

Features

12 Pediatric Ready

From national policy making to local emergency rooms, Distinguished Alumna Mary Fallat, MD '79, has dedicated her career to advocating for children.

16 Medical Detective

From sleuthing the causes of rare kidney diseases to developing creative learning tools to help others do the same, Outstanding Young Alumnus Kenar D. Jhaveri, MD '04, is working to advance the field of nephrology.

20 Visionary Medicine

Humanitarian Award recipient Sam Cady, MD '99, is restoring sight in African countries while helping create sustainable systems to increase care.

24 Report of Gifts

Alumni and friends support Upstate's long tradition of excellence in medical education by giving back to the Norton College of Medicine.

Departments

- 1 COURTYARD
- **40** STUDENT ROUNDS
- **42** CLASS NOTES
- **50** IN MEMORIAM

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Alumni JOURNAL

WINTER 2024 ISSUE

James A. Terzian, MD '75

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ON THE COVER: 2024 Distinguished Alumna Mary Fallat, MD '79, with her husband, Tom Walker, fly fishing at Henry's Lake, Idaho

President Dewan Gives State of the University Report to Alumni

pstate Medical University is an exceptional institution with a rich history and a robust future. That was the message conveyed by Upstate President Mantosh Dewan, MD, HS '79, at his state of the University report during the Norton College of Medicine Alumni Reunion Weekend in September.

Dewan emphasized the Upstate Strategic Plan focus on excellence and access, highlighting noteworthy events and initiatives:

- Upstate's focus on excellence received national and international recognition after His Holiness the Dalai Lama received six weeks of intensive post-surgical care from Upstate physicians and physical therapists following knee surgery this summer. While recuperating at the home of long-time Upstate benefactors Sam and Carol Nappi, the 89-year-old Dalai Lama received twice daily physical therapy, and after having been essentially wheelchair-bound for four years, was able to walk to his plane.
- Upstate, the first co-ed medical school in the nation, celebrated the 175th anniversary of Elizabeth Blackwell's graduation from Geneva College, the precursor to Upstate Medical University's Norton College of Medicine. Blackwell was the first woman to receive medical degree in America.
- Today, the Norton College of Medicine is home to 743 students and 715 medical residents and fellows in 52 fully-accredited programs, the most ever.
- Upstate created the nation's first Say Yes scholarship at a medical school to inspire and attract talented students in our city. (See page 2 for more.)
- To further student success, the Office of Student Affairs secured a more than \$1 million state grant to supplement mental health services, increase basic needs offerings, enhance disability services, improve facilities and academic support services, and purchase a recruitment vehicle that will travel throughout Central New York to provide prospective students interactive, simulated experiences to showcase our academic programs.
- A \$432,000 grant announced during a campus visit by New York Health Commissioner James McDonald, MD, supports three Diversity in Medicine programs, the most in New York state. (See page 4 for more.)
- Upstate will become the first medical school in New York (and one of only a few in the nation) with an optometry school when the SUNY College of Optometry in Manhattan opens an extension campus at Upstate in 2026.



The Dalai Lama with members of his Upstate care team

- Research funding totals almost \$55 million, an all-time high. Fueled significantly by Norton College of Medicine faculty, research expenditures at Upstate grew by 57 percent over five years and 23 percent over the last fiscal year. This was the highest percent growth among SUNY's university centers and doctoral degree granting institutions.
- To accelerate scientific advances from the bench to the bedside, Upstate launched the first venture fund in the SUNY system, Upstate Biotech Ventures. This early-stage venture capital fund will invest in high-potential startups affiliated with Upstate Medical University's CNY Bioaccelerator to commercialize the intellectual capital of faculty, and drive research and technology innovation. (See page 4 for more.)
- The Upstate hospitals continue to grow and thrive. Upstate inaugurated the 210,000-square-foot Nappi Wellness Institute, the 22,000-square-foot Verona Cancer Center, the Upstate Cancer Center at Auburn Hospital, and a new 18,000-square-foot physical rehabilitation center.
- Upstate Medical University's influence on the economic health of the region continues. The University is a \$3 billion enterprise that employs nearly 12,500 people and is the largest employer in a 25-county region, adding 2,000 jobs over the past three years.

Norton College of Medicine Announces First Upstate Say Yes Scholarship, Welcomes First Scholar

his summer, Upstate Medical University announced the creation of its first Say Yes scholarship that provides four years of tuition to medical school, housing in Upstate's Geneva Tower, and a yearly \$5,000 stipend during the four-year medical degree path. The total scholarship gift will exceed \$240,000 for the four-year degree program.

The Upstate Say Yes scholarship builds on the Say Yes Syracuse program, which provides undergraduate scholarships to qualifying graduates of charter and public schools within the Syracuse City School District.

The recipient of the first Upstate Say Yes scholarship is Alex Guerrero. A Syracuse resident who emigrated from Cuba, Guerrero graduated from Henninger High School in 2018 and received a Say Yes scholarship to attend SUNY Cortland, where he received his bachelor's degree in 2022.

"Upstate Medical University offers numerous programs aimed at creating opportunities for education and job pathways for many of our Syracuse neighbors," says Mantosh Dewan, MD, president of Upstate Medical University. "Eliminating boundaries to higher education and employment is a most gratifying undertaking and a major focus of work as an academic medical center, as we look to prepare tomorrow's health care workforce. I am especially pleased to welcome Alexander Guerrero

as our first Upstate Say Yes scholarship recipient. The story of his young life is inspiring and I'm eager to watch his development as a physician."

Before submitting his application to the Norton College of Medicine, Guerrero completed two years or 4,000 hours of research as a student in Upstate's Post-baccalaureate Research and Education Program (PREP-Up). In this program, Guerrero worked alongside Upstate faculty and recent PhD graduates on research related to neurodevelopmental disorders, such as Fragile X Syndrome that causes intellectual disability.

Over the last four years, he has spent weekends working as a patient care technician in the Emergency Department at Garnet Health Medical Center in Middletown, New York.

"I hope to use this Say Yes scholarship to the best of my ability and hope to give back to the community once I graduate," Guerrero says.

To be eligible for an Upstate Say Yes scholarship, students must have been accepted to the Norton College of Medicine and fulfilled Say Yes to Education Syracuse requirements, among them, graduating from a Syracuse City School District or Syracuse charter high school, and attending a Say Yes partner college or university.

Attending the Say Yes scholarship announcement at Upstate are, from left, Ahmeed Turner, executive director of Say Yes Syracuse; SUNY Chancellor John King; Upstate Say Yes Scholarship recipient Alex Guerrero; Norton College of Medicine Dean Lawrence Chin, MD; Upstate President Mantosh Dewan, MD, and Syracuse Mayor Ben Walsh.



Andrea Shaw, MD '09, Honored for Medical Care for Local Refugee Resettlement Program

Andrea Shaw, MD '09, medical director of Upstate University Hospital's Center for International Health, was honored with the President's Award by Catholic Charities of Onondaga County.

Dr. Shaw and her medical team provide care to families who come through the Catholic Charities Refugee Resettlement program. She oversees a weekly wellness clinic at the Refugee Resettlement program, offering blood pressure and diabetes screenings for new arrivals—many of whom have undiagnosed conditions.

This clinic grew out of her efforts to screen refugees for COVID during the pandemic. For more than a year, COVID-screening clinics were conducted weekly at Northside CYO by Shaw and her team, working in concert with Catholic Charities' multilingual peer navigators. More than 1,000 individuals were screened. Once COVID vaccines became available, Shaw partnered with Catholic Charities to provide COVID vaccination clinics, serving almost 1,000 people to date, with new clinics every month.

Shaw and her team also created a clinic for Afghan humanitarian parolees during the Afghan resettlement effort and saw close to 75 percent of the Afghans who came to Syracuse.

In honoring Shaw, Catholic Charities highlighted her commitment to ensuring refugees have a healthy start to their new lives in Syracuse.

"Throughout her partnerships with us, Dr. Shaw takes texts and late-night phone calls about emergency health issues among the refugee populations, even making



Andrea Shaw, MD, received the 2024 President's Award from Catholic Charities of Onondaga County.

home visits when necessary. She has been at our side throughout every tough medical case. She is a critical, faithful contact for our Refugee Resettlement staff when they encounter children in need of medical attention."

Shaw holds faculty appointments in pediatrics, emergency medicine, medicine and public health and preventive medicine.



Cynthia Taub, MD, MBA

Cynthia Taub, MD, MBA, Elected Vice President of the American Society of Echocardiography

Cynthia Taub, MD, MBA, the Edward C. Reifenstein Professor of Medicine and chair of the Department of Medicine, has been elected vice president of the board of directors of the American Society of Echocardiography (ASE). Her one-year term will start in June 2025.

Dr. Taub previously served as treasurer. She will become president of the ASE in 2026 at the society's annual scientific sessions in Colorado.

Taub, who joined Upstate in August 2023, previously served as chief of cardiovascular medicine of Dartmouth Health's Heart and Vascular Center at Dartmouth Hitchcock Medical Center, and professor of medicine at the Geisel School of Medicine at Dartmouth.

She is known internationally for her work in clinical applications of advanced echocardiography technologies, valvular heart disease, heart disease in women, and disparity in healthcare delivery, with more than 110 peer-reviewed manuscripts. A dedicated educator, Taub has trained more than 100 cardiology fellows and mentored many leaders in cardiology, including echocardiography lab directors and sonographers over her academic career.

ASE is the largest global organization for cardiovascular ultrasound imaging serving physicians, sonographers, nurses, veterinarians, and scientists, setting practice standards and guidelines for the field.

Upstate Biotech Venture Fund Launched to Support Upstate Medical-Affiliated Start-Ups

pstate Medical University has launched the first venture fund in the SUNY system to accelerate practical applications of scientific discovery.

The Upstate Biotech Venture Fund is an early-stage venture capital fund that will invest in high-potential startups affiliated with Upstate Medical University's CNY



Upstate President Mantosh Dewan, MD, (right) announces the creation of an early-stage capital fund to benefit Upstate-affiliated research.

Bioaccelerator to commercialize the intellectual capital of faculty and drive research and technology innovation.

The \$10 million fund was established with a \$5 million capital investment from Empire State Development's Community and Regional Partner Fund, part of the State Small Business Credit Initiative through the U.S. Treasury, and a \$5 million allocation from Upstate Medical University through the SUNY Research Foundation

Upstate Biotech Ventures will be managed by Excell Partners, an early-stage venture capital fund. The initial funding of \$10 million is expected to help support nearly 20 companies with investments ranging from \$100,000 to \$1 million. Preference will be given to businesses led by founders from traditionally underrepresented groups.

"Upstate Biotech Ventures will provide critical earlystage venture capital for startups commercializing gamechanging life sciences and biotech innovations," says Upstate President Mantosh Dewan, MD. This \$10 million investment fund will be the initial vehicle for investing in professionally vetted, high-potential start-ups and small businesses affiliated with our campus. With Upstate Biotech Ventures, we are hanging out a Made in New York sign right here in the heart of New York."

State Health Department Funding Will Expand Diversity at Upstate Norton College of Medicine

The New York State Department of Health has granted \$432,000 to support three Diversity in Medicine programs at Upstate Medical University's Norton College of Medicine, making it the largest in New York state.

This funding is part of a \$4.89 million state Health Department investment in Diversity in Medicine programs to support 950 students in 18 programs across the state. The programs help students become physicians, improve access to care, and eliminate health disparities. Additionally, the state will support medical school scholarships for 23 students covering state tuition for a year.

"The investment in the Diversity in Medicine Program affirms the state's commitment to eliminate health disparities, ensure diversity in the medical profession, expand access to quality health care services, and improve health outcomes for all New Yorkers," says state Health Commissioner James McDonald, MD. "This program builds diversity within the health care workforce and financially supports future medical professionals to have more opportunities to blossom in their careers and pour into their communities."

Norton College of Medicine at SUNY Upstate Medical University programs receiving funding include:

■ The Public Health Scholars Program supports students who pursue a 42-credit Master of Public Health (MPH) Program at Upstate. Upon completing the program, students are awarded the MPH degree and are offered matriculation into Upstate's MD program.

- The Distinguishing Docs! Program solidifies current medical students' academic foundation, accelerating students' academic success by providing individualized support and enrichment, such as test preparation, tutoring, research opportunities, and professional development to help them achieve their goals.
- The Medical Scholars Master's Program is a 30.5-credit Master of Science in Medical Technology program. The curriculum emphasizes clinical laboratory science and includes a thesis and mentoring component.

Research has shown that when patients are cared for by physicians with shared backgrounds and shared languages, greater trust and communication is fostered resulting in improved access to care, adherence to clinical recommendations, treatment, and follow-up care.

"We want to thank Associated Medical Schools of New York (AMSNY) and New York State for supporting these important programs that create a wider pathway for individuals who want to pursue careers in medicine," says Norton College of Medicine Dean Lawrence Chin, MD. "We hear from students how programs such as these have provided that extra element of support and preparation needed to compete and succeed in medical school and other programs leading to careers in medicine. Our medical field is better when it looks like our community."

Matthew Chadderdon Named Upstate Chief of Staff



Matthew Chadderdon

atthew Chadderdon has been named chief of staff and associate vice president for Upstate Medical University. He will play a lead role in strategizing and promoting priorities and initiatives of the Office of the President and of the University and will serve as a liaison between the Office of the President and campus and external groups.

Additionally, Chadderdon will oversee and manage the operational functions of the Office of the President and will support government relations, community relations, marketing, and public and media relations.

"I am delighted to have Matt join the senior leadership team here at Upstate," says Upstate President Mantosh Dewan, MD. "His experience in health care, and his background in communications and in coordinating complex initiatives make him well suited to join the talented team we have at Upstate."

Chadderdon brings decades of leadership and accomplishment to his role at Upstate. He served as vice president for corporate communications and community relations at UTC/Carrier Corporation (1994-2001); as vice president of marketing communications, global brand management and shareholder relations at Welch Allyn (2006-2014); and since 2018, served as vice president for marketing communications and government relations at Auburn Community Hospital.

In that role, Chadderdon was instrumental in securing more than \$40 million in state and federal funding and developing and executing a new brand strategy for the hospital and its primary care practices.

Incoming Norton College of Medicine students celebrated the beginning of their medical education journey with a White Coat Ceremony on August 24.



Upstate Opens New Biobehavioral Health Unit for Children

pstate Medical University held a ribbon-cutting for a new Biobehavioral Health Unit (BBHU) for children with mental health needs and developmental disabilities. The facility is the first of its kind in New York state and one of only a handful nationwide.

The opening represents a significant expansion of Upstate's mental health services for children, especially those with multiple mental and behavioral health diagnoses. The facility, called the Children's Pavilion, will also feature an expansion of Upstate's Inpatient Child and Adolescent Psychiatry Unit.

The BBHU is an 11-bed specialized unit where children 5 to 17 years old can receive behavioral and mental health care and one-to-one therapy. The goal of the unit is to stabilize and reduce severe destructive behavior in patients by teaching alternative forms of behavior while also providing evidence-based caregiver training.

In addition to the BBHU, the building will house an 18-bed inpatient pediatric/adolescent psychiatry unit. This new space complements the eight-bed unit Upstate University Hospital opened in 2020 to serve youth ages 12 to 17.

Officials say the opening of this unit by Upstate will reduce out-of-state placements for children, thereby reducing the financial burden on families and the trauma to youth by keeping families together.

Patients who will be treated in the BBHU will present an array of mental and behavioral health concerns with another diagnosis, such as autism spectrum disorder, intellectual disabilities, cerebral palsy, trisomy 21, depression, anxiety, and ADHD, among others.

The services provided in this unit focus on family-centered care in which the youth and family actively participate in treatment development, which studies have shown results in better health outcomes. In providing inpatient services that are currently not available in New York, this unit will connect this population with the necessary specialized care to avoid prolonged hospitalizations that are not associated with a medical condition.

"This is the first building of its kind," says Henry Roane, PhD, the Gregory S. Liptak Professor of Child Development, division chief of the Center for Behavior, Development and Genetics, executive director of the Golisano Center for Special Needs, who also serves as program director of the new unit. "It will serve a patient population for whom this level of care has traditionally only been available if families traveled several states away. The BBHU allows us to offer these specialized services for children in Central New York to serve families statewide who have children in need of this care."

The new unit expands the work of the nearby Golisano Center for Special Needs which provides comprehensive, coordinated and evidence-based medical and behavioral care for children and adolescents with many types of intellectual and developmental disabilities. Following discharge from the BBHU, patients will have the opportunity to receive ongoing services at the Golisano Center for Special Needs.



Upstate leaders, joined by dozens of state and local officials, cut the ribbon on the Children's Pavilion, which includes a new biobehavioral health unit and expanded inpatient child and adolescent psychiatry floor.

Sipho Mbuqe, PhD, Named Associate Vice President and Chief Diversity Officer

Sipho Mbuqe, PhD, has been named associate vice president and chief diversity officer for Upstate Medical University. Dr. Mbuqe had served as interim chief diversity officer since April 2023.

"Upstate has been exceptionally well served by Dr. Mbuqe's leadership as interim chief diversity officer during a very challenging time," says President Mantosh Dewan, MD. "We expect him to continue to be an outstanding chief advocate of ensuring that the Upstate's campus is equitable, diverse, and supportive of all."

As chief diversity officer, Mbuqe oversees all diversity programs and initiatives and serves as chair of the President's Diversity Council.

Since joining Upstate in 2014, Mbuqe has been involved with diversity issues for nearly every facet of the institution, from developing policies related to an inclusive campus climate to handling mediation, conflict resolution and training and ensuring policy compliance with state and federal civil rights law. He has led numerous workshops and seminars on an array of diversity-related issues, including structural racism, culture, and identity. As a diversity advocate for the psychiatry department, he helped the department further its efforts towards a more inclusive residency program.

He has presented in national and international conferences on Ubuntu and ethics, political violence, race and racism, race in higher education, black masculinity, and qualitative research methods. He is a recipient of the Upstate's President's Award for Advancement of Diversity Equity and Inclusion.



Sipho Mbuqe, PhD, has been named associate vice president and chief diversity officer for Upstate Medical University.

Mbuqe will continue to be a faculty member of the Department of Psychiatry and Behavioral Sciences.

He earned his doctorate in clinical psychology from Duquesne University.

John Kairys, MD, Named Chief Medical Information Officer



John Kairys, MD

ohn Kairys, MD, has been named chief medical information officer (CMIO) at Upstate Medical University.

Dr. Kairys will support technology initiatives that streamline clinical operations, ensure quality, transform care delivery, and optimize the patient, faculty, student, and staff experience across the university. Kairys will also provide leadership and vision for the strategic planning, management, and implementation of information technology systems across the clinical enterprise.

Before joining Upstate, Kairys served as CMIO for 10 years at Jefferson Health, Thomas Jefferson University Hospital and Jefferson University Physicians. During his tenure, he has played a key lead-

ership role in the selection, implementation, and optimization of Epic (an electronic health record system) across 11 hospitals and more than 250 clinics. He championed an Epic 8 Gold Stars designation and HIMSS (Healthcare Information and Management Systems Society) Stage 7 certification. More recently, he served as medical director of remote patient monitoring at Jefferson Health. Before working in the medical information field, Kairys was an endocrine surgeon for more than 30 years.

Kairys earned his undergraduate degree in biochemistry from Harvard University and his medical degree from Thomas Jefferson University.



Amy Caruso Brown, MD, MSc



Rachel Fabi, PhD

Upstate Faculty Members Elected to the Board of the American Society for Bioethics and Humanities

my Caruso Brown, MD, MSc, interim chair of the Center for Bioethics and Humanities and associate professor of bioethics and humanities and pediatrics, and Rachel Fabi, PhD, associate professor in the Center for Bioethics and Humanities, were elected to board positions of the American Society for Bioethics and Humanities. Caruso Brown will serve as director-at-large and Fabi as secretary of the board. Their terms began in September.

The American Society for Bioethics and Humanities, based in Chicago, is dedicated to promoting research and the exchange of ideas in bioethics and related disciplines in the health-related humanities. The work of the health humanities is to examine, interpret, and illuminate the representations of human suffering and health in clinical care, public health, and scientific research, and the ethics related to all these endeavors.

Caruso Brown and Fabi are both members of Upstate University Hospital's Ethics Consultation Service.

Caruso Brown joined Upstate in 2014. Her research focuses on social, cultural, and legal dimensions of disagreements between families and clinicians in pediatrics and the development of just and equitable hospital poli-

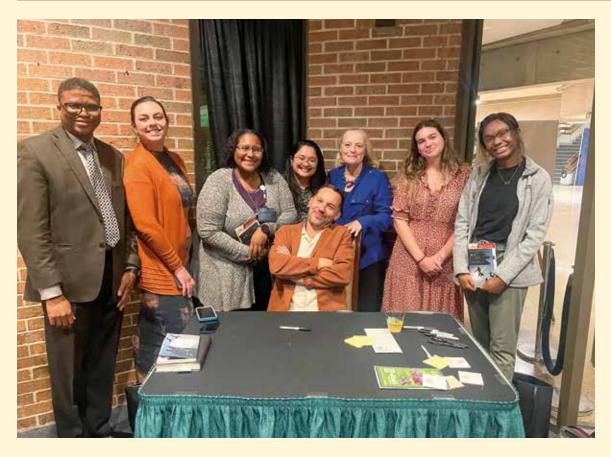
cies. Her work has been published in numerous journals, including the American Journal of Bioethics, Pediatrics, the Journal of the American Medical Association (JAMA), and the New England Journal of Medicine (NEJM), among others.

Caruso Brown earned her medical degree from Emory University and also holds master's degrees from the University of Colorado and the University of Oxford.

Fabi, who joined Upstate in 2018, has written widely on ethical issues, such as health care for undocumented immigrants and refugees, reproductive injustice and public health policy that have appeared in numerous publications, including JAMA; Journal of Law, Medicine, and Ethics; NEJM; the American Journal of Bioethics; and the American Journal of Public Health.

She has served as a Greenwall Fellow in Bioethics with the National Academy of Medicine and received the Upstate Medical University President's Award for the Advancement of Diversity, Equity, and Inclusion.

Fabi holds a PhD in health policy and management with a focus in bioethics and health policy from the Johns Hopkins Bloomberg School of Public Health.



Medical humanities students attended a lecture by National Book Award winner Justin Torres (seated) at the Civic Center on September 17. From left, Sipho Mbuqe, PhD, Upstate chief diversity officer, Natalie Nuñez '25, Noelle Ortiz '26, Sarah Malik '25, Ruth Hart, MD '80, Emily Norris '27, and Phoebe llevbare '25.



The inaugural Tarakad Ramachandran Memorial Awards Ceremony to honor outstanding neurology residents was held on July 31. From left, Luis Mejico, MD, chair of neurology; award recipients, Sedat Gül, MD, Grace Biso, MD, and Eric Beck, MD; Melanie Ramachandran, MD '80; Paul Norcross, executive director of the Medical Alumni Foundation, and Mary Phelan, education administrator for the neurology residency. The Ramachandran awards and luncheon are funded through a Medical Alumni endowment established by the Ramachandran Family, Joseph and Lynn Romano, and the many friends of Tarakad.

Medical Student Earns Fulbright-Fogarty Fellowship to Conduct Research in Ghana

pstate medical student Katie Farkouh '26 has been awarded a Fulbright-Fogarty Fellowship in Public Health for the 2024-25 academic year. She will spend nine months in Accra, Ghana, studying urinary tract infection (UTI) risk and treatment outcomes in children with sickle cell disease.

Farkouh received her undergraduate degree in human evolutionary biology and a minor in global health and health policy from Harvard and has completed three years of medical study at Upstate. Her passions in medicine focus on the intersection between global health, refugee health, maternal health and pediatrics.

During her time at Upstate, she has co-chaired the Health Justice Conference, co-directed the Refugee Health Literacy Program, founded the Environmental Justice and Sustainability Club, interned at a global non-profit focused on maternal healthcare, tutored refugee and immigrant students at RISE (Refugee and Immigrant Self-Empowerment, a non-profit in Syracuse) and participated in clinical research.

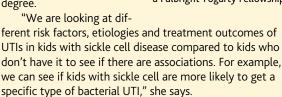
"As a daughter of Syrian immigrants, I have witnessed the various barriers and disparities within healthcare in global settings," she said. "As a result, I strive to work with global and refugee populations to alleviate these disparities as a future physician."

Fulbright-Fogarty Fellowships in Public Health are offered through a partnership between the Fulbright Program and the Fogarty International Center of the U.S.

National Institutes of Health. These awards were established to promote the expansion of research in public health and clinical research in resource-limited settings.

Accra is located on the Gulf of Guinea and is Ghana's largest city and capital with a population of more than 2 million. The fellowship runs from August to April, after which Farkouh will return to Upstate to complete her medical degree.

Katie Farkouh '26 will spend nine months in Ghana on a Fulbright-Fogarty Fellowship doing medical research.



"I thought this was the perfect way to get a good amount of exposure to the field of global health during medical school so I can decide if I want to pursue it more in the future."



AReunionto





Remember







hank you to all of our participating alumni who helped make the 2024 Medical Alumni Reunion so special! This year, alumni were treated to summer-like weather to tour campus, reflect on their education and training, speak with current medical students, and reconnect during class dinners.

A highlight of Reunion weekend was the annual scholarship presentation and awards ceremony on Friday afternoon. Thanks to the generosity of alumni gifts, \$962,825 in scholarships were awarded to 106 medical students.

The event capped off with presentation of awards honoring alumni for notable careers and service: the Distinguished Alumna Award to Mary Fallat, MD '79, the Outstanding Young Alumnus Award to Kenar D. Jhaveri, MD '04, and the Humanitarian Award to R. Samuel Cady, MD '99.

We invite you to read more about their personal journeys and achievements on the following pages.

Upstate Medical Alumni
Reinion

Celebration | Tradition | Connection





Pediatric Ready

From national policy making to local emergency rooms, Distinguished Alumna Mary Fallat, MD '79, has dedicated her career to advocating for children.

Award Winner

ver her 40-year medical career, pediatric trauma surgeon Mary Fallat, MD '79, often noticed that children's interests were absent in medical system development, prompting her to expand her purview beyond individual patient care to the "big picture" of where children fit into the care paradigm and decision-making processes that impacted them. "I have an infinite amount of passion for making sure that children are included in any system of care," she says.

At present, she's focused on emergency department care, state trauma systems, and national preparedness. "My goal is to develop action and implementation plans to help address care for kids everywhere they live in our country," Dr. Fallat says.

That's a big task, but her track record speaks to her tenacity and commitment.

When she joined the University of Louisville as a pediatric surgeon in 1987, one of Fallat's first goals was to develop a trauma service for children at Kosair (now Norton) Children's Hospital. During her first year on the job, she wrote a strategic plan for a Trauma Services Program and presented it to the administration. The proposal was implemented, becoming the first dedicated pediatric trauma service in the state of Kentucky, and encompassed all aspects of emergency care: EMS, communications center, emergency helicopter service, emergency room care, and the deliberate comprehensive treatment for the injured. Fallat was named director of trauma services, a position she held until 2005.

Simultaneously, she developed a leadership

role in the American College of Surgeons Committee on Trauma, leading the initiative in Kentucky that culminated in trauma system legislation.

During the 1990s, Fallat was asked to join a project examining children's emergency care in rural Appalachia, further piquing her interest in emergency medical services (EMS) and emergency department care for children.

"We only have two children's hospitals in Kentucky and many hospitals across the state don't admit children," she says. "Our goal was to ensure EMS and emergency departments are prepared to take care of children."

In 2001, Fallat was funded as principal investigator for the first Health Resources and Services Administration (HRSA) Emergency Medical Services for Children (EMSC) Partnership grant to Kentucky, and has been continuously funded since.

Today, the bulk of Fallat's professional focus is in the area of "pediatric readiness," an EMSC program to improve the readiness of individual EMS services and hospital emergency departments to care for an ill or injured child.

"It's a scoring system based on a hundred points and there's buckets of things to pay attention to, including personnel, education, training, protocols, making sure your equipment works and that it's in the right place," she explains. "There are 70 published papers that show a pediatric readiness score of somewhere between 87–93 or above saves lives of children who are really hurt or really ill."

The Pediatric Pandemic Network is an outgrowth of that effort, a HRSA-funded collaborative network of children's hospitals



Fallat, bottom left, with colleagues at the Norton Children's Hospital in Louisville

nationwide that works on a hub and spoke model to ready the country for a pandemic, mass casualty, or widespread emergency. Fallat was tapped to run the Trauma Burn Domain at the Norton Children's Hospital Hub in Louisville.

"I just had finished this huge project looking at pediatric trauma system development in the country, so this was an opportunity to build on that model," she says. "Our premise is, if you're not pediatric ready every day, how will you ever be able to be ready in a pandemic?"

But she's not only concerned with emergency care. As first vice president of the American College of Surgeons (ACS), Fallat focused her efforts on gaps in rural surgery and training with the goal of making sure



Fallat with a young patient

children in rural and underserved areas have the right surgical resources. She also co-chairs the ACS Children's Surgical Surgery Verification Program, which performs voluntary verification site reviews on children's surgical services, mainly in children's hospitals across the country.

"Children deserve to be treated as a distinct population—they have their own rights and privileges, and a lot of times people discount them because they're children," she says.

UPSTATE ROOTS

s a high school student in Auburn, New York, Fallat planned to become a math teacher. Then she got a part-time job working in the house-keeping department of the local hospital. "My supervisor, Mrs. Morse, only retained people who met her specifications, and she'd go around with a white glove to check your work," she says. "I credit her for my development of brilliant housekeeping skills."

Fallat was able to interact with patients when cleaning bed units, but the ultimate experience was cleaning the operating room. "That was fabulous," she says. "I went directly from wanting to be a teacher to wanting to be a surgeon."

She went to Northwestern University to study science. On a flight from Chicago to Syracuse to interview for medical school at Upstate Medical University, Fallat found herself seated next to David Murray, MD, HS '59, then chair of the Department of Orthopedic Surgery. "We talked the entire time," she recalls.

Fallat had her interview and received an acceptance letter two weeks later. "I don't know if there was any

connection, but I felt like fate intervened," she says.

At Upstate, she shared her surgical aspirations with her roommate, a fourth-year student, asking who she should seek out as her advisor. "Dr. Patricia Numann '65." she was told.

In short order, Fallat went to Dr. Numann's office, where she was accepted as an advisee. Over time, their relationship grew into a lifelong mentorship and friendship.

Fallat admits being briefly tempted by the field of pediatrics after a rotation with Frank Oski, MD, chair of pediatrics and editor of the pre-eminent textbook in the field. "I did a project with him looking at mothers who breastfed versus those who didn't and infection rates in their infants. It was the very first paper that I published and he made me the first author," she says.

Numann suggested Fallat do an acting internship in pediatric surgery to clarify her interests. Fallat spent the first rotation of her fourth year working with Upstate's pediatric surgery group. The experience cemented her decision to be a pediatric surgeon.

Fallat credits Numann's influence in advising her on where to look for surgical residencies. "It was a time when women did not often choose surgery as a career and many programs were direct in telling me that they had trained very few or no women," she says. "Dr. Numann had interviewed for a faculty position in Louisville, Kentucky, with Dr. Hiram Polk, but decided to stay in Syracuse, so I put the University of Louisville on my list of residency programs to visit."

Although Dr. Polk was out of town during her visit, he later wrote Fallat a letter she has kept to this day. "He wrote telling me about all the women that had finished his program, where they were practicing, and how many were in training," she says. "This was where I matched."

CARVING A WIDE PATH

allat was one of three female interns in general surgery when she began her residency at the University of Louisville, which she followed with a research surgery fellowship at Massachusetts General Hospital, and a fellowship in pediatric surgery at Children's National Hospital in Washington, DC.

She found important role models in her chief, Judson Randolph, MD, and his second in command, Kathy Anderson, MD. Dr. Randolph was left-handed, as was Fallat. "There was a lot of intentionality at the time about making left-handed surgical residents be right-handed or learn how to be ambidextrous," she says. "Their attitude was entirely different with Dr. Anderson pronouncing that she would be 'on the correct side of the table all of the time whether operating or assisting.' Dr. Randolph and I worked left-handed with right-handed instruments just fine."

While in her fellowship, the University of Louisville

"Children deserve to be treated as a distinct population—they have their own rights and privileges, and a lot of times people discount them because they're children."

surgery department reached out to offer her a job. One of their surgeons had left and they would hold off on a search if she was interested in coming back. They also offered a paid research sabbatical within the first two years so that she could hone her research skills to start a lab.

The offer was too good to pass. During her research fellowship at Mass General, Fallat worked with Patricia K. Donahoe, MD, who studied hormones that influence the embryology of the reproductive system and the abnormalities that sometimes require surgery. Dr. Donahoe let Fallat continue to use her hormone assay to branch into her own area of research. She used that sabbatical to spend five months working with John Hutson, MD, at the University of Melbourne, whose research related to the undescended testicle. When she returned to Louisville, she started a research lab focusing on aspects of male and female reproductive endocrinology, which was funded for 25 years.

If it isn't obvious yet, Fallat is not one to be pigeonholed.

As a surgical resident, she spent a collective 12 months doing trauma care, and was further influenced by the sophisticated trauma team concept she experienced as a fellow at Children's Hospital, inspiring her commitment to trauma care at Louisville.

Fallat also developed extensive experience in the area of reproductive abnormalities in children, both as a research fellow and as a pediatric surgical fellow. "Dr. Randolph had a special interest in children who had differences in sexual differentiation and so I was involved in a lot of those procedures," she says.

Early in her career at Louisville—which had started the first fellowship in pediatric and adolescent gyne-cology—Fallat became an advocate for ovary sparing surgery in the treatment of benign disease in children.

As president of the American Pediatric Surgical Association, she requested a special session on the topic, and as a member of the Midwest Pediatric Surgical Consortium, participated in a funded study to develop guidelines to help physicians determine what was in the best interest of the individual pediatric patient with an ovarian mass.

Those experiences derived from an interest in pediatric medical ethics. Fallat served on the Committee on Bioethics for the American Academy of Pediatrics (AAP) and was the first surgeon to chair this national committee. She has written AAP position statements on pediatric professionalism, fertility preservation for children and adolescents who have cancer, and resuscitation strategies for terminally ill children who need surgery. Guidelines she developed have become standard, earning her recognition by the American Academy of Pediatrics in 2022 with the William G. Bartholome Award for Ethical Excellence.

Later, she worked with Tom Abell, MD, a national expert in gastroenterology, and became credentialed to place both gastric and sacral stimulators, starting a surgical motility program at Norton Children's Hospital.

Fallat has a significant record of service and leadership. She has served as chair of the American College of Surgeons Advisory Council for Pediatric Surgery, chair of the Surgical Section of the American Academy of Pediatrics (AAP), vice president of the American Association for the Surgery of Trauma, and president of the American Pediatric Surgical Association. In 2020, she became chair of the American Pediatric Surgical Association Foundation, and in 2022–23 served as first vice president of the ACS.

At Louisville, she has served as both surgeon-in-chief and medical director of surgical quality at Norton Children's Hospital; program director of the pediatric surgery fellowship training program; division director of pediatric surgery; and was named the first Hirikati S. Nagaraj Endowed Professor in the Department of Surgery.

Fallat has received numerous awards throughout her career, including the University of Louisville Distinguished Faculty Award, the American Academy of Pediatrics' William E. Ladd Medal, the American Pediatric Surgery Association Distinguished Service Award, Norton HealthCare Physician of the Year, and the Pediatric Trauma Society Lifetime Achievement



Fallat and her husband, Tom Walker, have been married for 35 years and have three adult children. The family celebrated daughter Krista's wedding in October. From left, Alex Walker, Tom Walker, Krista Donahoe, Joe Donahoe, Mary Fallat, Andrew Walker and Kim Campbell.



Fallat with Upstate President Mantosh Dewan, MD, and Paul Norcross, executive director of the Upstate Medical Alumni Foundation

Award. This year, she received the Nina Starr Braunwald Award from the Association of Women Surgeons and the Distinguished Alumna Award from the Upstate Medical Alumni Foundation.

But Fallat, who sends out some 250 holiday cards a year, takes her accolades in the many relationships she has developed throughout her career.

As a busy clinician, Fallat was a popular preceptor sought out by medical students. "My nickname was Midnight Mary because there were times I was up all night operating. If a student needed 20 hours, they could shadow me and get the whole 20 hours in a day," she says.

Through the years, she's mentored many medical students and residents, some who worked with her on research projects, and others who went on to become pediatric surgeons. "I'd like to think I had a hand in guiding and shaping their careers. Many are not just mentees, but now friends," says Fallat.

This year, she began a phased retirement that will conclude in 2026. Her clinical practice is limited to complex surgical patients whose care is not yet complete. Most of her time is spent on efforts related to pediatric readiness for EMS and emergency departments, concentrating on trauma and burns, through the Pediatric Pandemic Network.

"I am not working any less, I am just spending my time differently and getting more sleep," she says.

Having more time with family and friends is on her retirement bucket list, along with travel and getting around to cataloguing the great wine collection she and her husband have amassed.

When she travels to meetings, which is pretty frequent, Fallat says she makes it a point to try and connect with someone she knows in the city for dinner. "Early on, David Richardson, MD, who was influential in my surgical training, advised me to always look at the program schedule in advance and find a half-day to carve out personal time to go to a museum or go shopping," she says. "That is great advice that I still take and give others."

-Renée Gearhart Levy

Medical Detecti

From sleuthing the causes of rare kidney diseases to developing creative learning tools to help others do the same, Outstanding Young Alumnus, Kenar D. Jhaveri, MD '04, is working to advance the field of nephrology.

Award Winner

s a nephrologist at Northwell
Health, the largest healthcare
provider in New York state,
Kenar D. Jhaveri, MD '04,
knew he was seeing something
unusual. It was March 2020,
during the first wave of the COVID-19 pandemic,
and there were an alarming number of patients
with acute kidney injury (AKI) in the hospital,
at least double the norm.

Nearly every COVID-19 patient who was intubated developed AKI, a sudden episode of kidney failure or damage, preventing waste from being filtered within the body. "This was not normal," he says.

Jhaveri and a team of investigators at the Feinstein Institutes for Medical Research analyzed the electronic health records of hospitalized COVID-19 patients between March 1, 2020, and April 5, 2020, and determined that 36.6 percent developed AKI—rates higher than reported in China—with 15 percent requiring dialysis. The study revealed risk factors for developing AKI, including age, diabetes mellitus and cardiovascular disease, hypertension, and need for ventilation and vasopressor medications. Researchers also found that Black patients were at increased risk for developing AKI.

Their results were published in *Kidney International*, the first and largest study of its kind. "We knew we had to let the world know to potentially improve survival rates for COVID-19 patients," Jhaveri says.

A subsequent study published in the American Journal of Kidney Disease (AJKD) analyzed outcomes of adult patients hospitalized with COVID-19 at 13 metropolitan area hospitals

at roughly the same time frame. That study reported an AKI incidence rate of 38.4 percent, confirming that AKI in hospitalized patients with COVID-19 was associated with significant risk for death.

Yet another study, published in *Clinical Kidney Journal*, examined kidney biopsies and autopsies to better understand the pathology of COVID-19-associated kidney injury, with a goal to better manage AKI and improve survival rates.

That Jhaveri emerged as a leading expert in COVID-19-associated kidney injury should not be surprising. Already a leader in the field of glomerular kidney disease, he is drawn to the detective work of cracking tough medical cases.

"I like the rare diseases in nephrology because there's no template treatment and there's not much research being done," he says. "You really have to assess each patient individually to solve the mystery."

PROBLEM SOLVER

haveri has always enjoyed solving puzzles, from crosswords to *Jeopardy*. Growing up on Long Island with physician parents—his mother is a pathologist and his father a radiologist—he was naturally drawn to medicine. But he majored in computer science as a New York University undergraduate while taking all of the pre-medical sciences. "I really enjoyed programming," he says. "It made me think in a different way."

During his medical studies at Upstate, Jhaveri says he was particularly influenced by renal pathologist Paul Shanley, MD. "He was a great teacher and one of the first who instigated

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Jhaveri in his office at Northwell Health

an interest for me in being a medical detective in making a diagnosis," he says.

As an internal medicine resident at Yale New Haven Hospital, Jhaveri found that the mentors he was drawn to were all nephrologists. "I noticed while I was rounding that the tough cases were solved by nephrologists," he says. "They were really sharp and knew their medicine very well. They knew the patient very well."

During a nephrology fellowship at New York Presbyterian Hospital/Weill Cornell Medical Center, Jhaveri rotated at Memorial Sloan Kettering Cancer Center, where he observed toxicities to the kidney that patients experienced as a result of cancer treatment. "Those six months were my favorite," he says. "It was such an interesting mix of nephrology and oncology."

Jhaveri began writing his observations in several publications, and ultimately co-edited the textbook, *Onconephrology: Cancer, Chemotherapy and the Kidney*, which established the field of onconephrology. "Onco specialists are a whole blooming field now," he says. "Many cancer centers now want an onco-nephrologist, cardio-oncologists, onco-endocrinologist—a specialist in any area impacted by cancer."

After fellowship, Jhaveri returned to Long Island to accept a faculty appointment at the Donald and Barbara Zucker School of Medicine at Northwell/Hofstra and as a nephrologist at

Northwell Health. In addition to onconephrology, he focuses on glomerular diseases, rare diseases that occur when the network of blood vessels in the kidney that filter waste become damaged, allowing proteins and red blood cells to leak into urine.

"Because there is no standard treatment for many of these diseases, it allows me to use my expertise and work one-on-one with each patient," he says. "I'm not a big fan of check-lists—everybody gets the same treatment and then you send them home. So, it's a good fit. And there's a lot of room to move the field forward."

Jhaveri was attracted to joining Northwell Health in large part because of the institution's role in launching a new medical school with Hofstra University. He served as the inaugural internal medicine clerkship director for the first few classes and continues to teach medical students, residents who rotate in nephrology, and nephrology fellows.

In 2023, Northwell Health received a \$1.25 million endowed gift to fund creation of the Galdi Fellowship in Onco-Nephrology and Glomerular Kidney Diseases. The program launched in July 2023 with Jhaveri as fellowship program director. The first advanced fellow graduated in June 2024.

ACTIVE LEARNING

But Jhaveri's involvement in nephrology education extends beyond his own institution. A visual learner himself, he has created numerous creative teaching tools to make nephrology a fun and exciting field. "My whole interest has been in innovation and education in nephrology. I don't really like lecture-based education and always thought, 'Why are we stuck with this one way of teaching?'" he says. "Why can't we make teaching more engaging?"

Jhaveri began experimenting, using crossword puzzles, anagrams, comic strips, blogs, and other social media methods to expand ways to teach nephrology. "If I see something in another part of science or another field of medicine, I try to bring it to nephrology," he says. "It keeps me excited about it, too."

Initially, Jhaveri shared those concepts through his own teaching blog, nephronpower. com. In 2011, he became the inaugural editor of the *AJKD* blog, and two years later, used that as a launching pad for NephMadness. A take-off on March Madness, it was the first online game in medicine and has grown to become a friendly competition between nephrologists nationwide, as well as copied by other medical specialties. "There's now OncMadness, RheumMadness, and others," he says.



Jhaveri with his wife Mital and sons Darshil and Sahil after being honored by the National Kidney Foundation

Another teaching tool in a game he created is Case-Based Debates, which pits teams of first and second-year nephrology fellows against each other to solve cases in a debate format. "That's become an annual event at national nephrology conferences with different fellowship programs competing against each other," he says.

Jhaveri also is the creator and longtime editor of the popular *Kidney News* column "Detective Nephron," which features a Sherlock Holmestype master clinician helping a budding nephrologist form diagnoses for interesting cases. Jhaveri devised the idea himself and pitched it to the magazine.

The cases discussed in Detective Nephron are written by Jhaveri, some based on actual patients, some written to include trends in nephrology, and others gathered from colleagues.

But it's not all fun and games. "Every time we develop something new, we try to look at the outcomes through quantitative analysis to determine if the method is actually changing anything," says Jhaveri, who is currently experimenting with WhatsApp channels and other social media platforms as a way to teach nephrology. He has published widely on different methods and conducted numerous faculty development seminars to share these techniques.

Jhaveri, who became editor in chief of ASN Kidney News in 2021, says his efforts are two-fold. First, he doesn't believe the current generation of medical students has the attention span for two-hour lectures. He's also trying to make nephrology more appealing to increase interest in the field.

"Interest in pursuing fellowship training in nephrology continues to decline in the United States, especially among U.S. medical graduates," he says. "It's a nonprocedural field so the reimbursement is lower than some other specialties. I'm hoping that as more medical schools become tuition free, students will choose fields they truly enjoy rather than based on reimbursement."

There has been an uptick in nephrology fellowship applicants since the pandemic. "Nephrologists were on the front lines supervising dialysis being given to COVID-19 patients, and residents and students saw us being the consultants who were needed in the time of a crisis," he says. "That was the silver lining of COVID-19 for nephrology."

Jhaveri divides his time between his administrative roles as associate chief of the Division of Kidney Disease and Hypertension, director of

"Upstate is a phenomenal place for learning and gave me a very strong foundation in medicine. I'm trying to pay that forward in my field by developing novel ways of sharing information that can make an impact on all fronts: with physicians, allied health staff, and patients."

the new fellowship program, and co-director of the Glomerular Center at Northwell Health, but says he still spends more than half of his time on direct patient care at Northwell as a glomerular disease specialist and onconephrologist.

"I really enjoy the patients but that's also how I gain the experience to help move the field," he says. "If I wasn't seeing patients, I wouldn't have new questions to explore or observations to share with the world."

ADVANCING NEPHROLOGY

haveri's current research projects include studying kidney toxicities of targeted anticancer agents and immunotherapy; kidney disease after hematopoietic stem cell transplantation; glomerular diseases in cancer patients; the use of immunotherapy in kidney transplant patients; as well as COVID-19-related kidney disease. He is also leading national industry funded trials as lead investigator for IgA Nephropathy, a rare glomerular disease.

Jhaveri is a founding member and past co-president of the American Society of Onconephrology and a founding member of the International Society of Glomerular Diseases. He serves on the editorial boards of CJASN, AJKD, Kidney International, Nephrology Dialysis Transplantation, Clinical Kidney Journal, and the Journal of Onconephrology. In 2021, he was honored with the National Kidney Foundation's New York-Excellence in Care Award. In 2023, he received the American Society of Nephrology Distinguished Leader Award for his dedication to clinical research, leadership, and advancing the field of nephrology. And in 2024 he was honored by the Upstate Medical Alumni Foundation with the Outstanding Young Alumnus Award for his accomplishments.

"I really cherish the time I was in Syracuse. I made life-long friends and had really great mentors," he says. "Upstate is a phenomenal place for learning and gave me a very strong foundation in medicine. I'm trying to pay that forward in my field by developing novel ways of sharing information that can make an impact on all fronts: with physicians, allied health staff, and patients."

-Renée Gearhart Levy





Jhaveri receiving his Outstanding Young Alumnus Award, pictured with Upstate President Mantosh Dewan, MD, Norton College of Medicine Dean Lawrence Chin, MD, and Barbara Anne Morisseau, MD '98, president of the Upstate Medical Foundation board of directors

Visionary Medic

Humanitarian Award winner, Sam Cady, MD '99, is restoring sight in underserved African countries while helping create sustainable systems to increase care.

choices.

Award Winner

n Sub-Saharan Africa, the number of people needing care for glaucoma and cataracts is staggering, partly due to altitude, sun exposure, and nutritional deprivation and partly because of a lack of ophthalmologic care. "There might be one ophthalmologist per million people," says R. Samuel Cady, MD '99.

For the past 15 years, Dr. Cady has worked to rectify that as an affiliated ophthalmologist with the Cureblindness Project, an organization dedicated to eradicating blindness in underresourced areas of the world by helping people regain and retain their sight. By making annual trips to Rwanda or Ethiopia, he hopes to donate a year of service in one or two-week increments. He's halfway there.

According to Cady, the vast majority of the more than 40-million blind people in the world have lost their sight to untreated cataracts and live in countries with limited resources. His mission is not just to perform surgeries that restore sight, but also to train local physicians in host countries to increase the number of skilled professionals in under-resourced areas who can deliver eye care independently.

In his regular life, Cady is a partner at Maine Eye Center in Portland, Maine, where the bulk of his surgical load is also glaucoma and cataracts. "In Africa, because patients don't have access to routine eye care, they often come to me completely blind," he says. "At home, I see patients who complain of trouble seeing the golf ball or driving at night."

EXPANDING HIS WORLDVIEW

ady grew up in suburban Syracuse, the oldest of three boys and a stand-out athlete. The son of a pediatric orthopedic surgeon—his father is Robert Cady, MD '71—medicine was on his "short list" of career

But he also loved the outdoors. Recruited to Duke University to play lacrosse, Cady majored in environmental science. He managed to balance the demands of being a Division I athlete with a course load that included all of the pre-med sciences and taking the MCAT. "Playing lacrosse made me regiment my time well," he says.

As a senior, his team made it to the 1994 NCAA tournament, losing to Syracuse by one point in the quarterfinals. "That was our very last game together," he says. "I enjoyed the camaraderie of people working together, working hard, towards a common goal, which does transfer over to the team approach of surgery."

As a junior, Cady tore his ACL, and since he would miss the season, decided to take a semester abroad in Australia.

It was a revelatory experience. "Growing up, we did not travel a lot as a family. Our big trip was to go to Lake Placid," says Cady. "I had certainly never been anywhere international."

Cady left that semester with an itch for travel. He and his semester-abroad roommate made a plan to take an around-the-world trip after graduation.

Although Cady was admitted to medical school at Upstate while a senior, he deferred his admission for a year. He spent the summer working construction and then he and his friend

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Cady receives the Humanitarian Award from Upstate President Mantosh Dewan, MD, Norton College of Medicine Dean Lawrence Chin, MD, Thomas A. Bersani, MD '82, and Barbara Anne Morisseau, MD '98, president of the Upstate Medical Foundation board of directors

made good on their plan, spending seven months backpacking through Europe and Southeast Asia, living in tents on \$20 a day. "That year allowed me to experience other places and see how other people lived and got me thinking about how I could help others moving forward," he says. "I considered joining the Peace Corps."

Cady's father was involved with orthopedic mission work treating children with clubfoot in Haiti, so he knew there were other ways to contribute. In medical school, he found another role model in Thomas Bersani, MD '82, an ophthalmologist who did volunteer surgical treatment in Honduras in addition to his practice in Central New York.

Cady knew he wanted to work in a procedural field and began narrowing it down through

his clinical rotations, eventually deciding between orthopedics and ophthalmology. As a fourth-year student, he did a rotation at Wills Eye Hospital in Philadelphia working with Gary Brown, MD '75, and another with Upstate hand surgeon Jon Loftus, MD, HS '92, focusing on microsurgery. His decision came down to culture.

"At the time, orthopedics was all big, sporty guys and I was a big, sporty guy, but the people in ophthalmology were a more diverse population, and I ended up liking it better," he says.

Following a medical internship at the Maine Medical Center, Cady completed ophthalmology residency at the University of Washington Medical Center in Seattle. He then served as a clinical glaucoma fellow at the New York Eye and Ear Infirmary in New York City. He returned to





Portland, where he has practiced for 20 years, focusing on providing high quality, compassionate care to patients, while also creating a great environment for employees to work and advance.

Cady is a member of the American Academy of Ophthalmology and the Maine Society of Eye Physicians and Surgeons, where he served as president from 2012 to 2014. He is a former clinical instructor at Harvard Medical School and an assistant clinical professor at the Tufts University School of Medicine.

MAKING AN IMPACT

Ithough Maine is known as one of the whitest states in the nation, Cady says there is a diverse population of new Americans in Portland that he sees in his practice. Still, he was looking for a way to make an impact internationally. He learned about the Cureblindness Project through a friend from his residency who served on the board of the organization. Cady began joining him on trips to countries in need, eventually zeroing in on Ethiopia and Rwanda.

"These two countries are generally secure and both have residency programs in ophthalmology. The local physicians have the opportunity to have a good quality of life and are motivated to improve and to serve their own people," he says. In other words, the people he trains are more likely to stay and work in their



Cady working in Rwanda (above) and with daughter Chloe and his wife, Lucia

home country than relocate to somewhere like the United States.

During a week-long medical trip, Cady and his team will perform between 100 and 500 surgeries. "Typically, we have two to four people operating at a time, a mix of experienced surgeons and African residents. I might be at one table with a resident and a Rwandan surgeon will be supervising a resident at the other and then we'll switch," he explains. "It's kind of a balance to make sure that people get the care they need, but also making sure the residents get the training."

Part of the appeal is the focus on developing sustainable systems. "We work with local doctors, nurses, hospital administrators, and governments to set up programs that are sustainable and not dependent on the people from the

"We work with local doctors, nurses, hospital administrators, and governments to set up programs that are sustainable and not dependent on the people from the U.S. either coming or funding it."



Cady with daughters Hope and Chloe and wife Lucia

U.S. either coming or funding it," says Cady.

While eye care is available in the major cities, it is relatively absent elsewhere. "We typically set up somewhere in the middle of nowhere but still has millions of people," says Cady. "It's kind of like turning your garage into an operating room with water and electricity that goes out. The microscopes are not that great and most of the lenses and supplies are donated from the U.S. We can do a surgery for \$50 to \$75."

In a typical day, 50 patients will have surgery. They leave with eye patches and return the following day to be seen post-op and have the patches removed. Then a new batch of patients have surgery, and the process repeats over four or five days. Often, the camp moves to a new location for another week.

"I like the teamwork," says Cady. "It's orchestrating controlled chaos."

But it's far more than an adrenaline rush. Cady says the work provides the pure sense of helping people that spurred him to attend medical school in the first place. "It's incredibly satisfying," he says. "These are people who couldn't see anything and now they're back to being independent. They can work and care for their families."

Absent is the "grind" of medical practice in the United States, the frustration of wrangling with insurance reimbursement, and the highs and lows of patient care. "You can have a thousand super happy patients and one unhappy patient and that's the one that sticks with you," he says. "In Africa, I don't ride high or low with my patients. I know we're doing good work in places where people have no access to care. In the process, I kind of feel I'm an ambassador for the United States."

In recent years, Cady has shared his travels with his wife, Lucia, an optometrist who is able to participate in the work. On their last trip to Rwanda, they were also joined by the youngest

of Cady's two daughters. "To watch her experience something so completely different, I could tell the trip made a big impression," he says.

That's not incidental. Cady says each trip provides a valuable reset. "I find that the perspective I get from going there, when I come back, my usual reaction is, 'We don't have anything to complain about,'" he says. "Everyone in the United States should spend four days in Ethiopia."

–Renée Gearhart Levy



Post-operative surgery patients return to have their bandages removed and eyes checked.



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Gabriel M. Cohn Colleen M. Dargie Daniel W. Esper Thomas J. Madejski Henry P. Nagelberg Barbara C. Tommasulo



\$500-\$999 Gary M. Freeman Steven B. Goldblatt Robert L. Tiso

\$100-\$499 Anonymous

Eduardo A. Arazoza Georgianne Arnold Michele Berger Simmons Shelley R. Berson William Blau Arthur F. Coli lames H. Hertzog Bennett Leifer Daniel Luthringer Gerald V. McMahon Niel F. Miele Deborah F. Miller Sarah B. Nemetz Heather North Flizabeth A. Prezio Russell Rider Toufic A. Rizk David L. Rocker Richard A. Romer Mitchell S. Shek Scott B. Sheren Marc Z. Simmons **Andrew Topf**

1987

\$1,000-\$2,499 Samuel Chun Ronald S. Gilberg Paul B. Kreienberg Michael A. Kwiat

\$500-\$999 Joseph T. Flynn Rebecca K. Potter

\$100-\$499

Anonymous Rosemarie Conigliaro Neil R. Connelly Joseph F. Femia Barbara L. Gannon Dan Gerstenblitt Khyati Gokli Kristina S. Hingre Roberto E. Izquierdo Dennis Kelly Kirsten P. Magowan Lisa A. Manz-Dulac Jeanine M. Morelli Peter J. Morelli Elizabeth Rajamani Ioseph Rand Edward J. Spangenthal James Tyburski

Roberto E. Izquierdo, MD '87 Reginald Q. Knight, MD '80 Ivens Leflore, MD '69 Lisa Minsky-Primus, MD '00 Donna B. Moore, MD '93 Dolores A. Rhymer-Anderson, MD '88 Lewis Robinson, MD '73 Nicole C. Sanders, MD '15 K. Bruce Simmons, MD '79 Shinette Sirmans-McRae, MD '97

Niesha Westmoreland, MD '03

Willie Underwood, III, MD '94





Navy and Airforce Group



The Class of 1984 received the award for the largest attendance at Reunion.

1988

\$1,000-\$2,499 Kevin R. Math Mary Kay Morrell

\$500-\$999

Larry S. Charlamb Jeffrey M. King Timothy A. Scholes Adam L. Seidner Paul A. Zimmermann

\$100-\$499 **David Anderson**

Erick C. Bulawa Beth Burghardt Andrew M. Goldschmidt Teresa J. Karcnik-Mahoney Michael J. Mahelsky James L. Megna Anthony Nostro Dolores A. Rhymer-Anderson

1989

\$1,000-\$2,499

Holly Sikoryak

Jeffrey A. Abrams Kim Kramer Dawn M. Sweeney Lynn B. Swisher George N. Verne

\$500-\$999

Brian S. Brundage Maureen W. Daye Karen DeFazio Pamela L. Foresman Ronald Freudenberger Lawrence L. Greenwald Gloria A. Kennedy Amy L. McGarrity Zotter James North G. Michael Ortiz Roger E. Padilla James F. Palombaro Linda J. Powell Svbil Sandoval Domenick P. Sciaruto Elaine M. Silverman D. Peter Van Eenenaam Stephen R. Weinman

Elizabeth Zick \$100-\$499

Robert H. Ablove Joseph Albano Richard J. Aubry Susan L. Auffinger R. Eugene Bailey Jeffrey Belanoff Daniel I. Choo Caitlin M. Cusack Angela V. D'Orsi Elizabeth H. Higgins Thomas A. Holly Eileen A. Keneck John A. Larry J. Marc Pipas

John Reitano Mark A. Rubenstein Marc S. Rudoltz William J. Smith Nicholas C. Trasolini Denise Wolken

1990

\$5,000-\$9,999 John D. Bisognano

\$1,000-\$2,499

Robert L. Carhart, Jr. Cynthia A. Gingalewski Robin L. Gross Joseph Marsicano

\$500-\$999

Kerry E. Houston Gail Petters

\$100-\$499

Lawrence S. Blaszkowsky Kelly R. Huiatt J. James Lewis Thomas G. Lynch Edward K. Onuma Clark Philogene Pasquale Picco Susan V. Rockwell Joanne Giambo Rosser John Rosser Ninad Samant Daniel Sambursky Luci M. Yang

\$1-\$99 Paul O. Ketro Philip A. Remillard

1991

\$2.500-\$4.999 Jeffrey Roth

\$1,000-\$2,499 Matthew R. Brand Mark Charlamb Bradley P. Fox Patricia Merritt Joan O'Shea Stuart Pergament Anne M. Ranney

\$500-\$999 John C. Brancato Christopher Nardone

\$100-\$499

Cynthia Briglin-Mavady Timothy C. Brown Gwenneth O. Cancino David Dombroski Lawrence S. Goldstein Allison Hanley Gordon D. Heller James A. Krukowski Thomas M. Larkin Louise G. Ligresti John E. Mead Denise C. Monte Valerie Newman

Joanne Samant Nancy L. Wang

1992

\$1,000-\$2,499 Barbara L. Clayton-Lutz

\$500-\$999

Joseph Damore, Jr. Mary Elizabeth Damore Jeffrey Gelfand Jongwon Lee Dwight Ligham Christina Morganti

\$100-\$499

Iohn Alfarone Michael J. Baccoli **Deborah Bassett** David J. Caucci Mirlande Jordan Alan Kravatz Steven Kushner Theresa R. Lipsky Dino A. Messina Kenneth M. Ripp Stephanie Schwartz-Kravatz Diana L. Weiner

\$1-\$99

Joseph P. Gale

1993

\$5.000-\$9.999 Stephanie S. DeBuck

\$1,000-\$2,499

Peter Hogenkamp Charles J. Lutz Robert E. Todd

\$500-\$999

Eileen Gallagher Edward McGookin Philip Mondi Lyle J. Prairie

\$100-\$499

Jarrod Bagatell Annemarie Etienne Hester Florence M. Parrella Joanne C. Pohl Maria J. Ziemba

\$1-\$99

Janice A. Bedell **Gregory Dubel** Donna B. Moore



1994

\$2,500-\$4,999Sharon A. McFayden-Eyo

\$1,000-\$2,499
Malcolm D. Brand
Michael K. Ditkoff
Philip A. Fraterrigo
Lisa S. Hogenkamp
Margaret A. Leary
Joseph T. Pedersen
Carolyn J. Slatch
Harry H. Slatch

\$500-\$999 Timothy S. Boyd Jean C. Fox Willie Underwood, III Margaret E. Vaughan

\$100-\$499 Susan Abraham Lisa R. Berger Nadia Duvilaire Susan L. Gardner Miller Annmarie A. Gaskin Claire K. McMahon Omou John D. Passalaris Edward H. Tom Alan Wang

\$1-\$99 Matthew P. Dever





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Anonymous (2) Kim and John Alfarone, MD '92 Palanivel Balasubramaniam and Sathiya Viswanathan Carol Barnes John and Nicole Blomfield Timothy Bond and Nancy Seward Randolph and Miranda Brown JoAnne Burbige David and Lisa Buseck Kathry and Andrew Bushnell, MD Ludovico Cavaliere, MD and Rossella Cavaliere. MD Julie Christmas Joel and Mary Conklin Brian and Joyce Connolly Stephen Craxton Thomas Dean and Yunah Hong Rosen and Aneliy Dimitrov **Robin Edwards** Lynn E. Fraterrigo Boler, MD '01, and James Boler, MD David Gadoury and Franzine Smith Sharon and Ronald S. Gilberg, MD '87 Global Foundries

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Julian Marte and Bethania Castr Mariusz and Dorota Morawski Lori A. Murphy Diane Nameth Palo Alto Networks Inc. Sam and Linda Park Rockefeller Group Susan E. Roellke, DO Eric and Rochelle Rood Andrew Rudmann, MD, and Carolyn Cleary, MD Anne Sacco Mohammad and Tasneem Saif Marc and Kelly Settineri Mark and Kim Shepard Wenbo Shi and Qiuqian Wu Paul and Ellen Simpson Mark and Coralie Solasz George and Roma Temnycky Roger van Loveren and Karen Lau Yatin and Khyati Vasavada Chris and Mary Wentlent John J. Wu and Sylvia Chen Te Wu and Christine Lau-Wu Zhandong Zhou and Yingxun Zhu Joseph and Maria J. Ziemba, MD '93



1995

\$2,500-\$4,999 Timothy S. Huang Alan C. Yao

\$1,000-\$2,499 Peter A. Pinto

\$500-\$999 Sean A. Fullerton Yves A. Gabriel Susan A. Scavo

Kathleen M. Lawliss Carl A. Silverio

\$100-\$499

Karen M. Clary Steven J. Colwell Kenneth B. Harris Richard M. Ingram Lucinda A. Keller Joseph D. Pianka Luis A. Santos Thomas L. Schwartz

1996

\$1,000-\$2,499

Surinder S. Devgun Barbara S. Edelheit Ileen Y. Herrero-Szostak Jaime H. Nieto Paul E. Perkowski Michael J. Szostak

Elizabeth Tanzi Jason T. Zelenka Phuong A. Zelenka

\$100-\$499

Andrew Blank Dana L. Brenner Wendy Locke Garrity Valerie K. Merl Philip T. Ondocin

1997

\$500-\$999 Danielle A. Katz Edward M. Liebers Gerard J. Newcomer

\$100-\$499 Michael C. Fischi William H. Gans Darlene Henderson **Forbes** Timothy G. Keenan Genevieve A. Lama

Michelle E. Liebert Krugman Shelly S. Lo Colleen M. Quinn Andrew B. Reese Stacy J. Spiro

\$1-\$99

Shani L. Lipset James J. Lynch Joseph L. Musso Shinette Sirmans-McRae

1998

\$2,500-\$4,999 Kirk P. Rankine

\$1,000-\$2,499

Cinthia T. Bateman Michael C. Bateman Haim D. Blecher Sandeep Chopra David S. Edelheit Tamara A. Prull Lauren H. Turteltaub Maria E. Wilson

\$500-\$999 Jennifer E. Allen

Maria C. Ampil Timothy K. Atkinson Bradley D. Gerber Deepak G. Nair Karen Y. Ng Eric M. Spitzer

\$100-\$499 Felice A. Caldarella

Matthew R. DiCaprio Alexander N. Greiner Dario A. Lecusay, Jr. Barbara Anne Morisseau Joshua M. Rubenfeld

\$1-\$99 Yuliya Rekhtman

1999

\$2,500-\$4,999 John J. Imbesi

\$1,000-\$2,499 Jerry Caporaso, Jr. Meghan E. Hayes

\$500-\$999

Robert S. Cady Vijay K. Kotha Ganga R. Nair Steven J. Ognibene Joshua S. Simon

\$100-\$499

Anonymous Lisa M. Chirch Christopher M. De Santo Kristi M. Egner Christine B. Franzese Navjit K. Goraya Amy E. Hearne Yorio JulieAnn Nagle Warner

Erin E. O'Connor Jaime M. Ranieri Michael S.

Shoemakermoyle Michael Yorio

\$1-\$99 Andrew D. Feingold

2000

\$2,500-\$4,999 Ashish P. Shah Candice E. Shah

\$1,000-\$2,499 Bushra G. Fazili Hana F. Jishi Lisa Minsky-Primus

\$500-\$999

Sirisha A. Durbhakula Rajesh K. Jain Timothy H. Lee Christina M. Liepke Matthew J. Liepke Rosalie Naglieri

\$100-\$499 Anonymous Laura Dattner Casey L. Duca Jonathan D. Fish Penelope Hsu Daniel M. Putterman Huy D. Tran Heather A. Wheat

\$1-\$99 Anonymous

2001

\$1,000-\$2,499 Edward J. Wladis Kimberly A. Yee

\$500-\$999 Meghan E. Ogden

\$100-\$499 Carina Cartelli Lynn E. Fraterrigo Boler Lisa M. Geer-Yan Joseph A. Lasek Stephen W. Merriam Christie Perez-Johnson Amy L. Reynders Jamie Shutter Anthony J. Sousou

\$1-\$99 Sanjay Jobanputra

2002

Lia M. Spina

David Yan

\$1,000-\$2,499 Rebecca L. Bagdonas Patrick J. Murray

ALL GIFTS RECEIVED FROM OCTOBER 1, 2023 THROUGH SEPTEMBER 30, 2024 | *DECEASED

2023-2024 REPORT OF GIFTS

\$500-\$999 Jessica J. Lee Sarmistha B. Mukherjee

\$100-\$499
Roline L. Adolphine
Sami A. Beg
Madison C. Cuffy
Michael T. Gaslin
Mark E. Hamill
Lawrence I. Kring
Christa L. Whitney-Miller

2003

\$2,500-\$4,999Nicholas W. Clavin
Ann E. Kane

\$1,000-\$2,499 Kirsten O. Healy Shari M. Hogan Ari I. Jonisch Niesha Westmoreland

\$500-\$999 Ross M. Borzykowski Lawrence M. Cecchi Joseph M. Ferrara, Jr. Anush M. Parikh Vijay S. Ramanath Anurag Shrivastava Paul S. Uppal

\$100-\$499
Lisa P. Abraham
Uchenna C. Acholonu, Jr.
Bo Chao
Natasha Fievre
Jane A. Kring
Matthew C. Miller
Sean P. O'Malley
Matthew J. Panzarella
Quentin S. Phung
Elizabeth A. RauschPhung
Jessica F. Sherman
William M. Sherman
Erica D. Weinstein

\$1-\$99 Shannon E. Routhouska

2004

\$5,000-\$9,999Kenar D. Jhaveri

Drew C. Welter

\$1,000-\$2,499Michael L. Lester

\$500-\$999 Jimmy Feng William D. Losquadro Mary C. Trusilo Julie E. Yoon

\$100-\$499 Matthew J. Egan James K. Farry Kimberly A. Giusto Evan B. Grossman



Joseph E. Jamal Padma Kandadai Amit Kumar Leon Kushnir John P. O'Brien Joshua A. Parker Alexander Rabinovich

\$1-\$99
Fares G. Mouchantaf
Michelle A. Mouchantaf
Phyllis G. SimonGoldman

2005

\$2,500-\$4,999 Jeremy B. Barowsky

\$1,000-\$2,499Joby George
Daniel R. Lefebvre
Isabelle Zamfirescu

\$500-\$999John W. Powell

\$100-\$499 Sunil V. Abraham Erin R. DeRose Yauvana V. Gold Matthew C. Martinez Alice C. Miller Melissa L. Petras David M. Zlotnick

\$1-\$99 Dana R. Cohen Michael de la Cruz Rupesh R. Mehta Robert W. Whelpley

2006

\$100-\$499 Scott R. Ekroth Jason L. Freedman Glenn E. Groat Daniel D. Hayes Lisa M. Hayes Erin K. Hill Robert H. Hill, III Michael W. Schaefer Anne Marie Tremaine Larisa Vorobyeva Darah R. Wright

2007

\$500-\$999

Bryant Carruth Lisa K. Law Jing Liang

\$100-\$499

Anonymous Yvonne Cuffy Kathleen Dorritie Antonio Fargiano Faye Knoll Alexandra McGann Adams

Adams
Avreliya Shapiro
Marny Shoham
Lauren Slater
Adam Stallmer

2008

\$100-\$499 Steven Altmayer Paul Aridgides

GIFTS TO THE ELENI DOUFEKIAS, MD '03 MEMORIAL SCHOLARSHIP

Anonymous Lisa P. Abraham, MD '03 Sunil V. Abraham, MD '05 Uchenna C. Acholonu, Jr., MD '03 Ross M. Borzykowski, MD '03

Lawrence M. Cecchi, MD '03 Nicholas W. Clavin, MD '03 Jeffrey Gelfand, MD '92 Shari M. Hogan, MD '03 Ari I. Jonisch, MD '03 Ann E. Kane, MD '03 Jane A. Kring, MD '03 Lawrence I. Kring, MD '02 Christina Morganti, MD '92

Sean P. O'Malley, MD '03

Matthew J. Panzarella, MD '03
Anush M. Parikh, MD '03
Quentin S. Phung, MD '03
Elizabeth A. Rausch-Phung,
MD '03
Shannon E. Routhouska, MD '03
Jessica F. Sherman, MD '03
William M. Sherman, MD '03
Anurag Shrivastava, MD '03
Paul S. Uppal, MD '03
Drew C. Welter, MD '03

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Jerry Caporaso, Jr., MD '99 Laura Dattner, MD '00 Casey L. Duca, MD '00 Mark E. Hamill, MD '02 Hanna F. Jishi, MD '00 Timothy H. Lee, MD '00 Rosalie Naglieri, MD '00

ALL GIFTS RECEIVED FROM OCTOBER 1, 2023 THROUGH SEPTEMBER 30, 2024 | *DECEASED

2023-2024 REPORT OF GIFTS



Lindy Davis Nadia Jandali Tina Nguyen Lisa O'Connor Christopher Palmer Megan Sick Rebecca Swan Robert T. Swan

2009

\$1,000-\$2,499 Elizabeth LiCalzi Mark B. Van Deusen

\$500-\$999 Robert Van Gorder

\$100-\$499

Britton M. Chan Greggy D. Laroche Dodji V. Modjinou Jack P. Palmer, III Won-Hong Ung

2010

\$1,000-\$2,499 Robert Antoniou TeSha M. English Michael G. Fitzgerald Bridgit Nolan \$500-\$999 Swati V. Murthy Jin Qian

\$100-\$499 David R. Fernandez Christopher Morrison Jennifer D. Muniak Beverly A. Schaefer Yarnell Stillings

2011

\$1,000-\$2,499Daniel P. Anderson

\$100-\$499 Eva S. Smith Daniel Xia

2012

\$1,000-\$2,499Rachel Zehr

\$500-\$999 Kerry E. Whiting

\$100-\$499 Sarah M. Cardillo

2013

\$2,500-\$4,999 Jenny A. Meyer Justin P. Meyer **\$1,000-\$2,499** Nikolai V. Kolotiniuk

\$100-\$499 Charles D. Hannum

2014

\$500-\$999 Karthik J. Kota Petya D. Radoeva

\$100-\$499 Anthony J. Chiaravalloti Rahul Gupta Ryota Kashiwazaki Elisabeth M. Losito Christopher J. Polito Kelly L. Tisovic Lauren M. Titone

\$1-\$99 Daniel P. Harris Kristen G. Landry Joanne Abby M. Marasigan Arindam Singha

2015

\$500-\$999 Jordan K. Holliday \$100-\$499 Anonymous Stephanie E. Adamchak Patrick J. Belton Nicole C. Sanders

\$1-\$99Matthew D. Basciotta
Lauren I. Keshishian

2016

\$500-\$999 Leesha A. Helm Matthew F. Helm Avinash V. Ramprashad

\$100-\$499 William L. Ericksen Arthur Zak

\$1-\$99 Andrew J. Nastro Michelle E. Wakeley-Cruise Jessica M. Winters

2017

\$500-\$999Daniel C. Wang

\$100-\$499 Yuxin Liu Elizabeth A. Magowan Charles E. Mitschow Caitlin A. Nicholson Julia A. Reiser Timothy M. Smilnak

\$1-\$99 Anonymous Erin D. Bright Tyler C. Underriner

2018

\$500-\$999Zachary A. Oaks

\$100-\$499 Connor G. Policastro

2019

\$100-\$499 Daniel F. Farrell Warren K. Hayashi

2020

\$100-\$499 Jade Marhaba Jonathan Wu

\$1-\$99 Anonymous

2022

\$1-\$99Kathleen P. Heslin

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Optum
Palo Alto Networks Inc.
Rockefeller Group

Honor, Memorial Gifts

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In Memory of A. Geno Andreatta Lowell L. Hart, MD '80 Mitchell R. Lebowitz, MD '85 Mark S. Persky, MD '72 Richard F. Russell, MD '83 John J. Sacco, MD '75

In Memory of Richard H. Aubry, MD, MPH, Prof Emeritus Richard J. Aubry, MD '89

In Memory of Robert C. Berlin, MD '85

Simon D. Spivack, MD '85

In Memory of Anne G. Bishop, MD '82

Michael Komar, MD '84

In Memory of Ethel Black Michael L. Black, MD '83 Jon M. Maloff

In Memory of Suzanne Brafman Claudia Leslie and Louis Lipschutz

In Memory of Robert B. Burtch, MD 3/'43

J. Peter Gregoire, MD '74

In Memory of James Conway TeSha M. English, MD '10

In Memory of Stephen Edward and Emily Dorothy Cummings, P '82 James J. Cummings, MD '82 Debra Tristam, MD

In Memory of John R. DePalma The Bottrill Family

In Memory of Richard J. DiStefano, MD '89

D. Peter Van Eenenaam, MD '89

In Memory of Daniel L. Dombroski,

David Dombroski, MD '91

In Memory of Wells D'Orazio, grandson

Edmund D'Orazio, MD '75

In Memory of Mr. and Mrs. Harry Edison

Bruce D. Edison, MD '67

In Memory of David S. Englehardt, MD '84

Kevin O'Connor, MD '84

In Memory of David M. Essom, MD '56

Kathryn E. Kokini

In Memory of Lana Feingold Andrew D. Feingold, MD '99

In Memory of Richard J. Feinstein, MD '68

Michael B. Fisher, MD '68

In Memory of Marc E. Feldman Claudia Leslie and Louis Lipschutz

In Memory of Joseph C. Fischer, MD '79

Eleanor Fischer Quigley and Bob Quigley

In Memory of Julia Frane Mark H. Katz, MD '75

In Memory of Jerry Goldstein,

Malcolm D. Davidson, MD '66 Michael S. Levine, MD '66

In Memory of Diane F. Green-El, MD '78

Louis Bland, MD '75

In Memory of Kathleen A. Iles, MD '18

Shannon R. Iles

Timothy Kelley and Margaret Dwyer

Kelley Daniel G. Kindell Yuxin Liu, MD '17 Daniel J. Swan Michael Ziemann

In Memory of Caridad D. Isaac, MD '97

Gerard J. Newcomer, MD '97

In Memory of Ellen Cook Jacobsen, MD '50

Michael J. Mahelsky, MD '88

In Memory of Martha S. Kincaid, MD '73

Richard F. Endres, MD Ernest and Alice Putnam

In Memory of Sonya A. LaBella Brian Maloney, MD Lori J. Mosca, MD '84

Ralph S. Mosca, MD '85
In Memory of Rita Leighton,

Cynthia A. Gingalewski, MD '90

In Memory of Stanley D. Leslie, MD '51

Bank of America

Avery Leslie O'Neill and Hank O'Neill

Bruce M. Leslie, MD '78 Claudia Leslie and Louis Lipschutz

Priscilla R. Leslie
In Memory of Ellen W. Liang, MD
Alan C. Yao, MD '95

In Memory of Diane C. London, MD '79

K. Bruce Simmons, MD '79

In Memory of Dr. Bertram Lurie Claudia Leslie and Louis Lipschutz

In Memory of Donald N. Mantle, MD '56

Ross Brickley Sweet, MD '74

In Memory of Patrick T. Mathews, MD '03

Ari I. Jonisch, MD '03

In Memory of Marty Michaels, MD '81

William P. Hannan, MD '81

In Memory of Gustave P. Milkey, MD '43 and Janet B. Milkey Petya D. Radoeva, MD '14

In Memory of Lee Nagel Priscilla R. Leslie

In Memory of Lawrence H. Port, MD '56

Elaine Rubenstein

In Memory of Tarakad S. Ramachandran, MD, MPH Melanie D. Ramachandran, MD '80

In Memory of Josephine Rosenthal Claudia Leslie and Louis Lipschutz

In Memory of Samuel G. Rosenthal, MD '64 Marc S. Rudoltz, MD '89

In Memory of Alan M. Roth, MD '64

Allan J. Ebbin, MD '64
In Memory of All Sarcoma

Warriors Matthew R. DiCaprio, MD '98

In Memory of Julius Schwartz, MD '33

Susan Schwartz McDonald, PhD
In Memory of Brian Sorrentino,
MD '85

Albert F. Brandel Gerard A. Compito, MD '85 Maureen T. Murphy, MD '85 Suzanne B. Sorrentino Simon D. Spivack, MD '85

In Memory of Richard M. Stratton, MD '71

Yukiko Stratton

In Memory of Andrew J. Swinburne, MD '69 Douglas E. Brown, MD '70 Randi Cowen and Family

In Memory of Szabolcs Szentpetery, MD Eva S. Smith, MD '11

In Memory of Dr. Oscar and Mrs. Luba Trief

Paula Trief, PhD

In Memory of Richard G. Zogby, MD '84

Amy L. Ladd, MD '84

HONORARY GIFTS

In Honor of N. Barry Berg, PhD Danielle A. Katz, MD '97 Richard F. Russell, MD '83 John Shavers, MD '80 In Honor of the Class of 1972 Michael A. Weiner, MD '72

In Honor of the Class of 1973 Mark J. Apfel, MD '73

In Honor of the Class of 1984 Holly Kent, MD '84

In Honor of the Class of 1989 Marc S. Rudoltz, MD '89

In Honor of Mark S. Erlebacher, MD '79

Jay A. Erlebacher, MD '75

In Honor of Paul M. Grossberg, MD '75

David B. Grossberg, MD '81

In Honor of Dan Harris, MD '14 Karthik J. Kota, MD '14

In Honor of John A. Hoepner, MD, Former Chair of Upstate Ophthalmology

Michael R. Robinson, MD '83 In Honor of Saul J. Klein, MD '59

The Bottrill Family

In Honor of Patricia J. Numann, MD '65

Danielle A. Katz, MD '97

In Honor of Rabbi Dale Polakoff's many years of support and encouragement

Hindi T. Mermelstein, MD '84
In Honor of the R-Med Fund for

Northern NY Hugh S. Fulmer, MD '51

In Honor of my mother Nina L.E.R.

Mary Ann Antonelli, MD '70

In Honor of the Susan B. Stearns, PhD Scholarship for Community Engagement Anonymous Sarah C. Burns

Susan B. Stearns, PhD
In Honor of the Ralph Stevens,
MD '81 Madison-Oneida Counties
Scholarship

Brittany Simone, DO

In Honor of Paula Trief, PhD
Daniel Himmelsbach

In Honor of the Upstate Faculty supporting non traditional students Jin Qian, MD '10

In Honor of Arthur Zak, MD '16 Timothy M. Smilnak, MD '17

2024 Scholarship Recipients

Thanks to the generosity of alumni support, the Medical Alumni Foundation awarded more than \$962,825 in student scholarships this year.

The A. Geno Andreatta Scholarship Velisha Guillaume

The Benjamin N., Mollie P., Gerson H. '57 and Martin W. Aronovitz, MD '65 Memorial Scholarship Dominique Alexis

The Nathan and Ada August Memorial Scholarship Cholette Fiore

The Stanley A. August, MD Memorial Scholarship Sarah M. Papa

The Zaven S. Ayanian, MD '59 Family Scholarship William E. Borchert

The John R., MD '84 and Deborah L. Ayres Endowed Scholarship Velisha Guillaume

The Theresa Baltera Memorial Scholarship Benjamin Coffey

The N. Barry Berg, PhD Scholarship for Musculoskeletal Medicine John Panzone

The Martin Black Family Scholarship Cassidy McGinn

The Elliot Brandwein, MD '67 and Arlene Eckstein Brandwein, MD '68 Scholarship

Lauren D. Abbuhl, Rachel Jackson, and Hiwet Tzehaie

The Sharon A. Brangman, MD '81 Scholarship in Geriatrics Kimberly A. Weil

The Bernard J. Burke, MD 12/'43 Scholarship

Rachael A. Ferraloro

The Cady Family Scholarship Annika A. Mounts

The Leonard D. Carpenter, MD '33 and Ruth E. Carpenter Memorial Scholarship

Sarah M. Papa

The David L. Charney, MD '68 Endowed Scholarship John Babich

The Douglas (Ed Ben-Edison) Cox, MD '63 Scholarship Michelle K. Robbins

The Edwin T. Dailey, MD '68 Memorial Scholarship in Radiology Mus'ab A. Azam

Mus'ab A. Azam

The Dewan Family Endowed

Scholarship Elyas Ayad, Jackson Bright, Edward Grabov, Jack Michaels, and Wai Cheung Tung The Alfred W. Doust, MD Endowed Scholarship in Otolaryngology Ethan Fung

The Dracker Family Scholarship Samantha Hanley

The Robert Eitches, MD '78 Scholarship in Honor of Shirley and Irving Eitches Sarah M. Papa

The Alfred F. and Shirley D. Enwright Endowed Scholarship (endowed by Michael O'Leary, MD '78 and Colleen Enwright O'Leary, MD '78) Mus'ab A. Azam

The David W. Essom, MD '56 Memorial Scholarship Award Dan Dravtsel

The Joseph C. Fischer, MD '79 Memorial Scholarship Naravan Kovil

The Medical Alumni Foundation Founders Scholarship Joseph C. Giancaspro

The Sarah Loguen Fraser, MD Alumni Scholarship Zuri Williams

The Friendship Scholarship in honor of Ernest Found, MD '80, in memory of his wife, Ellyn Slocum Found, and his daughter, Caroline Slocum Found Alondra Y. Holland

The Joseph J. Gadbaw, MD 12/'43 and Ann Gadbaw Scholarship Christian Poblano

The Max Gara and Robert H. Gara, MD '56 Scholarship Cassidy McGinn

The Suzan and Philip M. Gaynes, MD '63 Scholarship Danya Contreras

The Susan E. and Welton M. Gersony, MD '58 Endowed Scholarship

Alondra Y. Holland

The Samuel Gersten, MD '39 and Martha Gersten Endowed Scholarships

Dominique Alexis, Mus'ab A. Azam, Kenneth Ortega, and Sarah M. Papa

The Jerome C. Goldstein, MD '63 and Rochelle Goldstein Scholarship Ethan Fung

The I. Bruce Gordon, MD '63 Scholarship in Honor of Professor William H. Bergstrom Demi Ajao The Diane Green-El, MD '78 Memorial Scholarship Madeline R. Lee

The Sahib Saran Gupta Memorial Scholarship Austin Morley

The Douglas W. Halliday, MD '79 Scholarship Annika A. Mounts

The Frances A. Harmatuk, MD '41 Geriatrics Scholarship Kimberly A. Weil

The Edward F. Higgins, MD '78 Scholarship Cassidy McGinn

The Geraldyne and Grant Hobika, MD '52 Creative Arts and Medicine Scholarship Michael Sizing

The Jerry Hoffman Advocacy Award Tingyin Chee, MD

The Robert V.P. Hutter, MD '54 and Ruth L. Hutter Scholarship Sidney Davis

The Kasten Aker Family Scholarship Jack Sedaka

The E. Gregory Keating, PhD Memorial Scholarship Yannis M. Dimitroff

The Martha S. Kincaid, MD '73 Scholarship Austen Kalivas

The Sonya A. LaBella Memorial Scholarship Elliot Levi

The Stanley D. Leslie, MD '51 Memorial Scholarship Danielle M. Passafiume

The Lynch Family Scholarship Sarah M. Papa

The Alphonse A. Maffeo, MD '72 Scholarship Juliet Borden

The B. Dale Magee, MD '75 Scholarship

Steven J. Crescenti, Jr. and Dante Whitmire

The Edward A. Major, MD '64 and Stephen Major, MD, Psychiatry Award

Tyler Gumpel

The Helen and Albert F. Mangan, MD '54 Endowed Scholarship Kristina L. Bell

The Angeline R. Mastri, MD '59 Scholarship Kenneth Israel Adames Ramos The Patrick T. Mathews, MD '03 Memorial Scholarship Sarah M. Papa

The McAnarney Family Endowed Scholarship in Pediatrics Genevieve McCormack

The James L. McGraw, MD '41 Scholarship Himani Akula

The Gustave P. Milkey, MD '43 and Janet B. Milkey Merit Scholarship Timothy Rudolph-Math

The James and Dolores Moffett Memorial Scholarship Zachary M. Davis

The Peggy and Adolph Morlang, MD '66 Scholarship Nathan R. Barott and Claudia Bennett-Caso

The Joseph A. Morra, MD
"Renaissance Man" Memorial
Scholarship

Christine E. Zhang

Rudolph J. Napodano, MD '59 Scholarship Demi Ajao

The Nelson/Freedman Scholarship Febronia Morcos Mansour

J. Numann, MD '65 Endowed Scholarship Abhishek Doshi

The Onondaga County Medical Society (OCMS) Medical Student Scholarship

Rachel M. Garn and Jack Michaels

The Allan J. Press, MD '67 Endowed Scholarship Danielle M. Passafiume

The Michael H. Ratner, MD '68 Endowed Scholarship Sophia Xian

The Betty Reiss, MD '68 and Jacob Reiss, MD '68 Family Endowed Scholarship Samantha Hanley

The Monroe Richman, MD '55 and Esther Richman Scholarship Azka Chaudhry

The Samuel Rosenthal, MD '64 Scholarship Joseph C. Giancaspro and

Samantha Hanley The Rural Medicine Alumni Endowed Scholarship

Rachael A. Ferraloro

The Sanders/Kilkelly Scholarship Elliot Levi

2023-2024 REPORT OF GIFTS

The Schein Family Scholarship Danya Contreras

The Jack J. Schneider, MD '66 Scholarship William E. Borchert

The Julius Schwartz, MD '33

Scholarship
Joseph C. Giancaspro and Rashmi Rege

The Setnor Family

Endowed Scholarship
Amy Huang

The Ara A. Sheperdigian, MD '60 Memorial Scholarship Halima Suleiman

The John B. and Henrietta E. Simeone Scholarship in Memory of Fiorindo A. Simeone, MD Dan Draytsel

The Frederick W. Sloan, MD '74 Scholarship

Coralee A. Everett

The Brian P. Sorrentino, MD '85 Memorial Scholarship Sarah M. Papa

The Susan B. Stearns, PhD Scholarship for Community Engagement Rachael A. Ferraloro

The Ellen Lawson Stevens, MD Endowed Scholarship Wilmer Estevez, Nicola Manfredi,

David P. Mathews, Samuel Nidorf, and Alena M. Thotam

The Ralph Stevens, MD '81 Madison-Oneida County Scholarship Coralee A. Everett, Katie Farkouh, Elizabeth Kaido, Steven LaFever, John Panzone, Sarah M. Papa, Mark D. Verenich, and Zachary M. Williams

The Rosemary Stevens, MD Annual Scholarship (endowed by Thomas Stevens, MD '65 in memory of his mother)

Usiwat Abdul, Xavier Paredes Chiang, and Yewei Yu

The Marc A. Subik, MD '79 Family Scholarship

Genevieve McCormack

The Swift Family Legacy Grants Jewel Estrella, Griffin Johnson, Shawn R. Lansing, Austin C. Scro, and Jack Sedaka

The Andrew J. Swinburne, MD '69 Memorial Scholarship Halima Suleiman

The Dr. Oscar and Mrs. Luba Trief Memorial Scholarship Katie Farkouh

The Barbara and Harold H. Wanamaker, MD '56 Scholarship Elizabeth Kaido

The Andrew D. Weinberg, MD '78 Memorial Geriatric Scholarship Zachary M. Davis The Herbert M. Weinman, MD '65 and Suzy Weinman Scholarship Award

Hallie Buddendeck

The Alan L. Williams, MD '70 and Luanne G. Williams Scholarship Kyle Wollner

The Susan and Jack Yoffa, MD '69 Scholarship in Memory of Elaine Yoffa Hornung Tiara Jennings

The Frank E. Young, MD '56 and Leanne Young Endowed Scholarship Alexandra Blomfield

CLASS SCHOLARSHIPS

The Class of 1966 Scholarship Demi Ajao

The Class of 1971 Scholarship Demi Ajao

The Carol Kavanagh and Class of 1973 Scholarship Mack Ogden

The Class of 1977 Scholarship Dominique Alexis

The Class of 1979 Scholarship Michelle K. Robbins

The Rick Zogby, MD, Class of 1984 Memorial Scholarship Paul Korytkowski

STUDENT CITIZEN AWARDS

These awards recognize those students who have distinguished themselves as leaders and volunteers in the life of our campus and greater Syracuse community.

Class of 2025: Sonny Pohar Class of 2026: Amelia Gabor Class of 2027: Kathleen Renna

CHANGE SCHOLARS

The CHANGE Scholarship is a collaboration between Drs. Betty and Jacob Reiss '68 and the Center for Bioethics and Humanities. It is awarded to third-year medical students who have successfully completed the Physicians and Social Responsibility course and are committed to advocating for social responsibility and change in their professional lives. Nia Johnson, Madeline R. Lee, Annika A. Mounts, Alina Mufti, Katherine D. Narvaez Mena, and Isabel Sia

PENDING SCHOLARSHIPS

Peter J. Adasek, MD '65 Scholarship Dennis L. Allen, MD '72 and Linda Riffe Allen Endowed Scholarship in Memory of John B. Henry, MD

John D. Bisognano, MD '90 Endowed Scholarship

Class of 1955 Scholarship

Class of 1965 Memorial Scholarship Class of 1980 Scholarship

Andre de Corla-Souza, MD '00

Memorial Scholarship Eleni Doufekias, MD '03 Memorial

Scholarship

Garakani Family Scholarship Kathleen A. Iles, MD '18 Memorial Scholarship

Jonathan Lowell, MD '75 Scholarship Sam and Carol Nappi Endowed

Scholarship
Adam Oberlander, MD Class of 2005
Memorial Scholarship

David N. Osser Scholarship Reiss Family Kenyon Student Scholarship

Mallory Stephens, MD '54 Scholarship

Bruce Stewart, MD '63 Scholarship Keith Stube, MD '88 Scholarship Brian D. Woolford, MD '84 Scholarship

Ann and Stanley Yarkony Memorial Scholarship

OTHER AWARDS/ GRANTS

Class of 1968 Primary Care Endowment Pediatric Residents Endowment for International Travel

Teresa R. Miller, MD '79 Wellness Initiative for Psychiatry Residents

Dr. Tarakad Ramachandran Neurology Award

FELLOWSHIPS

Susan and Gustave L. Davis, MD '63 Summer Fellowship for Pathology

Ellen Cook Jacobsen, MD '50 Fellowship in Psychiatry

LECTURESHIPS

The Welton M. Gersony Pediatric Lectureship

Robert V.P. Hutter, MD '54 and Ruth L. Hutter Endowed Lectureship

The Donald and Mary Elizabeth King Endowed Lectureship

The Lawrence Pickett, MD Endowed Lectureship in Pediatric Surgery

Reiss Family Visiting Lectureship in Ethics and Equity

Professorships/ Chairs

Stanley A. August, MD '69 Endowed Professorship in Pediatrics

Medical Alumni Endowed
Professorship in Bioethics

The Patricia J. Numann, MD '65, Chair of Surgery

Lloyd S. Rogers Endowed Professorship in Surgery

Leanne and Frank E. Young, MD '56, PhD, Endowed Chair in Biomedical Science

ALUMNI SCHOLARS

The George J. Buchholtz, MD '52 Scholarships and the Medical Alumni Foundation Scholarships support full or partial tuition payments for outstanding medical students identified by the Admissions Committee.

Elyas Ayad, Eunice Baik, Marcea Bond, Mary Brewer, Caroline M. Johnson, Avree S. Kestay, Blessing Chidiuto Lawrence, Kevin Leon, Miryam Matute Roca, Michelle Melfi, Jack Michaels, David Morrison, Katherine D. Narvaez Mena, Janet Nguyen, Dania Salah, Kate Trujillo, Wai Cheung Tung

DEAN'S DISTINCTION AWARDS

The President's Office supports full or partial tuition payments for outstanding medical students identified by the Admissions Committee.

Ashton Ariola, Gordon Agyei Edwards, Julie Lewis, and Alex P. Rodriguez

UPSTATE SAY YES SCHOLARSHIP

Alexander Guerrero

STUDENT ROUNDS

Intentionally Involved

NICHOLAS BRENNAN BALANCES CUTTING-EDGE RESEARCH AND MEDICAL STUDY WITH STUDENT LEADERSHIP TO BENEFIT HIS CAMPUS COMMUNITY.

Brennan.

An MD/PhD candidate, Brennan is in his seventh year at Upstate, currently completing his doctorate in the Department of Biochemistry and Molecular Biology. His dissertation investigates a novel, bioenergetic-independent mechanism of mitochondria-induced muscle atrophy during aging.

t's been a big year for Nicholas

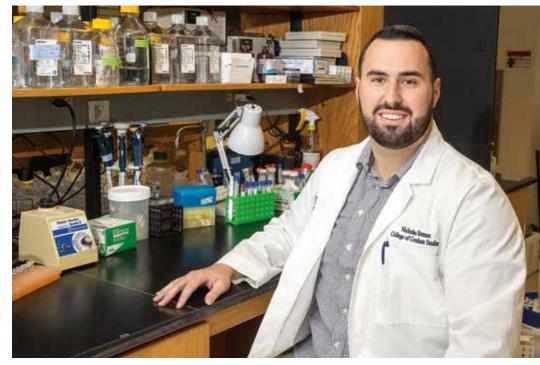
It's research that potentially could have important impact on healthy aging. In early fall 2023, Brennan was awarded the NIH Ruth L. Kirschstein National Research Service Award. The grant provides \$210,000 in funding from the National Institute on Aging over four years to support his doctoral research and tuition expenses.

Last spring, he was singled out for his research again, becoming one of 27 students selected for the 2024 SUNY Graduate Research Empowering and Accelerating Talent (GREAT) award. He was also honored by his undergraduate alma mater with the 2024 Emerging Leader Award from the SUNY Oneonta Alumni Association, given to graduates within the last 15 years that have demonstrated significant leadership to their profession and community.

This fall, Brennan was one of two doctoral students in the SUNY system to receive the prestigious SUNY ACT Annual Award for Excellence and Student Initiative Scholarship.

The scholarship rewards SUNY students for excellence in their academic performance and extraordinary commitment to their campus and community.

"I enjoy staying busy, and if I can do so while also benefiting my campus community and enhancing the student experi-



MD/PhD student Nicholas Brennan has been honored by SUNY for his scientific research, which investigates mitochondrial dysfunction and muscle loss, and for his contributions and initiative as a student leader.

ence, it's a win-win," says Brennan, who jumped into campus life as a first-year medical student in 2018.

He served as vice president of his medical school class, president of the Campus Activities Governing Board, and is currently serving his fourth term as president of Upstate Student Government (USG). He has been involved with USG for seven years, during which he hosted numerous campus-wide town hall meetings to identify student needs and collaborated with administrators and fellow student leaders to develop and implement practical solutions.

During his tenure, he helped imple-

ment a grocery store shuttle service to combat food insecurity among students and played a key role in establishing a program that has allocated over \$25,000 in conference travel funding for students. He is most proud of supporting an initiative led by medical students to provide affordable and accessible family planning resources through a vending machine on campus.

"Upstate became the first SUNY school to have one of these vending machines on campus," he says.

Brennan also serves on several university committees, including Admissions, the Student Learning Outcomes Committee, Honorary Degree Committee, Distinguished Professor Committee and the Advisory Committee on Campus Safety. At the state level, he was elected to the SUNY Student Assembly Executive Committee and chaired the Doctoral Granting Institutions Graduate Caucus for two years.

All this while he's finishing his dissertation and preparing to defend it in early 2025.

Brennan says his passion for making an impact on his community began as an undergraduate at SUNY Oneonta. A chemistry major, he was a member of the student government executive committee, conducted undergraduate research, volunteered at Stony Brook University Hospital, and became trained as an EMT, volunteering over 800 hours. And he graduated magna cum laude.

After graduation, he spent two years conducting biomedical research at the NIH National Institute on Aging, where he investigated the clinical manifestations of mitochondrial dysfunction in the aging population. He'd already applied to medical school, but Brennan says the physician–scientists he worked with were instrumental in modeling the advantages of an MD/PhD program to integrate his interests in research and medicine.

Shortly after beginning medical school at Upstate, he applied and was able to transfer into Upstate's MD/PhD program.

Brennan works under the supervision of Xin Jie Chen, PhD, whose lab focuses on how mitochondrial damage causes cellular stress and affects cell fitness and organismal survival. It's a great fit.

Brennan's work at the NIA prior to medical school delved into understanding how mitochondrial dysfunction impacts "I've learned to be very intentional with my time. Academics have always been my priority, but the opportunity to contribute to the well-being of my peers and the larger community has been incredibly fulfilling, and it's this sense of fulfilment that motivates me to stay engaged."

NICHOLAS BRENNAN

aging muscle. Now, his dissertation investigates a unique form of mitochondrial stress and the mechanism by which this stress induces muscle wasting with age.

"Sarcopenia—age related muscle loss—is a complex process that is accompanied by morbidity and a loss of independence," he says. "My hope is that one day this work will contribute to identifying a therapeutic target to treat muscle wasting in the setting of disease and normative aging."

In October, Brennan traveled to Italy to present his research at a conference on skeletal muscle development, metabolism and repair sponsored by the European Molecular Biology Organization in Catania, Sicily. "I've previously showcased my research through poster presentations at international conferences, but this was my first time being selected for an oral presentation," he says.

Brennan anticipates resuming his medical studies in March 2025. He looks forward to experiencing clinical rotations to help zero in on the best clinical fit. "I'm still exploring which clinical specialty I'll pursue, but I know I want to run a research lab while continuing to treat patients," he says.

He plans to apply to physicianscientist training programs with the goal of a career in academic medicine.

Meanwhile, he has more time to help enhance the student experience through Upstate Student Government. Brennan says one of the best things about his extracurricular involvement is developing role models outside of the lab and classroom. He counts Norton College of Medicine Dean Lawrence Chin, MD, Dean of Student Affairs Julie White, PhD, and Upstate President Mantosh Dewan, MD, among his mentors. Balancing extracurricular commitments with the rigorous demands of medical and graduate school can be challenging but Brennan says it has taught him valuable lessons in time management and prioritization.

"I've learned to be very intentional with my time. Academics have always been my priority, but the opportunity to contribute to the well-being of my peers and the larger community has been incredibly fulfilling, and it's this sense of fulfilment that motivates me to stay engaged," he says. "Ultimately, my involvement outside of academics provides me with diverse perspectives and experiences that I believe will make me a more compassionate and well-rounded physician-scientist."

1954

David J. Turell, of Houston, TX, is looking forward to a cruise to Antarctica in December.

1955 Revion
September 19•20, 2025

1958

George S. Goldstein, of Boca Raton, FL, writes, "I just zipped past my 91st birthday in comparatively good shape, except for agecommon balance and visual problems. Happily (except for an occasional hurricane!) living 30 yards from the Atlantic shore with my wife of 67 years, Shirley, sister of Jud Roher '56. The rest of family is all over the map! Best wishes to all!"

1959

Richard J. Lubera, of Grosse Pointe, MI, celebrated his birthday with his loving family by his side. He is still practicing medicine and playing the violin with his string quartet; his love for music and family shines through. He enjoyed his special day with his wife, Elizabeth, children, grandchildren, a great grandchild, and a dear family friend.

1960 Revion September 19-20, 2025

Julian M. Aroesty, of Scituate, MA, writes, "Colleagues and patients have endowed a yearly cardiology talk in my honor. It is a pleasure to follow the career of so many of our Beth Israel Hospital alumni. I had a Zoom meeting with six classmates at Cornell and decided to try the same with SUNY, and retired MDs from Beth Israel Hospital Boston. Noncommercial Zoom is limited to 40 minutes so the list of individuals in each meeting is limited to seven or eight. As you might expect, we discussed our children and grandchildren and the colleagues that have passed as much as we talked of ourselves. Medicine is so dif-

Steven A. Artz '62, of

Charleston, WV, is working telehealth part-time. "There is a paucity of endocrinologists here in West Virginia. Otherwise, I am busy with amateur radio, kids (all doctors) and grandkids. Would love to hear from any of my classmates out there," he writes.

ferent now. Within my practice, which was halftime academic teaching and research and half-time private practice, I had provided care to many within a single family. I was aware of the status of my patients' families, and they asked and were aware of mine. Before cell phones, I gave my seriously ill patients my home phone number and they never abused the privilege. Some of them cried when I informed them of my retirement from active medical management at age 80. There have been huge advancements in medicine, but we have also lost something with 15-minute revisits, ROS check sheets done in the waiting room, vital signs done before seeing the physician and having a computer display between the physician and the patient. I have a second career in medical malpractice defense. I review the cardiology cases for the Harvard self-insurer, Risk Management Foundation.

I have had hundreds of sworn depositions and have been in court about 50 times, losing only once. I miss all of that, but I agreed with my wife, who advised me to quit before I was no longer able to be at my best. It is time for the next generation, and they are outstanding."

1961

Peter Greenwald, of New London, CT, lectured in September at a local library on cancer prevention-from research to public benefit. "Seven of my nine grandchildren, from two of my daughters and son, are in college. Their majors include music, advanced math, AI, and astrophysics. It's hard to keep up with them. The other two, identical twins, are just starting high school. My regards to classmates," he writes.



Richard J. Lubera '59 with his family

Howard R. Nankin, of Columbia, SC, writes, "I remember starting medical school in September 1957 and graduating in June 1961. For further training, some classmates moved on, and some staved for a while. We went through a lot together. The friendships that occurred during those years appear to persist. The supportive environment that fostered these friendships began with words from the faculty professors—Yntema, Armstrong, and Whitlock and many others. Even now I can call someone from the class that I have not seen for years, and we break into conversation like we saw each other yesterday. Recently, I have spoken to six classmates, the friendships are still there. Now to make another telephone call...."

1962

Steven N. Berney, of Lafayette Hill, PA, stepped down as chief of rheumatology, but continues to teach and attend clinic three times weekly. He and his wife of 63 years, Hollis, have sold their Philadelphia condo and moved to a continuing care community, which makes the commute to Temple somewhat longer. "However, the continuing association with students, house staff, fellows and patients make the longer trip well worth the effort," he writes. "Playing bridge with Hollis as my partner now takes up some spare time. Jigsaw puzzles take up some more time. I also hope to reconnect with stamp collecting, a hobby left over from my pre-med days."

1963

Bernard "Bernie" W.
Asher, of Ithaca, NY, and his wife, Lilian, retired to Kendal at Ithaca two years ago. He retired from general surgery seven years ago and Lilian retired from anesthesiology 12 years ago.



Bernard W. Asher '63

Michael A. Kirsch, of Encino, CA, welcomed his first great grandchild, a beautiful baby girl.

1965 Revion September 19•20, 2025

Paul J. Honig, of Phoenix, AZ, shares that his grandson started medical school this year at New York University. "He will be the third generation of physicians in my family," he writes. "We are very proud of his accomplishment!"

1967

Leslie M. Burger, of Springfield, VA, moved in 2021 from Vancouver, WA. to a vibrant continuing care retirement community in northern Virginia to be near children. "Julie, my dear wife of 61 years, lost her seven-year battle with Alzheimer's several months later," he writes. "I stay active volunteering, participating on a health committee, and writing health-related articles. Hoping to see many of you in 2027 at our 60th."

Daniel C. Niejadlik, of Essex, CT, writes, "I met with Reva and Bruce Edison for lunch in Houston after an eight-year hiatus and we discussed our retirement years, (Bruce, 21 and myself, 17) agreeing that we were glad to practice during the golden years of private practice and not corporate medicine. We will try to get together with Marty Cohen this winter in the Boca Raton area."

1968

Robert L. Bard, of New York, NY, is a new advisor to the American Breast Cancer Foundation and assisted in developing a new 7 Second Mammogram screening system.

Kenneth J. Hoffer, of Santa Monica, CA, had quite a momentous year. In 1974, two years out of his residency, after implanting his first intraocular lens (IOL) in a cataract patient, he decided to form a society, a scientific meeting, and a journal



IOL Power Club Executive Committee members: Thomas Olsen, Aarhus, Denmark; Giacomo Savini, Bologna, Italy; Kenneth J. Hoffer '68; Filomena Ribeiro, Lisbon, Portugal; and H. John Shammas, Los Angeles.

to allow open discussion of lens implant surgery. This led to him founding the American Intra-Ocular Implant Society (AIOIS) that grew rapidly and changed its name in 1983 to the American Society of Cataract and Refractive Surgery (ASCRS). He also stimulated the formation of a similar society in Europe which became the European Society of Cataract & Refractive Surgery (ESCRS). The ASCRS meeting became the largest such society and meeting in that specialty of ophthalmology. In 1975, he founded the society's journal, which became the Journal of Cataract and Refractive Surgery better known as the "Orange Journal" or JCRS. It is now the most prominent and well-respected scientific journal in this field; now in its 50th volume. The ASCRS put on a big celebration of its 50th Anniversary in April 2024 where Hoffer was featured. In April 2025 it will celebrate the 50th

anniversary of the JCRS. Hoffer was the first to perform IOL power calculation in America to determine the correct dioptric power of the IOL in Santa Monica in April 1974. After years of teaching and putting on courses and publications on the subject, he put together a small group of six international fellow travelers and formed the IOL Power Club (IPC) in 2005 (www.IOLPower. Club.com) in San Sebastian, Spain. Next April, the IPC will celebrate its 20th anniversary; it has grown to almost 40 members consisting of the most active surgeons and scientists in the field of power calculation.

1969

Robert V. Davidson, of Oneonta, NY, continues to be involved with church, family, and Rotary. "My favorite hobby is wood turning beautiful items on a lathe," he writes.

1970 Rewion

September 19•20, 2025

1971

Jeffrey A. Klein, of Virginia Beach, VA, is happily retired. His grandson, Aidan, is a freshman at SUNY Canton.



Philip R. Caropreso '72

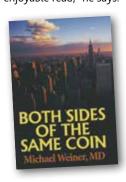
1972

Philip R. Caropreso, of Keokuk, IA, was honored at Iowa's 2024 Trauma and Preparedness Conference in Altoona, IA, with the Dr. Tom Foley Iowa Trauma System Achievement Award. The award was established in honor of Dr. Foley, who was the general surgeon of Marshalltown, IA, for more than 30 years. He developed an interest in trauma care and trauma systems through his work with the EMS in Marshalltown. "The award is the culmination of my

career, and I have a great debt to my dear friend Tom Foley." For more information on Caropreso and Foley visit timesrepublican. com/search/Caropreso.

Joseph A. Caruana, of Williamsville, NY, earned a master's degree in medical ethics and along with several colleagues formed the Institute for Health Care Ethics (IHCE.org). "Our mission is to improve the health and well-being of our community through education of ethical principles and practice for health care professionals and their patients," he writes. "We are nearing completion of an online, interactive course on medical ethics for millennials."

Michael A. Weiner, of Chappaqua, NY, retired from a 45-year career as a pediatric oncologist but keeps active. He recently published a historical fiction novel, *Both Sides of the Same Coin.* "An enjoyable read," he says.



1975 Revior
September 19•20, 2025

Glenn Champagne, of Monroe, NY, is enjoying retirement with his wife, tractor, and chainsaw. He and **Jonathan Lowell**, now both retired, were



Mark W. Zilkoski '77 and family

partners in family medicine in Malone. He and his wife, Clarice, have eight grandchildren. The eldest granddaughter is in family medicine for the Crouse group and two granddaughters are in their final year of medical school eagerly awaiting match day for their family medicine residency programs.

1977

Vincent M. Waite, of Chelmsford, MA, went on a bicycle trip last January with his partner, Sheila Morehouse, MD, riding from Cairo, Egypt, to Cape Town, South Africa, through four deserts, high mountains (at times alongside the great Kenyan runners), and along great rivers and magnificent seas. "We camped along the way, making many friends as we travelled and experiencing the greatness of the African continent and peoples," he writes.

Mark W. Zilkoski, of Wolf Point, MT, recently officiated his youngest daughter's wedding. "We joke she wanted a destination wedding on an island. Well, she got married on a sandbar in the middle of the Missouri river, which is kind of in our backyard. I



Mark W. Zilkoski '77 officiating his daughter's wedding

walked through the water to get there, and her god-father shuttled people with his boat. It was a great time. All nine of my kids were there—a rarity—and a lot of my grandchildren. And I have grandchild number 24 on the way."

1970

James P. Corsones, of Locust Grove, VA, is looking forward to a Northern European Cruise with Kathy and Gary Steward and Ginny and Douglas Hyde.

1980 Revion
September 19-20, 2025

TERESA MILLER, MD '79

Supporting Mindful Practice

n 2019, psychiatrist Teresa Miller, MD '79, attended a four-day Mindful Practice in Medicine Retreat developed by the University of Rochester, where she completed residency training. Although she'd long been a practitioner of mindfulness herself, and advocated meditation as a part of her approach to treating her patients to appreciate the mind-body connection, she saw how valuable the experience was for her healthcare colleagues.

"Healthcare professionals from all over the world come to attend this retreat, which allows them to bond with each other, share mutual challenges, and feel like they're in it together to help their patients," she says.

Approaching the time in her career when thoughts of leaving a meaningful legacy become more important, Dr. Miller realized that making this experience available to physicians just starting out could be an important way to pay it forward. "The Mindful Practice Retreat provides an opportunity to learn how to meditate, the importance of diet emphasizing simply prepared fresh foods, and about many other things one needs to do to be a healthy practitioner," she says. "I believe if you're healthy in mind and body yourself as a psychiatrist, it's more likely that you'll be able to manage the stresses that come with a medical practice, and to help your patients learn those same important coping skills."

This year, Miller and her husband, John Goeke, have established funds at both the Upstate Medical University and the University of Rochester to support psychiatry residents who wish to attend the retreat.

"I am grateful for my medical education at Upstate and residency training at Rochester that provided the foundation for a wonderful career," she says. "I can't imagine doing anything else."

As a high school student, Miller enjoyed studying science. She was drawn to helping others through her volunteer work at the Rome Developmental Center and at Oneida City Hospital. That sparked an interest in medicine, which was strongly encouraged by her parents. She attended Wells College in Aurora, New York, then came to Upstate. Though she first pursued a residency in obstetrics and gynecology, she realized the reason she'd been attracted to OB/GYN was because she enjoyed talking with her female patients about their issues. "I transferred to the University of Rochester for a residency in psychiatry instead," she says.

After practicing in the Rochester area for several years, she and Goeke found a house on Cayuga Lake in Aurora, near where she attended college. "There is a paucity of

psychiatrists in rural areas and I wanted to serve a population that was no less deserving of thoughtful care," she says.

Miller now works parttime providing a mindbody holistic approach to her practice. "I've had many patients tell me that I'm the only physician who puts everything together for them," she says. "I take the time to review their physical issues and lab studies, and I follow the research to help them to



Teresa Miller, MD '79 and husband, John Goeke

attain the best health they can attain. We talk about exercise, sleep, meditation, healthy diet, and social interaction. I really enjoy it and will continue as long as I can."

She has been supported throughout her career by her husband's involvement as a partner and office manager in her practice. He was equally supportive of creating the Dr. Teresa R. Miller Psychiatry Resident Wellness Fund at Upstate Medical University and at Rochester. "By providing resources and support for psychiatry residents to cultivate mindfulness and prioritize their own wellness, we are not only investing in their individual well-being but also in the quality of care they will provide to their patients throughout their careers," he says. "At this point in our lives, it's nice to be able to see the results of our gift in action."

The Upstate Fund currently supports one psychiatry resident to attend the retreat annually, which will be matched by the Department of Psychiatry so a second resident can attend. As the fund grows, it will be able to support additional residents who wish to participate. Miller plans to make additional contributions should her initial grant prove to be a meaningful asset to third and fourth year residents. "We hope that this will extend beyond the psychiatry specialty," she says. "Taking care of yourself first is the best way to ensure that you can take care of other people, regardless of which branch of medicine one chooses."

—Renée Gearhart Levy

Jean M. Weigert, of Simsbury, CT, is still a practicing radiologist specializing in breast imaging. "I went part-time, three days a week, but was recently appointed section head for my practice, Jefferson Radiology, Hartford. I am also the director of our breast fellowship program, where I am mentoring one very enthusiastic young radiologist," she writes. "My family is growing. My husband, Dan Millstein, LCSW, a practicing psychotherapist, and I have five daughters, four sons-in law, one daughter-in-law, and seven grandchildren. Our lives are full of joy and an abundance of chaos!"

1982

lames F. Boehner, of Aiken, SC, completed his OB/GYN residency in Augusta, GA, and upon completion, traveled across the border to Aiken, where he has been part of a private group practice since 1986. He retired on May 31 after 38 years of clinical practice but continues on his hospital's board of governors and will return as chair starting January 2025 for a two-year term. "I wish all my fellow classmates the best in the future," he writes,

Mary J. Jackson, of Bliss, NY, retired in 2018 and hasn't looked back. "Lots of exciting news from the Jackson family," she writes. "Taylor was married in July 2024 to Josh Gernold. I will be a grandma in April 2025.



Mary J. Jackson '82, Taylor Jackson, Josh Gernold, and Haley Jackson

Haley is engaged to Jeff Mangiafesto and is planning a wedding for May 2025. The girls have kept me very busy, though I still get to spend my winters in Florida out of the Syracuse snow and cold."

Joseph A. Smith, of Hillsborough, NJ, is in his 40th year of family medicine in Central New Jersey. "Two of my children live in Brooklyn and one lives in Philadelphia," he writes. "We have two grandchildren with one on the way. I look forward to going to work Tuesday morning and look forward to leaving Thursday night lol. Four days off is just the right amount. I still enjoying learning and went to a great health and nutrition conference sponsored by the Mayo Clinic. Hello to everyone out there in our class."

Robert J. Ostrander, of Rushville. NY. is the American Academy of Family Physicians liaison to the NIH Inter-Specialty Coordinating Committee on practitioner education in genomics, and serves on the Pharmacogenomics Project Group. In September he presented for the fourth year in a row at the annual Family Medicine Scientific meeting on pharmacogenomics, this year on pharmacogenomics in mental health.



Susan Barbieri '83 with her son and daughter

1983

Susan Barbieri, of Sag Harbor, NY, is happy to have retired and has moved to the east end of Long Island with her young adult son and daughter.

Robert C. Morgan, of Oswego, NY, retired after 40 years of medicine and is active at the H. Lee White Maritime Museum. "We are refitting our 85-foot, two-masted schooner, and as a merchant marine captain, I am taking visitors out to visit the Oswego Lighthouse for the best view of the city. I invite alumni to schedule a visit next year," he writes.

1985 Revion September 19•20, 2025

Stephen F. Coccaro, of Setauket, NY, was blessed with another grandchild in January, Luca Joseph.



Stephen F. Coccaro '85 with his grandson, Luca Joseph

KIRSTEN MAGOWAN, MD '87, HS '90

Caring for Generations of CNY Children

As a pediatric resident at Upstate in the late 1980s, Kirsten Magowan, MD '87, HS '90, routinely treated children with meningitis. "Probably a couple of kids a week," she recalls.

Then, in 1992, the first major vaccine against meningitis was introduced, resulting in significant reduction of the Hib strain of bacterial meningitis. "Suddenly, we weren't seeing those patients anymore. It was an incredible shift," she says.

It is frustrating now, more than 30 years later, to encounter vaccine hesitancy among parents in her North Syracuse, New York, pediatric practice. "I have seen where we were and I don't want to go back," she says. "Very often I can talk them through it by sharing that perspective but sometimes they just don't want to listen."

Other changes include a propensity in Internet self-diagnoses and a rise in mental illness in young patients. "Prescribing medication for mental illness had not been part of my training. I had to take classes to take on that responsibility because there's a shortage of pediatric psychiatrists to refer to," she says.

Despite evolving challenges, Magowan remains devoted to her patients. "I love the kids and watching them grow up. I've seen quite a few patients now from birth until they leave me at age 18. And then some of them come back with their babies, and that is the coolest thing," she says.

Born in Edinburgh, Scotland, Magowan moved to Central New York as a youngster when her father took a job as an English professor at SUNY Binghamton.

She was born with a congenital hip dislocation and became interested in a career in physical therapy because of her own experiences. "Physical therapists got to play with kids and to use the swimming pool, so I thought that was a neat job," she says.

As a high school junior, her Explorer Post spent the day in the local hospital and Magowan chose to go to the physical therapy unit. "There were no kids or swimming pool," she says. "I decided to rethink my career choice."

As Magowan was graduating from high school, her father took a sabbatical year to return to Scotland. She delayed starting college to go along and spent the year working as a nurse's aide at a children's hospital. "I learned that I enjoyed the children and the hospital, but also that I wanted to be the doctor and able to do more," she says. "I also learned never to leave a messy room behind for a nurse to clean up."

After earning her undergraduate degree in biochemistry from SUNY Binghamton, Magowan came to Upstate. Despite keeping an open mind during clinical rotations, she found herself drawn to pediatrics. "There's just something different about pediatrics and this is where I fit," she says.

Magowan interviewed at residency programs across the country, thinking this would be an opportunity for her and her husband (she married her college sweetheart during her second year of medical school) to experience someplace different. "But I came



Kirsten Magowan, MD '87, HS '90 (center), with daughters Elizabeth Magowan, MD '17, and Colleen Magowan '27

back realizing that none of the programs were better than what Upstate had right here," she says.

After training, Magowan worked for other pediatricians while having her own children, eventually taking over the practice of a retiring pediatrician.

She was only two years out of residency when she was nominated to join the board of the Upstate Medical Alumni Foundation and has remained involved for 32 years, serving as president from 2002 to 2004.

"When you're in private practice, you don't have the same connection to the institution, so this has been a good way to keep in touch with the heart of the University and the residency programs," she says.

Magowan and her husband, a musician who owns a balloon business, have four children. Son David and daughter Mary followed the music pathway like their father. The other two daughters went into medicine. Elizabeth Magowan, MD '17, recently joined the Upstate faculty as assistant professor of surgery after completing a surgical residency and fellowship. Colleen Magowan '27 is a second-year medical student in the Norton College of Medicine.

"They could have gone anywhere and, like me, they chose to be close to home," she says. "It's nice to share our Upstate connection and it will be fun because we'll celebrate the same reunion year."

—Renée Gearhart Levy

If you are interested in learning more about the Medical Alumni Foundation Board, please contact Paul Norcross, executive director, at norcrosp@upstate.edu.

Daniel M. Clinchot '88, of Galena, OH, was honored to receive the 2024 AAMC Alpha Omega Alpha Robert J. Glaser Distinguished Teacher Award. This award recognizes outstanding contributions to medical education by gifted teachers.

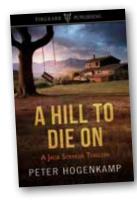
1990 Reviion

September 19•20, 2025

Sister Mary Felice, of Lukolela, Africa, sends greetings. "On September 27, we opened our new 22-bed internal medicine building in our 125-bed St. Vincent the Servant General Reference Hospital, located in Lukolela, a remote village on the Congo River, 118 miles from the nearest city, Mbandaka. Travel is by boat. We are the only hospital for a large span, and this will help us better serve the population."



The new internal medicine building at the St. Vincent the Servant General Reference Hospital, run by the Daughters of Charity



1993

Peter Hogenkamp, of Rutland, VT, published A Hill To Die On, Jade Stryker #2, on October 22, with Tirgearr Publishing. This is his fifth novel. Despite spending way too much time writing, he continues practicing medicine in Rutland. "Please reach out if you are in the area," he writes

1994

Joseph T. Pedersen, of Brevard, NC, was unable to attend reunion but wishes the great class of 1994 all the best!

1995 Revion September 19•20, 2025

2000 Revion
September 19•20, 2025

2003

Heather L. Mackey-Fowler, of South Kings—town, RI, was promoted to medical director for Oak Street Health at the Warwick, RI, location in February 2024. "The best job I have ever had," she writes. "I never thought at the end of my family medicine residency I would end up practicing primarily geriatrics, but it has been truly rewarding."



Heather L. Mackey-Fowler '03

2005 Revion September 19-20, 2025

Rachel M. Pessah-Pollack, of Roslyn Heights, NY, is excited to share that she co-edited a book, *Update on Endocrine Disorders During Pregnancy* published in August 2024 by Elsevier. The book highlights challenges in the management of endocrine diseases during pregnancy.



2010 Revion
September 19•20, 2025

2015 Revion

Devin R. Halleran, of Pittsburgh, PA, shares a photo of he and Cynthia A. Gingalewski '90, during resection of a large Wilms tumor in a young girl. Gingalewski is a pediatric surgeon in Portland, OR, where Halleran recently finished a pediatric surgery fellowship.

2017

Erin D. Bright and Tyler C. Underriner, of Skaneateles, NY, share that Bright is back working at Upstate in the emergency department and Underriner is working at Upstate Community as an anesthesiologist. Olivia L. Yost, of Grand Rapids, MI, along with husband Kyle and big sister Vivian, welcomed baby Sophie to the family on September 3. Everyone is doing well. After maternity leave, Yost will return to work as a family medicine and integrative medicine physician.



Olivia L. Yost '17 with Kyle, big sister Vivian, and Sophie



Devin R. Halleran '15 and Cynthia A. Gingalewski '90

7117

Harman Chopra, of Queens, NY, matched into fellowship for interventional pain at New York Presbyterian-Weill Cornell for the class of 2026.



Harman Chopra '21

Residents

Leo Hochhauser, of Frankfurt, Germany, retired and moved back to Germany. He was a fellow from 1986-1987, and then on staff until 1998. He then worked in Dallas from 1999 to 2001 and Houston from 2002 until 2019.

Ishrat Husain, of Perrysburg, OH, was a surgical resident in 1974-1975, and finished as chief resident at SUNY Stony Brook. He practiced general, trauma, and laproscopic surgery. "I retired after 40 years of surgical practice in Toledo, OH."

Stuart Trust, of Syracuse, NY, works with first and second-year students in the Norton College of Medicine Foundations in Reasoning course. He is also evaluating and critiquing third-

year medical students for their EBMs. "Fifteen years ago, I was part of a group of educators who started the Say Yes Program, a project designed to increase the numbers of underrepresented Syracuse students into higher education. Surprise, surprise, placed into my FRM-1 class is **Alexander Guerrero**, **MSI**, from the Say Yes Program," he writes.

IN MEMORIAM

1954

DONALD WARREN HILLMAN, of Heath, TX, died September 15. Dr. Hillman served in World War II and received an honorable discharge as a corporal in the U.S. Army Infantry in 1947. He earned a master's in occupational medicine from the University of Cincinnati and became board certified in occupational medicine in 1965. Hillman worked first in general practice in Canisteo, NY, for a year, then as the plant physician at Ford Motor Company in Cincinnati, OH, for 13 years. He was medical director of SOHIO, in Cleveland, OH, for six years and finally retired as medical director of Diamond Shamrock/ Maxus. Hillman was survived by his children, lames and Bette.

1955

SOLOMON PICKARD, of Huntington Woods, MI, died November 1, 2022. Dr. Pickard was survived by his children, Daniel, Joshua, and Susan; and five grandchildren.

1956

I. MICHAEL SAMLOFF, of Pismo Beach, CA, died August 26, 2022. Dr. Samloff was a professor of medicine at UCLA-Brentwood, the Sepulveda VA in Los Angeles, and at the University of Rochester, where he conducted research and taught medical staff. He retired in 1999 and started a software company. Samloff was survived by his wife, Aija; children Ann and David; stepson Kristoffer; six grandchildren; and one great grandchild.

ARVIN J. KLEIN, of San Diego, CA, died July 28, 2022.

1959

JOHN R. DE PALMA, of Santa Monica, CA, died March 24. Dr. De Palma served in the U.S. Army Medical Corps as captain in Nuremberg, Germany, from 1962 to 1964. Following his service, he completed his post graduate medical education in internal medicine and nephrology at the University of Washington Medical Center in Seattle. In 1966, he was selected by UCLA faculty at Cedars-Sinai Medical Center to start a new Federal Health and Human Services Agency clinical research grant in home hemodialysis. He then became director of hemodialysis programs at Cedars-Sinai Medical Center. He carried the academic rank of assistant professor of medicine at UCLA. In 1968 he met with California Medi-Cal providers and provided them the cost of home hemodialysis costs versus hospital outpatient cost and the State of California passed

regulations and provided financial support for home dialysis. By 1970, he had achieved a successful community-based home hemodialysis program and was awarded a second major HHS grant in self-care dialysis at Olive View Medical Center. In 1973, he went into private practice and cared for many patients with acute renal failure, many from the result of surgery and/or the use of drugs that impaired kidney function. His idea that kidney function had to be studied before surgery and antibiotics were administered was put into medical policy and the changes resulted in a dramatic reduction of acute renal failure, first in Glendale, then San Fernando Valley hospitals, and then major medical centers of UCLA and USC. De Palma made many other remarkable and astounding advances for dialysis patients and healthcare workers; developing machinery, laboratory tests and dialysis related devices that are still in use today.

CHARLES E. HUNTER, of Baldwinsville, NY, died September 1. Dr. Hunter served in the Army in Dugway, UT. After his service, he went into pediatric practice in Baldwinsville and Liverpool, NY, for 30 years. He was survived by his wife, Edith; son David; daughter Diane; and four grandchildren.

1962

ROBERT E. LUBANSKI, of Venice, FL, died July 13. Dr. Lubanski completed his residency in OB/ GYN, and then served his commitment to the U.S. Army in Fort Dix, NJ. In 1968, he settled into private practice and practiced in Auburn for 40 years. He dedicated his career to the care of women, especially disadvantaged women. He was instrumental in getting East Hill Family Medical established in Auburn, where he served as medical director. He was a fellow of the American College of Obstetrics and Gynecology, served as chief of the OB/GYN department at Auburn Memorial, and president of the Cayuga County Medical Society. Lubanski was survived by his wife, Sherry; sons Robert and John; daughter Christine; five grandchildren; and three great-grandchildren.

MEAD F. NORTHROP, of Santa Barbara, CA, died July 1. Dr. Northrop served two years in the U.S. Army before completing his residency in radiation oncology at the University of Washington in Seattle in 1969. Following residency, he was offered a year's fellowship at the M.D. Anderson Cancer Center in Houston. He began his professional career in academic medicine, teaching at the University of Florida College of Medicine. In 1972, he joined the staff of the Cancer Center of Santa Barbara, eventually becoming medical director, and was president of the Santa Barbara County Medical

Society and the Cosmopolitan Club. Northrop was survived by his wife, Betsy; sons Fred and Ross; and four grandchildren.

1963

EDWARD TAUB, of Laguna Niguel, CA, died August 9. Dr. Taub completed his internship at U.C. Irvine and pediatric residency at the University of Southern California. He established himself in the field of pediatrics with his brother Lanny Taub, MD, and physician partners in Tustin, CA, caring for more than 20,000 families. He set out on a lifelong mission to help children and families achieve wellness through positive health and lifestyle choices. He founded the Wellness Medical Institute and dedicated his career to the field of integrative medicine. He authored eight books and served as QVC's on-air wellness medical doctor, broadcasting to over 100 million homes. Later in life, Taub served as ship doctor aboard the Curlew, a historic schooner in Dana Point, where he developed the Voyage to Wellness program for local youth and others to sail and learn about health and wellness. He was at home at sea, having had served as a lieutenant commander in the U.S. Coast Guard and as a ship doctor for major cruise lines. Taub was survived by his wife, Anneli; his children, grandchildren, and other family.

1964

MURRAY J. MILLER, of Mooresville, NC, and formerly of Lauderdale by the Sea, FL, died October 5. After graduating from Upstate he served in the U.S. Army as a flight surgeon and was stationed in Vicenza, Italy. He was honorably discharged after three years with the rank of major. For almost 60 years, he practiced medicine and was a dedicated endocrinologist who went above and beyond for his patients. He was a diabetes specialist who loved his job and did not fully retire until well into his 70s. Miller was survived by his daughters, Roslyn and Kristin; and son Daniel.

1965

DAVID J. GEBARA, of Sarasota, FL, died June 5, 2022. Dr. Gebara served in the U.S. Air Force as a physician during the Vietnam War. He was board certified in internal medicine, psychiatry, and geriatric psychiatry. After serving his country he stayed in northern Virginia in private practice psychiatry for 50 years. Gebara was survived by his wife, Annette; daughters Leigh and Cynthia; and one grandson.

1967

JOHN R. MOORE, of Remsen, NY, died July 29. Dr. Moore interned at St. Joseph's Hospital in Syracuse, followed by one-year of surgical residency and two years of anesthesia residency. In 1971, he joined the U.S. Medical Corps at the rank of major and was stationed at the U.S. Military Academy Hospital at West Point. During his two years of active duty, he served as chief of anesthesiology and director of surgical services. While in the service, he became a Diplomate of the American Board of Anesthesiology. In 1973, he returned to Utica and joined Alberto Bonasera, MD, in the practice of anesthesiology and intensive care medicine at the Faxton and Children's Hospital. They were later joined by Gerald Marketos, MD, and formed Sunset Anesthesia Associates, the first all-board certified anesthesia group in the Utica area. After leaving clinical practice, he served six years as medical director of Surgical Services at Faxton-St. Luke's Healthcare. Moore was survived by his wife, Ludmilla; children Michele, Melissa, Maureen, Nicholas, Alexander, and Kathrine; and five grandchildren.

1970

FRIDA G. PARKER, of Saddle River, NJ, died October 7. Dr. Parker began her medical career as a pathologist, with residencies at Columbia Presbyterian Hospital and Lenox Hill Hospital. She later switched specialties, completing residency in psychiatry at Rutgers Health and New York Medical College. She was a specialist in child and adolescent psychiatry and treated patients in her private practice and consulted for local school districts and St. Agatha Home for Children. Parker was a member of the Saddle River Board of Health and helped guide their town through the COVID-19 pandemic. Parker was survived by her sons, Michael and Matthew; and three grandchildren.

1977

ARUNAS BUDNIKAS, of Bennington, VT, died August 11. Dr. Budnikas chose family practice because he wanted to care for patients from cradle to grave, building strong relationships and good health. He practiced in Syracuse, Walton, Greenwich and Cambridge, NY. He made medical missions to the Dominican Republic and Guatemala. In later years, he was a Bennington Project Independence board member, longtime volunteer at HIS Food Pantry, and a shopper and companion through the Retired and Senior Volunteer Program. He continued his medical skills in the Vermont Medical Reserve Corps, Vermont Health Connect, and at the Bennington Free Clinic. Budnikas was survived by his wife,

Kathy; son Todd; stepdaughters Katie and Casey; two granddaughters; and two step grandchildren.

1984

JANIE ELIZABETH PINKSTON, of Staunton, VA, died December 1, 2019.

1987

MARK TINKLEPAUGH, of North Hero, VT, died September 2022. Dr. Tinklepaugh completed his anesthesia training at Mercy Hospital in Pittsburgh, PA. He served his community proudly for many decades with Riverside Associates in anesthesia. Tinklepaugh was survived by his wife, Pamela Cook; and children, Jeffrey, Daniel, and Megan.

1989

RICHARD J. DISTEFANO, of Jamesville, NY, died August 19. Dr. DiStefano finished his orthopedic training at Upstate in 1995. He worked as a spine surgeon for Syracuse Orthopedic Specialists, having privileges at many local hospitals and served the people of Central New York. DiStefano was survived by his wife, Sheryl; daughter Kathryn; sons **David '19** and Daniel; and many other relatives.

Residents

PAUL W. BERNSTEIN, of Barrington, RI, and West Island, MA, died August 24, 2022. Dr. Bernstein, a veteran of the U.S. Army, served in the European theatre during World War II. Bernstein was a neurosurgeon who served as chairman of the Department of Neurosurgery at Memorial Hospital of Rhode Island, president of Pawtucket Memorial Association, and president of Rhode Island Neurosurgical Society. Bernstein was survived by his wife, Marian; daughters Sandra and Linda; son Michael; and two grandchildren.

WILFRED ALWYN CASSELL, of Port Orchard, WA, died September 19, 2023. Dr. Cassell completed his residency in 1962. He practiced psychiatry for many years, retiring from practice in 2015. During his career, he developed his own somatic inkblot series, focusing on body symbolism, and published a book and many papers on the subject. Cassell was survived by his sons, Robert, David, and Steven; daughter Sharon; and three grandchildren.

CAROLINE TITUS EASTMENT, of Manlius, NY, died September 28. Dr. Eastment earned her MS and PhD from the University of Texas Graduate School of Biomedical Sciences, her medical degree from McGovern Medical School at the University at Texas Houston, and completed a pediatric residency in 1986 at Upstate. She practiced as a pediatrician in Syracuse for more than three decades. Eastment was survived by her daughter, Claire; and many friends and family members.

FRANK M. GATTI, of Amherst, NY, died September 2. Dr. Gatti received his medical degree from Northwestern University in Chicago in 1963 and completed an internship in pediatrics and a two-year general psychiatry residency at Upstate. He finished his training with a residency in child psychiatry at Beth Israel Hospital in Boston. He served as an officer in the U.S. Navy at the Newport Naval Station from 1968 to 1970, treating returning Vietnam War combat veterans. He received a master's in public health from Harvard and a master's from Hartford Divinity School. Following his military service, he spent the next two decades as a child psychiatrist at Columbia Point Health Center. Later, he worked at the Child Guidance Center in Cambridge, the Whitman Counseling Center, and South Cove's Community Health Center in Boston. In 1991, he joined the University of Massachusetts Medical School, lecturing and training residents while working in local clinics. Gatti served as chief child psychiatrist at Worcester's Children's Friend Mental Health Clinic for several years and saw patients at clinics in Westfield. Gatti was survived by his wife, Eleanor; daughters Beth and Gillian; sons Michael and Daniel; stepchildren Aaron and Kerry; six grandchildren; and six step grandchil-

ROGER L. LERNER, of Los Angeles, CA, died June 1, 2019. Dr. Lerner graduated from the University of Vermont College of Medicine in 1962 and completed a residency at Upstate in 1965 and a fellowship at Stanford University Medical Center. He then entered the U.S. Army during the Vietnam War and served as a Captain at the 121st Evacuation Hospital, Ascom, South Korea. After an honorable discharge from the U.S. Army, he completed a fellowship at the Veteran Administration Hospital in Seattle, WA. Lerner was an assistant professor of medicine at Columbia University in New York City and at the USC School of Medicine. At the time of his death, he held the position of clinical professor of medicine at UCLA. Lerner was survived by his wife, Cheryl; and daughters Hannah and Clea.

IN MEMORIAM

Remembering David G. Murray, MD, HS '59: A Pillar of the Orthopedic Surgery Community

DAVID G. MURRAY, MD, HS '59, a pioneer in artificial joint replacement surgery, died October 1. He shaped the health and well-being of many patients, the careers of numerous doctors, and the future of several organizations.

Dr. Murray was born in Ames, Iowa. As a child, he loved building things with his hands and working on his family farm. He also liked tagging along with his grandfather, Frederick Murray, MD, the local physician, and decided to follow him into medicine.

Murray earned a full scholarship to Cornell University as a pre-med biology major. He excelled academically while becoming president of the Phi Sigma Kappa fraternity and participated in rowing and fencing. He was accepted into Washington University in St. Louis School of Medicine after only three years at Cornell.



David G. Murray, MD, trained in clock repair in his retirement.

After receiving his MD in 1955, he completed a surgical internship at Vancouver General Hospital and entered the United States Navy as a lieutenant. Murray came to SUNY Upstate for his general surgical training from 1958 to 1959 before completing his orthopedic surgical residency at the University of Iowa in 1962. He returned to Upstate in 1962 to join the faculty.

In 1966, he was named chair of orthopedic surgery, one of the youngest orthopedic chairs in the country. Under his 30-year leadership, the department became one of the most highly regarded in the United States, and the residency became one of the most sought after. During his tenure as chair, he trained more than 120 orthopedic surgeons, as well as many other physicians and support staff. Many of his former residents have gone on to become leaders in the field.

Murray was also an advocate for professional women, one of the first to accept women into his training program and onto his faculty, before most departments even accepted their applications for surgical training. Admired and respected by his peers, Murray was elected president of the Onondaga County Medical Society, the American Academy of Orthopedic Surgeons, the American College of Surgeons, the Knee Society, and the Orthopedic Research and Education Foundation. In 1999, he was named an Honorary Fellow of the Royal College of Surgeons of England for his numerous contributions to orthopedic surgical research.

He was one of the first joint replacement surgeons and invented one of the earliest artificial knees. His Variable Axis Knee hit the market in 1974 and was used for the next 10 to 12 years. Many of his design features remain part of the current artificial knee.

At Upstate, Murray worked tirelessly with local officials and hospital leaders to design, build, and finance the Institute for Human Performance. The David G. Murray, MD, Endowed Professorship in Orthopedic Surgery was established to ensure continued research related to musculoskeletal cancer in the Musculoskeletal Science Research Center at the Institute.

In retirement, Murray enrolled in a clock repair program at the National Association of Watch and Clock Collectors School of Horology in Columbia, Pennsylvania, and completed the entire 35-week program. He opened Doc's Clocks, a workshop adjacent to his home, where he fixed 50 to 60 clocks a year. "In many ways, clocks are just like people. They have personalities and they get worn out and stop running. Sometimes they can be fixed and continue to function, and other times there's just nothing you can do," he once said in an interview.

Murray also returned to his farming roots when his son, Bruce, purchased land on Seneca Lake. They worked the land together to help create the vineyard, Boundary Breaks, in Lodi, New York. And once again, he could ride his beloved John Deere tractor.

Murray was preceded in death by his daughter, Susan. He is survived by his wife of 40 years, Judith Sayles; sons Christopher, Bruce, and James; six grandchildren; and three great-grandchildren

SHANTHI SAMUEL, of Winfield, KS, died May 5. Dr. Samuel completed her undergraduate and medical school degrees in India, graduating from the Christian Medical College in Vellore in 1967. She immigrated to the United States in 1971, then moved to Syracuse to pursue residency training at Upstate in pathology. In 1976, she moved to Winfield and joined a local surgery practice. She began practicing medicine at William Newton Memorial Hospital in 1980, after completing her pathology residency at the University of Kansas School of Medicine. Samuel was a pathologist for nearly 35 years and a teacher at heart. Samuel was survived by her husband, Chandy; son Alex; daughter Usha; and six grandchildren.

Faculty

HERBERT SCHNEIDERMAN, of Syracuse, NY, died August 24. Dr. Schneiderman was drafted and briefly served in the Army. He completed his graduate medical education in pediatrics at Upstate, followed by a fellowship in medical genetics at Uppsala University, Sweden, and a fellowship in pediatric genetics at the Johns Hopkins University School of Medicine. He spent most of his career as a professor of pediatrics at Upstate. He served as the course coordinator of the pediatric core clerkship and was chairman of the Department of Pediatrics Education Committee. He won the SUNY Health Science Center President's Award for Excellence in

Teaching as well as the Alumni Foundation Award for Distinguished Teaching over a dozen times. He developed some of the first computerbased clinical simulations in the United States, which were made available to medical schools across the country. He pioneered the development of modularized education and computerbased testing in a clinical discipline and was involved in American Board of Pediatrics' initiatives to use computers in teaching and testing pediatrics. Schneiderman was survived by his children, Anders, Julia, and David; and two grand-children.



Paying It Forward, With Gratitude

Ralph L. Stevens, MD '81

was fortunate to begin my career at Upstate in the late 1970's when tuition was only \$3,000 annually—about \$10 per day! For this, I received a bargain, first-class medical education preparing me for residency and a 30-year career practicing radiology in Oneida, New York.

Observing the need for locally oriented primary care physicians, I created the Stevens Oneida–Madison Scholarship Fund with the Upstate Medical Alumni Foundation to help support medical students from the area.

During the past decade, the fund has awarded 51 scholarships to Upstate medical students, many whom have already returned to practice primary care in Central New York.

This year, I was proud to launch the Ellen Stevens, MD Psychiatric Scholarship, in honor of my mother.

It has been my privilege and good fortune to be able to pay back, as well as pay forward, a small amount of what SUNY Upstate has given me."



2022 recipients of the Stevens Oneida-Madison Scholarship



Ralph L. Stevens, MD '81, with wife and daughters

CAMPAIGN UPDATE

The Generation to Generation/ Excellence in Medicine Campaign is now in its last year. Thanks to the generosity of many alumni, such as Ralph L. Stevens, MD '81, we are happy to share that the campaign is now at \$14.5 million! Please consider helping us to finish and surpass our \$15 Million goal. Our committee and staff stand ready to explore ways for you to participate in the Generation to Generation/Excellence in Medicine Campaign. For more information, please contact our office at 315-464-4361

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150th Reunion Weekend

SEPTEMBER 19 - 20, 2025

CLASSES OF 1955, 1960, 1965, 1970, 1975, 1980, 1985, 1990, 1995, 2000, 2005, 2010, 2015

Whether you graduated a decade or half-century ago, coming back together with your classmates for Reunion has special significance. Be sure to check out all of our Reunion pages for details on your upcoming Reunion! medalumni.upstate.edu/reunion



