes will lead to drug approval by the FDA. The study was named as one of the top Advances of the Year for 2018 by the American Society of Clinical Oncology.

Gounder says there's no division between the various aspects of his work. "Everything is sort of tied to everything else," he says. He sees patients two days a week—one day, patients with non–sarcoma rare cancers, where his focus is on early drug development; the other, sarcoma patients, who receive the gamut of care, depending on the stage of treatment they are in.

Many of these patients undergo surgery and chemotherapy. Others need experimental treatment and will undergo genetic sequencing. Sometimes, he will replicate a patient's tumor in mice to test the efficacy of various drugs. "If something works, we bring it back to the patient," he says.

Gounder's remaining time is focused on research efforts: writing and managing protocols, talking with pharmaceutical companies, managing his research staff, and collaborating with other lab directors. "It's bench to bedside and bedside to

bench," he says. "More and more, the human body has become the lab. Historically, things would happen in the lab and then many years later move to the patient, but now, it happens much faster. We've found that we can leapfrog our knowledge by just carefully studying that one patient sitting in front of you, something I remember Sara Greithlein, MD, telling me at Upstate."

Gounder says his primary goal in pursuing oncology was to help cancer patients through the development of new drugs. "That's what drives me," he says, "to find a cure."

But it takes a village, from the clinical researchers, to the laboratory scientists, to the patient advocacy groups, the pharmaceutical companies, and most importantly, the patients who agree to participate in clinical trials. Over 10 years, he's led or been part of teams on several drugs that have received FDA approval and gone to market and believes he will see half a dozen more entering the market soon—seeds planted a decade ago that are just now beginning to mature.

"We all want to make a difference," says Gounder, "to improve on the status quo." ■





Battling Cancer, a Psychiatrist Gets Personal with His Patients

BY JONATHAN SALTZMAN

dam Philip Stern, MD '10, knows the drill. A psychiatrist is supposed to listen, to empathize, to focus on his patients' problems. Revealing his personal life isn't part of the arrangement. After his son was born, Dr. Stern even hesitated to put a picture of him on his desk.

Then the psychiatrist at Beth Israel Deaconess Medical Center was diagnosed with an incurable form of kidney cancer. He was only 33. Stern might not live to see his son grow up. He struggled to maintain his focus and empathize with patients' less urgent concerns.

"I listened intently, but I felt nothing," Stern wrote of his session with a grieving patient, in an extraordinarily candid article in the *New England Journal of Medicine*, titled "Doctoring While Sick—Is Living with Cancer Making Me a Better or Worse Doctor?" Patients lose jobs or have marital stress, Stern went on, "but my mental reaction to each one is some variation of the same thought: But you still have your health."

Therapists have long debated how much to share of their personal lives with patients. Sigmund Freud, who developed psychoanalysis over a century ago, said the analyst should remain an anonymous blank slate upon which patients could project their unconscious fears and desires.

But in the nearly two years since he got the devastating diagnosis, Stern has written prolifically and movingly about his ordeal. His boundary-pushing themes have included his fear of dying before

his two-year-old is old enough to remember him, his decision to see a psychotherapist, and his deepening understanding of his patients' ruminations. If patients see his articles and ask about his health, he discusses it with them and explores their reactions.

Stern, an assistant professor of psychiatry at Harvard University, said he finds writing therapeutic and hopes that readers, including perhaps his own patients, will too.

"While psychiatrists and therapists know that they should leave their stuff at the door, most often patients want to know more about their treaters," Stern, now 35, said in an interview. "They want to know more about what their personal lives are like and actually what makes them tick. And so this is actually a window for people to get to know me a little bit."

Since he was diagnosed in January 2018 with stage 3 kidney cancer—a diagnosis revised to stage 4 a year later after doctors found the cancer had spread to his right lung—he has shared his innermost thoughts in a dozen media outlets, including the *New York Times*, the *Boston Globe*, *STAT*, *The Forward*, WBUR's website, and several medical publications. He's also working on a memoir.

Some mental health experts say it can be risky for a psychiatrist to share such musings so publicly.

Theodore Fallon Jr., MD, a psychoanalyst and physician who teaches at the Drexel University College of Medicine, said some patients might read Stern's writings and conclude "You're so selfabsorbed with your pain that you can't pay attention to me." Other patients might try to comfort Stern, Fallon said, undermining the very foundation of the therapeutic relationship.

But, Fallon said, a skilled psychiatrist can balance those drawbacks against the benefits of self-disclosure, which in his view include demonstrating that the practitioner is a human being with problems not unlike those of patients. Fallon himself dabbles in fiction and poetry that draw on his experiences, teaches creative writing to medical students, and says people yearn to see that "we're not alone in the world."

Stern, a soft-spoken native of Roslyn, N.Y., comes from a family of physicians—his father and brother are cardiologists—but has always liked to write.

A graduate of Brown University, he wrote for *The Healing Muse*, a literary journal published by the Center for Bioethics & Humanities at SUNY Upstate Medical University in Syracuse while attending medical school there. He became a psychiatrist, he said, partly because no medical specialty relies more on what patients tell their doctors.

But as he got busier in his practice, he cut back on writing to focus on his psychiatric work. Stern oversees the psychiatric program at Beth Israel's Berenson-Allen Center for Noninvasive Brain Stimulation. The center uses magnetic fields to stimulate nerve cells in the brain to relieve symptoms of drugresistant depression. He also has a private practice at the hospital treating patients in traditional 45-minute sessions.

Stern discovered that he had cancer only 13 months after his son was born. He had lost 25 pounds but largely attributed it to increased activity, including running after his toddler. But after experiencing night sweats and seeing blood in his urine, he visited his primary care doctor.

The doctor ordered blood tests and an imaging test of his urinary tract. Anyone who has ever worried while awaiting the results of medical tests will identify with Stern's mounting panic as he struggled to get his results—an ordeal he vividly recounted in articles on the websites of the Kidney Cancer Research Alliance and the American Society of Clinical Oncology.

He described repeatedly hitting the refresh icon on the patient portal when trying to get his blood test results. Then, when he began seeing inflammatory markers that were "elevated off the freaking charts," as he wrote, he began searching Google to figure out what they meant—something doctors invariably tell patients not to do.

The following day, he obtained a computerized image of the urinary tract scan but struggled to get his primary care physician on the phone to interpret it.

"My right kidney looked completely normal to me, while the object that used to be my left kidney was a repulsive, hideous, exploding mass of entropyseeking sickness and death," he wrote. "I texted my brother a screenshot. 'I'm officially freaking.'"

Finally, Stern's doctor called. Stern had a 10-centimeter tumor on his left kidney. Within a week, he had surgery to remove the kidney. Pathology results determined that he had an aggressive form of kidney cancer that usually afflicts people 50 and older.

An imaging scan also revealed spots on his lungs but doctors thought those might be nothing. He began an experimental immunotherapy regimen. This past January, a year after his cancer diagnosis, he had a second operation to remove part of his right lung. The spots turned out to be cancer that had spread from his kidney.

Soon after Stern's original diagnosis, he began writing prolifically. He said he

wanted to make sense of his illness, but also hoped to destignatize discussions of cancer.

In his first piece, he wrote that he read online that he had only slightly better than a 50 percent chance of living five more years.

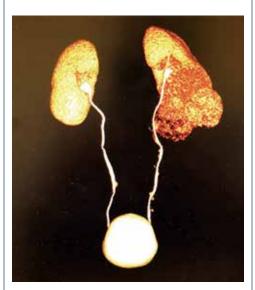
Those odds, he wrote, were similar to the chances that one of his patients with chronic depression will find relief from the magnetic stimulation that his center provides.

"Like roughly half of my patients, I may find out the hard way that I'm on the wrong side of this 50-50 split," he wrote.

In another piece, he conceded that he had struggled to understand some patients' irrational obsessions until he found himself avoiding ordinary objects—plastic foam coffee cups is one, he said—because he couldn't rule out that it might have triggered his cancer.

Stern's article in *The New England Journal of Medicine* last September was particularly revealing. He had never had difficulty empathizing with patients who had lost loved ones, he wrote, but he struggled to connect with a patient weeping over a recent death: "I could offer condolences, but my words weren't grounded in emotion."

Troubled by his own reaction, Stern asked the grieving patient in a follow-up



A CT image of Stern's diseased kidney

session whether he felt comfortable with him writing about the episode. The man signed a release giving permission, although the article contained no identifying details.

Despite his illness, Stern continues to work, although he has cut back on the number of patients he sees in his private practice. He looked healthy during a recent interview and is lobbying with other kidney cancer patients to increase funding for research into new potential treatments.

In 1912, Freud wrote that the analyst "should be opaque to his patients and, like a mirror, should show them nothing but what is shown to him." But as psychoanalysis has declined in popularity, and cognitive behavioral therapy and medication have become far more popular, more therapists have publicly shared details of their lives.

Among the best-known is Kay Redfield Jamison, a clinical psychologist who has written books about her struggle with bipolar disorder.

Before he began writing articles, Stern said, he consulted colleagues and mentors at Beth Israel, including Pamela Peck, a psychologist and clinical director of psychiatry.

The guiding principle, Peck said, was to make sure that Stern considered his patients' potential reactions to whatever he wrote and made their welfare his top priority.

"I would imagine that most patients would feel reassured that the doctor taking care of them has real and authentic feelings," she said. "Anyone who reads it is moved by the humanity of it."

Stern says he's grateful that the hospital has supported his writing and that he has gotten good feedback from readers, including patients.

"For me, writing about challenging, emotionally difficult situations has always been therapeutic," he said. "I'm not someone that speaks very easily about what's going on in my inner world, but I can write about it." ■

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Do Something!

The Importance of Patient-Advocacy in Healthcare

BY ADAM PHILIP STERN, MD '10

hortly after his first surgery for kidney cancer, Bryan Lewis was told to get his affairs in order. There was too much scattered tumor left behind and few effective treatments available in 2007. He didn't die, though. A talented surgeon named Gennady Bratslavsky, MD, at the National Institutes of Health (now head of urology at SUNY Upstate Medical University) offered a longshot 12-hour marathon operation that, against all odds, led him to a state of being disease free 12 years later.

Lewis, an attorney and father of young twins at that time, felt the natural desire to leave his cancer behind.

"I wanted to say I had cancer. It's done. I'm done with it. I'm moving on," he says.

Over time, though, the decision didn't feel quite right.

"I went on a trip and one of my friends said, 'You know, Bryan, you're not supposed to be here. You've got to give back.' That was the first inkling of the idea that I had to do something," Lewis says.

He was introduced to a man named Chris Battle who was diagnosed with the same disease, but was still fighting for his life. Lewis saw himself in Battle, and the parallels were too glaring to ignore, particularly after seeing Battle eventually lose his life to the disease. Before he died, Battle had written a blog about his experience that gained a large following. Harnessing the voices of the many patients and doctors who were engaged with the blog, Battle's wife Dena has gone on to raise money and help connect kidney cancer patients with one another through a non-profit organization called KC Cure. Inspired by that, Lewis began

asking himself and others what he could do.

"It became sort of obvious. I lived 10 blocks off the Capitol so I started going over to the House and the Senate and just trying to make appointments with people," he says. "I started just knocking on doors."



Gennady Bratslavsky, MD

Lewis says he spent his first several months just learning Capitol Hill etiquette. Over time, he was able to link the kidney cancer community with advocacy groups and with D.C. policy makers, such as Rep. Nita Lowey. She was particularly receptive to the problem of underfunding for kidney cancer research and became the community's champion on the Hill. With support from advocacy groups and other politicians, they were able to add a line item for kidney cancer within a Department of Defense program called the Congressionally Directed Medical Research Program (CDMRP). In the years since, dedicated funding for kidney cancer research has increased from \$0 to \$10 million in fiscal year 2017 and to \$20 million in 2018. Finally, dedicated

physician-scientists in the field are beginning to have the support they need to achieve breakthroughs.

ven having gone through medical school, I never truly understood what it meant that there were popular and unpopular cancers. I couldn't feel the impact of that until I was diagnosed with kidney cancer and noticed the impact of being inadequately funded.

As an academic physician, I know first-hand that funding opportunities are the lifeblood of scientific progress. My own scholarly path, looking at neuroplasticity as a biomarker for depression, stemmed in part from foundational support from the Brain and Behavior Research Foundation. Financial incentives steer the careers of talented individuals toward particular areas of investigation, which leads to progress and new research questions, which draws more interest and additional funding. It can be a cycle where the rich get richer, while the poor hope for breakthroughs by proxy. In kidney cancer, for example, many cutting-edge immunotherapies are first discovered in melanoma, and then tested in kidney cancer patients after the fact.

Since diagnosis, I've also discovered that, thankfully, there is an entire community of patients and caregivers dedicated to making whatever difference they can. In addition to Lewis and Battle, I became acquainted with Ralph and Brenda Knapp through an online patient community. Ralph has been living with advanced kidney cancer for five years and has been close to death several times. Only with the compassionate care of Hans Hammers, MD,

his physician at UT Southwestern, has Knapp managed to survive.

Like Lewis and Battle, the Knapps felt the call to do everything in their power to help move the needle.

"I'm not wasting my cancer," Ralph has said. "If you wait for the lights to be green to go to town you'll never make it."

The Knapps had the ability and the will to raise money and asked Hammers what study he needed to do to move the field forward that wouldn't otherwise be funded. Hammers wanted to test the hypothesis that targeted radiation prior to immunotherapy could enhance the efficacy of the treatment. And thus, the RADVAX trial was born. If the results show a promising signal, it could provide game-changing data that wouldn't have been accumulated without patient-advocacy.

"I'm not wasting my cancer. If you wait for the lights to be green to go to town you'll never make it."

hat strikes me about these individuals and many others I have met in the community is the personal will to "do something." The disease eliminates so much of our sense of agency that we thirst for the ability to make any kind of difference, and we are beginning to realize that we may be stronger together. This year, Lewis and the Knapps formally merged their organizations to create Kidney CAN. They brought in a tireless advocate in Susan

Poteat, whose husband Gary is also living with the disease. And last month, they all partnered with Toni Choueiri, MD, my own doctor at Dana Farber Cancer Institute.

With the participation of field leaders, the group held the first ever Kidney Cancer Research Summit. The meeting was sponsored by the Knapps, organizations such as the American Urological Association, and in part, by pharmaceutical firms in the industry, and was co-chaired by the two physician thought-leaders, Drs. Choueiri and Hammers. The mission was to present and discuss the cutting-edge translational research being fueled by the CDMRP—the very same fund that Lewis had been so instrumental in cultivating. The meeting attracted 140 scientists from academia and industry as well as a select group of patient-advocates.



Attendees of the inaugural Kidney Cancer Research Summit held in Washington, DC, in September



Drs. Choueiri and Hammers

"When I saw all of those different disciplines represented in one room and talking to one another ... I knew we had something special," Lewis said.

Choueiri said the conference was "one of the major excitements I had in my career," and "hopefully the start of something bigger to cure

kidney cancer," which takes some 15,000 American lives each year.

To me, attending the symposium gave me hope. It reminded me of the great heights that driven individuals can reach and made me appreciate the many talented and dedicated people working on the problem that threatens my own life.

I'm confident that, while exceptional, the kidney cancer community's individual-meets-system form of advocacy among patients, doctors, government, and industry isn't uncommon across the vast landscape of medical survivorship. I'm only now able to see the extraordinary effort happening because I'm personally impacted by it. And by writing about the work that patient-advocates of all stripes are doing—quietly but with persistent determination—I hope that I am doing my own part in this group effort that calls for all hands on deck.



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Tamara A. Prull, MD '98 Colleen M. Quinn, MD '97 Deborah L. Reede, MD '76 Pamela J. Reinhardt, MD '84 Betty E. Reiss, MD '68 Jacob A. Reiss, MD '68 Michael E. Rettig, MD '86 Patrick J. Riccardi, MD '76 Michael A. Riccione, MD '85 Harold Richter, MD '82 William H. Roberts, MD '69 Louis A. Rosati, MD '66 George Rosenthal, MD Jeffrey Roth, MD '91 Steven M. Rothman, MD '73 Patrick F. Ruggiero, MD '84 Barton L. Sachs, MD '77 Gary G. Sauer, MD '85 Thomas L. Schwartz, MD '95 Susan Schwartz McDonald, PhD Lawrence Seidenstein, MD '70 Lawrence Semel, MD '79 Steven M. Shapiro, MD '84 Neal M. Shindel, MD '80 Anurag Shrivastava, MD '03 William Snearly, MD '86 Mallory Stephens, MD '54 Ralph L. Stevens, MD '81 Brian F. Strickler, MD '06 Neil E. Strickman, MD '77 Marc A. Subik, MD '79 John L. Sullivan, MD '72 Dawn M. Sweeney, MD '89 Michael J. Szostak, MD '96 Hollis A. Thomas, MD '67 Kathleen Tierney, MD '93 Robert E. Todd, MD '93 Raymond C. Traver, Jr., MD '68 Paula Trief, PhD Lauren H. Turteltaub, MD '98 Christopher G. Ullrich, MD '76 Mark B. Van Deusen, MD '09 Katherine A. Van Savage, MD '98 Josef J. Vanek, MD '89 William S. Varade, MD '82 Joseph D. Verdirame, MD '75 Abigail R. Watson, MD '06 Susan L. Williams, MD '79 Bradley A. Woodruff, MD '80 Gary M. Yarkony, MD '78 Jack E. Yoffa, MD '69 Ralph D. Zehr, MD '64 Jason T. Zelenka, MD '96 Phuong A. Zelenka, MD '96 Robert H. Zimmer, MD '54 Neal Zung, MD '85

Legacy Society

ur Legacy Society honors those who have provided for a gift to the College of Medicine in their estate plans. The Legacy Society allows us to give these donors the recognition they deserve during their lifetime.

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*deceased

To view complete Legacy Society list, visit https://medalumni.upstate.edu/legacy



1945

TOTAL GIVING \$100 *Percentage of Giving 50%*

\$100-\$499 Brinton T. Darlington

1947

TOTAL GIVING \$20 *Percentage of Giving 14%*

\$1-\$99Shirley M. Ferguson
Rayport

1949

TOTAL GIVING \$355 *Percentage of Giving 44%*

\$100-\$499 Leona C. Laskin Shirley M. Stone Cohlan

\$1-\$99 Robert W. Rakov Thomas E. Snyder

1950

TOTAL GIVING \$400 *Percentage of Giving 29%*

\$100-\$499 John W. Esper Kenneth F. Golden

1951

TOTAL GIVING \$3,000 *Percentage of Giving 50%*

\$1,000-\$2,499 Hugh S. Fulmer E. Robert Heitzman

\$500-\$999 Edward Dunn

1952

TOTAL GIVING \$2,000 *Percentage of Giving 10%*

\$1,000-\$2,499Norman R. Loomis

1953

TOTAL GIVING \$275 *Percentage of Giving 25%*

\$100-\$499 Robert T. Buran Frederic F. Taylor

\$1-\$99 James E. Lewis Daniel J. Mason

1954

TOTAL GIVING \$89,360

Percentage of Giving 60%

\$50,000 AND ABOVE Albert F. Mangan*

\$1,000-\$2,499Mallory Stephens
Robert H. Zimmer

\$100-\$499 Keith R. Dahlberg William H. Hampton, Jr. Donald W. Hillman Joseph E. Mather Bertram S. Mersereau William M. Nicholas

\$1-\$99 Carl W. Janovsky William E. Locke Arnold M. Moses

Thomas A. Treanor

1955

TOTAL GIVING \$1,375 *Percentage of Giving 24%*

\$500-\$999 John E. Bloom Eleanor M. Luce

\$100-\$499 Arnold D. Pearlstone Philip J. Speller R. Douglas Wayman

\$1-\$99 Robert E. Austin

1956

TOTAL GIVING \$13,612 *Percentage of Giving 55%*

\$5,000-\$9,999Frank E. Young*

\$500-\$999 Michael L. Del Monico Douglas S. Langdon

\$100-\$499 Jerome H. Blumen Stanley D. Chovnick Willard Cohen Donald M. Ettelson James P. Giangobbe Howard W. Goldbas Milton Ingerman Arvin J. Klein James J. La Vine Robert D. Lindeman Robert Penner Lawrence H. Port Donald E. Robins Judah Roher Ira H. Scheinerman James L. Sterling Arthur M. Stockman Harvey I. Wolfe

1957

TOTAL GIVING \$2,005 *Percentage of Giving 30%*

\$500-\$999 Stephen A. Hirsch David B. Levine

\$100-\$499 Melvin E. Cohen Arnold H. Derwin Frederick Dushay Eugene A. Kaplan Marvin A. Leder Ronald A. Nackman

\$1-\$99 Gene L. Cary Thomas R. Miller, II Murray V. Osofsky J. Walden Retan

1958

TOTAL GIVING \$34,300

Percentage of Giving 32%

\$25,000-\$49,999Welton M. Gersony

\$1,000-\$2,499 Kedar K. Adour George B. Jacobs

\$500-\$999Newton B. Chin

\$100-\$499 George S. Goldstein Howard J. Osofsky George E. Randall Richard Schoenfeld Howard L. Weinberger

\$1-\$99Dennis R. Derby
Martin L. Nusynowitz
L. Robert Rubin

1959

TOTAL GIVING \$229,761

Percentage of Giving 43%

\$50,000 AND ABOVE Zaven S. Ayanian

\$10,000-\$24,999 Rudolph J. Napodano Stanley Zinberg

\$5,000-\$9,999Angeline R. Mastri

\$1,000-\$2,499 Frank T. Cicero Samuel Hellman Ira J. Langer

\$500-\$999A. Byron Collins*

\$100-\$499 Samuel J. Braun Philip J. Burke Richard J. Lubera Myron Miller David A. Scheer Carl E. Silver Philip Zetterstrand

\$1-\$99 Hamilton S. Dixon George A. Lamb





Largest Class Gift Award Recipient: Class of 1959

1960

TOTAL GIVING \$3,150 *Percentage of Giving 37%*

\$500-\$999 Lynn J. DeFreest Eugene J. Karandy \$100-\$499 Robert E. Alessi Mary G. Ampola Julian M. Aroesty Robert A. Bornhurst Daniel L. Dombroski James P. Moore Frank Paoletti Samuel O. Thier Allen H. Unger Lewis Wexler Philip A. Wolf

\$1-\$99 Leonard R. Friedman Roger D. Moore Robert R. Siroty

1961

TOTAL GIVING \$2,100 *Percentage of Giving 33%*

\$500-\$999 Jacob L. Cohen

Carlo R. deRosa \$100-\$499

Peter Greenwald Howard R. Nankin Barton Pakull Alan J. Pollack Bennett L. Rosner Nelson P. Torre

\$1-\$99 Robert I. Raichelson Charles H. Reiners

1962

TOTAL GIVING \$3,410 *Percentage of Giving 35%*

Percentage of Giving 35

Stuart J. Schwartz

\$100-\$499 Steven A. Artz Richard H. Bennett Steven N. Berney Gerald A. Glowacki Reynold S. Golden Kirtland E. Hobler William J. Mesibov Karl Newton Robert Poss Younger L. Power Jerome M. Reich Richard K. Shadduck Alan Solomon Theodore K. Tobias

\$1-\$99 Howard B. Demb Mead F. Northrop

1963

TOTAL GIVING \$14,745

Percentage of Giving 38%

\$5,000-\$9,999 Philip M. Gaynes I. Bruce Gordon

\$1,000-\$2,499 Sir Frederick N. Ballantyne Gustave L. Davis

\$500-\$999 Bernard W. Asher Kenneth T. Steadman Bruce Stewart

\$100-\$499 Richard F. Carver Arnold Derman Franklin Fiedelholtz Irwin P. Goldstein Robert M. Klein Malcolm E. Levine David I. Rosen Carl Salzman Edward D. Sugarman Richard J. Wells **\$1-\$99** Howard A. Fabry Opal M. Zschiesche

1964

TOTAL GIVING \$15,500

Percentage of Giving 61%

\$1,000-\$2,499 Edward Burak Stanley B. Burns Frederick R. Davey Paul A. Herzog C. David Markle Ralph D. Zehr

\$500-\$999 Anonymous Alan M. Roth Jack C. Schoenholtz

\$100-\$499 Anonymous Robert F. Agnew Stanley L. Altschuler Michael Andrisani Kenneth J. Bart Martin J. Braker





Frank J. Bruns George Burak Allan J. Ebbin Seymour Grufferman Nathan M. Hameroff Carl A. Hammerschlag Daniel L. Harris Phineas J. Hyams Louis S. Jagerman Lewis W. Johnson Gary C. Kent Stephen F. Kucera David S. Lederman Daniel J. Marrin Samuel J. Mazza Lawrence W. Myers Alan J. Noble Stephen Z. Schilder A. Albert Tripodi Louis H. Van Slyke David W. Watson

\$1-\$99 Robert M. Spurgat

1965

TOTAL GIVING \$31,860

Percentage of Giving 40%

\$10,000-\$24,999

Herbert M. Weinman

\$5.000-\$9.999

Martin W. Aronovitz* Thomas J. Stevens

\$2,500-\$4,999 Patricia J. Numann

\$1,000-\$2,499 Peter J. Adasek Donald L. Jeck Gerald A. King

\$500-\$999

Anthony R. Caprio Michael J. Festino

\$100-\$499

Anonymous Bruce E. Baker Jack Egnatinsky Herbert Fellerman Pete Haake Gary J. Havens Paul J. Honig Dirk E. Huttenbach Aaron Kassoff Ronald A. Rohe Thomas G. Rumney Philip S. Schein Daniel H. Whiteley

\$1-\$99 Robert A. Nover

Robert A. Sargent James R. Tobin

1966

TOTAL GIVING \$38,455

Percentage of Giving 46%

\$10,000-\$24,999 Anonymous Adolph Morlang

\$1,000-\$2,499 Norman L. Fienman Robert A. Levine Louis A. Rosati

\$500-\$999 Malcolm D. Davidson Martin P. Kolsky

\$100-\$499 Mark D. Aronson Nathan Billig Charles E. Cladel Alvin Cohen Norman Dishotsky Neal M. Friedberg Bernard D. Glasser Susan E. Glasser Jerome Goldstein Martin S. Goldstein A. Michael Kaplan **Ernest Kovacs** Michael S. Levine Bonnie M. Norton John W. Petrozzi Alan F. Pritchard Irwin Schlossberg*

John A. Souma

Russell F. Warren

Stephen A. Wilson Howard R. Wilkov

\$1-\$99 Michael S. Kreitzer Stuart B. Paster

1967

TOTAL GIVING \$88,774

Percentage of Giving 36%

\$50,000 AND ABOVE Anonymous

\$5.000-\$9.999 Martin R. Post

\$1,000-\$2,499 Barrie Anderson Elliot Brandwein Jay Grossman John R. Moore Hollis A. Thomas

\$500-\$999

Leslie M. Burger Alfred P. Coccaro Martin L. Cohen Michael D. Horn

Daniel G. McDonald Aaron N. Tessler

\$100-\$499 Abba E. Borowich Roger A. Breslow Charles F. Converse Bruce D. Edison Warren C. Gewant Mark A. Goodman Ira D. Levine Joseph C. Martino Allan J. Press Robert M. Quencer Robert S. Rhodes Charles T. Sitrin Jesse Williams Elizabeth D. Woodard

\$1-\$99 James A. Barnshaw

1968

TOTAL GIVING \$153,634

Percentage of Giving 40%

\$50,000 AND ABOVE Anonymous (3)



\$5,000-\$9,999Patrick Fantauzzi

\$2,500-\$4,999 Harvey K. Bucholtz Cathey E. Falvo Kenneth A. Falvo Michael B. Fisher

\$1,000-\$2,499
Anonymous
Bruce W. Berger
Arlene Brandwein
John J. DeTraglia
David J. Greenfield
Kathryn D. Iorio
Betty E. Reiss
Jacob A. Reiss
Raymond C. Traver, Jr.

\$500-\$999 John O. Olsen Charles Salinger

\$100-\$499
Vincent A. Andaloro
Stephen P. Blau
Peter F. Coccia
William S. Halsey
Philip Kaplan
David L. Katz
Marvin Kolotkin
J. Patrick Lavery
William W. MacDonald
Betty Miller
Wayne A. Miller
David H. Postles
Michael H. Ratner
Gary P. Schwartz

Arthur J. Segal Michael L. Silverstein* Eleanor Williams

\$1-\$99 Anonymous

1969

TOTAL GIVING \$39,800

Percentage of Giving 58%

\$5,000-\$9,999 Aart Geurtsen Michael F. Noe Lee F. Rancier

\$1,000-\$2,499
Joann T. Dale
Larry A. Danzig
Daniel J. Driscoll
Jane L. Falkenstein
Noah S. Finkel
Kenneth M. Grundfast
John T. McCarthy
William H. Roberts
Jack E. Yoffa

\$500-\$999

Donald P. Alderman
Nicholas Bambino
Allan L. Bernstein
Laura L. Bernstein
Henry M. Born
Paul J. Kronenberg
Sherwood B. Lee
Zan I. Lewis



Highest Percentage of Giving Award Recipient: Class of 1969



Richard I. Markowitz Douglas J. Morrow

\$100-\$499 Joan E. Berson Paul K. Brodsky Robert S. Davis Ruth B. Deddish Iames H. Fleisher Warren L. Gilman Joel Greenspan Richard Hillel Susan T. lannaccone Robert I. Klein Ivens Leflore Martin D. Mayer Edward M. Nathan Michael Novogroder Robert H. Osofsky Stanley I. Rekant Thomas E. Root Ronald M. Rosengart Gerard Selzer Ion D. Shanser Harvey A. Taylor Judith S. Warren

\$1-\$99Robert V. Davidson
Ronald J. Saxon
James M. Yurdin

1970

TOTAL GIVING \$26.433

Percentage of Giving 37%

\$10,000-\$24,999Alan L. Williams

\$1,000-\$2,499

Douglas E. Brown Barry Freeman Paul L. Kupferberg Steven H. Lefkowitz Lawrence Seidenstein

\$500-\$999

Mary Ann Antonelli Stephen D. Brenner Robert L. Chiteman Howard D. Wulfson

\$100-\$499

Paul E. Buckthal Bernard J. Crain Robert W. Doebler Ronald Dvorkin Dennis A. Ehrich Donald M. Haswell David J. Honold Roy A. Kaplan Benjamin F. Levy John P. Marangola William D. Singer Bruce P. Smith Joel A. Strom Richard L. Sullivan Lawrence A. Virgilio Mark L. Wolraich

\$1-\$99 Peter A. Freedman William J. Goodman Donald Hay Frida G. Parker

Linda M. Simkin

1971

TOTAL GIVING \$10.350

Percentage of Giving 34%

\$1,000-\$2,499 Robert B. Cady Lawrence F. Geuss Richard A. Goldman

\$500-\$999 Philip Altus Robert J. Cirincione Geoffrey M. Graeber Steven R. Hofstetter Daniel Rutrick John J. Zone

\$100-\$499

Walter C. Allan Dominic Cappelleri Tomas M. Heimann Bruce Hershfield Michael Hertzberg Eugene M. Kenigsberg Jeffrey A. Klein Gary J. Levy Robert T. Liscio Charles J. Matuszak Lester D. Miller David A. Ostfeld James F. Parks Paul I. Schneiderman Richard M. Stratton Ernest B. Visconti Edward J. Zajkowski

\$1-\$99 Jay B. Brodsky Ira D. Lipton Lee P. Van Voris

1972

TOTAL GIVING \$18,800

Percentage of Giving 36%

\$5,000-\$9,999 Jonas T. Johnson

\$2,500-\$4,999Brian J. Gaffney

\$1,000-\$2,499

Hugh D. Curtin Bruce E. Fredrickson Alphonse A. Maffeo Mark S. Persky John L. Sullivan

\$500-\$999

Carol L. Bender Joseph P. DeVeaugh-Geiss Janet E. Graeber Stephen C. Robinson

\$100-\$499

Dennis L. Allen Paul Blando Joann Blessing-Moore Ronald S. Bogdasarian Joseph A. Caruana Leo R. Hanrahan, Jr. William J. Malone Stephen P. Michaelson David N. Osser Andrew K. Palmer William R. Platzer Stephen A. Silbiger Edward G. Stokes David B. Tyler Dwight A. Webster Eva Z. Wiesner Stephen J. Winters

\$1-\$99 Richard M. Byrne John W. Ely

1973

TOTAL GIVING \$9,775

Percentage of Giving 26%

\$1,000-\$2,499 Richard F. Adams

Melvyn C. Minot Douglas G. Mufuka Steven M. Rothman

\$500-\$999

Neil M. Ellison John D. Nicholson Lewis Robinson William P. Shuman

\$100-\$499

David M. Davis
Harold P. Dunn
Paul G. Fuller, Jr.
Benjamin R. Gelber
William M. Harmand
Joel Kalman
Harold J. Kamm
Thomas L. Kennedy
Athanasios Mallios
Lee Rosenbaum
Harold A. Sanders
Steven A. Schenker

Marc J. Schweiger Warren Steinberg Paul L. Sutton G. Robert Taylor Gregory A. Threatte Daniel R. Van Engel Ralph J. Wynn

1974

TOTAL GIVING \$8,070 *Percentage of Giving 33%*

\$1,000-\$2,499 Jack A. Aaron James H. Brodsky

\$500-\$999

Anonymous Janet F. Cincotta Ronald A. Fischman Stephen P. Heyse

\$100-\$499

Jeffrey A. Abend Thomas L. Applin Jack L. Baldassare Joseph A. Blady Donald F. Brautigam Rosalind M. Caroff Stephen Cooper Alan D. Freshman Aaron L. Friedman Leon I. Gilner James Peter Gregoire Charles W. Hewson John M. Horan David B. Kassoff Lia F. Katz Gary M. Kohn Niki Kosmetatos Joseph P. LiPuma

James T. Marron Howard E. Miller Dennis R. Novak Mark H. Sanders Leo J. Scarpino Michael W. Slome R. Brickley Sweet Stuart O. Tafeen Mark C. Webster

\$1-\$99 Philip Schulman

1975

TOTAL GIVING \$22,570

Percentage of Giving 30%

\$10,000-\$24,999David A. Lynch

\$2,500-\$4,999B. Dale Magee

\$1,000-\$2,499

Gary C. Brown Mark H. Katz Joseph D. Verdirame

\$500-\$999

Anonymous Joseph A. Cincotta Donald Fagelman Phillip C. Gioia Charles I. Hecht

\$100-\$499

Louis Bland Jeffrey J. Boxer Glenn Champagne James A. Dispenza Edmund D'Orazio

Jay A. Erlebacher John D. Fey Judy S. Fuschino Emile H. Galib Robert M. Goldberg Ken Grauer Paul M. Grossberg Richard F. Kasulke David N. Lisi Jonathan Lowell Alan N. Meisel David J. Novelli Samuel N. Pearl Gretchen H. Rooker Anthony J. Scalzo James A. Terzian

\$1-\$99Joseph W. Helak

1976

TOTAL GIVING \$9,031Percentage of Giving 23%

\$1,000-\$2,499 Marc Levenson Leon Mullen Deborah L. Reede

Christopher G. Ullrich

\$500-\$999Richard M. Cantor

Patrick J. Riccardi

\$100-\$499

Allen D. Alt Gerald A. Cohen James F. Cornell Susan J. Denman Dennis L. Feinberg Michael A. Finer Thomas W. Furth Irving Huber Frank J. Kroboth Leonard H. Madoff Michael H. Mason Julia A. McMillan William M. Nauseef Janice M. Nelson Lorinda J. Price Thomas J. Rakowski Howard Sackel William N. Schreiber Eve Shapiro Maurice J. Whalen

1977

TOTAL GIVING \$56,409

Percentage of Giving 24%

\$50,000 AND ABOVE Peter D. Swift \$1,000-\$2,499 Patrick W. Knapp Barton L. Sachs Neil E. Strickman

\$500-\$999 Peter Birk John M. Manring

\$100-\$499 Stephen C. Brigham Arunas A. Budnikas Larry Consenstein John J. Cucinotta Gary Dunetz Robert H. Fabrey, II Henry S. Friedman Philip D. Gottlieb Gerard R. Hough Lester Kritzer Thomas J. LaClair Drake M. Lamen William R. Latreille Celeste M. Madden Charles L. McCord Anthony Scardella James A. Schneid Carolyn A. Smith Donald S. Stevens Mark W. Zilkoski

1978

TOTAL GIVING \$19,900

Percentage of Giving 26%

\$10,000-\$24,999Bruce M. Leslie

\$1,000-\$2,499 Frederick Arredondo Edward F. Higgins, Jr. Maureen E. McCanty

Gary M. Yarkony \$500-\$999 Stephen L. Cash

\$100-\$499

Anonymous Judy A. Beeler Mark Belsky Bruce E. Berger Stephen W. Blatchly A. James Ciaccio Patrick S. Collins Patricia M. Elliott Williams

Nitidins
Sharon A. Falkenheimer
Robert Fulop
Marie A. Ganott
Gerald N. Goldberg
Diane F. Green-El
James L. Greenwald
Robert A. Hirsch
Robert J. Kitos
Michael Lustick
Stephen E. Presser
Catherine Stika
John N. Talev
James J. Vacek



ALL GIFTS RECEIVED FROM OCTOBER 1, 2018 THROUGH SEPTEMBER 30, 2019 | *DECEASED



\$1-\$99 Ronald W. Pies Richard J. Steinmann

1979

TOTAL GIVING \$21,700

Percentage of Giving 39%

\$1,000-\$2,499
Robert J. Balcom
Joseph G. Battaglia
Cynthia A. BattagliaFiddler
Joan S. Dengrove
Richard M. Goldberg
Ann Kasten Aker
John M. Manfred
Lawrence Semel
Marc A. Subik
Susan L. Williams

\$500-\$999 Jeffrey K. Cohen Alan Conlon James P. Corsones Peter T. Curtin Mary E. Fallat Richard A. Muller Linda M. Rice Elizabeth A. Rocco James A. Trippi Gregory White

\$100-\$499

Sharon L. Abrams Henry Adam David R. Ancona Steven L. Batki Michael J. Bond Peter D. Chapman Robert M. Constantine David H. Dube Mark S. Erlebacher Douglas K. Hyde Barry F. Kanzer Joseph C. Konen John B. McCabe Teresa R. Miller Mark L. Moster Marlene R. Moster William G. Patrick Neil F. Shallish Ronald J. Siegle K. Bruce Simmons Nancy J. Tarbell

\$1-\$99Stephen L. Ferrante

1980

TOTAL GIVING \$18.004

Percentage of Giving 37%

\$1,000-\$2,499

Mark D. Brownell Ernest M. Found David A. Goodkin Andrew W. Gurman Allan E. Hallquist Steven Mamus Neal M. Shindel Bradley A. Woodruff

\$500-\$999 Madeline Barott Robert D. Bona Edward C. Gross Lowell L. Hart John F. Quinn John H. Soffietti

Nicholas J. Stamato

\$100-\$499 Marc H. Appel Gerald Barber Mary Blome Peter T. Brennan Michele A. Cook Bruce C. Corser Timothy E. Dudley Gary C. Enders John F. Fatti Kenneth Friedman Scott R. Greenfield Ruth H. Hart Gregory G. Kenien Reginald Q. Knight Nancy S. Knudsen Michael J. Kornstein Robert L. Levine Paul Menge Michael D. Privitera Gerald B. Rakos John E. Ritchie **John Shavers** Stephen M. Silver Peter J. Stahl Robert M. Vandemark Alexander E. Weingarten

\$1-\$99Bonnie D. Grossman
Deborah W. Robin
Fleta Sokal

1981

TOTAL GIVING \$11.090

Percentage of Giving 23%

\$1,000-\$2,499Sharon A. Brangman
Paul L. Kuflik
Ralph L. Stevens

\$500-\$999 William W. Faloon, Jr. David G. Greenhalgh William P. Hannan Martin P. Jacobs Robert G. Shellman

Carol A. Simmons

\$100-\$499
Paul L. Asdourian
Jody S. Blanco
Gary D. Dean
Steven P. Galasky
Michael R. Gilels
David C. Goodman
David B. Grossberg
Michael R. Harrison
David E. Kolva
Gerald A. Lauria

Gerard R. Martin Louis M. Papandrea Peter G. Ronan Stephen A. Spaulding Richard M. Steinbruck Kathleen Stoeckel Scott A. Syverud

\$1-\$99

Glen D. Chapman Elizabeth C. Henderson Stephen C. Pflugfelder Gary M. Russotti Anthony J. Viglietta

1982

TOTAL GIVING \$70,188

Percentage of Giving 35%

\$50,000 AND ABOVE Robert A. Dracker

\$2,500-\$4,999 James J. Cummings Anne H. Rowley Stephen M. Rowley Charles J. Ryan, III

\$1,000-\$2,499 Ann M. Lenane Harold Richter William S. Varade

\$500-\$999
Robert C. Cupelo
Joseph J. Fata
Brett P. Godbout
Alan J. Goodman
Gary B. Kaplan
Charles W. Mackett
Robert McCann
Norman R. Neslin
Frank Rhode
Sophia Socaris
William S. Sykora

\$100-\$499 Bruce K. Barach Monica M. Beckford Thomas A. Bersani Frederick J. Bunke Alan Buschman Charles J. Cattano Louis M. Cohen Thomas E. Coyle John J. Giannone Mary J. Jackson Scott Kortvelesy Eric P. Liben David S. Marlin John C. Morris Eileen M. Murphy David M. Novick Dennis S. Poe Robert B. Poster Michael A. Ricci Mark A. Rothschild Henry W. Schoeneck Joseph A. Smith Lawrence C. Stewart Pamela L. Sunshine

Nicholas G. Tullo Pamela D. Unger Amy J. Yale-Loehr Steven Yarinsky

\$1-\$99 Stephen M. Kinne Diane H. Lubkeman Steven A. Radi Jeffrey D. Spiro John S. Tsakonas Jeffrey N. Verzella

1983

TOTAL GIVING \$13,375

Percentage of Giving 26%

\$1,000-\$2,499 Larry N. Bernstein Kevin M. Coughlin Dennis D. Daly Phyllis D. Fried Joseph H. Keogh \$500-\$999 George N. Coritsidis Karen K. Heitzman Debra I. Poletto Paul P. Romanello Gary D. Usher Cynthia S. Wong

\$100-\$499 Anonymous Richard G. Birkhead Michael L. Black Michael G. Burke* Cheryl A. DeSimone Ronald R. Domescek Jeffrey B. Freedman Norman R. Friedman Patrick J. Fultz Seth S. Greenky Jules Greif Ellen B. Kaplan Lya M. Karm Joseph P. Laukaitis Robert Lowinger Ellen M. McHugh Robert C. Morgan Scott A. Ross

Richard F. Russell Larry S. Sandberg Brian F. Sands Susan E. Schraft Douglas L. Seidner Sandra D. Wiederhold Charles I. Woods Darryl A. Zuckerman

\$1-\$99 Wanda P. Fremont Marcy E. Mostel

1984

TOTAL GIVING \$24,518

Percentage of Giving 33%

\$2,500-\$4,999Joseph P. Dervay
Brian P. Wicks

\$1,000-\$2,499
David J. Anderson
Linda Burrell
William M. Hartrich
Amy L. Ladd
John M. Marzo
Lori J. Mosca
Pamela J. Reinhardt
Patrick F. Ruggiero
Steven M. Shapiro

\$500-\$999
Lydia A. Alexander-Cook
William P. Bundschuh
Steven B. Cohen
Frederick D. Grant
Sandra M. Lombardo
Donald Patten
Dorothy F. Scarpinato
Michael D. Schwartz
Elizabeth S. Yerazunis
Palis

\$100-\$499 John S. Andrake Robert M. Black Fouad S. Boulos Deborah Y. Bradshaw



Hal E. Cohen Richard D. Cornwell Bradley M. Denker Michael A. DeVito Anthony N. Donatelli George T. Fantry David P. Haswell James R. Jewell Cynthia E. Johnson Holly Kent Michael Komar Richard Lichenstein Hindi T Mermelstein Erik A. Niedritis Carlene E. Quashie David C. Richard Hal Rothbaum Richard D. Scheyer Gordon W. Single Maria Tasso Longo Steven R. Urbanski Brian D. Woolford Robert A. Zamelis

\$1-\$99 Kevin O'Connor



1985

TOTAL GIVING \$15,300

Percentage of Giving 32%

\$2,500-\$4,999Peter J. Christiano

\$1,000-\$2,499 Yuk-Wah N. Chan Timothy McCanty Ralph S. Mosca Maureen T. Murphy Michael A. Riccione Gary G. Sauer Neal Zung

\$500-\$999

Andrew Becker
Grace Chung
Carol Lundin-Schwartz
Joseph A. Pinkes
Joel Schwartz
Hayes H. Wanamaker
Sandra K. Wechsler
Robert M. Zielinski
Mitchell Zipkin

\$100-\$499 Robyn Agri Ionathan D. Bier Jo-Ann Blaymore-Bier Debra J. Clark Gerard A. Compito Mark Costanza Michelle M. Davitt Anthony J. diGiovanna Lori E. Fantry Karl Gauss Paula A. Gauss Robert V. Hingre Thomas Kantor Michael W. Kelberman Daniel R. Kelly Vito J. Losito Drew Malloy Frank M. O'Connell Anthony N. Passannante Michael P. Pizzuto Maura J. Rossman Marc I. Rozansky Michael D. Rutkowski Andrew Shaer Simon D. Spivack Jonathan P. Yunis

\$1-\$99 Donna F. Desmone

CLASS SCHOLARSHIPS AND AWARDS

1955 CLASS SCHOLARSHIP Eleanor M. Luce, MD '55

1965 MEMORIAL CLASS SCHOLARSHIP

Donald L. Jeck, MD '65

1966 CLASS SCHOLARSHIP

Martin Burkhardt Malcolm D. Davidson, MD '66 Norman L. Fienman, MD '66 Michael S. Levine, MD '66 Katherine Panella Louis A. Rosati, MD '66 Ellen K. Schlossberg

1968 CLASS GIFT

Bruce W. Berger, MD '68 Harvey K. Bucholtz, MD '68 Cathey E. Falvo, MD '68 Kenneth A. Falvo, MD '68 Patrick Fantauzzi, MD '68 David J. Greenfield, MD '68 Michael H. Ratner, MD '68

1971 CLASS SCHOLARSHIP

Lawrence F. Geuss, MD '71 Richard A. Goldman, MD '71 Eugene M. Kenigsberg, MD '71 CAROL KAVANAGH, MD & CLASS OF 1973 SCHOLARSHIP Richard F. Adams, MD '73

1977 CLASS SCHOLARSHIP

Robert H. Fabrey, II, MD '77 Patrick W. Knapp, MD '77

THE FRIENDSHIP SCHOLARSHIP

in honor of Ernest Found, MD '80, in memory of his wife, Ellyn and his daughter, Caroline

Madeline Barott, MD '80 James P. Corsones, MD '79 Ernest M. Found, MD '80 Gerald B. Rakos, MD '80 Marc A. Subik, MD '79

RICK ZOGBY, MD CLASS OF 1984 MEMORIAL SCHOLARSHIP

Hal E. Cohen, MD '84 John M. Marzo, MD '84

Adam Oberlander, MD '05 Memorial Scholarship

Anonymous

1986

TOTAL GIVING \$12,992

Percentage of Giving 26%

\$1,000-\$2,499
Colleen M. Dargie
Daniel W. Esper
Thomas J. Madejski
Henry P. Nagelberg
Michael E. Rettig
William Snearly

\$500-\$999

Tammy L. Anthony Lawrence C. Calabrese Steven B. Goldblatt Mitchell S. Shek Robert L. Tiso

\$100-\$499

Eduardo A. Arazoza Georgianne Arnold Marc Behar Michele Berger Simmons

Gregg S. Berkowitz Shelley R. Berson William Blau Peter Capicotto Paul A. Choinski David I. Civic Arthur F. Coli Daniel Luthringer Gerald V. McMahon Niel F. Miele Sarah B. Nemetz Elizabeth A. Prezio Russell Rider Toufic A. Rizk David L. Rocker Richard A. Romer Donna E. Roth Ernest M. Scalzetti Edwin J. Sebold Marc Z. Simmons Andrew Topf

\$1-\$99 Pedro J. Cepeda James H. Hertzog

1987

TOTAL GIVING \$10,150 *Percentage of Giving 19%*

\$1,000-\$2,499 John J. Callahan, Jr. Kenneth J. Cohen Ronald S. Gilberg Michael A. Kwiat

\$500-\$999 Samuel Chun Paul B. Kreienberg Rebecca K. Potter John J. Walker

\$100-\$499

Anonymous Timothy N. Baxter John Becker Neil R. Connelly Joseph F. Femia Joseph T. Flynn Barbara L. Gannon Roberto E. Izquierdo Dennis Kelly Kirsten P. Magowan Lisa A. Manz-Dulac Elizabeth Midura

Rajamani R. Keith Miller Jeanine M. Morelli Peter J. Morelli Edward J. Spangenthal James Tyburski Catherine M. Vernon

\$1-\$99

Daniel DiChristina Anthony R. Russo

1988

TOTAL GIVING \$259,777

Percentage of Giving 15%

\$50,000 AND ABOVE Maureen L. Sheehan

\$1,000-\$2,499 Erick C. Bulawa Larry S. Charlamb Alice S. Y. Lee Donald S. Miller





Highest Reunion Attendance Award Recipient: Class of 1989

\$500-\$999

Louis Bonavita, Jr.

\$100-\$499

Andrew M. Goldschmidt David J. Hoffman Teresa J. Karcnik-Maĥoney Lisa C. Kozlowski Michael Lastihenos

Michael Mahelsky Michael S. McGarrity James L. Megna Mary Kay Morrell Scott Palmer Ellen Reich **Timothy Scholes** Andrew M. Sopchak **Thomas Summers** David T. Terasaka

Richard Ostreicher Holly Sikoryak

1989

TOTAL GIVING \$16,807

Percentage of Giving 32%

\$1,000-\$2,499 Trent Erney John A. Larry Dawn M. Sweeney Josef J. Vanek

\$500-\$999

Jeffrey A. Abrams Brian S. Brundage Karen DeFazio Pamela L. Foresman Gloria A. Kennedy Amy L. McGarrity Zotter Roger Padilla James F. Palombaro Linda J. Powell Eric M. Van Rooy James T. Wilson

\$100-\$499 Robert H. Ablove

Joseph Albano Deborah B. Aquino Victor M. Aquino Susan L. Auffinger Scott Beattie Jeffrey Belanoff Emily S. Brooks Daniel I. Choo Carolyn Coveney Caitlin M. Cusack Maureen W. Daye Angela V. D. D'Orsi **Bruce Eisendorf** Ronald Freudenberger Elizabeth H. Higgins Thomas A. Holly Mark S. Milner Andrew G. Moskovitz G. Michael Ortiz Michael J. Picciano J. Marc Pipas Ira Rashbaum Mark A. Rubenstein Ronald C. Samuels Sybil Sandoval Domenick P. Sciaruto

Elaine M. Silverman William J. Smith Nicholas C. Trasolini D. Peter Van Eenenaam Stephen R. Weinman

\$1-\$99 John D. Wrightson

1990

TOTAL GIVING \$7,890 Percentage of Giving 20%

\$1,000-\$2,499 **Kevin Abrams** John D. Bisognano Robert L. Carhart, Jr. Jill Freedman Cynthia Gingalewski

\$100-\$499

David R. Nelson

Lawrence S. Blaszkowsky Kerry E. Houston Kelly R. Huiatt Cynthia Jones Timothy Kitchen

Joseph Marsicano Heidi F. Moskovitz Edward K. Onuma Joan E. Pellegrino Gail Petters Clark Philogene Pasquale Picco Susan V. Rockwell Ioanne Giambo Rosser John Rosser Ninad Samant John H. Van Slyke Stacia L. Van Slyke

\$1-\$99

James M. Dennison J. James Lewis Thomas G. Lynch Anthony P. Pietropaoli Philip Remillard

1991

TOTAL GIVING \$14,420

Percentage of Giving 23%

\$2,500-\$4,999 Christina LaBella John LaBella

\$1,000-\$2,499 Bradley P. Fox Timothy M. Heyden Patricia Merritt Jeffrey Roth

\$500-\$999 Matthew R. Brand Mark Charlamb Joseph A. De Gregorio Mary Ellen Greco Sullivan

James A. Krukowski Louise G. Ligresti Anne M. Ranney

\$100-\$499
John C. Brancato
Molly A. Brewer
Cynthia Briglin-Mavady
Gwenneth O. Cancino
Rebecca Elliott
Lawrence Goldstein
Gordon D. Heller
Joseph Hinterberger
Deborah Hunter
David R. Kalman

Christopher P. Keuker Denise Monte Christopher Nardone Daniel O'Hearn Joan O'Shea David Rosen Joanne Samant Nancy L. Wang Cheryl D. Wills

\$1-\$99 Nora E. Bolanos

1992

TOTAL GIVING \$5,076 *Percentage of Giving 23%*

\$1,000-\$2,499Barbara L. Clayton-Lutz

\$500-\$999

Andrew Cooperman
Joseph Damore, Jr.

Mary Elizabeth Damore
Steve Y. Kim
Stephanie SchwartzKravatz

\$100-\$499 Michael Baccoli Patricia A. Belair Wendy M. Book Lisa Cupit Tim P. Dailey Hilda Gartley Jeffrey Gelfand Nancy Giannini Timothy D. Kane Alan Kravatz Steven Kushner Lawrence J. Kusior Jongwon Lee Dwight Ligham Theresa Lipsky Dino Messina Christina Morganti Michael Piansky Kenneth M. Ripp

\$1-\$99 Deborah Bassett Joseph P. Gale Mirlande Jordan Steven C. Scherping, Jr.

1993

TOTAL GIVING \$12,350

Percentage of Giving 17%

\$5,000-\$9,999Stephanie S. Roach

\$1,000-\$2,499 Kenneth A. Egol Peter Hogenkamp Charles J. Lutz James T. O'Connor Kathleen Tierney Robert E. Todd **\$500-\$999** Joan Mitchell Maria J. Ziemba

\$100-\$499
Philip Amatulle
Jarrod Bagatell
Janice A. Bedell
Marianne Bernhart
Murphy
Eileen Gallagher
Brian Gordon
Lynne A. Humphrey
Florence M. Parrella
Joanne C. Pohl
Lyle J. Prairie
Suzanne F. Skinner
Pamela Weaner

\$1-\$99 Annemarie Etienne Hester Jason Feinberg Lauren M. Maza Sean P. Roche

1994

TOTAL GIVING \$10,515

Percentage of Giving 18%

\$1,000-\$2,499 Malcolm D. Brand Philip A. Fraterrigo Robert G. Hogan Lisa M. Hogenkamp

Onondaga County Medical Society Giving

GIFTS TO THE WHITE COAT CEREMONY FUND

Mary Abdulky, MD Bruce E. Baker, MD '65 Thomas A. Bersani, MD '82 Robert A. Bornhurst, MD '60 Armand J. Cincotta, MD Joseph A. Cincotta, MD '75 Willard Cohen, MD '56 Jacinto M. Cruz, MD Robert A. Dracker, MD '82 Julia and Daniel L. Harris, MD '64 Richard Keene Jeffrey R. LaDuca, MD '98 A. John Merola, MD Robert R. Michiel, MD Maryann E. Millar, MD Pathology Associates of Syracuse, PC Barry Rabin, MD Patricia Randall, MD Jeffrey S. Sneider, MD George A. Soufleris, MD Robert E. Todd, MD '93



Margaret A. Leary Joseph T. Pedersen

\$500-\$999

Sharon A. McFayden-Eyo Rakesh H. Patel Alan Wang

\$100-\$499

Eric R. Aronowitz
Timothy S. Boyd
Andria N. Chizner
Susan L. Gardner Miller
Annmarie A. Gaskin
Michele Jamison
William Jimenez
Christian Knecht
James M. Perry
Susan Philips Abraham
Michael S.

Ramjattansingh Esther J. Sung Michael A. Swerdin Edward H. Tom Willie Underwood, III Margaret E. Vaughan Anson K. Wurapa

\$1-\$99

Matthew P. Dever Nienke Dosa

SARAH LOGUEN FRASER, MD CLASS OF 1876 SCHOLARSHIP FOR MINORITY RECRUITMENT

Louis Bland, MD '75 Sharon A. Brangman, MD '81 Marvinia Charles, MD '12 Madison C. Cuffy, MD '02 Yvonne Cuffy, MD '07 Allison A. Duggan, MD '95 Alicia K. Guice, MD '96 Roberto E. Izquierdo, MD '87 Susan H. Keeter Ivens Leflore, MD '69 Vanessa E. Lowe, MD '02 John B. McCabe, MD '79 James L. Megna, MD '88 Lisa Minsky-Primus, MD '00 Patricia J. Numann, MD '65 Kirk P. Rankine, MD '98 Lewis Robinson, MD '73 K. Bruce Simmons, MD '79 Susan B. Stearns, PhD Shelley V. Street Callender, MD '00 Gregory A. Threatte, MD '73

1996

TOTAL GIVING \$7,400 *Percentage of Giving 10%*

\$1,000-\$2,499
Alicia K. Guice
Ileen Y. Herrero-Szostak
Jaime H. Nieto
Paul E. Perkowski
Michael J. Szostak
Jason T. Zelenka
Phuong A. Zelenka

\$500-\$999Edgar Bacares
Barbara S. Edelheit
Stephen G. Maurer

\$100-\$499 Joseph S. Barbagallo Andrew Blank Wendy L. Garrity Leah Hinkle Philip T. Ondocin

1997

TOTAL GIVING \$3,350 *Percentage of Giving 12%*

\$1,000-\$2,499 Colleen M. Quinn **\$500-\$999** Raghuram B. Dasari Danielle A. Katz

\$100-\$499 Anna K. Imperato Edward M. Liebers Shelly S. Lo Andrew B. Reese Stacy J. Spiro

\$1-\$99
Melissa K. Brandes
William H. Gans
Timothy G. Keenan
Genevieve A. Lama
Shani L. Lipset
James J. Lynch
Cheryl A. Morrow
Joseph L. Musso
Jeffrey M. Riggio

1998

TOTAL GIVING \$17,000 Percentage of Giving 20%

\$2,500-\$4,999 Jeffrey R. LaDuca

\$1,000-\$2,499 Cinthia T. Bateman Michael C. Bateman Tamara A. Prull

Kirk P. Rankine

Lauren H. Turteltaub Katherine A. Van Savage

\$500-\$999
Timothy K. Atkinson
Jennifer M. Bocock
Drew M. Caplin
David S. Edelheit
Deepak G. Nair
Karen Y. Ng
Ari M. Perkins
Sherri E. Putterman
Caplin

\$100-\$499
Anonymous
Gina Abbruzzi Martin
Laura A. Allen
Jennifer E. Allen
Eleas J. Chafouleas
Sandeep Chopra
John F. Defrancisco
Matthew R. DiCaprio
William A. Markoff
Barbara Anne Morisseau
Joshua M. Rubenfeld
Jennifer M. Salm
Eric M. Spitzer
Karen L. Tedesco

\$1-\$99 Michael D. George Dario A. Lecusay, Jr.

1999

TOTAL GIVING \$6,650 *Percentage of Giving 15%*

\$2,500-\$4,999 John J. Imbesi

\$500-\$999 Jerry Caporaso, Jr. Meghan E. Hayes Ganga R. Nair

\$100-\$499 Anonymous (2) Kenneth K. Cheng Lisa M. Chirch Christopher M. De Santo James J. Flynn Mary E. Fowkes Christine B. Franzese Gina Gudofsky Vijay K. Kotha Binh V. Lam Kenneth Neufeld Steven J. Ognibene Scott R. Oosterveen Ronald P. Pigeon Jamey J. Rock Michael S.

Shoemakermoyle Joshua S. Simon

1995

TOTAL GIVING \$6,350 *Percentage of Giving 11%*

\$2,500-\$4,999 Timothy S. Huang

\$1,000-\$2,499Thomas L. Schwartz

\$500-\$999

Allison A. Duggan Sean A. Fullerton

\$100-\$499

Lynn C. Berger Karen M. Clary Steven J. Colwell Melissa Ehlers Yves A. Gabriel Lucinda A. Keller Thomas P. Morrissey Joseph D. Pianka Luis A. Santos Susan A. Scavo



2000

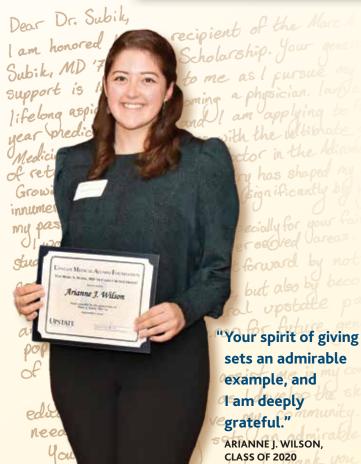
TOTAL GIVING \$9,323 *Percentage of Giving 14%*

\$1,000-\$2,499 Bharat Guthikonda Amy P. Huang Rajesh K. Jain Christina M. Liepke Matthew J. Liepke Lisa S. Minsky-Primus

\$500-\$999 Hana F. Jishi Rosalie Naglieri Ashish P. Shah Candice E. Shah

\$100-\$499 Aimee J. Baron Brian M. Bizoza Laura Dattner Ron Elfenbein Brian M. Grosberg Penelope Hsu Timothy H. Lee Kim L. Rickert





Shelley V. Street Callender Heather A. Wheat

\$1-\$99 Adam P. Ellis

2001

TOTAL GIVING \$2,765 *Percentage of Giving 9%*

\$500-\$999 Ya-Yu Lee Edward J. Wladis

\$100-\$499 Brett V. Citarella Lynn E. Fraterrigo Boler Lisa M. Geer-Yan Meghan E. Ogden Christie Perez-Johnson Amy L. Reynders Jamie Shutter Lia M. Spina Danit Talmi Elizabeth Vonfelten David Yan

\$1-\$99 Zafar J. Bajwa Sanjay Jobanputra

2002

TOTAL GIVING \$4,556 *Percentage of Giving* 9%

\$1,000-\$2,499 Anonymous \$500-\$999

Rebecca L. Bagdonas Madison C. Cuffy Brian Y. Ng Christa L. Whitney-Miller

\$100-\$499 Anonymous

Roline L. Adolphine Sami A. Beg Michael T. Gaslin Jessica J. Lee Vanessa E. Lowe Sarmistha Mukherjee Oleg Shapiro Sohita Torgalkar

2003

TOTAL GIVING \$4,800 *Percentage of Giving* 9%

\$1,000-\$2,499 Joseph Y. Choi Anurag Shrivastava

\$500-\$999 Joseph M. Ferrara, Jr. Matthew C. Miller Damon J. Ng

\$100-\$499 Anonymous Bo Chao Jay Chen Nathaniel S. Gould Alan Lemley Shannon E. Routhouska Erica D. Weinstein

\$1-\$99 Lawrence M. Cecchi Nicky J. Leeborg David C. Portnoy

2004

TOTAL GIVING \$7,700 *Percentage of Giving 19%*

\$1,000-\$2,499 Kenar D. Jhaveri Michael L. Lester

\$500-\$999 Jordan T. Kerker William D. Losquadro Natalie M. Roney

\$100-\$499 Scott P. Albert Matthew J. Egan Clifford J. Ehmke James K. Farry Jimmy Feng Kimberly A. Giusto Evan B. Grossman

ALL GIFTS RECEIVED FROM OCTOBER 1, 2018 THROUGH SEPTEMBER 30, 2019 | *DECEASED

Seth J. Isaacs Amit Kumar Leon Kushnir Chad J. Nadler Andrew J. Najovits John P. O'Brien Kevin R. O'Connor Alexander Rabinovich Jason P. Scimeme Anna Shapiro Lauren B. Shinder Roman Shinder Jonathan L. Silberstein Gregory S. Steencken Alexander Tsukerman Julie E. Yoon

\$1-\$99Fares G. Mouchantaf
Michelle A. Mouchantaf

2005

TOTAL GIVING \$3,854 *Percentage of Giving 10%*

\$1,000-\$2,499 Anonymous Joby George \$500-\$999 Daniel R. Lefebvre Samantha Ng Isabelle Zamfirescu

\$100-\$499 Erin R. DeRose Yauvana V. Gold Svetlana Kotova Matthew C. Martinez Melissa L. Petras David M. Zlotnick

\$1-\$99 Dana R. Cohen Michael de la Cruz Rupesh R. Mehta Cathryn R. Turley Robert W. Whelpley

2006

TOTAL GIVING \$3,100 *Percentage of Giving 11%*

\$1,000-\$2,499 Brian F. Strickler Abigail R. Watson **\$500-\$999** An L. Tran

\$100-\$499 Kristin M. Arcara Scott R. Ekroth Glenn E. Groat Daniel D. Hayes Lisa M. Hayes Erin K. Hill Robert H. Hill, III Robb J. Marchione Kathleen M. Morrell Anne Marie Tremaine

\$1-\$99 Anna Y. Derman Shimon M. Frankel Melissa A. Price Larisa Vorobyeva

2007

TOTAL GIVING \$4,064 *Percentage of Giving 17%*

\$500-\$999 Amit S. Dhamoon Jing Liang

\$100-\$499 Emily L. Albert Brendan J. Camp **Bryant Carruth** Yvonne Cuffy Paige Dorn Roan J. Glocker Miranda Harris-Glocker Faye Knoll Lisa K. Law Jeremy Liff Nicole A. Naggar Parul Patel Marny Shoham Lauren Slater **David Spirer** Adam Stallmer

\$1-\$99 Sara Karjoo Ralph Milillo Amy Saleh Avreliya Shapiro Edward Smitaman

Kristin Yannetti

2008

TOTAL GIVING \$2,911Percentage of Giving 11%

\$1,000-\$2,499 Marissa Mincolla Michael Mincolla

\$500-\$999 Sofya Pintova

\$100-\$499 Steven Altmayer Paul Aridgides Lindy Davis Mijung Lee Matthew Mason Tina Nguyen Lisa O'Connor Christopher Palmer Rebecca Swan

\$1-\$99 Robert Anderson Pavlina Natcheva-Smitaman Matthew Thornton Scott Van Valkenburg

2009

TOTAL GIVING \$5,550 *Percentage of Giving 15%*

\$1,000-\$2,499Robert Day
Elizabeth LiCalzi
Mark B. Van Deusen

\$500-\$999 Anne V. McLaughlin Sachin Shah Robert Van Gorder

\$100-\$499
Anonymous
Scott J. Cameron
Britton M. Chan
Kathryn G. Cheney
Chad Cornish
Christopher M. Jones
Lindsay W. Jones
Robert P. Kallinicos
Katherine A. KaprothJoslin
Greggy D. Laroche
Erin Masaba
Oliver Masaba
Dodji Modjinou



Jennifer Schwartz James Trimble Won-Hong Ung

2010

TOTAL GIVING \$2,000 *Percentage of Giving* 7%

\$500-\$999 Michael G. Fitzgerald

\$100-\$499
Akwasi A. Boateng
Amanda J. Brender
Shirley Chan
David Fernandez
Yarnell Lafortune
Christopher Morrison
Swati V. Murthy
Jin Qian
Beverly A. Schaefer
Jennifer L. TibbensScalzo

2011

TOTAL GIVING \$896 *Percentage of Giving 5%*

\$100-\$499 Daniel P. Anderson Dominick G. Maggio Carla R. Schwartz Alice S. Y. Shen Eva S. Smith Daniel K. Sperry Yening Xia

2012

TOTAL GIVING \$1,412 *Percentage of Giving 5%*

\$500-\$999 Jennifer Caputo-Seidler Rachel Zehr

\$100-\$499 Rohit Repala David Strosberg Kerry Whiting

\$1-\$99Sarah Cardillo
Marvinia Charles

2013

TOTAL GIVING \$1,100 *Percentage of Giving 3%*

\$500-\$999 Nikolai V. Kolotiniuk

\$100-\$499 Jenny A. Meyer Justin P. Meyer Anthony S. Rossettie

2014

TOTAL GIVING \$220 *Percentage of Giving 3%*

\$100-\$499 Anthony J. Chiaravalloti Lauren M. Titone

\$1-\$99Julia S. Morrison

2015

TOTAL GIVING \$375Percentage of Giving 5%

\$100-\$499 Anonymous Patrick J. Belton Konstantina A. Papathomas

\$1-\$99 Miruna Carnaru John L. Cecconi Sarah M. Leahy Wiese Matthew L. Wiese

2016

TOTAL GIVING \$320 *Percentage of Giving 5%*

\$100-\$499 Nicole M. Cifra

\$1-\$99 Jessica M. Christiano Leesha A. Helm Matthew F. Helm Rachael Kuch-Cecconi Andrew J. Nastro Michelle E. Wakeley Arthur Zak

MEDICAL STUDENT JOSEPH MORRA REMEMBERED WITH "RENAISSANCE MAN" MEMORIAL SCHOLARSHIP

hank you to the many donors who gave to Upstate Medical University in memory of Joseph A. Morra, a member of the Class of 2019 who died March 19, two months before his medical school graduation. His classmates established a scholarship in his honor, which as of the end of October, had raised \$43,302.86 from 330 donors (medical students, parents, alumni, and others). Because many of the donations were made through Gofundme.com, we are unable to list individual donors by name. However, your generosity in Morra's memory is no less appreciated.

Morra planned a career in psychiatry and was described by classmates as a deep thinker and a lover of history, mythology, psychotherapy, and neuroscience. In addition to his intellectual pursuits, he was a tennis player, runner, skateboarder, and snowboarder who earned his black belt in karate, as well as an artist and musician who could make beauty in everything he touched.

During his time at Upstate, Morra was a member of Peds Pals, a service group focused on mentoring and tutoring pediatric patients at the Upstate Cancer Center. He also undertook a year-long pilot wellness initiative to bring peer mentoring to third-year medical students. During his fourth year, he was inducted into the Gold Humanism Honor Society, a peer-elected honor given to students who embody humanism in medicine and go above and beyond to serve their patients and fellow students.

2017

TOTAL GIVING \$395 *Percentage of Giving 3%*

\$100-\$499 William Shieh Daniel C. Wang

\$1-\$99 Joshua D. Beckler Caitlin A. Nicholson Julia A. Reiser

2018

TOTAL GIVING \$50Percentage of Giving 1%

\$1-\$99 Connor G. Policastro

Friends Anonymous

Imogene Abelson Linda Blaine Century Club of Syracuse Lynn M. Cleary, MD The Community Foundation of Herkimer & Oneida Counties, Inc. Faculty Student Association Barbara and Philip Fraterrigo, MD Frank Lancellotti, MD Scott Macfarlane Leslie F. Major, MD Paul E. Norcross Donald Palmadessa, MD Amy K. Reichert George Rosenthal, MD Elaine Rubenstein Susan B. Stearns, PhD

Matching Gift Companies

Bank of America Chartiable Gift Program General Electric Matching Gift Program IBM International Foundation

Honor, Memorial Gifts

MEMORIAL GIFTS

In Memory of George Batki Steven L. Batki, MD '79

In Memory of Anne G. Bishop, MD '82 Michael Komar, MD '84

In Memory of Sheldon Braverman, MD '59 Myron Miller, MD '59 Stanley Zinberg, MD '59

In Memory of Devin Buschman Alan Buschman, MD '82

In Memory of Robert L. Comis, MD '71 Philip Altus, MD '71

In Memory of Stephen E. Cummings, P'82 James J. Cummings, MD '82 Debra Tristam, MD

In Memory of Robert Dale, MD '69 Jane L. Falkenstein, MD '69 John T. McCarthy, MD '69

In Memory of David S. Englehardt, MD '84 Kevin O'Connor, MD '84

In Memory of Joseph C. Fischer, MD '79 Eleanor Fischer Quigley and Bob Quigley

In Memory of Stuart H. Forster, MD '80 Timothy E. Dudley, MD '80

In Memory of Dean David Goodman, also was my patient

Lowell L. Hart, MD '80

In Memory of Abraham Huber, Richard and Hermine Muellerleile Irving Huber, MD '76

In Memory of Ellen Cook Jacobsen, MD '50 Michael Mahelsky, MD '88

In Memory of E. Gregory Keating, PhD Anonymous

In Memory of Alan G. Kenien, MD '72 Gregory G. Kenien, MD '80

In Memory of Martha S. Kincaid, MD '73

Peter K. Endres Ernest and Alice Putnam

In Memory of Joseph LaBella Christina LaBella, MD '91 John LaBella, MD '91

Diane and Brian Maloney, MD Lori J. Mosca, MD '84 Ralph S. Mosca, MD '85 Patricia J. Numann, MD '65

Doug Robinson

In Memory of Stanley D. Leslie, MD '51

Bruce M. Leslie, MD '78 Claudia Leslie and Louis Lipschutz Avery Leslie O'Neill and Hank O'Neill Priscilla R. Leslie Nancy J. Tarbell, MD '79 In Memory of Naomi Levine Robert L. Levine, MD '80

In Memory of Thomas J. Maher, MD '83 Kevin M. Coughlin, MD '83

In Memory of Sandy Markowitz Claudia Leslie and Louis Lipschutz

In Memory of Patrick T. Mathews, MD '03 Marcia Mathews

In Memory of H. Ketcham Morrell, MD '54 Philip D. Gottlieb. MD '77

In Memory of Adam M. Oberlander, MD '05 Anonymous

In Memory of Our Parents Anonymous

Katherine Panella

In Memory of Lawrence Panitz, MD '66 Martin Burkhardt Malcolm D. Davidson, MD '66 Michael S. Levine, MD '66

In Memory of Ted Peck, MD '68 David J. Greenfield, MD '68

In Memory of Michael P. Plevyak, MD '93 Sudeep Aulakh, MD

In Memory of Ralph Reichert, MD '60 Amy K. Reichert

In Memory of Robert F. Rohner, MD '52 Mark H. Katz, MD '75

In Memory of Barbara Roth Alan M. Roth, MD '64

In Memory of Rosalyn Scheer David A. Scheer, MD '59

In Memory of Irwin Schlossberg, MD '66 Norman L. Fienman, MD '66 Ellen K. Schlossberg

In Memory of Julius Schwartz, MD '33 Susan Schwartz McDonald, PhD

In Memory of Trudy Small, MD '79 Peter T. Curtin, MD '79

In Memory of My Mother, Nina Spadaro Mary Ann Antonelli, MD '70

In Memory of Dr. Oscar and Mrs. Luba Trief Anonymous Paula Trief, PhD

In Memory of Clifford H. Turen, MD '83 Kevin M. Coughlin, MD '83

In Memory of Irwin M. Weiner, MD '56 Burk Jubelt, MD

In Memory of Richard G. Zogby, MD '84 Hal E. Cohen, MD '84

Joseph P. Dervay, MD '84 Amy L. Ladd, MD '84 John M. Marzo, MD '84 Brian P. Wicks, MD '84

HONORARY GIFTS

In Honor of A. Geno Andreatta Burk Jubelt, MD Mark S. Persky, MD '72

In Honor of N. Barry Berg, PhD Elizabeth H. Higgins, MD '89 Burk Jubelt, MD Danielle A. Katz, MD '97 Julie E. Yoon, MD '04

In Honor of the Sharon Brangman, MD '81 Geriatric Award Anonymous Sharon A. Brangman, MD '81

Charlie Lester Mary Pat Oliker

In Honor of Geoffrey Duffine Claudia Leslie and Louis Lipschutz

In Honor of Paul M. Grossberg, MD '75 David B. Grossberg, MD '81

In Honor of E. Robert Heitzman, MD '51 Hollis A. Thomas, MD '67

In Honor of Gordon D. Heller Gordon D. Heller, MD '91

In Honor of the Robert V.P. Hutter, MD '54 Lectureship in Pathology Gerald B. Gordon, MD

In Honor of the marriage of Alyson and Josh Claudia Leslie and Louis Lipschutz

In Honor of Patricia J. Numann, MD '65 Shawky Z. A. Badawy, MD Danielle A. Katz. MD '97

In Honor of Robert S. Pinals, MD, former SUNY rheumatologist Lester D. Miller, MD '71

In Honor of the R-Med Fund for Northern NY Hugh S. Fulmer, MD '51

In Honor of Refuah Sholemah Hindi T. Mermelstein, MD '84 In Honor of Susan Stearns, PhD

Sarah C. Burns Susan H. Keeter Lisa M. Procanick

In Honor of the Ralph Stevens, MD '81 Madison-Oneida Counties Scholarship

Robert A. Marceau

In Honor of Robert M. Vandemark, MD '80 Toby Vandemark

In Honor of CNY Lead Center's Howard Weinberger, MD '58 Phillip C. Gioia, MD '75



GIFTS TO THE PARENTS AND FAMILY ASSOCIATION

Anonymous (3) Lewis and Terry Abramson Fatima Aguirre Annabelle Alvarenga Orit and Mark Antosh, MD Mr. and Mrs. George Apraku Ahmed Arafa and Nagwa Elsilimy William and Marguerite Assif William and Luann Bartlow Mark and Ann Bieganowski Mark Cady and Rise Cady-McCrea Jianguang Chen and Bailin Xu Vincent Civiletto Mr. and Mrs. David Clegg Mr. and Mrs. William Cook Stephen Craxton Richard C. Dale Robin Dale Yalew Damtie and Teigest Abay Mr. and Mrs. Michael Danaher Mr. and Mrs. Sullivan DeRaddo Mayurika and Samir D. Desai, MD Teresa and Nick Despotidis, MD Rosanne and Christopher Didio Alan Ditchek, MD and Amy

Batterman, MD Brian and Kara Donegan Mr. and Mrs. Steven Eliach Arnold and Michelle Etienne **Robert and Tracey Evans** Janet and Amnon Fein, MD Mr. and Mrs. John Frandina John and Mary Ellen Frandolig Lynn E. Fraterrigo Boler, MD '01 Tom and Tami Freetly Mr. and Mrs. Paul Gemmiti Andrew Glidden Christopher and Teresa Greene Gregory and Priscilla Gumina Christos and Patricia Hantzidiamantis Xiaolong Hao and Hui Fang Mr. and Mrs. James Hartnett William and Sandra Haynes

Mr. and Mrs. Jairus Ibabao Kiril and Meri Kiprovski Drs. Sonia Kragh and Sriram Narsipur Adam Leczycki and Tamara Gross-Leczycki Hayden Letchworth James MacNeill and Peggy Tayler-MacNeill Mr. and Mrs. Raj Mahajan Peter and Michele Maier Zafar and Shamim Malik Ali and Lina Marhaba Richard and Suzanne McGuirk Ellen M. Mchugh, MD '83 and David Mr. and Mrs. David Middleton Mr. and Mrs. Alan Minchenberg Lori A. Murphy Drs. Sriram Narsipur and Sonia Kragh Mr. and Mrs. Stephen Nightingale Mary Beth O'Herron Patricia O'Neil

Greg and Agnes Hwang

Mr. and Mrs. Stephen Nightingale
Mary Beth O'Herron
Patricia O'Neil
Rustan and Evis Petrela, MD
Joseph A. Pinkes, MD '85
Edward and Judy Piotrowski
Scott and Randi Pomerantz
Edward and Michelle Rebel
Kuni and Patrick J. Riccardi, MD '76
Sheryl Ross
Steven Schreiber and Amy Lorowitz
Mr. and Mrs. Srinivas Thandla
Mathew M. Thannickal and Jessy
Mathew
Darren and Anne Triller

Darren and Anne Triller
Zezheng Wang and Miaomiao Yang
Cory and Randy Weiss
Dr. and Mrs. Gilbert Witte
Cynthia S. Wong, MD '83
Ju-Sung and Huei-Chu Wu
Alan and Colleen Wyman
Zhandong Zhou and Yingxun Zhu

ALL GIFTS RECEIVED FROM OCTOBER 1, 2018 THROUGH SEPTEMBER 30, 2019 | *DECEASED

2019 Scholarship Recipients

Thanks to the generosity of alumni support, the Medical Alumni Foundation awarded more than \$600,000 in student scholarships during Reunion Weekend.

A. Geno Andreatta Scholarship Phillip W. Hwang

Benjamin N., Mollie P., Gerson H. '57 and Martin W. Aronovitz, MD '65 Memorial Scholarship

Kiah L. McArthur

Nathan and Ada August Memorial Scholarship

Jared F. Sweeney

Stanley A. August, MD Memorial Scholarship

Taylor J. Freetly

Zaven S. Ayanian, MD '59 Family Scholarship

Jared F. Sweeney

The John R., MD '84 and Deborah L. Ayres Endowed Scholarship Cameron R. Bosinski

The Theresa Baltera Memorial Scholarship

Katherine C. Frega

N. Barry Berg, PhD Scholarship for Musculoskeletal Medicine

Kaitlyn E. DeHority

The Martin Black Family Scholarship (endowed by Drs. Martin, Gerald, Michael and Robert Black)

Craig A. Pille

Elliot Brandwein, MD '67 and Arlene Eckstein Brandwein, MD '68 Scholarship

Benjamin L. Fuller and David O. Ola

The Sharon A. Brangman, MD '81 Geriatric Scholarship

Anyeli P. Mueses

Bernard J. Burke, MD '43 Scholarship Kendal M. Glynn

Leonard D. Carpenter, MD '33 and Ruth E. Carpenter Memorial Scholarship

MaryAlice Spin

The Douglas (Ed Ben-Edison) Cox, MD '63 Scholarship

Catherine B. Braun

Edwin T. Dailey, MD '68 Memorial Scholarship in Radiology Fiorella S. Guido **The Dracker Family Scholarship**Colleen C. Feeney, Courtney L.

Franceschi and Elizabeth M. Stone

Robert Eitches, MD '78 Scholarship in Honor of Shirley and Irving Eitches

Alec G. Miller

Alfred F. and Shirley D. Enwright Endowed Scholarship (endowed by Michael O'Leary, MD '78 and Colleen Enwright O'Leary, MD '78)

William E. Borchert

Joseph C. Fischer, MD '79 Memorial Scholarship

Adham M. Alifarag

Medical Alumni Foundation Founders Scholarship

Garrett W. Esper

Sarah Loguen Fraser, MD, Class of 1876, Scholarship

Kadeen S. Forrest

The Friendship Scholarship in honor of Ernest Found, MD '80, in memory of his wife, Ellyn Slocum Found, and his daughter, Caroline Slocum Found Amanda N. Balch

Joseph J. Gadbaw, MD 12/'43 and Ann Gadbaw Scholarship

Patrick S. Castle

Max Gara and Robert H. Gara, MD '56 Scholarship

Nefertiti N. Tyehemba

Suzan and Philip M. Gaynes, MD '63 Scholarship

Paul D. Sutcliffe

Susan E. and Welton M. Gersony, MD '58 Endowed Scholarship

Natalie Fordjour

Samuel Gersten, MD '39 and Martha Gersten Endowed Scholarships

Marissa E. Dale, Taylor J. Freetly, John J. Kelly IV and Samuel N. Regan

Jerome C. Goldstein, MD '63 and Rochelle Goldstein Scholarship Joseph F. Toth, III Frances A. Harmatuk, MD '41 Geriatric Scholarship

Dominic N. Facciponte

Edward F. Higgins, MD '78 Scholarship

Cara E. Boothroyd

Grant Hobika, MD '52 Scholarship

Robert V.P. Hutter, MD '54 and Ruth L. Hutter Scholarship

Rachel M. Peterson

Kasten Aker Family Scholarship

Thomas A. Bedard

E. Gregory Keating, PhD Memorial Scholarship

Ryan M. Thibodeau

Martha S. Kincaid, MD '73 Scholarship

Scholarship

Hannah E. Doyle

Sonya A. LaBella Memorial Scholarship

Nayanka Etienne

Stanley D. Leslie, MD '51 Memorial Scholarship

Kywanna M. Alfred

The Lynch Family Scholarship
Cara E. Boothroyd

Alphonse A. Maffeo, MD '72 Scholarship

Logan J. Mancuso

B. Dale Magee, MD '75 Scholarship Julied F. Bautista Alvarez and Bryan Mera Reyes

The Stephen Major, MD Psychiatry Award

Mitchell D. Arnovitz

Angeline R. Mastri, MD '59 Scholarship

Katherine M. Bunch

Patrick T. Mathews, MD '03 Memorial Scholarship

Samuel N. Regan

McAnarney Family Endowed Scholarship in Pediatrics

Amanda N. Balch

James L. McGraw, MD '41 Scholarship

Ryan L. Kimmis

Gustave P. Milkey, MD '43 and Janet B. Milkey Merit Scholarship

Amanda E. Kaley

The James and Dolores Moffett Memorial Scholarship

Michael A. Lynskey

Peggy and Adolph Morlang, MD '66 Scholarship

Hannah M. Connolly

Rudolph J. Napodano, MD '59 Scholarship

Scholarship

Azfar Basunia

Sam and Carol Nappi Endowed Scholarship

Felix S Liriano

Patricia J. Numann, MD '65 Endowed Scholarship

Nia S. Jagroop

Onondaga County Medical Society (OCMS) Medical Student Scholarship

Joseph F. Toth III, and John J. Paliakkara

Betty Reiss, MD '68 and Jacob Reiss, MD '68 Family Endowed Scholarship

Colleen C. Feeney

Monroe Richman, MD '55 and Esther Richman Scholarship

Konstantinos C. Hantzidiamantis

Samuel Rosenthal, MD '64 Scholarship

Paris J. Hantzidiamantis

Sanders/Kilkelly Scholarship

Felix S. Liriano

The Schein Family Scholarship Brandon J. Zaffuto

Jack J. Schneider, MD '66 Scholarship

James W. Assif

juilles VV. Assii

Julius Schwartz, MD '33 Scholarship

Paris J. Hantzidiamantis

The Setnor Family Endowed Scholarship

Brendan C Donovan

The Ara A. Sheperdigian, MD Memorial Scholarship

Bruce D. Gaylord



John B. and Henrietta E. Simeone Scholarship in Memory of Fiorindo A. Simeone, MD

Urvi J. Patel

Frederick W. Sloan, MD '74 Scholarship

Erik C. Baim

Susan B. Stearns, PhD Scholarship for Community Engagement Shannon E. Seeland

Ralph Stevens, MD '81 Madison-Oneida County Scholarship

Thomas R. Bieganowski, Katherine C. Frega, Alec G. Miller, Julia K. Raleigh and Alison D. Stedman

Rosemary Stevens, MD Annual Scholarship (endowed by Thomas Stevens, MD '65 in memory of his mother)

Robertha C. Barnes, Deashia T. McAlpine, Taylor M. Pong, Gamael S. Surin and Samantha K. Williams

Marc A. Subik, MD '79 Family Scholarship

Arianne J. Wilson

The Swift Family Legacy Grants

Michael A. Lynskey, Marshall T. Mahon, Ayesha S. Ropri, Ryan L. Ta and Conor J. Young

Dr. Oscar and Mrs. Luba Trief Memorial Scholarship

Katherine C. Frega

Barbara and Harold H. Wanamaker, MD '56 Scholarship

Jonathan M. Kennedy

Andrew D. Weinberg, MD '78 Memorial Geriatric Scholarship Mitchell D. Arnovitz

Herbert M. Weinman, MD '65 and Suzy Weinman Scholarship Award Craig A. Pille

Susan and Jack Yoffa, MD '69 in Memory of Elaine Yoffa Hornung Scholarship

Mary Beth Gadarowski

Frank E. Young, MD '56 and Leanne Young Endowed Scholarship

Hannah M. Connolly

Rick Zogby, MD, Class of 1984 Memorial Scholarship

Adham M. Alifarag

Class of 1966 Scholarship

Ryan M. Thibodeau

Class of 1971 Scholarship

Gary M. Shmorgon

Carol Kavanagh and Class of 1973 Scholarship

Eunice E. Choe

Class of 1977 Scholarship

Megan A. Harris

PENDING SCHOLARSHIPS

Peter J. Adasek, MD '65 Scholarship

The Cady Family Scholarship
The David L. Charney, MD '68
Endowed Scholarship
Class of 1955 Scholarship
Class of 1965 Memorial Scholarship
Class of 1979 Scholarship
Class of 1980 Scholarship
David M. Essom, MD '56 Scholarship
The Garakani Family Scholarship
I. Bruce Gordon, MD '63 in Honor of
Professor William H. Bergstrom
Douglas W. Halliday, MD '79
Scholarship

The Helen and Albert F. Mangan, MD '54 Endowed Scholarship

Joseph A. Morra, MD "Renaissance Man" Memorial Scholarship

Adam Oberlander, MD Class of 2005 Memorial Scholarship

The Williams Family Scholarship

OTHER AWARDS/ GRANTS

Class of 1968 Primary Care Endowment Alfred W. Doust, MD Endowed Program in Otolaryngology The Jerry Hoffman Advocacy Award Carlyle and Ellen Cook Jacobsen Memorial Fund

FELLOWSHIPS

Susan and Gustave L. Davis, MD '63 Summer Fellowship for Pathology Ellen Cook Jacobsen, MD '50 Fellowship in Psychiatry Pediatric Residents Endowment for International Travel

LECTURESHIPS

The Welton M. Gersony Pediatric Lectureship Robert V.P. Hutter, MD '54 and Ruth L. Hutter Endowed Lectureship The Donald and Mary Elizabeth King Endowed Lectureship The Lawrence Pickett, MD Endowed

Lectureship in Pediatric Surgery PROFESSORSHIPS/

CHAIRS

Stanley A. August, MD '69 Endowed Professorship in Pediatrics Medical Alumni Endowed Professorship in Bioethics The Patricia J. Numann, MD '65, Chair of Surgery Lloyd S. Rogers Endowed Professorship in Surgery Leanne and Frank E. Young, MD '56, PhD, Endowed Chair in Biomedical Science

ALL GIFTS RECEIVED FROM OCTOBER 1, 2018 THROUGH SEPTEMBER 30, 2019 | *DECEASED

STUDENT ROUNDS

Food as Medicine

A NEW ELECTIVE AIMS TO HELP MEDICAL STUDENTS PROVIDE BETTER NUTRITION ADVICE TO PATIENTS.

s a third-year medical student in her clinical rotations, Natalie Antosh '20 encountered a common theme in caring for primary care patients. Many of them suffered from chronic diseases that can be improved or reversed through behavior modification. But other than telling them to "lose weight," she didn't have the formal education to counsel patients.

"We learn that lifestyle, including diet modification, is a first-line treatment for diabetes, obesity, and hypertension," she says. "But what is diet modification? What do you tell a patient in order for them to change their behavior and actually succeed at it?"

Antosh had assumed she'd learn that information in medical school. But across the country, fewer than 20 percent of medical schools have a required course in nutrition. On the other end of the spectrum, new programs are cropping up in culinary medicine, a growing evidence-based field that blends the art of food and cooking with the science of medicine. Antosh made that discovery while researching family medicine residency programs and an idea started to take hold to bring something similar to Upstate.

Although the third-year of medical school entails long clinical hours and studying for numerous shelf exams, Antosh was not deterred. She surveyed her fellow Upstate medical students on Facebook about their interest in nutrition and received a tremendous response from across all class years. She met with the curriculum office and found faculty advisors in Barbara Feuerstein, MD '84, an endocrinologist and integrative medicine doctor, Elizabeth Nelsen, MD '06, a pediatrician with a nutrition degree, and Susan Levinsohn, MD, who practices family and integrative medicine.



Neesha Desai '22 and Shiyu Chen '22 with Food as Medicine course director Barbara Feuerstein, MD '84

Through endless, tireless emails and phone calls, Antosh interviewed the director of the culinary medicine program at Tulane University School of Medicine, and connected with Kay Stearns Bruening, director of the Nutrition Assessment. Consultation, and Education Center at Syracuse University's Falk College of Sport and Human Dynamics, which has a teaching kitchen. She secured \$900 in funding from Upstate's Wholistic Education Fund, administered by Kaushal Nanavati, MD, to fund a teaching kitchen component to the course, and with her advisors, recruited faculty experts to participate as lecturers, then had them recorded and posted to Blackboard.

Thanks to Antosh's efforts, the College of Medicine's Food as Medicine elective was offered for the first time this fall. The course combines online lectures with hands-on learning activities, and an experiential component shadowing a dietitian, or volunteering at the Upstate Community Garden, Food Bank, Brady Faith Center Farm, or the Samaritan Center Soup Kitchen. When course registration opened, the 20 spots were filled within 24 hours.

Dr. Feuerstein, who serves as course director, was delighted by the level of student interest. "Medical students are pulled in so many directions. The fact that they chose to add this elective to their busy schedules really shows me how much they value learning about nutrition," she says.

Antosh was not entirely surprised, as she thinks many of her fellow students have an inherent interest in health and wellness. "Nutrition is an important component to good health and medical students want to feel more comfortable talking with our patients about diet modification," she says. "My hope is that this course will provide students with the knowledge and skills to talk with their patients about nutrition as a means to improve their health as well as to make healthy choices for themselves."

It's midway through the course and the 20 medical students enrolled have gathered at Syracuse University's Falk College of Sport and Human Dynamics. This afternoon, the students are participating in a "teaching kitchen," led by SU Professor Bruening, and Joseph F. Wetterhahn, MD '87, a primary care doctor in Adams, New York.

"Patients know they need to eat better, but often don't know how," says Dr. Wetterhahn. "Focusing on cooking gives patients more control over the food they take in, how it is prepared, and how much of their budget it will take."

He knows what he's talking about. As part of his practice, Wetterhahn and his wife Regina, a physician assistant, teach cooking and nutrition classes aimed at improving patient health through diet at the Samaritan Family Health Center in Adams, one of the only medical practices in Central and Northern New York to offer an on-site teaching kitchen for patients. Wetterhahn received CME training through Healthy Kitchens, Healthy Lives, a unique collaboration between the Harvard T.H. Chan School of Public Health and the Culinary Institute of America. The program provides training for healthcare professionals on nutritional science and cooking methods, teaching them about food selection,

"We learn that lifestyle, including diet modification, is a first-line treatment for diabetes, obesity, and hypertension.

But what is diet modification? What do you tell a patient in order for them to change their behavior and actually succeed at it?"

— Natalie Antosh '20

and preparation techniques for creating healthy meals.

Two months earlier, Wetterhahn presented the opening lecture for the Food as Medicine elective, an overview of what he learned through the Healthy Kitchens, Healthy Lives course. Today, with the assistance of Chef Bill Collins, he is demonstrating a menu of 10 dishes that include vegetables, nuts, berries, root vegetables, three whole grains, fruits, chicken, legumes, and two desserts with fiber and/or antioxidants. Students are organized into five groups of four, and each group will prepare two of the recipes.

"Americans are growing increasingly conscious of their health, but many people do not know what healthy food looks like or how to prepare it," says Feuerstein.

One of those is second-year medical student Kyle Plante. "I'll be the first to admit that I do not know my way around a kitchen," says Plante, who plans

to shadow a dietician for the course. "Preparing meals can be daunting to those who aren't very experienced and I'm hoping I can use this opportunity to learn how to prepare healthy foods so that I can pass my own experiences on to my patients."

This "cooking class" is just one tool to help students help their patients. Other sessions included instruction on taking a nutrition history, led by Dr. Nelsen, and another on motivational interviewing led by psychiatrist Zsuzsa Meszaros, MD. For their final project, students are tasked with making a healthy dish to feed 10 people small portions with fewer than 10 ingredients for under \$10. The students will come together for a potluck meal, where Upstate dietician Terry Podolak will lead a mindful eating exercise.

Antosh hopes the course—or some type of nutrition course—will become a required part of the Upstate curriculum. In the meantime, those involved are working to ensure the efficacy of the elective. Second-year student Brandon Zaffuto is working with Nelsen on a course evaluation. Zaffuto designed a survey, which he administered to course participants at the start to assess their background in nutrition, and will survey them again at the end to determine how much knowledge they gained from the course as a tool for future improvements. "Since the elective is a novel idea and medical nutrition is a hot topic, we will ideally publish the results and hopefully inspire other schools to create similar courses," he says.

Feuerstein says she's wanted to be involved in this kind of education her entire career, but it took Antosh's efforts to make it happen. "She's a superstar," says Feuerstein.

Murray Grossman, '45 of East Syracuse, NY, writes "I am among the last of the class of 1945, along with **Brent Darlington**. I was 97 in October and am in good health, physical and mental. My wife Kathryn and I spend our summers in Syracuse and our winters on Hutchinson Island in Florida."

1950 Revion

1954

William H. Hampton, Jr., of Greenwich, CT, lost his wife Carol in 2015 and is living with his daughter. He also has other family close by. He is still seeing a few patients at no charge and writes, "I like poor people."

1955 Rewion
September 11-12, 2020

1956

Michael L. Del Monico, moved to Raleigh, NC, in April to be near family. "Should be my last move," he writes.

1957

Robert W. Daly, of DeWitt, NY, retired from the Upstate faculty in 2012 as Professor of Psychiatry, and of Bioethics and Humanities, Emeritus. In addition to professional publications, he has been writing poetry since the death of his wife in 2011. Many of his published poems have appeared in The Healing Muse and Thousandislandslife.com, a Canadian on-line journal. He greatly enjoys the company of his friends and family, which now include 15 grandchildren and six great grandchildren. He lives on the St. Lawrence River near Clayton, NY, in the warmer months.

Bertram Warren, is living in a retirement community, Greenspring, in northern VA, to be near his daughter. There are many activities in the community of 1,600, and more than 200 clubs, and organizations. "We're taken care of for the rest of our lives," he writes. "In other news, I'm the administrator of the Upstate Medical '57 email list, which is not very active.

I try to comment on activities or deaths in our class, but get very few responses."

1959

Myron Miller, of Baltimore, MD, is still working part-time teaching internal medicine residents at Sinai Hospital of Baltimore as well as writing book chapters. He and his wife travel, largely to visit children and grandchildren in Santa Fe, San Diego, and the Big Island of Hawaii. They recently attended his 60th class reunion, "but sadly no others from my class were there," he writes. "Remarkable to see how much growth has taken place at Upstate."



1961

Alan J. Pollack, of Woodland Hills, CA, has been giving free consultations for the past 13 years on landscape design to homeowners, churches, and schools, or anyone who wishes to create a garden that is attractive to wildlife as well as humans. Eight years ago, he was appointed to the board of directors of the San Fernando Valley Audubon Society and has been leading their Audubon-at-Home Project. He has been giving his lecture, "Restoring Habitat,



Dollhouse by Alan J. Pollack '61

One Yard at a Time," to groups that are interested in the goal of restoring and preserving wildlife habitat. In his spare time, he has been building doll houses (table-top size, all wood) that he donates to places where there are needy, abused, sick, homeless, and special needs children. He is currently working on number 52.

1963

Malcolm E. Levine, of Palm Beach Gardens, FL, and wife Margie retired and are enjoying golf, bridge, and photography. "Our family gatherings with two daughters, two sonsin-law, and six grandchildren, along with summers in Westhampton Beach, complete our lives."

1964

Stephen F. Kucera, of Sarasota, FL, was made an associate medical clinical professor emeritus by the medical school.

C. David Markle, of Kennesaw, GA, attended the recent 50th anniversary banquet of the Wellstar Cobb Hospital and was honored as one of only two doctors still practicing there.

David W. Watson, of Charlotte, NC, sends congrats to all Reunion 2019 award recipients. He was unable to attend.

1965 Revion September 11-12, 2020

Lawrence F. Simon,

of Pomona, NY, is still enjoying surgical practice at Nyack. "No retirement yet," he writes.

Michael W. Weiner, of Mill Valley, CA, continues full time as a professor of radiology and biomedical imaging, medicine, psychiatry and neurology at the University of California San Francisco. He is an Alzheimer's disease researcher with 19 funded grants. His major projects are the Alzheimer's Disease Neuroimaging Initiative (ADNI) which is the largest NIH grant on Alzheimer's disease, and the Brain Health Registry, which is an Internet-based project for recruitment, assessment, and monitoring of research participants for neuroscience research. In June, he received an honorary degree, called a Docturs Causes, from the University of Toulouse in France.

1966

Norman L. Fienman, of Broomall, PA, works very part time and is a docent at the Brandywine River Museum along with his wife Marla. They also tutor English, "in between commuting to our shore home in New Jersey and traveling—the most recent trip to Iceland, Norway and Scotland. I've been married 54 years to same wonderful person. Please remember to contribute to the Class of '66 Scholarship Fund."

1967

Martin L. Cohen, of Morristown, NJ, and Joan spent a week with Charlie Sitrin and wife Jackie, and Donnie Richman enjoying the sites and events at Tanglewood and the surrounding communities in July. "Always great to be with old (long time) friends."

Jonathan M. Gordon, of Bethel, CT, has been happily retired from his pulmonary/ internal medicine practice for three years but is still involved very part time as the medical director of the Danbury, CT, tuberculosis clinic. His free time is spent doing photography/ Photoshop, as well as visiting his grandchildren. "Between my wife and myself, we have seven scattered across four states," he writes.



Jake '68 and Betty Reiss '68, Harvey '68 and Joan Bucholtz, and Michael '68 and Rissa Ratner

1968

Michael H. Ratner, of Manlius, NY, along with his wife Rissa, had a mini reunion on the Jersey Shore in October with Jake and Betty Reiss and Harvey and Joan Bucholtz.

"Friendship continues to stir up old memories and reminds us how much we mean to one another," he writes

Gary P. Schwartz, of Frederick, MD, is now in his 15th year with the Mission of Mercy, providing free medical care to the uninsured of Frederick County Maryland. He previously spent 20 years in the USAF, two years in private practice, and eight years as the chief medical officer for the Drug Enforcement Agency.

1969

Joann T. Dale, of Rochester, NY, is still recovering from the loss of her soulmate, **Bob**, but has begun traveling again and enjoyed a three-week trip to South Africa, that included Botswana with a river cruise and boat safaris, and Zambabwe and the impressive Victoria Falls, before a journey back on the period Rovos Rail.

Richard I. Markowitz, of Merion Station, PA, finally retired but will still work per diem at the Children's Hospital of Philadelphia, and has downsized from a house to a condo. "Everyone is well," he writes.

John T. McCarthy and Jane L. Falkenstein of Troy, NY, enjoyed spending time with their classmates at Upstate for their 50th Class reunion. They are happy to report that their son, Andrew, and his wife, Kara, are expecting their first child in early February 2020, and hope to be present for this happy



Joann Blessing-Moore'72

1970 Revion September 11·12, 2020

event.

Bernard J. Crain, of Hickory, NC, urges "everyone to work toward reducing the threat of nuclear weapons. *PSR.orq.*"

Steven H. Lefkowitz, of Swampscott, MA, has enjoyed traveling during retirement. "My journeys have been to Scotland and Ireland, Ecuador and Peru, Australia, and most recently a trip to Italy and Croatia. To celebrate my wife's 70th birthday, we treated our sons and their spouses to a week in Florence, Italy. Susie and I then continued on to Croatia. My next adventure will likely be to Iceland, which is a quick trip from Boston, where I live. We spend the winters (from late October to May) in Scottsdale, AZ. I hope to be in Syracuse for our 50th reunion. I was a bit disappointed with the turnout for the 45th, but hope to see many of my classmates in September."

1977

Joann Blessing-Moore, of Woodside, CA, sends "greetings and best wishes to all from California. As of June 1, I have stepped back from the allergy, immunology, pulmonary clinical practice, but am still working with Pharma on new drug delivery systems. Great to have a little more time (sailing, swimming, piano, sports, travel) with Bob and daughter Ahna and her two children. Do hope all is well and when in Northern California please

1973

allow catch up time."

Gerald E. Slater, of Glenwood Springs, CO, says its hard to believe it's been 46 years since medical school. "I am reminded that through my life I have been fortunate enough to have a lot of superb teachers, none better than those at Upstate Medical University. There were people who taught me, befriended me, and believed in me. They have always been in my thoughts, and although some are no longer with us,

I have always remembered all of them with the utmost respect and affection. They were Frank Oski, **Howard** Weinberger '58, Ellen 'Cookie' Jacobsen '50, Herb Lurie, Bob King, John Wolf, Ike Weiner '56, and Bob Rohner '52. And although not a physician, I include Geno Andreatta, one of the finest men anyone could hope to meet. I hope the rest of my class is enjoying retirement years as much as I am. I live deep in the mountains of Colorado, with my wife of 30 years. We have four children and four grandchildren. I have been a very fortunate man."

1974

Robert A. Edelman, of Mill Neck, NY, had the pleasure of having **Stuart** and Elyse **Tafeen** spend a day with them in Mill Neck and enjoyed sushi on the beach.

1975 Revion September 11-12, 2020

Robert S. Pyatt, Jr., of Chambersburg, PA, received the Gold Medal as the Pennsylvania 2019 Honored Radiologist from the Pennsylvania Radiological Society at the Annual Meeting in Pittsburgh.

Robert J. Segal, of Tucson, AZ, has been appointed professor of medicine and dermatology at the University of Arizona in Tucson. He was an intern in medicine at Upstate after medical school then resident and chief resident in dermatology at Stanford. He has been on the Arizona faculty for 15 years. His research interest is allergy to implanted metal devices manifesting as skin problems. He invented the Dermablade, a surgical tool used worldwide to take tangential skin biopsies.

1976

Eve Shapiro, of Tucson, AZ, tried retiring last year by selling her pediatric practice in Tucson, but decided it wasn't for her and is now working part-time at the University of Arizona Campus Health. "I also spent a month in Nepal volunteering with Health Volunteers Overseas, where I learned about some of the difficulties of trying to bring medicine from a first-world



Robert S. Pyatt, Jr.'75

ROBERT BARD, MD'68

Using Imaging to Prevent Suicide

The New York City Police Department is experiencing an epidemic of suicide, with 10 officers taking their own lives in 2019 as of mid October. Radiologist Robert Bard, MD '68, who has forged his reputation using cuttingedge imaging technology to diagnose cancer, is now applying that same technology to assess suicide risk as well as the efficacy of depression treatment.

Bard is internationally recognized as a leader in the field of 21st-century 3D ultrasonic volumetric Doppler imaging. At his practice, Bard Cancer Diagnostics in Manhattan, Bard uses 3D ultrasound to diagnose cancers including melanoma, thyroid, breast cancer, prostate cancer, and other tumors through blood flow imaging as an alternative to biopsy, as well as to guide biopsies, target therapies, and provide focused follow-up after treatment. Now, he's using ultrasound to study blood flow in the part of the brain that regulates emotion.

According to Bard, an ongoing multi-center National Institutes of Health study has already demonstrated reactions in the brain to pleasant or stressful stimuli using fMRI technology. Based on the brain activity, the information can help diagnose specific mental illness as well as a risk for suicide. "The problem," says Bard, "is that fMRI is extremely expensive and not readily available. There are only three places in New York State that have this technology."

Bard is trying to develop an easier, less expensive screening method using ultrasound.

His interest in brain imaging began as a fourth-year medical student at Upstate, observing a patient who had undergone a successful surgery but was experiencing swelling of the brain. "There was really no good way to measure intercranial pressure of the brain at the time," Bard recalls. "It killed people."

Since 1980, ultrasound of the optic nerve has been used to detect increased cranial pressure. For the last decade, ultrasound has been used to look at blood flow in the developing brains of babies in utero, which have smaller brains and soft skulls. Now, says Bard, "we've

finally calibrated equipment to detect abnormal blood flow in the adult brain."

Bard says placing the ultrasound probe on the eye shows the blood flow coming to the back of the eye, which is fixed to the frontal part of the brain. Putting the probe on the temple shows the entire brain blood flow. "You can see if there's a spasm or abnormal flow in the area you're looking at," he says.

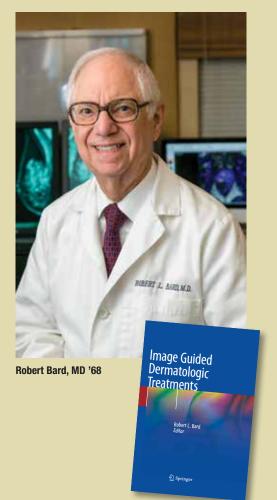
For years, Bard has treated New York
City first responders through the 9/11 Cancer
Scan Program. In May, Bard became a Trooper
Surgeon, working with the New York State
Troopers to use Doppler sonography to diagnose PTSD in troopers. "You can measure brain thought activity by observing the alterations in capillary blood vessels in the retina located in close proximity to the main emotional center of the front of the brain," he says.

In October, Bard became a member of the Public Health Division of the Medical Society of the State of New York, the mental health group that works with the NYPD. "Most recognizable patterns with suicide occur in the anterior cingulate cortex of the brain and are vascularized by orbital branches of the anterior cerebral artery," he says. "Ultrasound devices can show changes in brain oxygenation linked to suicide as well as MRI without the stress or the cost."

The first goal is to have an inexpensive, easily accessible screening test available for someone who feels they may be at risk, says Bard, who is the author or editor of 11 books, most recently *Image Guided Dermatologic Treatments* (Springer, 2020). The next is to use the technology to quantifiably measure the effectiveness of anti-depressant treatment in the same way that imaging has been used to study cancer treatments.

"By finding the abnormal blood flow in the brain, we should be able to see if a prescribed medication is making it better or worse," Bard says. "I'm trying to usher in a new way of thinking about brain imaging."

—Renée Gearhart Levy





Eve Shapiro '76



Mark W. Zilkoski '77 (second from right) at It's Pink Night



Susan and John F. Quinn '80

country to a developing one. I am also involved with promoting Medicare for All and will be riding my bike across the country next summer with my husband, Paul, to promote it.

Any bikers out there who want to join? Email me at evecshapiro@gmail.com."

1977

Debra Kuracina, of Palm Desert, CA, shares that her son Damian has graduated from New York University Dental School and is licensed to practice in the state of California. "Another doctor in the family," she writes. "My daughter is a pathologist specializing in hematology in San Diego. My husband, Vincent D'Auria, MD, retired two weeks ago after 44 years of family practice; he is still getting used to it. I am not planning on retiring for another few months. Forty-two years of this is a good enough contribution, don't you think?"

Mark W. Zilkoski, of Wolf Point, MT, recently celebrated the town holiday, the Wolf Point Stampede, which is the oldest rodeo in Montana, and included It's Pink Night, to raise awareness for breast cancer.

Robert I. Kitos, of Ocala,

FL, continues to enjoy

1978

retirement and pursue interests including duck hunting, training his Labrador retriever, fishing, and thoroughbred breeding and racing. "Raki, a three year old filly my wife and I bred and own in partnership, won the Miss Gracie Stakes race at Gulfstream in September. We were thrilled," he writes. "Our beautiful daughter Stephanie just received her nurse practitioner degree and was married on November 2. We are so very proud of her

accomplishments."

1979

Elizabeth Ackley Rocco, of West Hartford, CT, sends "a big thank you to Mark Erlebacher for planning such a nice class dinner for our 40th reunion in September."



Mark S. Erlebacher '79 at Reunion 2019

1980 Revion
September 11-12, 2020

John F. Quinn, of Columbia, SC, is looking forward to his 2020 reunion celebrating the 40th year since graduation! "My wife Susan and I will also celebrate our 40th Anniversary in 2020, continuing our love of travel with a two-week trip to Japan. I continue to practice

in a large Level-1 Trauma Center with a heavy emphasis on cardiac anesthesia. I also continue to be inspired by the words of the late Robert Rohner, MD '52, at our commencement: "Learn something new every day." In recent years, I achieved board certification in advanced transesophageal echocardiography and in June 2019, achieved Fellow of the American Society of Echocardiography (FASE). Susan and I hope to see many classmates at our next reunion."

1981

C. Michael Franklin, of New Town, PA, has practiced rheumatology for 34 years with the Rheumatology Specialty Center in suburban Philadelphia-**Bucks and Montgomery** counties. Over the years, the single-specialty practice has grown to 12 rheumatologists and four midlevels. Franklin was chief of rheumatology at Abington-Jefferson Memorial Hospital, a regional teaching hospital, for 26 years before stepping down this year. He continues to practice full time and is the proud father of five children and three beautiful grandchildren that keep him wonderfully busy all the time. Photography and cycling take up the rest of his free time. He enjoys multi-sport vacations, generally hiking and biking, and does several long-distance charity rides each year. This past summer, he volunteered on the Blackfeet Indian Reservation in Montana, "wonderful people with a rich culture. Looking forward to class reunions," he writes.

1982

Mark A. Rothschild, of Lady Lake, FL, traveled to Iceland for nine days earlier this year on a photographic tour. "I was able to photograph the gorgeous mountains, landscapes, lakes, rivers, waterfalls, and glaciers on this large, subarctic island. You can see more of my photography at markrothschildphoto.com." Nicholas G. Tullo, of Towaco, NJ, shares that his daughter, Veronica Tullo, was crowned Miss North Jersey in the Miss America Pageant system. She competes for the title of Miss New Jersey in Atlantic City in June 2020, with a chance of competing for the Miss America title in the national televised pageant. "We are so proud," he writes. "She plans to attend college in California to major in film directing next September."

1983

Susan (Zahalsky) Jensen, of Fort Mill, SC, retired from the VA and moved to an active adult community in South Carolina. Her lifetime avocation of writing has turned into a new career. She writes for many small newspapers and is the profiles editor for Mensa World *Journal* and a contributing writer to the American Mensa Bulletin. "My 18-year-old daughter Jessica is a senior in high school and active in art and music. She plans to spend

one college year abroad in Denmark, so as to get to know her paternal family better and become fluent in the language. She has been raised in the South and needs closed captioning to understand TV shows with fast Northern accented dialogue, LOL."

1984

Anthony N. Donatelli, **Jr.**, of Bayport, NY, was inducted into the National Wrestling Hall of Fame in Stillwater, OK, in April. He was honored for his many years of involvement in the sport, including high school and college participation, coaching, and most importantly, his decades of medical care to the wrestling community at the high school, collegiate, and Olympic levels of competition.

David P. Haswell, of Erieville, NY, was sorry he was unable to make his 35th reunion.

James D. Kondrup, of Binghamton, NY, has relocated to sunny Venice, FL. He is still working and has operated or lectured in 30 countries. His oldest son. Ben, graduated from the Naval Academy and was accepted to the submarine service and is now in training in Charleston, SC. Three other children are in college and Kenzi is in 5th grade and loving the ocean and all of the creatures that live in Florida.

1985 Revion
September 11-12, 2020



Anthony N. Donatelli '84



Diamond Beach Iceland, photographed by Mark A. Rothschild '82

1986

Georgianne Arnold, of Pittsburgh, PA, has been elected president of the Society for Inherited Metabolic Disorders (SIMD). She also represents SIMD on the House and Human Services Advisory Committee on Heritable Disorders of Newborns and Children and is professor of pediatrics and clinical research director in medical genetics at the University of Pittsburgh Medical Center. She will present at the upcoming International Network for Fatty Acid Oxidation Research and Management in the Netherlands and will supervise the SIMD trainee award winner at the Japanese Society for Inherited Metabolic Diseases in Akita, Japan.

1988

Erick C. Bulawa, of Greeneville, TN, was the recipient of the 2019 Scott and Nickki Niswonger's Servant's Heart Award for Ballad Health. This is the most prestigious award given by Ballad Health. Recipients of the award are recognized for going above and beyond the call of duty. He practices internal medicine and is also board certified in pediatrics, clinical lipidology, and obesity medicine, and is a champion of healthy lifestyle through his metabolic clinic. The Metabolic, Weight Management and Lifestyle Center opened in 2015 and is an intensive sixmonth program to treat chronic metabolic health

conditions and obesity. He teaches how diet and lifestyle both can cause, but also significantly improve or reverse, chronic health problems. In July, he was chosen as a Healthcare Hero by the *Business Journal of the Tri-Cities*.



Theresa J. Karcnik-Mahoney '88, Mary T. Mahoney '23, and Raymond Mahoney

Teresa J. Karcnik-Mahoney, of Middletown, NY, and her husband were at Upstate on August 24 to attend the White Coat Ceremony for their daughter Mary T. Mahoney, class of 2023. "It was a lovely, moving ceremony," she writes. "We enjoyed this opportunity to walk and see the Upstate campus, meet classmates of Mary's, and chat with our awesome Upstate alumni staff. I'm



At the Dolisi wedding: Kevin R. Math '88, wife Kim Kramer '89, Genevieve M. Krebs '88 and husband Peter Fernandez, Donald Calzolaio '88 and wife Kathy, Gerard A. Compito '85 and wife Connie Abiuso Compito, Anthony R. Russo '87 and wife Geralyn, Frank Dolisi '88 and wife Sandra

very interested to see the positive changes to the MS1 basic science curriculum, such as Practice of Medicine as a longitudinal course."

Kevin R. Math, of New York, NY, recently attended the wedding of Frank and Dana Dolisi, son of Frank (and Sandra) Dolisi, MD '88, along with several other Upstate Medical alumni, at Trump National Country Club in Bedminster, NJ.

1989

Donna Geiger, of Setauket, NY, enjoyed celebrating her 30 year reunion. "We were so fortunate to have trained with an awesome group of people who now are lifelong friends and just happen to be doctors as well," she writes.

1990 Revion
September 11-12, 2020



Members of the Class of 1989: Angela D'Orsi, Sherry Kondziela, Amy L. McGarrity, Elaine M. Silverman, Diane Barta. Bottom: Emily S. Sherman, John A. Larry, Brian S. Brundage, Joe Albano, Larry L. Greenwald, Jim F. Palombaro, Donna Geiger, Linda A. Bulich

SHELLEY BERSON, MD'86

Allergies and Sleep



pproximately 40
million people in the
United States suffer from
chronic sleep disorders.
Otolaryngologist Shelley
Berson, MD '86, says
many of them may suffer
from allergies. In a groundbreaking study published
in the International Forum
of Allergy and Rhinology
in 2018, Dr. Berson
demonstrated clinical

associations between allergic rhinitis and abnormalities during rapid eye movement (REM) sleep, the dream and restorative phase of sleep.

The first-of-its-kind study was a retrospective analysis of ENT patients with primary complaints of upper airway obstruction, suspected allergic inflammation, and/or sleep-disordered breathing. Berson found that 67 percent of her patients with allergies were found to take longer to enter the dream stage of sleep, to have fewer dreams, and often experienced disrupted breathing upon entering the dream state.

In conducting the study, Berson used the REM–respiratory disturbance index (REM-RDI), which she says is a more accurate indicator of REM-specific sleep disturbances associated with allergies than other measures, such as all-night apnea-hypopnea, respiratory-disturbance indices, or REM-specific apnea hypopnea indices. Berson says data provided by the index can help patients with sleep disturbances make more informed decisions about treatment, which might be allergy treatment rather than, or in addition to, sleep apnea devices or surgery.

Berson is an ENT in solo private practice in Nyack, New York, the only female ENT in her county. She is also one of fewer than 300 physicians nationwide combining board certification in sleep medicine, otolaryngology, and allergy medicine, merging these three specialties since 1991. "It's a unique combination to be an ENT surgeon who practices allergy medicine and also understands the medical aspect of what's really going on in the body when people have problems with sleep," she says.

"When I look at my patients, I am not only thinking about their anatomy, but how that anatomy is functioning for them," says Berson. "I have the tools to offer medical as well as surgical treatment and often it's a combination of therapies that provide the best solution."

To conduct her study, Berson sought out a clinical appointment at New York Medical College, which provided the institutional review board, as well as assistance from residents at Mount Sinai Hospital and other ENT colleagues who recognized that sleep apnea surgery was not always solving all of patients' sleep problems.

First author on the paper, Berson was also assisted by her Upstate classmate Elizabeth Prezio, MD '86, PhD, an endocrinologist now working in epidemiology in Albany, New York. "We were study buddies at Upstate and I knew she could help me with the data," says Berson.

That was just the start. In a forthcoming paper, Berson links disturbed sleep to dust mite allergies.

"Dust mites are incredibly common in bedding and if you have a sensitivity, you're exposed for eight hours at night," she says. "The second your nose gets stuffed up, your mouth opens and your sleep gets disturbed. It's incredibly exciting because we have treatments for it."

After years of private practice, Berson says her research has provided a good reminder that there is not a singular "medical" or "surgical" fix for each patient. "The reality is that what works for patients is often a blend; we need to be mindful of that and keep our minds open to a plan for each patient that may very often be more holistic than we were trained to be."

—Renée Gearhart Levy



Dr. Berson is a cellist with the North Jersey Symphony, Bergen Philharmonic, and Rockland Symphony orchestras.

Joseph T. Pedersen, of Brevard, NC, continues to practice as a radiation oncologist in North Carolina.



Joseph T. Pedersen '94 and wife Kathy Pedersen

1995 Revion September 11-12, 2020

Lauren B. Bruckner, of Rochester, NY, practices pediatric hematology/ oncology/BMT at Golisano Children's Hospital-University of Rochester, where she is also the Golisano Children's Hospital chief medical information officer and the URMedicine medical director of patient engagement. She married Amy Rutkowski Roth in January in a small ceremony attended by close family and friends in New Smyrna Beach, FL.

Mary Jo Lechowicz, of Decatur, GA, was the recipient of the Exemplary Teacher of the Year Award at Emory University's May 2019 Commencement for the entire university. She has also been part of the

inaugural core team with Tbilisi State Medical University in Tbilisi, Georgia, developing a six-year American Medical Program translated from the Emory School of Medicine curriculum. The school graduated its inaugural class in June. "This has been a wonderful program to explore what medical students really need to learn in the 21st century," she writes.

Michael J. Szostak and Ileen Y. Herrero-Szostak. of Oldsmar, FL, had the privilege to serve on their second trip to Soddo Christian Hospital in the Wolaita region of Ethiopia in September. They were invited for Mike to teach urology and Ileen family practice to the attending and resident physicians in the rural region. "Getting out of your comfort zone and sharing with others has been a truly humbling and exhilarating experience on so many levels," they share.



Michael J. Szostak '96 and Ileen Y. Herrero Szostak '96 (left) with physicians and friends in Ethopia

7000 Revion September 11.12, 2020

2005Revion September 11-12, 2020

Oliver and Erin Masaba. of Pittsford, NY, welcomed their baby girl, Evelyn Rose, on June 26.

ZUIU Re@ion September 11-12, 2020

2015 Reviion September 11.12, 2020

Rachel A. Kopicki, of Williamson, NY, is working in Masterton, NZ, for a year of locums tenens work as a general practitioner.



Saeed D. Mohammad '16 with wife Elizabeth and son Jakob

Saeed D. Mohammad, of Bronxville, NY, and wife Elizabeth welcomed son Jakob on July 4.



Arthur Zak '16 with wife Christie and their twin boys

Arthur Zak, of Mount Vernon, NY, and his wife, Christie Ton, DO, welcomed twin boys on June 8. Follow their adventures on Instagram @docswithtwins.

Tara F. Brenner, of Durham, NC, and Ian M. Kratzke were married on October 5. "We were so lucky to share our special day with many of our classmates who traveled from across the country for our wedding in Chapel Hill, NC," they share.



lan M. Kratzke '17 and Tara F. Brenner '17 at their wedding

Kristine M. Faulknham, of West Hartford, CT, met up with Upstate classmates at the Family Medicine FMX in Philadelphia in September. "Arie D. Rennert (residency at St Joe's, Syracuse) Sarah J. Lopez and myself, (UConn, Hartford, CT)."



Sarah J. Lopez '17, Kristine M. Faulknham '17, and Arie D. Rennert '17

7018

Kathleen A. Iles, of Durham, NC, recently met up with Steven J. Siano '19 at the University of North Carolina Starbucks. They are both Central New York natives who went to Le Moyne College and then Upstate for their medical degrees. "We have been friends for 10 years. I am a PGY2 at University of North Carolina in general surgery and he is a PGY1 at University of North Carolina in the physical medicine and rehabilitation program," she writes.



Steve J. Siano '19 and Kathleen A. lles '18 $\,$

Residents

Jeffrey A. Greenberg, HS '91, of Carmel, IN, graduated from the Department of Orthopedic Surgery residency. He was recently elected to the presidential line of the American Society for Surgery of the Hand. He will serve two years as vice president and then will serve as the president for the academic year 2021-22, and will preside over the 77th annual meeting in Boston, MA, in September 2022.

Marvin Koss, HS '80, of Fayetteville, NY, received the President's Award for Outstanding Voluntary Faculty: College of Medicine from Mantosh Dewan, MD, Upstate interim president, at the 2019 Fall Faculty Convocation in September.



Marvin Koss HS '80

Bruce J. Leavitt, HS '88, of South Burlington, VT, finished his thoracic surgical residency in 1988 and has been at the University of Vermont since graduation. He is now the chief of the cardiac and thoracic surgical division and professor of surgery. He has received numerous awards over the years, and last spring was

awarded the University of Maine 2019 Bernard Lown Humanitarian Award. He has participated in overseas surgical missions with Doctors Without Borders and most recently, TeamHeart to Rwanda to operate on adolescents with rheumatic heart disease.

Sekou L. Rawlins, of Syracuse, NY, is an alum of the gastroenterology fellowship program at Upstate and a faculty member since July 2012. He moved to private practice at Syracuse Gastroenterological Associates in October.

P.J. Reddy, of Wichita, KS, recently passed his fourth re-certification exam in general surgery. "It seems there are not that many surgeons in the country who passed the recertification exam four times," he writes

Stephen D. Zuehlke, of Portsmouth, RI, retired in April after 43 years as an invasive cardiologist in Fall River, MA, and Providence, RI. He now has time for oil painting and improving as a jazz piano player. He lost his wife, a spectacular woman and mother, in 2015. He has two daughters and three grandchildren.

IN MEMORIAM

12/'43

WILLIAM A. SCHIESS, of Cicero, NY, died October 2. Dr. Schiess interned at the Rhode Island Hospital in Providence, RI, then served in the Army Medical Corp during World War II in occupied Germany. Following his service, he completed his medical training in internal medicine/cardiology at University Hospital, Upstate. He was recalled as a member of the Army Reserves and served during the Korean War in Japan from 1951–53. Schiess started his practice in internal medicine/cardiology in 1953 and was the founding member of Internal Associates of Central New York. He also served as chief of medicine at Crouse Hospital for 27 years and finished his service to Crouse as vice president for medical affairs in 1990. In semi-retirement, he was medical director of Community Memorial Hospital in Hamilton, NY, and then medical director of Crouse Community Center in Morrisville, NY. He was survived by his son, Richard; daughter Sarah; and five grandchildren.

1945

GEORGE R. GILLMORE, of Palm Beach Gardens, FL, died February 24. Dr. Gillmore was commissioned as an ensign in the Navy and received an honorable medical discharge in 1946 from Sampson's Naval Hospital in Seneca Lake, NY. He moved to Providence, RI, where he completed his intern year, followed by five years of surgical training at Rhode Island Hospital. In 1952, he moved to Hamilton, NY, where he was the first surgeon at the brand-new Community Memorial Hospital. He practiced there until his retirement in 1985. Gillmore was survived by his daughter, Kristen; sons David and George; nine grandchildren and nine great grandchildren.

1946

LYMAN L. HALE, JR., of Syracuse, died June 10. Dr. Hale served as an Army doctor in Japan during World War II and in Korea before the Korean War. He worked in Alaska for two years on a government program to address the high incidence of tuberculosis. The family moved to Korea in 1958, where he and his wife Neva served as medical missionaries for 28 years. He retired to Syracuse in 1986 and joined the Fayetteville United Methodist Church. He was survived by his son, Lyman III; daughters Melleny and Maratha; and two grandchildren.

1953

MURRAY L. COHEN, of St. Petersburg, FL, died July 8. Dr. Cohen served in the military during World War II. After serving he served an internship at the Bellevue Hospital and then joined the staff of the newly established Albert Einstein College of Medicine. He served as chief medical resident in 1957, and then returned to Newburgh, where he practiced internal medicine for nearly 50 years. He retired at 80 and he and his wife remained active as members of the Harvard Institute for Learning in Retirement in Cambridge, MA, and the Academy of Senior Professionals at Eckerd College in St. Petersburg. Cohen was survived by his wife, Beverly; sons Mark, David, and Steven; and nine grandchildren.

1954

PHILIP MARTINEZ, of Hoosick Falls, NY, died January 25. Dr. Martinez served in the military at Camp Carson, CO, in 1946 and 1947, where he was a cook in the Army. After earning his medical degree, he interned at Albany Hospital and was a resident in surgery at University Hospital. He and his wife moved to Hoosick Falls in 1956 when they took over Dr. Stacy's practice. Martinez's wife Gloria was a registered nurse and worked by his side for 42 years. He delivered 4,800 plus babies over his 32 years and stopped delivering in 1988. He retired from private practice in 1999. Martinez was survived by his wife, Gloria; daughters Michelle, Denise, and Maureen; sons Jeffrey, James, and Marcus; and four grandchildren.

WILLIAM I. STAPLES, of Cleveland, OH, died February 5. After graduation, Dr. Staples entered the Air Force and was stationed at Otis Air Force base in Falmouth, MA. In 1960, he and his family moved to Cleveland, where he did his pediatric residency at University Hospitals. He then entered private practice with Charles Q. McClelland, MD, for 34 years. He was also a professor of pediatrics at Case Western University. In 1984, he accepted a position with the National Board of Medical Examiners and moved to West Chester. PA. Thereafter, Staples joined the Accreditation College of Graduate Medical Examiners and retired in 2000 to Sanibel and Ft. Myers, FL. He was survived by his wife, Pauline; daughters Carolyn and Elizabeth; son William; and one grandson.

STUART S. TURKEL, of Los Angeles, CA, died August 25, 2005. Dr. Turkel did his internship at Maimonides Medical Center in New York City, and his residency at Langely Porter Psychiatric Institute in San Francisco, and served as a captain in the U.S. Army Medical Corps. He settled in Los Angeles and worked as a psychoanalyst for many years at Cedars-Sinai Medical Center. He served as acting director of the Department of Psychiatry in 1974-1975. He later transitioned to private practice in Century City and at home. He was survived by his son.

1958

SIDNEY T. DANA, of Palm Beach Gardens, FL, died June 1. Dr. Dana was a renowned surgeon and a dedicated patriot with the U.S. Army. His warmth, kindness, and sense of humor were shared with many. Dana was survived by his wife, Carol; son Philip; daughter Nancy; and five grandchildren.

1959

A. BYRON COLLINS, of Canisteo, NY, died June 7. Dr. Collins was a prominent surgeon and practiced medicine in the Canisteo and Hornell area for more than 50 years. He came to Canisteo straight from his surgical residency in Buffalo, NY, for a one year fill-in for Leon Roe, MD, and never left. He bought Dr. Roe's country home and farm and started ABC Ranch, where he raised prized Herefords. He dedicated his life to Bethesda and St. James Hospital and worked tirelessly for their survival. He held chief of surgery positions at both hospitals and also was the Steuben County Coroner for many years. He operated and practiced medicine and ran the farm up until his recent illness. Collins was survived by his wife, Rae; sons Chris, Kevin, and Craig; daughters Karen, Kathleen, Kimberly, Colleen, and Kirstin; and 20 grandchildren.

1962

WALTER J. OKUNSKI, of Salisbury Township, PA, died March 26. Dr. Okunski served his internship at St. Joseph's Hospital in Syracuse and his surgical residency at Upstate, followed by plastic surgery residency at Allentown General Hospital. He was chief of plastic surgery at the U.S. Naval Hospital St. Albans in Queens, NY, during the Vietnam War. Okunski held many staff appointments at Lehigh Valley Hospital, including president of the medical

staff, chief of the division of plastic and reconstructive surgery, director of residency program, and medical director of the burn center, which he founded with colleague Leonard Pool. He served on the board of the Burn Prevention Foundation. He loved his profession and was on staff for 50 years. Okunski was survived by his wife, June; son Robert; daughters Lorraine and Gail; and five grand-children.

1963

JEROME C. GOLDSTEIN, of West Palm Beach, FL, died July 13. Dr. Goldstein was a renowned surgeon specializing in otolaryngology. His passion for medicine resulted in a distinguished career involving surgery, teaching, and administrative leadership and his efforts influenced many aspects of the growth of this specialty on a national and international level. Goldstein interned at Philadelphia General Hospital and received residency training in surgery and otolaryngology at Bronx Municipal Hospital Center and at Upstate. He was assistant professor at Northwestern University Medical School in Chicago from 1968 to 1971, in private practice in Glens Falls, NY, from 1971 to 1973, and then professor of surgery and head of the Division of Otolaryngology at Albany Medical College from 1974 to 1983. Following a diagnosis of multiple sclerosis, he began a career of public service, serving as executive vice president of the American Academy of Otolaryngology-Head and Neck Surgery in Washington, DC, from 1984 to 1994. He was survived by his wife, Rochelle; sons Glenn, Bradley and Brian; four grandchildren; stepson Howard Zackim; step-grandson Gregory; and the mother of his children, Jean.

MARCIA C. KIRSCH, of Jamesville, NY, died June 10. She completed an internship in anesthetic residency at St. Joseph's Hospital and was an attending physician at Crouse Memorial Hospital from 1967 to 1981, and Community General Hospital from 1981 to 1989. She retired in 1989 due to disability secondary to Parkinson's disease. She was a fellow of the American College of Anesthesiologists, and a Diplomat of the American Board of Anesthesiologists. Dr. Kirsch was survived by sons Matt, Joseph, Mark and Michael; daughters Mary, Sharon and Julie; 14 grandchildren; and two stepgrandchildren.

1966

RONALD LEE SAMSON, of Miami, FL, died April 17. Dr. Samson trained in anesthesiology at Jackson Memorial Hospital, University of Miami, and subsequently joined the faculty of the Department of Anesthesiology, where he was a respected physician and teacher. He was survived by his wife, Gayle, and family.

IRWIN SCHLOSSBERG, DDS, of Chappaqua, NY, died July 2019. Dr. Schlossberg was a longtime practicing radiologist in New York City. He is survived by his wife, Ellen; a daughter; and grandchild.

1968

MICHAEL L. SILVERSTEIN, of North Brunswick, NJ, died April 10. Dr. Silverstein practiced orthopedic surgery for more than 45 years. He served on the board of trustees of the University of Medicine and Dentistry New Jersey and the Jewish Community Foundation of the Jewish Federation of Greater Middlesex County. He was previously president of the Foundation of Central New Jersey Home for the Aged. Silverstein was survived by his wife, Rachel; son Aaron; daughter Rebecca; and two grandchildren.

1983

MICHAEL G. BURKE, of Columbia, MD, died July 10. Dr. Burke finished his pediatric residency at the University of Wisconsin-Madison, then moved to Baltimore, where he worked at Francis Scott Hospital, now the Johns Hopkins Residency Program. Burke advocated for the under-served and disenfranchised in both his professional and personal life. His work in Haiti over the last 20 years through St. Louis Church was a joy to him and changed the lives of many. He was survived by his wife, Missy, and daughters Tessa, Madigan and Natalie.

1987

STEVEN WEINREB, of West Hartford, CT, died March 17. Dr. Weinreb was a passionate writer, biker, skier, traveler, and found great joy in his long-time primary care career at Hartford HealthCare. Medicine was his true calling. His children were the light of his life. Weinreb was survived by his wife, Cynthia B. Heller, MD; sons Jeffrey and Daniel; and daughter Abby.

Residents

JERRY LEE CLAUSEN, of Saint Paul, MN, died August 3, 2018. Dr. Clausen completed his psychiatric residency at Upstate, was a Distinguished Life Fellow of the American Psychiatric Association, and was board certified in addiction medicine and addiction psychiatry. He was on staff of the Onondaga Pastoral Counseling Center for 20 years and was awarded the Wayne Wilson Award for Excellence. He served in the U.S. Navy during the Vietnam War, stationed at the Bremerton, WA, Naval Hospital in the Psychiatry Department. He ended his tour as Lieutenant Commander. Clausen was survived by his wife, Nancy; son Keith; daughter Pamela; and one grandson.

KENNETH SHIU KEE HO, of Stowe, VT, died October 6, 2016. Dr. Ho graduated from University of Vermont Medical School and completed his residency at Upstate. He started his medical family practice in 1956 in Syracuse and retired in 1994 to Stowe. Ho was survived by his wife, Connie; daughters Stephanie and Evelyn; sons Daniel and James; and twin grandsons.

CHRISTOPHER SUTTON KENT, of Ormond Beach, FL, died May 20. Dr. Kent graduated from Colgate University and the University of Rochester Medical School, and went on to complete a neurosurgery residency at Upstate. He served as chief of surgery at both Bryan Health Medical Center in Lincoln, NE, and more recently at Advent Health in Daytona Beach, FL. Kent was survived by his wife, Constance, and daughters Mary Elizabeth, Campbell, and Evelyn.

JAMES L. MONKS, of Hammond, IN, died August 3, 2018. Dr. Monks was a talented gastroenterologist who practiced in Northwest Indiana for many years. He helped countless people with his extensive medical knowledge and compassionate personality. Monks was survived by his wife, Judith; sons Jeff and Scott; daughter Michelle; and six grandchildren.

IN MEMORIAM

DOUGLAS M. SANFORD, of Watertown, NY, died March 7. Dr. Sanford graduated in 1957 from the University Louisville School of Medicine, and was an intern at Upstate in 1957-58 before completing his otolaryngology residency at Walter Reed General Hospital in Washington, DC. He was board certified in otolaryngology in 1964 and was in private practice in Watertown, NY, from 1967 to 2001. He served in the Army and was chief of the ear, nose and throat department at Munson Army Hospital, Fort Leavenworth, KS, the Gorgas Hospital in the Panama Canal Zone, and Womack Army Hospital, Fort Bragg, NC. Sanford was survived by his wife, Mary Rose; daughters Janet and Martha; sons Douglas M. Jr. and David; 15 grandchildren; and one great grandson.

JORGE A. TORRETTI, of Jamesville, NY, died July 31. Dr. Torretti arrived in Syracuse in 1972, as an associate professor of pharmacology and medicine at Upstate, where he spent the balance of his career and joined the faculty of the Department of Anesthesiology after serving a residency in the department from 1981 to 83. He was survived by his wife, Patricia; four children: M. Pia, George, Philip, and Robert; and three grandchildren.

WALTER KWAI W. YOUNG, of Honolulu, HI, died February 23, 2002.

JEFFREY M. ZALE, of Baltimore, MD, died May 26. He was survived by his wife, Karen; son Benjamin; and daughter Allison.

Faculty

LEWIS WILLIAM BLUEMLE, JR., of Bryn Mawr, PA, died on August 13. Dr. Bluemle was the second president of Upstate Medical University, serving from 1968 to 1974.

Bluemle earned his medical degree from Johns Hopkins School of Medicine in 1946 while enlisted in the Army. With the exception of a two-year period, beginning in 1948, when he served as assistant director to the Army Hepatic and Metabolic Unit at Valley Forge Hospital, Bluemle worked primarily with the University of Pennsylvania and its affiliated hospitals.

In 1968 Bluemle left his position as associate dean of the University of Pennsylvania School of Medicine to become president of Upstate. During his tenure, Bluemle recruited several new department chairs, made major revisions to the curriculum and expanded research. He also established the Department of Family Practice. Bluemle left Upstate in 1974 to become president of the University of Oregon Health Services Center in Portland, Oregon. He retired as president of Thomas Jefferson University in Philadelphia in 1990, where he oversaw construction of a new hospital and research building, which was named the Bluemle Life Sciences Building in his honor.

Upstate awarded Bluemle with an honorary degree in 1992.

He was survived by a son, Chris; daughters Lauren, Susan, and Amy; six grandchildren; and many nieces and nephews.

Frank Young, MD '56, PhD

FRANK YOUNG, MD '56, of Wilmington, NC, beloved husband of Leanne Hutchinson, as he wanted to be remembered first, died on November 24 from an aggressive lymphoma diagnosed just three days earlier.

Dr. Young was a retired pathologist with a storied medical career. As an academic scientist at Case Western, the Scripps Clinic and Research Foundation in La Jolla, CA, and the University of Rochester, NY, his pioneering research in genetics led to the discovery of a restriction endonuclease, BamH1, which laid the foundation for cloning and the advent of biotechnology, including development of cloning vectors and methods to join different pieces of DNA.

Young transitioned from scientist to administrator, holding posts as dean of the School of Medicine and Dentistry and vice president for health affairs at the University of Rochester; commissioner of Food and Drug Administration; deputy assistant secretary of the Department of Health and Human Services; and director of the Office of Emergency Preparedness and the National Disaster Medical System. In 1986, he became the U.S. Representative to the Executive Committee of the World Health Organization.

Most recently, Young served as a partner in Essex Woodlands Health Ventures, a healthcare venture capital firm; executive vice president regulatory and medical, at Braeburn Pharmaceuticals; and executive

vice president, regulatory affairs, of Tissue Tech. He was also an ordained Presbyterian minister and served as associate pastor at Fourth Presbyterian Church in Bethesda, MD.

Young was a graduate of Union College and Upstate Medical University and completed his internship and residency in pathology at the University Hospitals in Cleveland, OH. He earned a PhD in pathology from Case Western Reserve University in 1962.

Young was predeceased by his wife, Leanne. He was survived by his children Lorrie Young, Peggy Long and her husband Nathan, Frank Young Jr. and his wife Sharon Payne, Jonathan Young and his wife Nellie Wild, Deborah Rapp and her husband Richard; grandchildren Stephen, Benjamin, Alyssa, Sarah, Jordan, Jonathan, Abigail, Lindsay, Kristen, Jessie, Elizabeth, Anna, Nathaniel, Bella, Katie and Julia; and great grandsons Tristan and Kaiden.

In honor of the education that launched Young's career, donations may be made to the Leanne & Frank Young Endowed Scholarship and Endowed Chair, Upstate Medical Alumni Foundation, Upstate Medical University, 750 East Adams Street, Setnor Academic Building, Suite 1510, Syracuse, NY 13210.





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2020 Alumni Events

ANNUAL CAREER **ADVISORY** NETWORKING DINNER

Syracuse

January 6 5:30 - 8:00 pm NAB, fourth floor



NEW YORK

EVENTS

FLORIDA

January 30

Sarasota, FL March 12

Naples, FL

March 26

Michael's On East

Bistro 821 on 5th

Boca Raton, FL

Delray Sands Resort

New York City March 20 The Cornell Club

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