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Letter to the Editor

The Alumni Journal welcomes letters regarding the content of this magazine, which may be used for publication unless the writer states the letter is not to be published. Letters may be edited for style, length, clarity, grammar, and relevance to Upstate issues.

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Great articles in the Autumn 2015 issue, not just the one you did on my pub, but a great one on Michael Weiner—a pretty impressive individual. Did you happen to notice we both have pony tails?!

Mark Zilkoski, MD '77
Wolf Point, MT

I really enjoyed the article about medical students doing rural community rotations (“Place Matters,” Winter 2014). In the early 1970s there was a “North Country program” of summer externships in several rural communities to induce students to practice in these areas after training. Ernie Carhart, MD, ran this program for many years. I spent one summer in Star Lake, New York, and one in Lake Placid, New York.

This was the only summer program at that time that gave both senior-year rotation credit and a financial stipend. Although I did not return to these areas to practice, several of my classmates did. It would be interesting to hear from alumni who were in that program.

Charles Hecht, MD ’75
Glendale, AZ

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Memory Served

Our Autumn 2015 issue, featuring a cover story on Alzheimer’s researcher Michael Weiner, MD ’65, inspired the following correspondence:

My husband, Robert Kaplan, MD ’57, died in January 2014 after a nine-year battle with dementia. I’d like to bring your attention to a pervasive practice among physicians and nursing home professionals: overmedication.

Our experience was not unique. My husband progressed through the familiar stages of dementia, including despair and rage. He was hospitalized and then deposited into nursing facilities repeatedly. Across facilities and physicians, the standard course of treatment was to medicate heavily. In several instances, he and other patients were medicated to near comatose conditions.

People with Lewy body dementia often suffer adverse affects from psychotropic drugs, and yet those medications are prescribed again and again, without regard to side effects and undesirable responses.

Dementia patients need not live out their long days in medically induced stupors. My husband swam, walked, talked, enjoyed music and interaction with the public right up until his death. However, not everyone has the benefit of a forceful caregiver to supervise and scrutinize his or her medical care. Those without a voice are surely at a terrible disadvantage.

Edith Kaplan
Rockville, MD

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More Kudos

The Alumni Journal does a very good job of maintaining, and even enhancing, the link between the College of Medicine and its graduates. The Spring 2015 issue, with its feature articles on Francis O’Connor ’85 and Brad Fox ’91, was especially interesting. Keep up the good work!

Alan Williams, MD ’70
Everett, WA
Danielle Laraque-Arena, MD, FAAP, Named to Lead Upstate Medical University

THE SUNY BOARD OF TRUSTEES HAS appointed Danielle Laraque-Arena, MD, FAAP, to head Upstate Medical University.

A Haitian-born pediatrician, Dr. Laraque-Arena, is chair of the pediatrics department at Maimonides Medical Center in New York City and a pediatrics professor at Yeshiva University. She will become Upstate’s first woman president when she assumes the role from interim president Gregory Eastwood, MD, on January 14, 2016.

“Dr. Danielle Laraque-Arena is an accomplished professional with precisely the right balance of academic, medical, and community engagement experience needed to lead our esteemed SUNY Upstate Medical University.”

—SUNY Chancellor Nancy L. Zimpher

“Dr. Danielle Laraque-Arena is an accomplished professional with precisely the right balance of academic, medical, and community engagement experience needed to lead our esteemed SUNY Upstate Medical University,” said SUNY Chancellor Nancy L. Zimpher in announcing the appointment.

Laraque-Arena is an internationally recognized expert in injury prevention, child abuse, adolescent health-risk behaviors, and issues critical to health care delivery in underserved communities. She says the bitter poverty of Haiti and her family’s political exile helped shape her career.

“This is an incredible opportunity to bring the best of science and technology to look at how to improve both individual health and population health,” she said of her Upstate appointment.

At Maimonides, Laraque-Arena leads a team of nearly 100 faculty members with either primary care or secondary appointments in her department and another 230 faculty that serve in voluntary positions. Her accomplishments in the past five years include strengthening the teaching and research profile through the recruitment of new faculty, transforming the residency program and significantly increasing first attempt board pass rates, and developing new ACGME fellowship programs.

She was appointed to her positions in 2010.

From 2000 to 2010, she served as professor of pediatrics and the endowed Debra and Leon Black Professor of Pediatrics, as well as the chief of the Division of General Pediatrics at Mount Sinai School of Medicine, Department of Pediatrics. During her tenure at Mount Sinai, she focused on growing innovative clinical pediatric programs, strengthening academic teaching in support of the primary care residency training, and building the infrastructure for robust research in primary care through the HRSA Clinician-Research Fellowship Program. She also served on the faculty at Columbia University.

Over the course of her career, Laraque-Arena has been involved in working with local communities, including founding three separate child protection, multi-disciplinary teams evaluating and treating abused and neglected children (Harlem Hospital Pediatric Resource Center, Family Support Program (1990-2000), Mount Sinai Child and Family Support Program (2000-2010), and the Maimonides Infants and Children’s Brooklyn, Pediatric Specialty Consultation Program (2010-present)). In 2011, she was nominated to be a member of the Institute of Medicine Committee on Integrating Primary Care and Public Health that was charged with examining the best ways to integrate public health and primary care to assure healthy communities.

Laraque-Arena is married to Luigi Arena, MD, a radiologist. They have two children, one in law school and one in medical school.
WELCOME TO THE CLASS OF 2019. First-year medical students at Upstate Medical University received their white coats during a special ceremony on August 6 that marks the beginning of a student’s journey to becoming a physician. The ceremony is made possible by the Parents’ and Family Association of the Medical Alumni Foundation, with support from the Onondaga County Medical Society.

Pilot Grant Program Created to Spur Research Collaboration

Upstate Medical University and Syracuse University have announced a new pilot grant program to promote collaborative research activity between the two institutions that focuses on pressing biomedical and healthcare needs. The program was initiated by SU Trustee Sam Nappi, who has provided $1.5 million for biomedical and chemical engineering to Syracuse University; $500,000 of which will fund the first phase of this collaborative research program. In development since last spring, the program is designed to combine the diverse research and clinical strengths of faculty from both institutions to stimulate promising biomedical or healthcare-related research that is responsive to national needs.

“Biomedical and healthcare-related research is absolutely critical to addressing some of the most profound challenges facing society today,” says Nappi, who with his wife, Carol, has established a professor position and stem cell research fund in Syracuse University’s Department of Biomedical and Chemical Engineering.

The funding will support pilot projects that facilitate collaborative, interdisciplinary, or translational research. Pilot grants of up to $100,000 in direct costs for up to two years’ duration will be awarded, with the bulk of awards likely to be between $50,000 and $60,000. Research teams must include researchers or clinicians representing both campuses; awards are expected to result in the submission of competitive proposals to external sponsors of biomedical or healthcare research.

“Many of our faculty have been actively collaborating with colleagues at neighboring institutions,” says David Amberg, Upstate vice president for research. “However, the Nappis’ generosity will empower Syracuse and Upstate faculty with pilot grants that are sufficiently large to develop the preliminary data to go after the kind of large federal grants that are given for transdisciplinary biomedical research.”
Alumni Faculty Honored at Fall Convocation

Upstate held its annual Fall Faculty Convocation in September, honoring faculty, staff, and volunteers for exceptional service. Among those recognized:

- Sharon A. Brangman, MD ’81
  Department of Medicine
  SUNY Distinguished Service Professor

- Michael L. Vertino, MD ’95
  Department of Neurology
  Chancellor’s Award for Excellence in Teaching

- Vincent E. Frechette, MD ’91
  Department of Medicine
  Chancellor’s Award for Excellence in Faculty Service

- Eugene A. Kaplan, MD ’57
  Department of Psychiatry
  President’s Award for Excellence in Teaching

Upstate Shares in $18-Million State Grant

**Upstate Medical University** will share an $18-million state grant with four other SUNY institutions—Onondaga Community College, Morrisville State College, SUNY College of Environmental Science and Forestry, and SUNY Oswego—to establish a consortium that will provide students and businesses access to the advanced labs and simulation centers in the areas of health, biomedical services and biosciences, advanced manufacturing, agribusiness and food processing. The funding, announced by Gov. Cuomo in September, is from the governor’s NYSUNY 2020 Challenge Grant program. The SUNY Labs to Jobs Consortium will use the funding, in part, to build or enhance seven labs at the five institutions, including a Medical Simulation Center at Upstate.

“The establishment of this consortium with our SUNY partners speaks to the power of collaboration that will benefit our students as we sharpen our focus on enhancing their skills,” said David Duggan, MD ’79, dean of the College of Medicine.

**CEOS GATHER.** All five former Upstate University Hospital chief executive officers, whose tenure of leadership dates back to the opening of the hospital, joined current CEO John McCabe, MD ’79, June 10 for a celebration and the naming of the hospital’s main lobby in recognition of the hospital’s first leader. Attending this historic event were, from left, James L. Rosenberg (CEO from 1986-1993), Ben Moore III (1994-2005), Thomas J. Campbell (1973-1985), Phillip S. Schaengold (2005-2009), current CEO McCabe (2009- ), and James H. Abbott (1964-1971).
Upstate Study Makes the Cover of The Journal of Neuroscience

An Upstate Medical University paper that describes a study into the cellular and molecular processes of cerebral cortex development—the brain’s outer layer of neural tissue—was featured on the cover of the July 29 issue of The Journal of Neuroscience, the official publication of the Society of Neuroscience.

Findings from the NIH-funded study provide insight into how a signaling molecule called Reelin coordinates the growth and wiring of the developing brain and may help explain why patients who have mutations in the RELN gene have profound intellectual disability and epilepsy. The RELN gene provides the code that produces Reelin.

The study is being conducted in the laboratory of Eric Olson, PhD, co-author of the paper and associate professor of neuroscience and physiology. The paper’s lead author, Ryan S. O’Dell ’17, recently received his PhD at Upstate working in Olson’s laboratory, and is completing his medical degree through Upstate’s MD/PhD program. Early in his career, Dr. O’Dell has already co-authored six published papers and his work has been cited in 28 publications.

“Having a cover article makes a little noise in the field,” says Dr. Olson. “There is so much high-quality science produced these days that any recognition is great and will make a difference, especially for Ryan as he progresses in his career as a clinician scientist, and for the laboratory, as we extend these results and seek additional funding.”

To conduct their study, the researchers used multiphoton microscopes to directly image the embryonic mouse nervous system and observe developing neurons in their native environment, both in embryos that included a deficiency of the Reelin molecule and in normal mouse embryos.

“This comparison allowed us to hone in on the specific differences in cellular dynamics in the two conditions,” says Olson. “We discovered that a deficiency in Reelin disrupted the stability of part of the cortical neuron that receives signals from other neurons, a part called the dendrite.”

Chairs of Neurology and Anesthesiology Named

Luis Mejico, MD, professor of neurology and ophthalmology, has been named chair of the Department of Neurology, and Sebastian Thomas, MD, professor of anesthesiology, has been named chair of the Department of Anesthesiology. Both are long time faculty members.

Dr. Mejico is a highly respected clinician, clinical researcher, teacher and administrator. He is widely sought after for clinical problems, and has held or shared numerous grants from the National Institutes of Health and Industry, primarily supporting clinical trials and outcome studies. He has published widely in peer-reviewed articles on causes of neuromuscular eye disease and its treatment.

Dr. Thomas is a nationally recognized expert in anesthesiology, specifically in the treatment of pain. Thomas is the editor of Image Guided Pain Management and author of more than 40 peer-reviewed articles, chapters and CD-Rom chapters. A frequent presenter at international and national meetings regarding pain treatment, he has won numerous awards for his presentations.

Eric Olson, PhD, co-author, associate professor of neuroscience and physiology, with lead author, Ryan S. O’Dell, PhD, ’17

Luis Mejico, MD

Sebastian Thomas, MD
Mission Statements Impact Medical School Outcomes

Medical schools whose mission statements underscore societal good and a desire to train students for service to at-risk populations are more likely to produce physicians who will enter careers in primary care and work in medically underserved areas, according to a study by Upstate Medical University researchers published in the June issue of the journal *Family Medicine*.

Researchers in Upstate’s Department of Family Medicine, led by Christopher Morley, PhD, associate professor of family medicine, public health policy, and psychiatry, asked a panel of stakeholders from various medical schools (administrators, faculty, students) to rate the degree to which each medical school mission statement reflected or recognized a social mission of medical education. Mission statements from every U.S. medical school were assessed.

Mission statement ratings were then matched with graduate student outcomes. Researchers found that medical schools with mission statements rated highest for social mission appear to have a greater percentage of graduate students entering family medicine and working in underserved areas.

“Producing physicians who enter service-oriented careers like family medicine or work in underserved care areas of rural environments is not an accident,” Morley says. “Mission statements are a proxy for an institution’s commitment to service and the greater social good.”

Upstate Targets Mosquitos

*Upstate Medical University* has received a grant from the U.S. Department of Defense (DOD) to develop a prototype for a new device to specifically attract and exterminate *Aedes aegypti* mosquitoes. This type of mosquito spreads dengue fever, chikungunya, zika fever, yellow fever and other mosquito-borne diseases commonly found in tropical climates. The grant is supported by the DOD Deployed War-Fighter Protection Research Program (DWFP) of the Armed Forces Pest Management Board (AFPMB). If successful, the prototype should provide soldiers with another layer of protection when they are deployed in regions where these viruses are endemic.

Upstate’s Anna Stewart Ibarra, PhD, MPA, the project’s principal investigator, is collaborating with a team of infectious disease and mosquito biology experts on researching and developing the novel device. She is assistant professor of medicine and Latin America research program director for the Center for Global Health and Translational Science at Upstate. She has expertise in dengue fever epidemiology, *Aedes aegypti* ecology, dynamics, and surveillance.
Upstate Researchers Make Cell Death Discovery

Researchers at Upstate Medical University have identified a new pathway that can kill cells by attacking the mitochondria, a key part of the cell that produces energy. Calling it mPOS for mitochondrial precursor over-accumulation stress, this new pathway is triggered by conditions that interfere with the integrity and function of the mitochondrial inner membrane. As a result, proteins that are normally transported into mitochondria get stuck outside of the organelle, from where they are misfolded and become toxic to the cell. Researchers say that conditions that promote mPOS may contribute to the pathogenesis of several muscle and cardiac diseases and neurodegenerative disorders. The research is reported in the July 20 online edition of the journal Nature.

Principal investigator Xin Jie Chen, PhD, professor of biochemistry and molecular biology, says that his discovery from the decade-long project provides more insight into the physiological impact of mitochondrial dysfunction, which is associated with an increasing number of aging-related neuromuscular degenerative diseases.

“The more research that allows us to gain greater knowledge of how mitochondrial dysfunction induces cell deterioration during aging, the better our chances of developing drugs that delay the onset of cell death and may hold greater hope for drug therapies against these neuromuscular degenerative diseases,” he says.

Medical Student Presents at National Meeting

COLLEGE OF MEDICINE student Ian Bailey ’17 was one of nine medical students selected to give an oral presentation at the Introduction to Academic Vascular Surgery conference in Tampa, Florida, last April. His talk, “Oral Simvastatin Does Not Reduce Intimal Hyperplasia After Angioplasty-Related Arterial Injury,” was based on his research project from the previous summer.

Xin Jie Chen, PhD

Vivan Gahtan, MD, with Ian Bailey ’17
Upstate College of Medicine alumni celebrated their connection to their campus and their classmates when they returned to Syracuse, September 25 and 26. Members of classes ending in 0 and 5 enjoyed a picture-perfect fall weekend in Upstate New York while reminiscing with old friends and faculty members, meeting current students, and experiencing all of the new facilities the Upstate Campus has to offer. Thanks for coming back! We hope to see you again in another five years!
Eye surgeon Gary C. Brown, MD ’75, MBA, attacks medical economics with the same passion as vitreoretinal disease.

A Value-Based Approach

As professor of ophthalmology at Jefferson Medical University and director of the retina service at Wills Eye Hospital, Gary C. Brown, MD ’75, MBA, always had an important piece of advice for his fellows: “Be sure to do something for your patient, rather than something to your patient.”

It’s a tenant Dr. Brown followed throughout his career as an eye surgeon, in his efforts to organize a physician-owned insurance company, and to improve the U.S. healthcare system through adoption of what he calls “Value-Based Medicine.”

Brown, who received the 2015 Distinguished Alumnus Award, served as director of the Retina Vascular Unit/Retina Service at Wills Eye for 22 years, where he specialized in the study of vitreoretinal diseases such as retinal arterial occlusion, diabetic retinopathy, and macular degeneration.

His academic accomplishments include authorship or co-authorship of 12 medical books and 700 medical papers or chapters. An investigator for multiple National Institutes of Health clinical trials, Brown has given numerous named lectureships and is a reviewer for 40 peer-reviewed journals. He has been recognized with numerous honors, including the American Academy of Ophthalmology Honor, Senior Honor and Lifetime Achievement Awards, Who’s Who in America, Who’s Who in the World, 1,000 Great Minds of the 21st Century, and the Arnall Patz Medal for retinal vascular research.

In the early 1990s, as managed care was impacting the practice of medicine, Brown read about a physician-owned insurance company in Oklahoma and set out to create something similar in Pennsylvania. The result was the Pennsylvania Physician Healthcare Plan, a PPO and HMO that enrolled 4,000 physicians and 25,000 patients. Although the plan operated for five years in southeastern Pennsylvania, it ultimately couldn’t compete against the large insurers, says Brown, who served as chairman. “One obstacle was that many of the doctors had enrolled their own patients,” he explains. “For any insurance model to succeed, you need to have a percentage of people who are essentially nonusers—healthy 30 year olds who never go to the doctor. It was a time when the premiums weren’t rising and we just couldn’t make it long term.”

But Brown learned a lot and part of what he learned was what he didn’t know. “Physicians are somewhat isolated from the culture of business, which is not good because decisions that greatly affect medicine are made by others if we don’t get in there and help influence those decisions,” he says.

Brown and his wife, Lissa, also an ophthalmic surgeon, went to the Executive MBA Program at St. Joseph’s University in Philadelphia and earned their MBAs together from 1996 to 1998. Around the same time, they had a vitreoretinal fellow at Wills who introduced them to the Quality-Adjusted-Life-Year (QALY) methodology used in Canada and Great Britain to do...
cost-utility (cost-effectiveness) analysis of medical interventions.

“Given our background and strong interest in the changing needs of health care, it really struck a chord,” recalls Brown, who began studying QALY as an objective way to compare interventions across specialties.

The Browns coined the term “value-based medicine,” which is the practice of medicine based upon the patient value and the financial value given by specific healthcare interventions. “The definition of patient value is very specific—how much better, and/or how much longer, you make a patient live,” says Brown. “People deserve the intervention that gives the best patient value, but when two or more give the same value, the treatment of choice should be the least expensive,” he says.

Financial value is defined by the money saved from interventions across medicine. For example, cataract surgery costs about $2,700, but saves society more than $120,000 over the lifespan of the average patient, says Brown. The same goes for treatment of systemic arterial hypertension, cardiac angioplasty, or repair of an osteoarthritic hip.

The Browns founded the Center for Value-Based Medicine, and over a period of 10 years, developed quality of life assessment for any health state that allows for measurement of virtually any intervention in healthcare across any specialty on the same scale. “The goal was to amalgamate the best evidence-based medical data with patient preferences (opinions on their quality-of-life) to quantify patient-perceived value given by pharmaceuticals, medical devices, and other healthcare interventions to provide top-notch care while saving money,” says Brown, who with Lissa and co-author Sanjay Sharma, MD, wrote the book Evidence-Based to Value-Based Medicine, published by the AMA Press in 2005.

Brown believes value-based medicine is the answer to improving the American healthcare system—providing quality care at a reduced cost. Brown and Lissa, a two-time candidate for U.S. Congress (PA13), retired from medical practice earlier this year to devote their energies to those efforts.

“Despite what Washington is propagating,” Brown says, “quality of care can be improved as costs are decreased. This is a system that will help physicians and, most importantly, will help patients. We think the key is engaging everybody, so that patients can make informed choices based on value.”

Brown says that the richness of his varied professional life has come from his readiness to keep learning. “Medical school teaches you medicine, but just as important, it teaches you how to learn in the future,” he says. “One of my Upstate professors told me to make sure that I learned something new every day and I continued to do that throughout my career.”

“Physicians are somewhat isolated from the culture of business, which is not good because decisions that greatly affect medicine are made by others if we don’t get in there and help influence those decisions.”

Dr. Brown enjoys spending leisure time with his daughters and his dogs.
When he became managing director of one of the country’s premier spine surgery groups, Minnesota spine surgeon Daryll C. Dykes, MD/PhD ’95, found himself immersed in administrative, business, and regulatory issues, aspects of medicine most physicians are not trained to deal with.

Around the same time, Dr. Dykes had also been tapped to participate in a Leadership Fellows Program within the American Academy of Orthopedic Surgeons, an experience that included advocacy training and time on Capital Hill. “It became pretty clear to me that doctors really have little knowledge about legislative activity that significantly affects the work that we do,” he says. “Nor do policymakers know a lot about what happens in the trenches of medicine.”

In 2014, Dykes earned a law degree to help fill in the gaps. He now divides his time nearly equally between his medical practice, academic health law and policy issues (he writes widely on the topics of racial and ethnic healthcare disparities, quality measurement, and medical liability) and leadership development and mentorship work with the American Academy of Orthopedic Surgeons and other professional organizations.

It’s the last component that is particularly meaningful to Dykes. “So many of my career decisions have been influenced by strong mentors along the way,” he says. “I’d like to do what I can to pay that forward.”

Dykes, who was honored with the 2015 Outstanding Young Alumnus Award, grew up in public housing on the west side of Syracuse, the oldest of five children raised by a single mother and former Upstate nurse. “She really valued education and sacrificed a lot to give us the best she could,” he says.

“Nonetheless, Dykes says he goofed off a lot as a student at impoverished Fowler High School, and after graduation joined the Marines, both to find a pathway and gain financial support.

A year later, Dykes enrolled at Onondaga Community College in Syracuse, where he says he was fortunate to have committed teachers who had a fundamental interest in helping kids. “They kicked me into academic gear,” says Dykes, who graduated with high honors and transferred to Syracuse University with his sights set on medical school.

But money was always an issue. Dykes had financial aid, loans, and worked full-time. He attended classes during the day,
then worked the night shift from midnight to 8 a.m. as a mental health therapy aide at Hutchings Psychiatric Center. Not surprisingly, he struggled with his studies and his adviser encouraged him to change career paths.

But Dykes wouldn't give up, and his next job, as a technician at the University Hospital Blood Bank, helped seal his trajectory.

Working at the blood bank, Dykes developed relationships with several of the pathologists—including Gregory Threatte, MD '73, Robert Dracker, MD '82, and Fred Davey, MD '64—and while an undergrad, published an abstract with Dr. Dracker and Karla Lowenstein, MT, SBB (ASCP).

Impressed by his work ethic and his clear interest in clinical research, his mentors encouraged Dykes to apply to Upstate's new MD/PhD program, which was part of a new national priority to train medical scientists.

“The beauty of the program was that it allowed me to be more flexible in putting together a schedule to get through both curricula—a PhD in biochemistry and medical school—while working,” he says.

Dykes didn’t just make it through, he excelled. His cutting-edge research earned several awards, including the President’s Award for Excellence in Research, the John Bernard Henry, MD Endowed Scholarship and Award, and the American Heart Association Award for Excellence in Research. He also received several awards for clinical accomplishments, including the Department of Pathology Award and the David G. Murray, MD Award for Excellence in Orthopaedic Surgery.

The seemingly inexhaustible Dykes also served as president of his medical school class, served on a dozen Upstate institutional committees—including search committees for Dean and President—and three terms as president of the Graduate Student Council. And he was married and had three children by the time he graduated.

(His wife, Sharon Dykes, MD, is a colorectal surgeon who did her intern year at Upstate.)

“Looking back, I don’t know how I did it,” says Dykes. “It’s all kind of a big blur, but I loved every minute and that’s what fueled me.”

Despite an early plan to pursue pathology, his clinical rotation in orthopedic surgery put him on a new path. “David Murray, MD, is responsible for more of my guidance and drive than probably any other single individual,” he says. “I had a strong admiration for his practice and how he ran the department and his relation to us medical students and residents.”

Dykes—who became Upstate’s third MD/PhD graduate—matched at the University of Minnesota, one of the country’s premier training programs and a pioneer of modern spine surgery, and went on to complete fellowships in spine surgery, orthopaedic trauma, and health services research. His clinical practice is focused on complex spinal reconstruction surgery for children and adults with spinal deformities, tumors, injuries, and degenerative conditions. He has cared for more than 10,000 clinical and surgical patients, trained more than 60 spine surgery fellows, and authored or co-authored more than 25 book chapters, abstracts, and peer-reviewed scientific articles.

Reflecting on his life, Dykes attributes his achievements both to hard work and determination and to the mentorship he received along the way.

“When a person is willing to work hard and be committed, all kinds of things are possible, but it really takes dedicated mentors to take the time and make the effort to help lift people up and move them along,” says the father of five. “With that combination, there are tremendous opportunities for people who seemingly don’t have any.”
Alan Breed, MD ’65, doesn’t consider himself a natural risk-taker, but the retired pediatric orthopedic surgeon admits it’s the risks he’s taken in life that have shaped his experiences in unimaginably rewarding ways.

In addition to a 27-year surgical career treating children with cerebral palsy, myelomeningocele, and other orthopedic problems, Breed has trained a generation of orthopedic surgeons in Kenya, volunteered medical services throughout Africa, and opened his own home to students from Kenya, Nigeria, and Liberia, who became extended family members.

Breed, who received the 2015 Humanitarian Award, didn’t set out to become a doctor. A child of the Cold War, he was inspired by the space race and received a generous scholarship to attend Rensselaer Polytechnic Institute to pursue electrical engineering. Very quickly, however, Breed realized his passions lay in helping people.

Changing his major to pre-med, however, meant sacrificing his scholarship, something his parents, who had five children and no college education themselves, did not understand.

“Cost was a big factor, not to mention the uncertainty of whether I would be accepted to medical school. But in the end, I followed my heart and took the risk,” Breed recalls.

He was accepted at Upstate, but by the middle of his first semester, ran out of money to pay for room and board. Breed told the dean he would need to withdraw, but within a week was offered a job cross-matching blood at University Hospital that paid room and board plus $40 a month.

“That job, the New York State Scholar incentive program, and a med school scholarship allowed me to leave SUNY Upstate with no debt,” he says.

Breed went on to a surgery internship at Yale, where he met his wife Carol, a nurse, and was married. He completed residency in orthopedic surgery, and then a fellowship in the new field of orthopedic oncology at Memorial Sloan-Kettering Cancer Center.

“When we take risks, we never know what will happen. A decision I made back in college has guided my life in ways I could never have expected, yielding blessings and satisfaction in abundance.”

The Breeds at the graduation of a student from Burkina Faso who lived with them for two years.
field of pediatric orthopedics at Newington Children’s Hospital in Newington, Connecticut, and then was offered a job at the University of Wisconsin.

Breed and his wife and three children settled in a home near the Madison campus. They had an extra bedroom and were thinking it might be fun to take in a university student when a neighbor introduced a UW graduate student from Kenya who was looking for a place to live. The Breeds welcomed Zinat into their home, and by the time she had to depart suddenly three and a half years later, she had become a member of the family. “Her father became ill and she had to go home and support him,” Breed recalls. “She got a call and left within a day, and we promised we would come and visit.”

The Breeds made good on that promise, and in the summer of 1981, made a family trip to Kenya. While on safari, they encountered a teenager with a two-day-old laceration on his foot with tendons hanging out and no way to get any medical care. “It made us realize that as tourists, you don’t really see real life,” Breed says. “We made a decision then that if we ever came back to Kenya, it would be to do medical work.”

In the meantime, the Breeds continued to have international and American students live in their home—a total of 25 over the years—and also began to invite Nigerian graduate students for Thanksgiving and other special events at their home, relationships that didn’t end when the students left UW.

“We considered those children our children. Now some of our ‘Nigerian children’ are married and are having children, so we have Nigerian grandchildren.”

In 1987, during the Liberian Civil War, the Breeds sponsored an American Field Service student from Liberia for the school year. The Breed’s ultimately funded his college education, and later did the same for his brother. “Now his mother and other brothers are in the U.S. and have gotten advanced education, jobs, and families,” says Breed. “We have Liberian grandchildren.”

In 1989, the Breeds returned to Kenya on a mission trip to volunteer at Tenwek Hospital. While there, they visited the Kijabe Medical Center and heard about plans for a pediatric rehabilitation unit. Breed pledged to return if the hospital became a reality.

In 2002, Breed retired from UW and he and Carol moved to Kenya for a year, where he did similar surgical work as he’d done in the United States while training African medical students and residents. “The vision was to train African physicians so that they would be able to take over the care for the hospital,” says Breed, a goal that was successful.

The Breeds have returned to Kenya three times over the years, and also made medical missions to Madagascar and Afghanistan.

Breed continued to supervise residents at the VA Hospital a half day each week up until two years ago, but now mostly spends his time gardening and on other projects at the country home he and Carol have moved to, or spending time with family—their own three children and 17 grandchildren, as well as the numerous “adopted” children and grandchildren who have come into their lives.

“When we take risks, we never know what will happen,” says Breed. “A decision I made back in college has guided my life in ways I could never have expected, yielding blessings and satisfaction in abundance.”

Dr. Breed is visited by a couple from Nigeria who spent Thanksgivings with his family while they were University of Wisconsin graduate students.
The physician’s anxiety was increasing. He couldn’t sleep at night and was constantly exhausted. He was short tempered with his staff and family and found himself feeling increasingly distant from his patients. He felt overwhelmed by the demands in his life and his inability to keep up.

It’s classic burnout—a combination of emotional exhaustion, detachment, and a low sense of accomplishment—and according to recent research, it’s widespread among physicians.

“Physicians spend their days helping patients navigate a very complex system, often having to deliver difficult news, having to bear witness to an immense amount of tragedy,” says Gail Gazelle, MD ’87, a physician coach and the author of Building Your Resilient Self: 52 Tips to Move from Physician Burnout to Balance.

“To cope, physicians detach and what happens over time is an erosion of the ability to feel engaged in their work,” Gazelle says. “And the more physicians detach, the more they feel isolated from their patients.”

One Rx is learning to view the glass half full.
A 2012 study published in the Archives of Internal Medicine reported that nearly half of U.S. physicians indicate at least one symptom of burnout, such as losing enthusiasm for their work, or growing cynical. Forty percent of physicians reported being unsatisfied that they did not have time to devote to their families or their personal lives.

And while burnout is not unique to physicians, it does seem to hit the profession harder than others. The study compared the responses of 7,000 physicians to those of other white-collar professionals, finding that 38 percent of physicians suffered from burnout compared with 28 percent of non-physician professionals.

Dr. Gazelle points to a myriad of factors that put the physician population at risk, starting with the perfectionist, high-achieving personalities that medical school attracts. “Most of us are controlling by nature, then we’re thrust into a high-stakes environment where you can’t always control the outcome,” she says.

Medical training is such that the passion for medicine often gets stamped out of physicians, she says. “The message very early is that if you’re not perfect, you’re a failure,” she says. And despite the fact that physicians are typically “the leader” of the medical team, they typically receive little to no leadership training during the course of medical school or residency.

Add to that an increasing focus on productivity and external metrics that make it difficult to maintain an internal compass and an internal sense of accomplishment, Gazelle says. “A lot of trends in medicine have decreased the level of autonomy for physicians,” she says. “A much higher percentage of physicians are employed than even five years ago. Increasingly the physicians’ role is defined by non-physicians.”

A recent study by the RAND Corporation found that the administrative burden of modern medicine is a root cause of physician burnout. With a focus on volume-based care and additional pressures such as the electronic medical record, transition to ICD-10, and rapidly changing technology, it’s easy to see why physicians are feeling overwhelmed.

“We find ourselves in all kinds of very challenging external circumstances that we may have limited ability to control,” says Gazelle. “We can’t control those things, but we do have the ability to control how we view our circumstances. I would argue that’s really the most important life endeavor.”

In 2011, Gazelle read an article in The New Yorker by Atul Gawande, MD, which described a “coaching” relationship he had with a senior physician. A light bulb went off for the Boston physician, who had had a career in palliative care and hospice, and as a patient advocate.

Although the article described a coaching relationship focused on surgical technique, she felt that the coaching model could have broader applications, the same way it does for high-performing athletes and corporate executives. “We have such high expectations of physicians, shouldn’t we help them maintain and develop their best possible performance beyond just the knowledge arena?” she asks.

Gazelle undertook extensive training to become certified as a personal coach and began helping physicians develop skills in leadership and to combat burnout. “The whole idea of life and career coaching is to help people live their best possible life,” says Gazelle, who has found coaching to be a transformative vehicle for physicians to regain a sense of meaning and purpose.

Unlike therapy, in which the therapist is the “expert” who determines the direction the therapy will go, coaching keeps the expertise with the physician. “It’s non-hierarchical,” says Gazelle. “The coach is a partner to help the physician develop skills to improve his or her well being.”

But coaching is not the only answer. A growing body of data shows that individuals—physicians included—can combat burnout by practicing mindfulness and building resilience. “Burnout and resilience are the opposite ends of

—GAIL GAZELLE, MD ’87

A 2012 study published in the Archives of Internal Medicine reported that nearly half of U.S. physicians indicate at least one symptom of burnout, such as losing enthusiasm for their work, or growing cynical. Forty percent of physicians reported being unsatisfied that they did not have time to devote to their families or their personal lives.

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A recent study by the RAND Corporation found that the administrative burden of modern medicine
“Burnout and resilience are the opposite ends of the spectrum. I use the image of a battery that gets discharged. Being resilient is about figuring out what you need to do to recharge your battery.”

—MARK KATZ, MD ’75

For many people who have done the same thing for a long time, work can become repetitive and sometimes, boring. “The good thing about medicine is that you learn a skill set and you can be good at it for decades,” says Katz. “But honestly, in my field as a hospitalist, although I learn new things, it’s still mostly the same stuff everyday. Practicing empathy brought me a new dimension of getting better and learning something in my career.”

As Katz began studying the topic further, a recurrent theme emerged: “resilience,” the ability to bounce back from adversity. He began researching methods for increasing resilience—including empathy, mindfulness, and positive psychology (see page 20)—and incorporating those techniques in his classes. Today, burnout and resilience encompass a third of the workshops and...
lectures Katz gives throughout the Southern California Kaiser system.

Similarly, Gazelle teaches a resilience curriculum to second-year internal medicine residents at Brigham and Women’s Hospital in Boston. “I think it’s very innovative,” she says. “Training can be intensely focused on perfection without any help along the way about how to maintain compassion and how to take care of you,” she says. “I believe there are vehicles—mindfulness, positive psychology, coaching—that can be integrated into the way we teach to help bring forth the best in individuals.”

Despite the external pressures in medicine that have increased over the last two decades, being a physician has always been a stressful calling. But the burdens of the profession were typically balanced by its rewards.

“When I applied to medical school, physicians were clearly about the highest paid profession and commanded an amazing amount of respect,” says Katz. “Today, physicians have far toppled from the highest paid professions, and many new doctors graduate with tremendous medical school debt, which adds to their stress level.”

He also believes society has lost some degree of the “affectionate respect” long held for physicians, making it increasingly important for them to find internal meaning from their work to maintain their compassion and satisfaction.

He and Gazelle believe developing resilience can help.

“When daily pressures are stressful and intense, it’s crucial to find strategies to maintain your composure and a calm, neutral state of being,” says Gazelle. “It’s also important to realize that external circumstances don’t necessarily dictate what you feel. Even though the practice of medicine has become very challenging, you can still find ways to shift your internal landscape.”

Not everyone is wired for resilience the same way. But regardless of an individual’s natural disposition to see the glass half empty or half full, both Gazelle and Katz say everyone has the capacity to develop skills to make them more resilient.

“I look at it as going to the emotional gym,” says Katz. “It’s a slow process that everyone is capable of getting better at. He points to results of a randomized clinical trial published in the Journal of General Internal Medicine in 2011 that was conducted to assess the effect of a stress management and resiliency training program for physicians at a tertiary medical center. A randomized group of physicians participated in a 90-minute one-on-one resiliency training session. Eight weeks later, the physicians who had gone through the class showed statistically significant improvement in resilience, stress, anxiety, and overall quality of life.

“I think it’s vitally important for physicians to understand that they do have the capacity to lead happy, productive, and meaningful lives,” says Gazelle. “No matter what the past has brought, every moment represents an opportunity to do things differently.”

She believes the effort is more than worth it. “At the end of the day, we’re going to get better care for our patients, ourselves, and our loved ones if we have physicians who actually have a sense of well being,” she says.
Everyone feels frustrated by his or her work from time to time but burnout goes beyond the occasional bad day. The clinical definition includes three factors: a sense of exhaustion and emotional fatigue; a low sense of accomplishment or an inability to focus on one’s accomplishments; and a sense of cynicism, callousness, and depersonalization, where patients are viewed less as people and more as obstacles to get through to the end of the day.

Despite the deluge of factors that contribute to physician burnout, experts say there’s plenty you can do to develop skills to improve the internal locus of control, and maintain or restore the internal sense of meaning and purpose to your career in medicine.

Embrace Empathy. Empathy is simply recognizing emotions in others and being able to “put yourself in another person’s shoes.” Start by listening intently. Lower your voice and mirror back what you’re hearing from the patient, validating their perspective. “I’ve found it helpful to purposely overstate rather than underestimate emotion, to repeatedly use the phrase ‘I’m so sorry,’ when applicable,” says Mark Katz, MD ’75, a Los Angeles hospitalist and a regional trainer in the Kaiser system on clinician-patient communication and resilience. “It may seem awkward at first, but with practice, you’ll get better at it.”

Be Mindful. According to a 2013 study published in the *Annals of Family Medicine*, physicians who used mindfulness techniques demonstrated higher numbers of satisfied patients and more frequently practiced patient-centered communication. Simply put, mindfulness is a nonjudgmental, compassionate awareness of your life as it unfolds moment to moment, says Gail Gazelle, MD ’87, a physician coach and the author of *Building Your Resilient Self: 52 Tips to Move from Physician Burnout to Balance*. “Mindfulness has to do with being present in the moment and how you respond to situations. When you’re in a negative, reactive state, you’re not feeling good about yourself. The more present you are, the less reactive you can be.” One exercise Gazelle likes is to identify an activity that calms you, such as walking your dog. “Practice recalling that mental state so you can borrow from it during times of stress,” she says.

Find Activities That Restore You. “I don’t use the term ‘work/life balance’ any more because it implies that work pummels you to the ground and that you need to find things in the rest of your life to get restored,” says Katz. “You can do that throughout your work day. Learn to be more empathic. Listen to music. Bring your favorite lunch. Take a walk. Find things to laugh about. Even if you think you don’t have time to add anything to your day, you can start by simply taking five minutes for yourself.”

Take it Easy on Yourself. Physicians can be their own harshest critics, from imposter syndrome and comparing themselves to peers, to not being able to keep up with technology. “Sometimes you can be so focused on areas of weakness that it’s difficult to believe you have strengths,” says Gazelle. “Develop a muscle of self compassion to combat the tendency toward looking at areas of weakness. Try to focus on what you’ve accomplished each day rather than what still needs to be done.”

Express Gratitude. Scientific studies have found that people who focus on gratitude experience greater emotional well-being. Katz suggests making a conscious effort to use the word “grateful” or “gratitude” at work every day. “Express gratitude to a coworker or patient every day for a month and then tell me if you feel any different,” he challenges.

Thank You
Dear Fellow Alumni,

It is often said that the whole is greater than the sum of its parts and that is certainly true when it comes to the power of our alumni constituency. I am delighted to report that we raised $1,856,000 over the last year in support of the College of Medicine and its students. Thank you for that generous support. Your engagement helps extend the value of the education we received, thereby furthering the College’s impact on current and future students. With increasing financial demands, the ability to offer scholarship support has never been more important.

I am honored to have served as president of the Upstate Medical Alumni Association during this past year and am confident in the capable leadership of my successor, Richard Cantor, MD ’76.

As medical practitioners, we have a duty to serve our patients and the communities in which we practice. As alumni, we have the opportunity to serve the College of Medicine, through monetary contributions that help fund scholarships and endowments, by volunteering our time and talents, by mentoring Upstate students and residents, or simply demonstrating institutional pride to improve our visibility. Thank you for your continued support.

K. Bruce Simmons, MD ’79

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1935
TOTAL GIVING
$417,237

$50,000 AND ABOVE
Jules R. Setnor*

1942
TOTAL GIVING
$200
Percentage of Giving 50%

$100-$499
Alson F. Pierce

1944
TOTAL GIVING
$1,025
Percentage of Giving 33%

$1,000-$2,499
Mary E. Collins

1946
TOTAL GIVING
$100
Percentage of Giving 20%

$100-$499
George A. Roberts

1947
TOTAL GIVING
$720
Percentage of Giving 55%

$100-$499
Carl I. Austin
Lynne T. Greene
Maezeit B. Kallet
Muriel C. Silbar

$1-$99
Shirley M. Ferguson
Rayport
Wolfram G. Locher

1945
TOTAL GIVING
$850
Percentage of Giving 29%

$500-$999
Brinton T. Darlington

$100-$499
Murray A. Grossman

1948
TOTAL GIVING
$350
Percentage of Giving 29%

$100-$499
Allen H. Holt
William G. Phippen

1949
TOTAL GIVING
$1,460
Percentage of Giving 57%

$1,000-$2,499
Donald W. King

1950
TOTAL GIVING
$30,550
Percentage of Giving 33%

$10,000-$24,999
Barbara Carter-Moore
Ellen Cook Jacobsen*

1951
TOTAL GIVING
$14,231
Percentage of Giving 40%

$1,000-$2,499
Alice J. Turek*

1952
TOTAL GIVING
$1,450
Percentage of Giving 39%

$500-$999
Anonymous

$100-$499
Norma B. Granville
Norman R. Loomis
Frank J. Staub

$1-$99
John R. Isaac
Benjamin Jagendorf
Ronald A. Miller

1953
TOTAL GIVING
$1,150
Percentage of Giving 38%

$500-$999
Sheldon J. Horowitch

1954
TOTAL GIVING
$5,837
Percentage of Giving 55%

$2,500-$4,999
William I. Staples

$1,000-$2,499
Robert H. Zimmer

1955
TOTAL GIVING
$6,660
Percentage of Giving 40%

$1,000-$2,499
John E. Bloom
Richard J. Rice
Philip J. Speller
R. Douglas Wayman

1956
TOTAL GIVING
$5,837
Percentage of Giving 55%

$1-$99
Keith R. Dahlberg
William H. Hampton, Jr.
Carl W. Janovsky
Harold L. Kaplan
William E. Locke
H. Ketcham Morrel
Robert E. Sothstein

1957
TOTAL GIVING
$5,837
Percentage of Giving 55%

$500-$999
Fernando C. Coca

1958
TOTAL GIVING
$100-$499
Irving H. Goldman
Aram Jigarjian
Eleanor M. Luce
C. Brent B. Olmstead
Bernard Portnoy*
Monroe Richman
Robert G. Spiro*
Ronald H. Spiro

$1-$99
Robert E. Austin
Howard E. Fink, Jr.
Arnold D. Pearlstone

#### 1956
- **TOTAL GIVING**: $103,331
- Percentage of Giving: 57%

**$50,000 AND ABOVE**
- Frank E. Young

**$100–$499**
- Sheldon H. Barnes
- Jerome H. Blumen
- Stanley D. Chovnick
- Willard Cohen
- Michael L. Del Monaco
- Albert Frankel
- James P. Giangobbe
- Howard W. Goldbas
- Milton Ingberman
- Bertram C. Kwasman
- W. Frederick Lahvis
- John W. Lawrow
- Robert D. Lindeman
- Robert Penner
- Lawrence H. Port
- Donald E. Robins
- Judah Roher
- Ira H. Scheinerman
- James L. Sterling
- Arthur M. Stockman
- Harvey I. Wolfe

**$1–$99**
- Henry M. Eisenberg
- James J. La Vine
- Donald N. Mantle
- Wesley P. Sauter
- Arthur I. Segaul

#### 1957
- **TOTAL GIVING**: $2,360
- Percentage of Giving: 47%

**$500–$999**
- Stephen A. Hirsch

**$100–$499**
- M. Arthur Budden
- Melvin E. Cohen
- Arnold H. Derwin

**$1–$99**
- Gene L. Cary
- Richard R. Dole

---

#### 1958
- **TOTAL GIVING**: $2,480
- Percentage of Giving: 38%

**$1,000–$2,499**
- George B. Jacobs

**$500–$999**
- David S. Pearlman

**$100–$499**
- Sidney T. Dana
- George S. Goldstein
- Joseph S. Lunn
- Ella B. Noble
- Howard J. Ososky
- L. Robert Rubin
- Richard Schoenfeld
- Gerald Sitomer
- Howard L. Weinberger

**$1–$99**
- Robert S. Chavkin
- Dennis R. Derby
- Paul M. Fine
- Welton M. Gersony
- Martin L. Nusynowitz
- George E. Randall

---

#### 1959
- **TOTAL GIVING**: $21,105
- Percentage of Giving: 44%

**$10,000–$24,999**
- Zaven S. Ayanian

**$5,000–$9,999**
- Angeline R. Mastri

**$2,500–$4,999**
- Frank T. Cicero
- Stanley Zinberg

**$500–$999**
- Ira J. Langer

**$100–$499**
- Martin Berkowitz
- Samuel J. Braun
- Philip J. Burke
- Samuel Hellman
- Richard J. Lubera
- Myron Miller
- Barry S. Pariser
- David A. Scheer
- Philip Zetterstrand

**$1–$99**
- Sheldon P. Braverman
- Hamilton S. Dixon
- Gerald E. Epstein
- George A. Lamb

---

#### 1960
- **TOTAL GIVING**: $6,397
- Percentage of Giving: 60%

**$500–$999**
- Ronald A. Naumann
- Joseph V. Scrivani
- Ara A. Sheperdigian
- Allen H. Unger

**$100–$499**
- Robert E. Alessi
- Mary G. Ampola
- Julian M. Aroesty
- Robert A. Bornhurst
- Daniel L. Dombroski
- Leonard R. Friedman
- Harvey R. Gold
- Irwin N. Hassenfeld
- Harold J. Hubis
- Eugene J. Karandy
- William B. Kremer
- Leonard Levy
- Richard P. Malsam
- Suzanne T. Miller
- James P. Moore
- Roger D. Moore
- Frank Paolietti
- Samuel O. Thier
- Lewis Wexler
- Philip A. Wolf

**$1–$99**
- Jerome Glazer
- Alan G. Greene
- Robert R. Siroty

---

_ALL GIFTS RECEIVED FROM OCTOBER 1, 2014 THROUGH SEPTEMBER 30, 2015*

_**“DECEASED”**_
### 1961
**TOTAL GIVING** $2,050
Percentage of Giving 32%

<table>
<thead>
<tr>
<th>Range</th>
<th>Names</th>
</tr>
</thead>
<tbody>
<tr>
<td>$500-$999</td>
<td>Walter J. Okunski, Stuart J. Schwartz, Richard K. Shadduck</td>
</tr>
<tr>
<td>$1-$99</td>
<td>Mead F. Northrop</td>
</tr>
</tbody>
</table>

### 1962
**TOTAL GIVING** $3,700
Percentage of Giving 33%

<table>
<thead>
<tr>
<th>Range</th>
<th>Names</th>
</tr>
</thead>
<tbody>
<tr>
<td>$1,000-$2,499</td>
<td>Philip M. Gaynes</td>
</tr>
</tbody>
</table>

### 1963
**TOTAL GIVING** $6,625
Percentage of Giving 39%

<table>
<thead>
<tr>
<th>Range</th>
<th>Names</th>
</tr>
</thead>
<tbody>
<tr>
<td>$1,000-$2,499</td>
<td>Carl Salzman, Edward D. Sugarman</td>
</tr>
</tbody>
</table>

### 1964
**TOTAL GIVING** $6,870
Percentage of Giving 53%

<table>
<thead>
<tr>
<th>Range</th>
<th>Names</th>
</tr>
</thead>
<tbody>
<tr>
<td>$1,000-$2,499</td>
<td>C. David Markle, Ralph D. Zehr</td>
</tr>
<tr>
<td>$1-$99</td>
<td>Alan M. Roth, Stephen Z. Schilder, Robert J. Snowe, A. A. Tripodi, Anthony E. Voytoovich, Kenneth J. Bart, Donald R. Birnbaum, Donald W. Curtis, Daniel L. Harris, Phineas J. Hyams, Mark D. Kiviat, Robert M. Spurgat, Milton A. Weiner</td>
</tr>
</tbody>
</table>

### 1965
**TOTAL GIVING** $51,071
Percentage of Giving 63%

<table>
<thead>
<tr>
<th>Range</th>
<th>Names</th>
</tr>
</thead>
<tbody>
<tr>
<td>$10,000-$24,999</td>
<td>Thomas J. Stevens</td>
</tr>
<tr>
<td>$5,000-$9,999</td>
<td>Patricia J. Numann, Herbert M. Weinman</td>
</tr>
<tr>
<td>$2,500-$4,999</td>
<td>Philip S. Schein</td>
</tr>
</tbody>
</table>
The class of 1965 received both the largest class gift award and the highest percentage of giving award.


**ALL GIFTS RECEIVED FROM OCTOBER 1, 2014 THROUGH SEPTEMBER 30, 2015 | *DECEASED**

<table>
<thead>
<tr>
<th>Tier</th>
<th>Names</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>$500-$999</strong></td>
<td>Stephen D. Brenner, William A. Henion, Steven H. Leikowitz, Andrew J. Rurka*, Joel A. Strom, Howard D. Wulfson</td>
</tr>
<tr>
<td><strong>$1-$99</strong></td>
<td>Michael V. Cummings, Alan D. Drezen, Peter A. Freedman, Richard M. Gritz, Frida G. Parker, Linda M. Simkin</td>
</tr>
</tbody>
</table>

**1971**

**TOTAL GIVING**

$9,005

**Percentage of Giving**

35%

<table>
<thead>
<tr>
<th>Tier</th>
<th>Names</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>$1,000-$2,499</strong></td>
<td>Lawrence F. Geuss, Geoffrey M. Graeber, Steven R. Hofstetter</td>
</tr>
<tr>
<td><strong>$500-$999</strong></td>
<td>Robert B. Cady, Robert J. Cirincione, Richard A. Goldman, Charles J. Matuszak, Charles L. Rouault, John J. Zone</td>
</tr>
<tr>
<td><strong>$1-$99</strong></td>
<td>Walter C. Allan, Jay B. Brodsky, Norman F. Jacobs, Ira D. Lipton</td>
</tr>
</tbody>
</table>

**1972**

**TOTAL GIVING**

$19,225

**Percentage of Giving**

35%

<table>
<thead>
<tr>
<th>Tier</th>
<th>Names</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>$5,000-$9,999</strong></td>
<td>Jonas T. Johnson</td>
</tr>
<tr>
<td><strong>$2,500-$4,999</strong></td>
<td>Brian J. Gaffney</td>
</tr>
<tr>
<td><strong>$1,000-$2,499</strong></td>
<td>Hugh D. Curtin, Alan Ehrlich, Janet E. Graeber, Alphonse A. Maffeo, Mark S. Persky</td>
</tr>
<tr>
<td><strong>$500-$999</strong></td>
<td>Carol L. Bender, Stephen P. Michaelson, Stephen C. Robinson, John L. Sullivan, Paul F. Torrisi</td>
</tr>
</tbody>
</table>

**1973**

**TOTAL GIVING**

$8,000

**Percentage of Giving**

27%

<table>
<thead>
<tr>
<th>Tier</th>
<th>Names</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>$1,000-$2,499</strong></td>
<td>Douglas G. Mufuka, Beverly K. Philip, Philip James H. Philip, Lewis Robinson</td>
</tr>
<tr>
<td><strong>$500-$999</strong></td>
<td>Melvyn C. Minot</td>
</tr>
<tr>
<td><strong>$1-$99</strong></td>
<td>Lars C. Larsen, Judith D. S. Noel, Ralph J. Wynn</td>
</tr>
</tbody>
</table>

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*The Friendship Scholarship, given in honor of Dr. Ernie Found '80, in loving memory of his wife, Ellyn, and daughter, Caroline*

Jeffrey S. Abrams, MD ’80
David R. Ancona, MD ’79
Joseph G. Battaglia, MD ’79
Cynthia A. Battaglia-Fiddler, MD ’79
Peter T. Brennan, MD ’80
Robert B. Cady, MD ’71
James P. Corsones, MD ’79
Joan S. Dengrove, MD ’79
David B. Duggan, MD ’79
John F. Fatti, MD ’80
Jeffrey Fogel, MD ’80
Ernest M. Found, MD ’80
Bruce E. Fredrickson, MD ’72
Susan E. Heywood, MD ’80
Douglas K. Hyde, MD ’79
Reginald Q. Knight, MD ’80
John L. Marsh, MD ’79
Gerald B. Rakos, MD ’80
Neal M. Shindel, MD ’80
Gary D. Steward, MD ’79
Marc A. Subik, MD ’79
Dale R. Wheeler, MD ’80

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**ALL GIFTS RECEIVED FROM OCTOBER 1, 2014 THROUGH SEPTEMBER 30, 2015 | *DECEASED**

## 1974

**TOTAL GIVING**
$9,705

**Percentage of Giving** 33%

**$1,000-$2,499**
- David H. Adamkin
- James H. Brodsky
- Jerry Brown
- Janet F. Cincotta

**$500-$999**
- Anonymous
- Stephen P. Heyse

**$100-$499**
- Jack A. Aaron
- Jeffrey A. Abend
- Thomas L. Applin
- Joseph A. Blandy
- Robert A. Edelman
- Ronald A. Fischman
- Aaron L. Friedman
- Leon I. Gilner
- J. Peter Gregoire

**$1-$99**
- David B. Kassoff
- Teresa J. Pagano-Parke

## 1975

**TOTAL GIVING**
$22,500

**Percentage of Giving** 38%

**$5,000-$9,999**
- Philip M. Guliano
- Charles W. Hewson
- John M. Horan
- Lia E. Katz
- Gary M. Kohn
- Niki Kosmetatos
- Joseph P. LiPuma
- Howard E. Miller
- Dennis R. Novak
- Jay M. Ritt
- Mark H. Sanders
- Ernst P. Scarnati
- Leo J. Scarpino
- Michael W. Slome
- Stuart O. Taft
- Mark C. Webster
- Joseph C. Wu

**$1,000-$2,499**
- Gary C. Brown
- Joseph A. Cincotta
- Donald Fagelman
- Mark H. Katz
- Gretchen H. Rooker
- Joseph D. Verdirame

**$500-$999**
- Philip C. Giosa
- Mark D. Goldman
- Robert M. Green
- Charles I. Hecht

**$100-$499**
- Louis Bland
- Jeffrey J. Boxer
- Glenn Champagne
- James A. Dispenza
- Edmund D’Orazio
- Jay A. Erlebacher
- John D. Fey
- Judy S. Fuschino
- Emile H. Gaffney
- Bruce Greenstein
- Paul M. Grossberg
- Joseph W. Helak
- Ira Kastenberg
- Richard F. Kasulke
- Louis Korman
- David N. Lisi
- Alan N. Meisel
- Glen Mogan
- David J. Novelli

**$1-$99**
- Samuel N. Pearl
- Robert S. Pyatt, Jr.
- Clifford J. Rosen
- Walter H. Short
- Jay P. Slotkin
- James A. Terzian
- Gary D. Walford
- Jay M. Walshon
- Albert L. Zens

## 1976

**TOTAL GIVING**
$7,975

**Percentage of Giving** 26%

**$1,000-$2,499**
- Leon Mullen
- Deborah Reede
- Christopher G. Ulrich

**$500-$999**
- Richard M. Alexander
- Richard M. Cantor
- Stephen Helmes
- Margaret A. Sennett

**$100-$499**
- Allen D. Alt
- Adrienne Altman
- Gerald A. Cohen
- Stephen D. Conrad
- James F. Cornell
- Susan J. Denman
- Dennis L. Feinberg
- Thomas W. Furth
- Robert A. Hoch
- Frank J. Kroboth
- Marc Levenson
- Leonard H. Madoff
- Michael H. Mason
- Julia A. McMillan
- William M. Nauseef
- Janice M. Nelson
- Lorinda J. Price
- Thomas J. Rakowski
- Eve Shapiro
- Maurice J. Whalen

**$1-$99**
- Michael A. Finer
- John F. Finkenstadt

---

*All gifts received from October 1, 2014 through September 30, 2015 | *Deceased*
1977
TOTAL GIVING
$60,197
Percentage of Giving 31%

$50,000 AND ABOVE
Peter D. Swift

$1,000-$2,499
Charles C. Gibbs
Patrick W. Knapp
Donald S. Stevens

$500-$999
Arunas A. Budnikas
Theodore D. Close
Thomas J. LaClair
Drake M. Lamen

$100-$499
Mitchell Atlas
Peter Birk
Stephen C. Brigham
John Canale
Larry Consenstein
Robert H. Fabrey, II
Henry S. Friedman
Gerard R. Hough

1978
TOTAL GIVING
$29,562
Percentage of Giving 32%

$10,000-$24,999
Bruce M. Leslie

$1,000-$2,499
Frederick Arredondo
Maureen E. McCanty

$500-$999
Stephen L. Cash
Mark Belsky
John A. Besser
Mary Catherine DeRosa
Patrick W. Knapp
Donald S. Stevens

$100-$499
Anonymous
David Auerbach
Judy A. Beeler
Mark Belsky
Stephen W. Blatchly
Patrick S. Collins
Mary Catherine DeRosa
Sharon A. Falkenheimer
Robert Fulop
Marie A. Ganott
Diane F. Green-El
James L. Greenwald
Robert A. Hirsch
Ronald D. Klizek
Thomas Kristiansen
Michael Lustick
Leon Rosenberg
Neal Rzepkowski
John N. Talev
James J. Vacek
Irene O. Werner
David H. Wu
Gary M. Yarkony

$1-$99
Elliot Friedman
Keith A. Nichols
Robert J. Balcom
Jeffrey K. Cohen
David H. Dube
Mary E. Fallat
Bruce E. Gould
Adrienne Greenblatt
Barry F. Kanzer
Joseph C. Koenen
Robert A. Kozol

1979
TOTAL GIVING
$32,901
Percentage of Giving 38%

1980
TOTAL GIVING
$39,993
Percentage of Giving 53%

All gifts received from October 1, 2014 through September 30, 2015 | *Deceased

Class Scholarship Gifts

1955 CLASS SCHOLARSHIP
John E. Bloom, MD ’55
Aram Jigarjian, MD ’55
Eleanor M. Luce, MD ’55
C. Brent B. Olmstead, MD ’53
Richard J. Rice, MD ’55
Monroe Richman, MD ’55

1966 CLASS SCHOLARSHIP
Mark D. Aronson, MD ’66
Nathan Billig, MD ’66
Charles E. Cladel, MD ’66
Malcolm D. Davidson, MD ’66
Norman L. Fiennan, MD ’66
Neal M. Friedman, MD ’66
Martin S. Goldstein, MD ’66
Laurence B. Levenberg, MD ’66
Elizabeth R. McNannery, MD ’66
Bonnie M. Norton, MD ’66
Stuart N. Novack, MD ’66
Austin M. Pattner, MD ’66
Alan F. Pritchard, MD ’66
Louis A. Rosati, MD ’66
Gerald Sufrin, MD ’66
Frank G. Yanowitz, MD ’66

*Gifts to the 1966 Class Scholarship in Honor of Dr. Norman & Marla Fiennan’s 50th Wedding Anniversary

Ina and Arnold Galen
Sheily and Ron Greene
Helena and Norman Lehner
Kathie and Eliot Ramen
Cindy and Allan Schlossberg
Gail and Larry Simon

1971 CLASS SCHOLARSHIP
Philip Altus, MD ’71
Robert B. Cady, MD ’71
Michael Ende, MD ’71
Lawrence F. Geuss, MD ’71
Richard A. Goldman, MD ’71
Geoffrey M. Graeber, MD ’71
Janet E. Graeber, MD ’72
Bruce Hershfield, MD ’71
Eugene M. Kenigsberg, MD ’71
Jeffrey A. Klein, MD ’71
Robert T. Liscio, MD ’71
Charles J. Matuzak, MD ’71
Frank J. Mckowen, MD ’71
Paul I. Schneiderman, MD ’71
Edward J. Zajkowski, MD ’71
John J. Zone, MD ’71

CAROL KAVANAGH & CLASS OF 1973 SCHOLARSHIP
Gregory A. Threatte, MD ’73

1977 CLASS SCHOLARSHIP
Arunas A. Budnikas, MD ’77
Theodore D. Close, MD ’77
Larry Consenstein, MD ’77
John J. Cucinotta, MD ’77
Robert H. Fabrey, II, MD ’77
Henry S. Friedman, MD ’77
Patrick W. Knapp, MD ’77
Thomas J. LaClair, MD ’77
Drake M. Lamen, MD ’77
Celeste M. Madden, MD ’77
Linda Relford, MD ’77
Anthony Scardella, MD ’77
James A. Schneid, MD ’77
Donald S. Stevens, MD ’77

RICK ZOGBY, MD CLASS OF 1984 MEMORIAL SCHOLARSHIP
Hal E. Cohen, MD ’84
Amy L. Ladd, MD ’84
Brian P. Wicks, MD ’84

Mary J. Jackson
Stephen M. Kinne
Diane H. Lubken
Steven A. Radi
Joseph A. Smith
Jeffrey D. Spiro
John S. Tsakonas
Nicholas G. Tullio

1983
TOTAL GIVING $13,800
Percentage of Giving 31%

1982
TOTAL GIVING $54,850
Percentage of Giving 31%

1991
TOTAL GIVING $21,716
Percentage of Giving 31%

1981
TOTAL GIVING $10,000-$24,999
Ralph L. Stevens
$2,500-$4,999
Patsy M. Iannolo

$1-$99
Deborah W. Robin

1981 CLASS SCHOLARSHIP
Gerald Sufrin, MD ’66
Louis A. Rosati, MD ’66
Alan F. Pritchard, MD ’66
Austin M. Pattner, MD ’66
Stuart N. Novack, MD ’66

$1,000-$2,499
Sharon A. Brangman
Paul L. Kuflik

$500-$999
William P. Berkery
Steven M. Connolly
William W. Faloon, Jr.
Arnold Goldman
Robert C. Shellman
Carol A. Simmons
Barbara E. Strassberg

$1-$99
Paul L. Asdourian
Jody S. Blanco
Stephen P. Bogosian
Ronald C. Brodsky
Gary D. Dean
Stephen P. Galasky
Michael R. Gilels
David C. Goodman
David G. Greenhalgh
William P. Hannan
Lori Jalsens Stenhein
David E. Kolva
Elliot J. Lazar*
Vincent J. Leonti
Dennis J. Nave
Louis M. Papandrea
Peter C. Ronan
Stephen A. Spaulding
Kathleen Stoeckel
Scott A. Syverud

James D. Telonis
Anthony J. Viglietta
Stuart W. Zarich

David M. Armesto
Samuel J. Casella
Martin P. Jacobs
Ellen M. Kaczmarek
Jeffrey C. Long
Gary W. Schneebaum
Jonathan R. Sporn

2014-2015 REPORT OF GIFTS

UPSTATE MEDICAL ALUMNI JOURNAL | WINTER 2015

**1984**

**TOTAL GIVING**

$20,548

Percentage of Giving: 32%

- $2,500-$4,999
  - Emanuel Cirenza
  - Brian P. Wicks

- $1,000-$2,499
  - Linda Burrell
  - William M. Harrich
  - Howard M. Heller

- $100-$499
  - Amy L. Ladd
  - John M. Marzo
  - Ketly Michel
  - Lori J. Mosca

- **$100-$499**
  - Lydia A. Alexander-Cook
  - Sam T. Auringer
  - Robert M. Black
  - William P. Bundschuh
  - Hal E. Cohen
  - Bradley M. Denker
  - George T. Fantry
  - Debra S. Feldman
  - David P. Haswell
  - Cynthia E. Johnson
  - Richard Lichenstein
  - Regina B. Mcgill
  - Hindi T. Merrelstein
  - Vicki C. Ratner
  - David C. Richard
  - Hal Rothbaum
  - Richard D. Scheyer
  - Michael D. Schwartz
  - Gordon W. Single
  - Steven R. Urbanski
  - Brian D. Woolford

- **$500-$999**
  - Michael A. DeVito
  - Frederick D. Grant
  - Michael Komar
  - Maria Tasso Longo
  - Donald Patten
  - Dorothy F. Scarpinato
  - Elizabeth S. Yerazunis Palis

**1985**

**TOTAL GIVING**

$47,785

Percentage of Giving: 44%

- **$10,000-$24,999**
  - Catherine E. Palmier
  - James Palmier

- **$5,000-$9,999**
  - Peter J. Christiano

- **$1,000-$2,499**
  - Luz Alvarez
  - Robert Baltera
  - William Canovatchel
  - Yukwah N. Chan
  - Katrine Hansen
  - Rosemary Jackson
  - Timothy McCanty
  - Lauren Michalakes
  - Ralph Mosca
  - Maureen T. Murphy
  - Mark S. Potenza
  - Michael A. Riccione
  - Gary G. Sauer
  - Robert M. Zielinski

- **$500-$999**
  - Grace Chung
  - Mary Deguardi
  - Stephen Federowicz

- **$100-$499**
  - Joseph P. Augustine
  - Robert C. Berlin
  - Jane B. Black
  - James M. Callahan
  - Debra J. Clark
  - Gerard A. Compito
  - Mark Costanza
  - Coleen K. Cunningham
  - Anthony J. diGiovanna
  - Lori E. Fantry
  - Mark A. Fogel
  - Karl Gauss
  - Paula A. Gauss
  - Jill C. Hertzendorf
  - Robert V. Hingre
  - Daniel R. Kelly
  - Anthony O’Connor
  - Robert V. Hingre
  - Daniel R. Kelly
  - Anthony O’Connor
  - Robert V. Hingre
  - Daniel R. Kelly
  - Anthony O’Connor
  - Robert V. Hingre
  - Daniel R. Kelly
  - Anthony O’Connor
  - Robert V. Hingre
  - Daniel R. Kelly
  - Anthony O’Connor

**1986**

**TOTAL GIVING**

$15,362

Percentage of Giving: 31%

- **$1,000-$2,499**
  - Colleen M. Dargie
  - Daniel W. Esper
  - Thomas J. Madejski
  - Jane B. Black
  - James M. Callahan
  - Debra J. Clark
  - Gerard A. Compito
  - Mark Costanza
  - Coleen K. Cunningham
  - Anthony J. diGiovanna
  - Lori E. Fantry
  - Mark A. Fogel
  - Karl Gauss
  - Paula A. Gauss
  - Jill C. Hertzendorf
  - Robert V. Hingre
  - Daniel R. Kelly
  - Anthony O’Connor
  - Robert V. Hingre
  - Daniel R. Kelly
  - Anthony O’Connor

The class of 1985 received the award for highest attendance.

ALL GIFTS RECEIVED FROM OCTOBER 1, 2014 THROUGH SEPTEMBER 30, 2015 | *DECEASED

$500-$999
Tammy L. Anthony
Gary M. Freeman
Steven B. Goldblatt
Karen L. Hertz
Kathleen A. Leavitt
Barbara C. Tomasulo

$100-$499
Georgianne Arnold
Marc Behar
Andrew S. Beskyn
Michele Berger Simmons
Gregg S. Berkowitz
Shelley R. Berson
William Blau
Pedro J. Cepeda
Paul A. Choiniski
Gabriel M. Cohn
Arthur F. Coli
Peter Koudes
Sheila M. Lemke
Gerald V. McMahon

$1-$99
Andrew Topf
Steven Tawil
Brian K. Smith
Scott Sheren
Lee M. Shangold
Edwin J. Sebold
Ernest M. Scalzetti

$100-$499
Giving 26%
Percentage of $10,888 TOTAL GIVING 1987

1988 TOTAL GIVING
$8,805 Percentage of Giving 26%
$1,000-$2,499
Donald S. Miller

$500-$999
Louis Bonavita, Jr.
Erck C. Bulawa
Donald Calzoalio
Larry S. Charland
Stamatia Destounis
Leo Katz
Anne Mirth

$100-$499
David Anderson
Daniel M. Clinchot
Frank Dolisi
Andrew M. Goldschmidt
Eric M. Grabstein
John M. Gray
David J. Hoffman
Terese J. Karcnik-Mahoney

$100-$499
Christina I. Klufas
Michael Mahelsky
Kevin R. Math
Michael S. McCarrick
Scott Palmer
James Peak
Dolores A. Rhymer-Anderson
Kime J. Ristoff
Timothy Scholes
Maureen L. Sheehan
Neil R. Connely
Mark D’Esposito
Joseph F. Femia
Joseph T. Flynn
Eric Gentry
Den Gerstenblitt
Elizabeth S. Grace
Cynthia B. Heller
Kristina S. Hingre
Roberto E. Iguledo
Dennis Kelly
Ruth Koudes
Paul B. Kreienberg
Kirsten P. Magowan
Lisa A. Manz-Dulac
Leonard Marotta
Jeanine M. Morelli
Peter J. Morelli
Rebecca K. Potter
Elizabeth Rajamani
Julia M. Shi
Edward J. Spangenthal
Victor Szemetylo
James Tyburski
Catherine M. Vernon
Steven Weinreb

$1-$99
Anthony R. Russo

1989 TOTAL GIVING
$9,870 Percentage of Giving 25%
$1,000-$2,499

1990 TOTAL GIVING
$13,300 Percentage of Giving 24%
$1,000-$2,499
Trent Erney
Josef J. Vanek
G. Nicholas Verne

$100-$499
Jeffrey A. Abrams
Scott Beattie
Maureen W. Daye
Karen DeFazio

$100-$499
Deborah B. Aquino
Vinicio M. Aquino
Farah G. Argemi
R. Eugene Bailey
Jeffrey Belanoff
Emily S. Brooks
Daphne Capon
Donald A. Chiu
Daniel I. Cho
Bruce Eisendrof
Terese C. Gentile
Elizabeth H. Higgins
Thomas A. Holly
Kim Kramer
Joseph P. Markham
Andrew G. Moskovitz
Gordon M. Ortiz
Roger Padilla
J. Marc Pitas
Linda J. Powell
Ira Rashbaum
Ronald C. Samuel
Sybil Sandoval
Domienick P. Sciarato
Laurie K. Seremetis
Elaine M. Silverman
William J. Smith
Nicholas C. Traciuk
Stephen R. Weinman
John D. Wrighton

$1-$99
Christopher T. Strzalka

1991 TOTAL GIVING
$9,013 Percentage of Giving 22%
$1,000-$2,499

$100-$499
John C. Brancato
Matthew R. Brand
Mark Charlab
Barbara A. Michaelis
Anne M. Ranney

$100-$499
Nora E. Bolanos
Molly A. Brewer
Gweneth O. Cianco
Carl C. D’Andrea
Steven W. Falen
Lawrence Goldstein
Gordon D. Heller
Christopher P. Keuper
James A. Krukowski
Thomas Larkin
Louise C. Lughez
Denise Monte
Carol Myrick Brewer
Daniel O’Hearn
Joan O’Shea
Naomi R. Rappaport
Joanne Samant
Nancy L. Wang
Cheryl D. Wills

$1-$99

1992 TOTAL GIVING
$9,595 Percentage of Giving 23%
$1,000-$2,499

$100-$499
Douglas Bennett
Jane S. Bennett
Joseph W. Flanagan

$1,000-$2,499

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33
$500-$999
Andrew Cooperman
Joseph Damore, Jr.
Mary Elizabeth Damore
Jeffrey Gelfand
Christina Morganti

$100-$499
Jaime A. Alvarez
Michael Baccoli
Wendy M. Book
David Caucci
Barbara L. Clayton-Lutz
Lisa Cupit
Dorothy T. Damore
Hilda Cartley
Nancy Giannini
Rubia Khalk
Kara C. Kort-Glowaki

$1-$99
Deborah Bassett
Mirlande Jordan
Theresa Lipsky

1993
TOTAL GIVING
$8,200
Percentage of Giving 16%

$5,000-$9,999
Stephanie S. Roach

$100-$499
Chamain Austin
Brian Gordon
William B. Lewis
Charles J. Lutz
Joan Mitchell
Michael Plevyak
Joanne C. Pohl
Suzanne F. Skinner
Jason Feinberg
Robert E. Todd
Darvin Varon

1994
TOTAL GIVING
$7,440
Percentage of Giving 17%

$1,000-$2,499
Philip A. Fraterrigo
Margaret A. Leary
Joseph T. Pedersen

$500-$999
Malcolm D. Brand
Jean C. Fox
Bruce H. Schwartz

$100-$499
Lisa R. Berger
Timothy S. Boyd
Lee J. Herbst
Robert G. Hogan
Michele Jamison
Christian Knecht
Richard Mascolo
John D. Passalaris
James M. Perry
Michael S.

1995
TOTAL GIVING
$6,850
Percentage of Giving 12%

$2,500-$4,999
Timothy S. Huang

$1,000-$2,499
Darryl C. Dykes

$500-$999
Melissa Ehlers

$100-$499
Karen M. Clary
Sarah A. Fullerton
Yves A. Gabriel
Michael D. Gitman
Maureen R. Goldman

1996
TOTAL GIVING
$5,435
Percentage of Giving 17%

$1,000-$2,499
Paul E. Perkowski

1997
TOTAL GIVING
$2,700
Percentage of Giving 13%

$1,000-$2,499
Raghuram Divar

1998
TOTAL GIVING
$11,100
Percentage of Giving 17%

$2,500-$4,999
Kirk P. Rankine

$1,000-$2,499
David J. Joswick
Jeffrey R. LaDuca

$500-$999
Mohir H. Hesdian
Tammara A. Prul
Lauren H. Turteltaub
Katherine A. Van Savage

$100-$499
Gina M. Abbruzzi
Martin Laura A. Allen
Cindy H. Baskin
Felice A. Calidarella
Drew M. Caplin
Eelas J. Chafoules
Sandee Chopra
David M. DeVellis
Matthew R. DiCaprio
David S. Edelheit
Barbara A. Morisseau
Amy L. Pierce
Sherri E. Putterman
Caplin
Joshua M. Rubenfeld
Jennifer M. Salm
Eric M. Spitzer
Leanne M. Yann

$1-$99
Jennifer E. Allen
Michael D. George
Dario A. Lecusay, Jr.

1999
TOTAL GIVING
$3,970
Percentage of Giving 14%

$1,000-$2,499
John J. Imbesi

<table>
<thead>
<tr>
<th>Amount Range</th>
<th>Benefactors</th>
</tr>
</thead>
<tbody>
<tr>
<td>$500-$999</td>
<td>Jerry Caporaso, Jr.</td>
</tr>
<tr>
<td>$1-$99</td>
<td>Bradley J. Goldstein, Erin E. O’Connor, Scott R. Oosterveen, Saqib Rehman</td>
</tr>
<tr>
<td>$1,000-$2,499</td>
<td>Christina M. Liepe, Matthew J. Liepe, Dana C. Ranani</td>
</tr>
<tr>
<td>$500-$999</td>
<td>Rajesh K. Jain, Hana F. Jishi, Timothy H. Lee, Fatima Naqvi</td>
</tr>
<tr>
<td>$100-$499</td>
<td>Brian M. Bizoza, Laura Dattner, Ron Elfenbein, Sharon L. Hong, Penelope Hsu, Newrhee Kim, Brian N. King, Christopher R. Leach, John W. Michaels, Rosalie Naglieri, Sarah T. Stewart</td>
</tr>
<tr>
<td>$1-$99</td>
<td>Adam P. Ellis</td>
</tr>
</tbody>
</table>

2000 Report

- TOTAL GIVING: $7,993
- Percentage of Giving: 16%

2001 Report

- TOTAL GIVING: $1,856
- Percentage of Giving: 9%

Onondaga County Medical Society Giving

GIFTS TO THE JERRY HOFFMAN ADVOCACY AWARD
- Mary Abdulky, MD, Joel Potash, MD

GIFTS TO THE WHITE COAT CEREMONY FUND
- Patricia and Bruce E. Baker, MD ’65, Richard A. Beers, MD

Regina and Robert M. Black, MD ’84, Robert A. Bornhurst, MD ’60, Mitchell Brody, MD, Debra A. Buchan, MD ’87, Duane M. Cady, MD, Armand J. Cincotta, MD, Barbara L. Clayton-Lutz, MD ’92, Lynn M. Cleary, MD

CNY Eye Care
- Willard Cohen, MD ’56, Mr. and Mrs. James E. Coughart, Timothy M. Creamer, MD, Jacinto M. Cruz, MD, Robert C. Cupelo, MD ’82, Theodore G. Dalakos, MD, Daniel L. Dombroski, MD ’60, Robert A. Dracker, MD ’82, Michael P. Duffy, MD ’82, David B. Duggan, MD ’79, Ear Consultants of Central NY, PLLC
- Gregory L. Eastwood, MD, John F. Finkenstadt, MD ’76, Michael A. Fitzgerald, MD, Diane F. Green-El, MD ’78, Dr. and Mrs. David R. Halleran, Daniel L. Harris, MD ’64, Richard L. Hehir, MD, Kristina S. Hingre, MD ’87, Robert V. Hingre, MD ’85, Mr. and Mrs. Gerald N. Hoffman, Peter P. Huntington, MD

Shelley V. Street
- Callender, Huy D. Tran, Heather A. Wheat, Luyuan Yu

$1-$99
- Sanjay Jobanputra, Elizabeth Vonfelten

Dr. and Mrs. Robert F. Pyke, Barry Rabin, MD, Patricia Randall, MD, Michael H. Ratner, MD ’68, Nicholas M. Ricciardi, MD ’65, Lorne A. Runge, MD, Jalal Sadrieh, MD, Kendrick A. Sears, MD, Jeffrey S. Sneider, MD, George A. Souferis, MD, Beverly Spirt, MD, Kenneth H. Spitzer, MD, George Starr, MD, Anne R. Sveen, MD ’94, John Sveen, MD ’93, Teamsters Local Union No. 1149

George P. Tilley, MD, Robert E. Todd, MD ’93, Jorge A. Torretti, MD, Upstate Urology, Inc., Howard M. Weinstein, MD, Robert W. Weisenthal, MD, William J. Williams, MD, Robert H. Zimmer, MD ’54

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2002
TOTAL GIVING
$2,330
Percentage of Giving 8%

$500-$999
Rebecca L. Bagdonas
Brian Y. Ng
Christa L. Whitney-Miller

$100-$499
Erica D. Berg
Eben A. Carroll
Madison C. Cuffy
Amit Garakani
Elvis Grandic
Jessica J. Lee
Oleg Shapiro

$1-$99
Mahesh A. Netravali

2003
TOTAL GIVING
$3,555
Percentage of Giving 13%

$500-$999
Matthew C. Miller
Damon J. Ng
Anurag Shrivastava

$100-$499
Jonathan I. Berg
Greg R. Blair
Bo Chao
Jay Chen
Alexander Cho
Joseph M. Ferrara, Jr.
Natasha Fievre
Nathaniel S. Gould
Ari I. Jonisch
Eugene Lee
Truc Nguyen
Shannon E. Routhouska
Jessica F. Sherman
William M. Sherman
Erica D. Weinstein

2004
TOTAL GIVING
$3,875
Percentage of Giving 14%

$1,000-$2,499
Natalie M. Roney

$500-$999
Christian C. Bannerman
Michael L. Lester

$100-$499
Matthew J. Egan
Jimmy Feng
Kimberly A. Giusto
Amit Kumar
William D. Losquadro
Jason P. Scimemi
Anna Shapiro
Jonathan L. Silberstein
Anselm H. Wong

$1-$99
Scott P. Albert
Leon Kushnir
Fares G. Mouchantaf
Michelle A. Mouchantaf
Andrew J. Najoivits
John P. O’Brien
Alexander Rabinovich
Alyssa M. Stephany

2005
TOTAL GIVING
$7,462
Percentage of Giving 10%

$1,000-$2,499
Jeremy B. Barowsky
Christine Chen
Daniel R. Lefebvre

$500-$999
Joby George
Samantha Ng
Rachel M. Pessah-Pollack
Kelly M. Willman
Isabelle Zamfirescu

$100-$499
Ramin Cohanim
Yauvana V. Gold
Ericalyn Kasdorf
Svetlana Kotova
Matthew C. Martinez

$1-$99
Jennifer A. Adair
Dana R. Cohen
Michael de la Cruz

2006
TOTAL GIVING
$1,873
Percentage of Giving 13%

$500-$999
Glenn E. Groat
Jodie M. Howell
Anne Marie Tremaine

$100-$499
Jill-Ann E. Cilente
Daniel D. Hayes

2007
TOTAL GIVING
$1,768
Percentage of Giving 14%

$500-$999
Yvonne Cuffy
Amit S. Dharmooj
Paige Dorn
Roan Glocker
Miranda Harris
Lisa K. Law
Alexandra McCann
Adams
Signa Perkins
Marny Shoham
David Spierer
James Terzian

2008
TOTAL GIVING
$1,118
Percentage of Giving 13%

$500-$999
Marissa Mincola
Michael Mincola

$100-$499
Jacqueline R. Busingye
Melanie Hawver

2009
TOTAL GIVING
$2,365
Percentage of Giving 10%

$1,000-$2,499
Robert Day

$100-$499
Jennifer Clarke
John P. Fischer
Rebecca Fischer
Robert P. Kallinicos
Dodji Modjinou
Won Hong Ung
Robert Van Gorder
Krystle Williams


$1-$99
Gene Lee
Sean P. O’Malley

$1,000-$2,499
Natalie M. Roney

$500-$999
Christian C. Bannerman
Michael L. Lester

$100-$499
Matthew J. Egan
Jimmy Feng
Kimberly A. Giusto
Amit Kumar
William D. Losquadro
Jason P. Scimemi
Anna Shapiro
Jonathan L. Silberstein
Anselm H. Wong

$1-$99
Gene Lee
Sean P. O’Malley

Gifts to the N. Barry Berg, PhD Scholarship for Musculoskeletal Medicine
N. Barry Berg, PhD
Yukwah N. Chan, MD ’85
Larry Consenstein, MD ’77
Sarah E. Fabiano, MD ’10
Burk Jubelt, MD
Danielle A. Katz, MD ’97
Celeste M. Madden, MD ’77
Ketty Michel, MD ’84
Lewis Robinson, MD ’73

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2010
TOTAL GIVING $925
Percentage of Giving 7%

$500-$999
Jennifer L. Tibbens-Scalzo

$100-$499
Anonymous
Shirley Chan
Sarah E. Fabiano
Bridgit Nolan
Jason A. Williams

$1-$99
Sarah Averill
Amanda J. Breder
Michael G. Fitzgerald
Jin Qian
Elizabeth Riccardi

2012
TOTAL GIVING $100
Percentage of Giving 3%

$1-$99
Anjali Cherukuri
Adam T. Liegner
Toni Melville
Kerry Whiting

$100-$499
Stephanie E. Guerreri

$1-$99
Lauren M. Titone

2013
TOTAL GIVING $240
Percentage of Giving 3%

$100-$499
Jenny A. Johnson
Justin P. Meyer

$1-$99
Matthew P. Pepper
John T. Quaresima

2014
TOTAL GIVING $125
Percentage of Giving 1%

$100-$499
Stephanie E. Guerreri

$1-$99
Lauren M. Titone

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Bank of America
General Electric Matching Gift Program
Johnson & Johnson Family of Companies
Merck and Company, Inc.
Pfizer Foundation Matching Gift Program
Quest Diagnostics

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Lynn M. Cleary, MD
Sandra Coplon
Ruth Coughlin
Owen R. Ehrlich, MD
Fenimore Asset Management, Inc.
Dr. and Mrs. Philip Fraterigio
Barbara Hemmerlein
Rabbi Paul Kurland
Frank Lancellotti, MD
Rebecca Lazar
Paul E. Norcross
Elaine Rubenstein
Josephine Anne E. Rurka
Mark Schmitt, PhD
Daniel and Lauren Smith
The Community Foundation of Herkimer & Oneida Counties, Inc.
David and Kate Wong

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Honor, Memorial Gifts

MEMORIAL GIFTS

In Memory of Richard H. Aubry, MD
Michael D. Horn, MD ‘67

In Memory of Theresa Baltera
Robert Baltera, MD ’85
Lori J. Mosca, MD ’84
Ralph Mosca, MD ’85

In Memory of Schiele A. Brewer, MD ’61
Heleene Brewer

In Memory of Elbert Brodsky
Ronald C. Brodsky, MD ’81

In Memory of Benjamin H. Button, MD ’58
Jane Button

In Memory of Norman S. Coplon, MD ’61
Sandra Coplon

In Memory of Frank E. Coughlin, Jr., MD ’56
Ruth Coughlin

In Memory of Stephen E. Cummings
James J. Cummings, MD ’82

In Memory of Dr. Sami Daye
Maureen W. Daye, MD ’89

In Memory of Alfred W. Doust, MD ’35
Mr. and Mrs. Richard W. Doust

In Memory of Harry Feldman, MD
Phillip C. Gioia, MD ’75

In Memory of J. Howard Ferguson, MD
Anonymous

In Memory of Joseph C. Fischer, MD ’79
John P. Fischer, MD ’09
Mary G. Fischer and
Ann-Marie Campbell
Rebecca Fischer, MD ’09

In Memory of Stuart H. Forster, MD ’80
Timothy E. Dudley, MD ’80
Nicholas J. Stamato, MD ’80

In Memory of Douglas James Harben, MD ’70
Ene Harben

In Memory of John Bernard Henry, MD
Dennis L. Allen, MD ’72

In Memory of Ronald A. Housman, MD ’63
Daniel and Lauren Smith

In Memory of Robert V.P. Hutter, MD ’54
Randi and Stuart Epstein
Ruth Hutter
William I. Staples, MD ’54

In Memory of Ellen Cook Jacobsen, MD ’50
Anonymous
Michael Gordon, PhD
Wendy Gordon, PhD
David V. Keith, MD
Michael Mahelsky, MD ’88
Patricia J. Nunn, MD ’65
Shari and Patrick J. Sheehan, MD ’70
Elizabeth V. Whalen

In Memory of Arnold Jarvis
Claudia Leslie and Louis Lipschutz

In Memory of E. Gregory Keating, PhD
Amber Hansel

In Memory of Martha S. Kincaid, MD ’73
Laurence and Peggy Abeln
Samantha Abeln
Matthew P. Accornero and
Natalie M. Adams
Edward and Janice Burnap
Edward and Mae Burnap
Gregory and Kristen Connolly
Peter K. Endres
Richard F. Endres, MD
George T. Holland and Mary Endres
Alexander and Kate Hood
Carrie A. Minahan
Vincent and JoAnne Myerly
Ernest and Alice Putnam

In Memory of Richard A. Konys, MD ’61
Daniel L. Dombroski, MD ’60

In Memory of Beth Kuppermann
Priscilla R. Leslie

In Memory of Sonya A. LaBella
Christina LaBella, MD ’91
John LaBella, MD ’91
Wallace L. Philips

In Memory of Eliot J. Lazar, MD ’81
Rebecca Lazar

In Memory of Stanley D. Leslie, MD ’51
Bank of America
Bruce M. Leslie, MD ’78
Claudia Leslie and Louis Lipschutz
Avery Leslie O’Neill and Hank O’Neill
Priscilla R. Leslie
Cynthia B. Stewart
Alice J. Turek, MD ’51*

In Memory of Robert C. Lockwood, MD ’46
Daniel O’Hearn, MD ’91

In Memory of Patrick T. Mathews, MD ’03
Patrick L. Basile, MD ’03
N. Barry Berg, PhD

In Memory of Roderick A. McLean, MD ’45
Marilyn McLean

In Memory of Roy S. Moore, Jr., MD ’45
Gary C. Brown, MD ’75

In Memory of Joseph Nerney
Jacqueline R. Busingye, MD ’08

In Memory of Anthony J. Oropallo, MD ’46
Florence S. Oropallo

In Memory of Roy Paster
Claudia Leslie and Louis Lipschutz

In Memory of Lawrence Pickett, MD
Lawrence K. Pickett, Jr.

In Memory of Paula L. Polivy
Bruce M. Leslie, MD ’78

In Memory of Suzanne Shapiro Presser
Stephen E. Presser, MD ’78

In Memory of Julius Rein, MD ’58
George S. Goldstein, MD ’58

In Memory of Andrew J. Rurka, MD ’70
Owen R. Ehrlich, MD
David J. Honold, MD ’70
Patsy M. Iannolo, MD ’81
Josephine Anne E. Rurka

In Memory of Julius Schwartz, MD ’33
Naxon Research Consulting
Louise Judith Schwartz
Susan Schwartz McDonald, PhD

In Memory of Zella M. Small, MD ’77
David F. Kennedy

In Memory of Dr. Oscar and Mrs. Luba Trief
Daniel Himelvesbach
Joshua Himelvesbach
Paula Trief, PhD

In Memory of Eleni Doufekias Vavas, MD ’03
John Vavas

In Memory of
Harold H. Wanamaker, MD ’56
Michael Gordon, PhD
Wendy Gordon, PhD
James Wanamaker
John R. Wanamaker, MD ’87

In Memory of
Irwin H. Weiner, MD ’56
Shawky Z. A. Badawy, MD
Patsy M. Iannolo, MD ’81
Burr Jubelt, MD

In Memory of Caroline Woodruff
Bradley A. Woodruff, MD ’80

In Memory of Harris Wulfson
Howard D. Wulfson, MD ’70

In Memory of Elaine Yoffa Hormung
Jack E. Yoffa, MD ’69

HONORARY GIFTS

In Honor of Rebecca Adler, MD ’15
Harold Adler and Betty Perine

In Honor of A. Geno Andreat-ta
Burr Jubelt, MD
Mark S. Persky, MD ’72

In Honor of
Matthew S. Auyoung, MD ’15
Mr. and Mrs. Fai Auyoung

In Honor of
Erica Brenner, MD ’15
Paul and Mary Brenner

In Honor of
Tara F. Brenner ’17
Paul and Mary Brenner

In Honor of
Sarah Beth Evans, MD ’15
John and Suzanne Evans

In Honor of
Daniel J. Finnin, MD ’15
Mr. and Mrs. Daniel Finnin

In Honor of
John Patrick Fischer, MD ’09, Congratulations on completing your residency in plastic surgery
Anonymous

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In Honor of Richard Gerle, MD
Anonymous

In Honor of the Martha and Samuel Gersten, MD ’39 Scholarship
Joshua M. Rubenfeld, MD ’98

In Honor of Megan C. Getting, MD ’15
Elizabeth S. Slugg

In Honor of Paul M. Grossberg, MD ’75
Mark H. Katz, MD ’75

In Honor of Jerry Hoffman
Mary Abdulky, MD
Joel Potash, MD

In Honor of Jason A. Karelis ’18
Richard and Lisa Karelis

In Honor of Yoni Kurland, MD ’15
Rabbi Paul Kurland

In Honor of Matthew Mason, MD ’08
Jim and Carol Mason

In Honor of Maxwell M. Mozell, PhD
Therese A. Brown
Mark Schmitt, PhD

In Honor of Paula A. Ortiz, MD ’15
Jaime Ortiz and Marcia Garcia

In Honor of Frederick Parker, MD
Shawky Z. A. Badawy, MD
Gregory Fink, MD

In Honor of the R-Med Fund for Northern NY
Hugh S. Fulmer, MD ’51

In Honor of Robert F. Rohner, MD ’52
Alan T. Lefor, MD ’82
Nathan J. Zuckerman, MD ’70

In Honor of Francesca N. Santiago, MD ’15
Mr. and Mrs. Francisco Santiago

In Honor of Elinor Spring-Mills, PhD
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Maureen W. Daye, MD ’89
Danielle A. Katz, MD ’97
Patricia J. Numann, MD ’65

In Honor of Susan Stearns, PhD
Anonymous
Sarah C. Burns
Lisa M. Procanick
Jean Sanger, PhD
Joseph Sanger, PhD

K. Bruce Simmons, MD ’79
Susan Stearns, PhD

In Honor of Michael Storonsky, MD ’15
Gloria Cichon

In Honor of all SUNY Upstate graduates
Neil E. Strickman, MD ’77

In Honor of Paula Trief, PhD
Dan Himmelsbach
Joshua Himmelsbach

In Honor of Alec C. Wilson, MD ’15
Mr. and Mrs. Gary Wilson

Gifts to the Parents and Family Association

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$1,000-$2,499
Robert W. Hempel and E. Ann Gill

SILVER SOCIETY
$500-$999
Paul and Mary Brenner
Jaime Ortiz and Marcia Garcia
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Janlin Wu and Hua Wen

CENTURY SOCIETY
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Toan Vo and Mai Le
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Mr. and Mrs. Gary Wilson
Yi Zhang and Lizhen Ye

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Robert Craxton
George and Jane Dragnich
Jan Gould
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Salvatore and Rose Mastropolous
Robert and Catherine McDonough
Alsacia Pacci
Victoria Pawlick
Dennis and Caroline Polmater
Steven and Robin Rennert
Fred and Lucy Varone

GOLD SOCIETY
$1,000-$2,499
Robert W. Hempel and E. Ann Gill

SILVER SOCIETY
$500-$999
Paul and Mary Brenner
Jaime Ortiz and Marcia Garcia
Elizabeth S. Slugg
Janlin Wu and Hua Wen

CENTURY SOCIETY
$100-$499
Oluwatosin Adekoya
Harold Adler and Betty Perine
Ont and Mark Antosh, MD
David and Leslie Appel
Mr. and Mrs. Fai Auyoung
Saleh Azam
Edna Badu
Isaac and Dinah Bampoe
William and Luann Bartlow
Kevin and Irene Bradley
Mr. and Mrs. Timothy Buel
Jia Min Chen and Ang Ho Lam
Gloria Cichon
Mr. and Mrs. Nicholas Cifra
Greg and Susan Cortese
Jack Coyne and Diane LaVallee
Joseph and Susan DeMari
Gary and Darlene Dollard
Mr. and Mrs. Paul DuFlo
David Edelstein and Deborah Silberman
Theresa Egan
Mr. and Mrs. Michael Elsner
Pauline Enechukwu
John and Suzanne Evans
David and Jacqueline Faulkner
Mr. and Mrs. Daniel Finnin
Lynn E. Fraterrigo Boler, MD ’01
Gregory and Nancy French
Kenneth and Catherine Gardiner
Karen and Edward C. Gross, MD ’80
Thomas and Aries Helm
Mr. and Mrs. Michael Hessenauer
Nickolas and Linda Izzo
Bradley and Teresa Joyce
Richard and Lisa Karelis
Donald Kratzke and Carol Rice
Albert Kukol and Marcia Ward
Stanley and Jean Kulesa
Mr. and Mrs. Thomas Leahy
Anthony and Annawati Liem
Mr. and Mrs. Lawrence Lin
Jim and Carol Mason
Ronald and Mary Meeker
Angela and Jan Miller, DDS
Wali Mohammad, MD
Lori A. Murphy
Sergey Nemech and Olga Dolgikh
Dima and Imad S. Nsouli, MD
Carlos Palacio
Mary Paley
Gaurang and Leena Parikh
Maxine Parker
Rocco and Martha Porcellio
Mr. and Mrs. Stuart Rabinowitz
Elizabeth Ramirez
Vinoda and Nalini Ramprashad
Allen Reiser and Nora Jordan
Michael and Kathleen Reynolds
Michael and Suzanne Rivara
Mr. and Mrs. Francisco Santiago
Ruvan and Karen Shein
Jong-Chuan Shieh and Hsueh-Hui Lee
Mary Louise and Michael W. Sloane, MD ’74
Yong-chern Su and Chiu-chu Kung
Mr. and Mrs. Hyacinth Uche
Toan Vo and Mai Le
Mr. and Mrs. Michael Wiese
Mr. and Mrs. Gary Wilson
Yi Zhang and Lizhen Ye

$1-$99
Michael and Kathryn Anderson
Rose Berkun
David Campbell and Noreen Kenney-Campbell
Nina and Richard M. Cantor, MD ’76
Robert and Mary Alice Clapp
Robert Craxton
George and Jane Dragnich
Jan Gould
Edward and Joanne Grove
David D. Halleran, MD
Mr. and Mrs. Dennis Jacobs
Peter and Annie Kalotschke
Mike and Deirdre Keenan
Gary Kuch and Ellen Tillapaugh
Richard and Renee Levy
Salvatore and Rose Mastropolous
Robert and Catherine McDonough
Alsacia Pacci
Victoria Pawlick
Dennis and Caroline Polmater
Steven and Robin Rennert
Fred and Lucy Varone

ALL GIFTS RECEIVED FROM OCTOBER 1, 2014 THROUGH SEPTEMBER 30, 2015 | *DECEASED
2015 Scholarship Recipients

Thanks to the generosity of alumni support, the Medical Alumni Association awarded more than $300,000 in student scholarships during Reunion Weekend.

A. Geno Andreatta Scholarship
Ryan Holstead

Benjamin N., Mollie P., Gerson H. ’57
and Martin W. Aronovitz, MD ’65
Memorial Scholarship
Leesha Alex and Valini Gosine

The Ayanian Family Scholarship
(ended by Zaven S. Ayanian, MD ’59)
Claire Hennigan

The Theresa Balter Scholarship
Raymon Dhall

The Enwright Endowed Scholarship
Alfred F. and Shirley D. Eitches
Scholarship in Honor of Robert Eitches, MD ’78

Andrew J. Bellantoni, Nicole Cifra,
The Dracker Family Scholarship

Valini Gosine

Scholarship in Radiology

Leesha Alex

Leonard D. Carpenter, MD ’33 and
Ruth E. Carpenter
Memorial Scholarship
Patrick Burke

The Douglas (Ed Ben-Edison)
Cox, MD ’63 Scholarship
Nicodeme Wankgo Agasy

Edwin T. Dailey, MD ’68 Memorial Scholarship in Radiology
Valini Gosine

The Dracker Family Scholarship
Andrew J. Bellantoni, Nicole Cifra, and Adriana Verwey

Robert Eitches, MD ’78
Scholarship in Honor of Shirley and Irving Eitches
Adriana Verwey

Alfred F. and Shirley D.
Enwright Endowed Scholarship
Nathan Jones

Joseph C. Fischer, MD ’79
Memorial Scholarship
Kara Munoz

Medical Alumni Foundation
Founders Scholarship
Jessica Christiano

Sarah Loguen Fraser, MD,
Class of 1876, Scholarship
Kethia Eliezer

The Friendship Scholarship in Honor of Ernest Found, MD ’80, in Memory of his wife, Ellyn Slocum Found, and his daughter, Caroline Slocum Found William Erickson

Joseph J. Gadbach, MD ’12/’43
and Ann Gadbach Scholarship
Lisa Ryder

Max Gara and Robert H.
Gara, MD ’56 Scholarship
Doreen Bribwa Arinaitwe

Suzan and Philip M. Gaynes,
MD ’63 Scholarship
Ryan Holstead

Samuel Gersten, MD ’39 and
Martha Gersten Endowed Scholarships
Steven Karmyski, Jordan Yokes,
Catherine White and Arthur Zak

Jerome C. Goldstein, MD ’63 and
Rochelle Goldstein Scholarship
Valini Gosine

Grant Hobika, MD ’52 Scholarship
Christopher Robles

Robert V.P. Hutter, MD ’54 and
Ruth L. Hutter Scholarship
John Boyle

E. Gregory Keating, PhD Memorial Scholarship
Monique M. Monita

Martha S. Kincaid, MD Scholarship
Leesha Alex

Sonya A. LaBella Memorial Scholarship
Kaitlin Kyi

Stanley D. Leslie, MD ’51
Memorial Scholarship
Lindsey Koester

The Lynch Family Scholarship
Kethia Eliezer

Alphonse A. Maffeo, MD ’72
Scholarship
Larissa Raymond

B. Dale Magee, MD ’75 Scholarship
Larissa Raymond

Patrick T. Mathews, MD ’03
Memorial Scholarship
Austin Meeker

James L. McGraw, MD ’41
Scholarship
Finny John

Gustave P. Milkey, MD ’43 and
Janet B. Milkey Merit Scholarship
Shivik Patel

Peggy and Adolfo Morlang,
MD ’66 Scholarship
Leesha Alex

Rudolph J. Napodano, MD ’59
Scholarship
Ellie Garbade

Sam and Carol Nappi Scholarship
Devin Burke

Onondaga County Medical Society (OCMS) Medical Student Scholarship
Adwoa Boahene and Melissa Gadsden

Betty Reiss, MD ’68 and Jacob Reiss,
MD ’68 Family Endowed Scholarship
Joshua Bonville

Esther and Monroe Richman, MD ’55
Scholarship
Matthew Turnquist

The Schein Family Scholarship

Leesha Alex

Dr. Oscar and Mrs. Luba Trief
Memorial Scholarship

Valini Gosine

Barbara and Harold H. Wanamaker,
MD ’56 Scholarship
Garrett E. Smith

Andrew D. Weinberg, MD ’78
Memorial Geriatric Scholarship

Yuxin Liu

Herbert M. Weinman, MD ’65 and
Suzy Weinman Scholarship Award
Rachel Kopicki

Susan and Jack Yoffa, MD ’69 in
Memory of Elaine Yoffa Hornung Scholarship

Matthew Helm

Class Scholarships
Class of 1966 Scholarship
Alison Goldberg
Carol Kavanagh and
Class of 1973 Scholarship
Dulce Barrios

Presidential Awards
Darik Benson
Candace Hatten
Nathan Jones
Lisa M. Ryder

Student Citizen Awards
Class of 2016
Ruchika Sangani
Adriana Verwey
Class of 2017
Simone Arvisais-Anhalt
MacKenzie Hall
Brielle Stanton
Class of 2018
Jordana Gilman
Diane Kim
Gabriela Sanchez-Bravo

Alumni Scholars
(George J. Buchholtz, MD ’52 Scholarships & Medical Alumni Foundation Scholarships)
Oluwafisayo Adekoya
Elizabeth Apraku
Megan Carey
Elana Cook
Naomie Delone
Lingyun Du
Justin Faulkner
Aluko Gift
Ashlee Noell Green
Onecia Hannibal
Rachel Kopicki
Valerie Kyser
Leonardo Meehan
Adekorewale Odulate-Williams
Kyle Richardson
Michael Rivara
Allan So

Pending Scholarships
Peter J. Adasek, MD ’65 Scholarship
Nathan and Ada August Memorial Scholarship
Stanley A. August, MD ’69 Memorial Scholarship
N. Barry Berg Scholarship for Musculoskeletal Medicine
Elliot Brandwein, MD ’67 and Arlene Eckstein Brandwein, MD ’68 Scholarship
Class of 1955 Scholarship
Class of 1971 Scholarship
Class of 1977 Scholarship
The Garakani Family Scholarship
Edward F. Higgins, MD ’78 Scholarship
Kasten Aker Family Scholarship
Patricia J. Numann, MD ’65 Endowed Scholarship
Adam Oberlander, MD Class of 2005 Memorial Scholarship
Rick Zogby, MD, Class of 1984 Memorial Scholarship

Other Awards/Grants
Alfred W. Doust, MD Endowed Program in Otolaryngology
The Jerry Hoffman Advocacy Award
Carlyle and Ellen Cook Jacobsen Memorial Fund

Fellowships
Ellen Cook Jacobsen, MD ’50 Fellowship in Psychiatry

Lectureships
Robert V.P. Hutter, MD ’54 and Ruth L. Hutter Endowed Lectureship
The Donald and Mary Elizabeth King Endowed Lectureship
The Lawrence Pickett, MD Endowed Lectureship in Pediatric Surgery

Professorships
Stanley A. August, MD ’69 Endowed Professorship in Pediatrics
Medical Alumni Endowed Professorship in Bioethics
Patricia J. Numann, MD ’65 Endowed Professorship
Lloyd S. Rogers Endowed Professorship in Surgery
Leanne and Frank E. Young, MD ’56 PhD Endowed Chair in Biomedical Science
I
n September, along with her 157 class-
mates, Kathryn Lahn ’16 submitted
her residency applications. She hopes
to land a spot in family medicine in the
Albany area, a specific outcome that for
her is a little more important than for
the average medical school graduate.

Lahn and her family actually live
north of Albany. She is the mother
of six children, five of them adopted
out of the foster care system. Throughout
medical school, she has commuted, living
in Syracuse during the week and at home
on the weekends. “Like a truck driver,”
she says.

At 40, Lahn is what is referred to as a
“nontraditional student,” someone who
didn’t follow the standard path from high
school to college to medical school, with
little or no breaks between. Some are late
bloomers in terms of figuring out what
they want to do in life. Others are career
 changers, often people who were always
interested in medicine, but for one reason
or another didn’t think medical school
was a possibility.

That was the case for Lahn. The first
in her family to go to college, she didn’t
start out as a particularly strong student
at SUNY Buffalo, which impacted her
GPA. Nonetheless, she took the MCAT—
then an eight-hour paper test, and
scored well.

But with no parental support and
undergraduate loans, the reality of
medical school seemed daunting. She
took a job as a computer programmer,
doing network security on Wall Street.

At 25, Lahn took the MCAT again and
applied to medical school. She didn’t
receive any interviews and was advised
to do additional coursework to further
prove she could be a good student.

Lahn and her wife, a social worker,
moved to Binghamton, where Lahn
pursued a master’s in medical anthro-
pology with the plan to reapply to
medical school. The couple became
involved in foster care and ended up
adopting an 11–year–old boy with signifi-
cant emotional needs. “We had enough
on our plate, so I decided not to apply,”
she says, instead becoming a stay–at–
home parent for eight years.

At 33, with three children and the
fourth on the way, Lahn started volun-
teeering at a local health center. She took
the MCAT again (previous scores each
expired after three years) and applied
to most of the New York allopathic and
osteopathic schools. Upstate was always
her first choice because of its RMED
program; when she was accepted, she
waived further interviews.

At Upstate, Lahn is one of approxi-
mately 40 nontraditional students, which
the Admission’s Office defines as “appli-
cants over the age of 30 who have had
some sort of career before applying to
medical school,” says Jennifer Welch,
associate dean of admissions.

“There are a few students in each class
that are either older or are parents,” Lahn
says. “We sort of find each other and offer
each other a great deal of support, even if
we’re not in the same class.”
One of those is Matt Kovach, who although nearly 20 years older than many of his classmates, says he “fits right in” his first-year class.

Kovach, 44, applied to medical school right out of college but wasn’t accepted. Instead, he became a chiropractor, practicing for five years before a shoulder injury made that work difficult. He continued his interest in health care through a succession of other health-related jobs—working at a lab at Bristol Myers Squibb, in sales, and the development of a nutrition bar. But he missed helping people. He realized that if money and age were not a factor, he’d pursue medical school. Ultimately, he decided those should not be roadblocks impacting the rest of his life.

“I’m chasing the dream I’ve had since high school, something I had placed on a shelf long ago,” says Kovach, the father of a 15-year-old daughter. “My career didn’t play out in the traditional sense, but my experiences within the health care industry have armed me with insight into many aspects of health care that will only strengthen me as a physician,” he says.

Second-year student Demetrio Muñoz had a successful Wall Street career for 20 years until the 2008 recession, when he was laid off again and again. “I realized I was too young to survive on a career that was no longer feeding me,” he says.

Muñoz was active in volunteering through his church, both at a homeless shelter and visiting patients in the hospital. “I’ve always wanted to do work that helps people,” he says. “When I was on Wall Street I tried to convince myself that I was helping people by making them money, but after many years, I realized I was helping rich people get richer but not doing anything for the people that I really wanted to help.”

Spending time in the hospital opened his eyes to medicine. He felt comfortable there. But he was “terrified” of giving up a salary and plunging into debt.

“I’m grateful for the support of my partner for encouraging me to do this,” says Muñoz, also 40, who plans to pursue emergency medicine. “If it wasn’t for him, I wouldn’t be here and I’m so happy I’m in medical school. And I’m grateful to Upstate for taking the chance on a nontraditional student, because plenty of other schools didn’t.”

Welch actually recommends students take time off between undergrad and medical school, as it adds to their maturity and level of responsibility. However, she says sometimes being out of school for a while creates challenges in terms of renegotiating their academic responsibilities, which can also be exacerbated if students have other familial responsibilities, like significant others or children.

“The first two years were extremely difficult,” says third-year student HeeRak Kang. “You’re expected to know everything. It’s hard to find a balance between studying to be a good doctor and making enough time to spend with the wife and kids. I feel guilty when I study late and come home to everybody already sleeping.”

Kang, now 32, was a manufacturing engineer at Welch Allyn pursuing a master’s in engineering at Rochester Institute of Technology when he read a paper that compared the human genetic code to computer programming. Sparks went off.

“I thought it was fascinating. It made me think maybe I could use my engineering skills for something other than designing machines,” he recalls.

Kang liked being an engineer, and he hadn’t taken any of the pre-med science prerequisites. Nonetheless, he began volunteering with an ambulance service and spent two years taking science courses at night while working full time. He delayed taking his scheduled MCAT by a month because his first son was born. His daughter was born the second month of his first year at Upstate, a week before his second exam.

Kang believes coming to medical school late makes it harder. “It’s almost like a runner who takes a break from their training,” he says. “And I’m a swimmer who just started a road race.”

But now in clinical rotations, he also sees that his age and life experience give him an advantage in connecting with patients and their families, particularly empathizing with other parents. “When you’re a parent, you understand the fear that accompanies having a child who’s sick or injured,” he says. “There’s nothing worse.”

Lahn feels similarly. “I feel really comfortable with the patients,” she says. “I really like taking care of them.”

Despite sacrificing time away from her family, she has never regretted pursuing her medical degree. “I know some people in my situation would have gone to PA or nursing school, but I feel more comfortable being in charge,” she says. “I love nurse practitioners and PAs, but I would always have wondered if I could have done more.”
12/’43
William A. Schiess, of Cicero, NY, is still active and would like to hear from friends.

1945
Brinton T. Darlington, of Tucson, AZ, continues to volunteer at a local charity and rarely breaks 100 at golf.

1946
Reunion
SEPTEMBER 23-24, 2016
Edward Dunn, of Exeter, NH, moved three years ago from Stowe, VT, to a retirement community called Riverwoods in Exeter. He loves living in the coastal northeast and with proximity to Boston. His wife, Audrey, passed away this year.

1949
Charles B. Marshall, of Martinsville, VA, shares that his grandson, Caleb Hundley, DO, completed his residency in emergency medicine in June at Wake Forest Baptist Medical Center in Winston-Salem. He is now on the staff at Wilkes County (NC) Hospital. His bride is a nurse practitioner.

1951
Reunion
SEPTEMBER 23-24, 2016
James Giangobbe ’56 with his wife, Patricia

1953
Daniel J. Mason divides his time between Coral Springs, FL, Leisure World, MD, and Chautauqua, NY. “All is well,” he writes.

1955
Ronald H. Spiro, of Jerusalem, Israel, is enjoying life in Jerusalem and excited to report the arrival of his sixth great-grandchild.

1956
Reunion
SEPTEMBER 23-24, 2016
James P. Giangobbe, of Litchfield Park, AZ, spent his summer in Flagstaff escaping the Phoenix heat. He and his wife, Patricia, celebrated their 55th wedding anniversary on July 23, and are currently building a new home (Villas at Pebble Creek) and scheduled to move in November 15.

1957
Eugene A. Kaplan, of Cazenovia, NY, is still working part time as professor and chair emeritus at the Upstate Department of Psychiatry three days a week, teaching two courses to residents and supervising the clinical work of two or three senior residents. He gave up his own clinical practice last year, and turned his remaining patients over to younger colleagues. He also plays “elder statesman” when asked for advice/counsel. He and his wife, Sandy, do a lot of traveling; this year they will go back to London, and to Hong Kong, where their younger daughter Karen is running the “Teach for All” programs in Southeast Asia and the Pacific. Kaplan recently gave a Grand Rounds presentation called “The Suicide Spectrum,” and the College of Medicine presented him the “President’s Award for Excellence in Teaching.”

Donald E. Robins, of Scottsdale, AZ, and Bert Kwasman met up with classmate Milt Ingerman, and shared a nice dinner and good conversation this past May.
How do you talk about the most painful and formative experiences imaginable when those experiences occurred before you were born? With the number of Holocaust survivors dwindling, that is one of the challenges facing their children and grandchildren as they take on the responsibility of reminding the world of the depths to which humanity is capable of descending.

“They carry a burden for their entire lives,” said Millie Jasper, executive director of the Holocaust and Human Rights Education Center in White Plains, New York.

Families of Holocaust survivors living in New York’s Lower Hudson Valley recently shared how a lifetime of hearing the experiences of their parents and grandparents has affected their own lives. This is one of those stories.

Orthopedic surgeon George Burak, MD ’64, of Edgemont, New York, was born in Vilna, then part of Poland, a month after the Nazis invaded the country in 1939. During the war his family became separated. They spent the war hiding from the Germans and were eventually reunited. He knows that, at some point, he and members of his family spent time in the Warsaw Ghetto, before the famous 1943 uprising. He also knows that his father was a member of the Polish underground, and was captured and tortured by the Germans before he was eventually released.

After the war, his family ended up in a displaced persons camp in Germany, where they stayed from 1945 to 1948 before emigrating to the United States. He remembers his family having to decide whether to settle in Israel or the United States, and his father making the decision by flipping a coin. Because so much of his experience as a child of the Holocaust remains unknown to him, he has had to piece together parts of his family’s experience.

He has shared some stories with his grandchildren, including grandson Ben Brody, 16.

Shortly after the bar mitzvah celebrations of his grandchildren, Dr. Burak took them to Poland to trace the family’s roots and visit concentration camps, an experience that Brody, a sophomore at Scarsdale High School, said changed his life forever. Seared into his memory was the sight of two tons of human ashes piled high at Majdanek.

“Seeing that makes me want everyone on this planet to know the atrocities that happened in Europe,” he said.

Brody had shown an interest in the Holocaust as early as third grade, when he did a school project on his family’s history. That was when he first encountered the stories that would become his passion throughout his adolescent and teen years. He participated in a project called “Remember Us,” in which children preparing for bar or bat mitzvahs honor a specific child killed in the Holocaust. At the Treblinka concentration camp in Poland, he lit a candle in memory of Joseph Lissak, a 9-year-old boy from Poland who was killed there in 1943.

This past winter, he completed a month-long internship at the Holocaust and Human Rights Education Center. He cites his family’s direct involvement, as well as the existence of Holocaust deniers, as reasons that he continues to be passionate about Holocaust education.

“The stories should continue to be passed from generation to generation,” he said.

“T’m super proud of him,” said his grandfather, who considers what his grandson is doing as providing another link in a long chain.

“As long as that link is there and that chain still exists, then the world can understand,” Burak said.

—Seth Harrison

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To read more, visit http://www.lohud.com/longform/life/2015/09/10/holocaust-survivors-families/30930951/
Sidney T. Dana, ’58 of West Palm Beach, FL, has retired. “I miss medicine—a great profession,” he writes.

1960

Bertram G. Katzung, of San Rafael, CA, retired from his day job way back in 2008, but continues to update his books with new editions every two or three years. He and Alice have no plans to move out of the old homestead yet.

Ronald Leifer, of Richford, NY, suffered a stroke four years ago, but it did not affect his mind. Before his stroke, he had written three books, and after he has written three more. The most recent are The Search For Sin Semilla, a fictional memoir, and Essays in Consciousness. Both are in the process of publication.

Bertram Warren, of Springfield, VA, has retired and moved to Greenspring Village, a continuing care retirement community. “Why do people move here? Either because they’re local or a child lives nearby,” he writes. “We’re in the latter group.”

1961

Daniel L. Dombroski, of Camillus, NY, recently attended and celebrated his 55th class reunion.

Irwin N. Hassenfeld, of Delmar, NY, has self published the following two books, Psychiatry in the Capital District of Northeast New York with G. Lavigne, and A Memoir of a Flawed Psychiatrist’s Journey Through an Imperfect World.

Leonard R. Friedman, of Middleton, MA, would like to hear from alumni interested in the history of the Hippocratic Oath and its ethical and political ramifications through its followers. “I have a great interest in Hippocratic physicians like St. Luke, influencing Catholic thought for two millenniums, and John Locke, influencing American organic documents in the founding of our country,” he writes. “Leo Alexander applied the Oath to the post World War II Nuremberg Code. These Hippocratic physicians left clear ethical and political or constitutional contributions that are rarely discussed.”

1963

Arnold Derman, of Metuchen, NJ, is still “alive and well,” he writes. “Fortunately, I picked a remarkable specialty—diagnostic imaging—which to me is still the best crossword puzzle in the world.” His group has grown to 125, soon to be 150, radiologists. He is working part time now, “so he can smell the roses.” He and his remarkable wife of 52 years have three married children and nine grandchildren, who vary from two to 19 years of age.

1964

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1965

Jack Egnatinsky, of Christiansted, VI, was elected president of the board of directors at the annual meeting of the Accreditation Association for Hospitals and Health Systems held on May 22.

Anthony E. Voytovich, of Farmington, CT, retired from the University of Connecticut School of Medicine after 32 years as professor of medicine and research in health education. He served as chief of staff at the University Hospital and as associate dean. He and his wife “celebrated our 52nd wedding anniversary in August, having met when four student nurses appeared at our dissection table in 1961 to observe. The rest is history,” he writes. He was sorry to miss the 50th class reunion as he had a fresh complex arm fracture and couldn’t travel. “Maybe next time!”

Herbert M. Weinman, of Dallas, PA, was recently honored at a dinner along with other doctors including...
Herbert Fellerman, for practicing 50 years in Luzerne County, PA.

1966 Reunion
SEPTEMBER 23-24, 2016

Frank G. Yanowitz, of Salt Lake City, UT, continues to enjoy his part-time cardiology teaching activities and performing on piano every week with the Joy Spring Quartet. His ECG teaching website, http://ecg.utah.edu, seems to be very popular. He is also looking forward to senior discount rates at the fabulous Utah ski resorts.

1967

Bruce D. Edison, of Houston, TX, was named physician of the year by the retired physician organization of Harris County, for his volunteer work inside the medical community and the community at large. Some of his involvement includes working with the San Jose Medical Clinic, on the board of the anti-defamation league, with the emergency aid coalition, and as a child advocate. Since retirement 12 years ago, he and wife Reva have been traveling and spending time with their children and grandchildren in Connecticut and Houston.


1968

Robert L. Bard, of New York, NY, was awarded best presentation at the world conference on dermal treatments in Cannes, France.

Peter F. Coccia, of Omaha, NE, Ittner Professor of Pediatrics at the University of Nebraska Medical Center, is stepping down after 20 years as chair of the College of Medicine’s Promotion and Tenure Committee. His first academic position was in 1974. He has spent 41-plus years in the practice of pediatric hematology and oncology.

1969

John T. McCarthy and Jane Lowinger Falkenstein, of Troy, NY, happily report the birth of their “combined” 11th grandchild, a boy, Alek Martin Falkenstein, on September 8 in West Chester, PA. “We were honored to be there within a few hours of his birth and marveled at his capabilities so early in life: looking into our eyes, turning to our voices, and yes, sticking out his tongue in imitation of us.” In other news, they had great times this past year visiting with their classmates Willie Vacek, Jerry Selzer, and Ronnie Saxon, all in Connecticut. Lastly, they garnered many blue ribbons at their local county fair in Schaghticoke, New York, in arts and crafts, antiques, gardening, and baking.

Andrew J. Swinburne, of Pittsford, NY, finally retired. He practiced pulmonary critical care at Rochester General Hospital and is clinical professor of medicine at the University of Rochester. He is happily married 43 years to his wife, Sandy, who earned a master’s degree in English, then a master’s in fine arts. Their children are all well: Matthew is a lawyer in Baltimore; Nora is a nurse practitioner in Portland; Ian is a post-doc at Harvard; and Alec recently graduated from Cornell Weill and is doing internal medicine at UCLA.

1970

Alan L. Williams, of Blaine, WA, John Albrigo, of Falls Church, VA, Bert Crain, of Hickory, NC, Bill Henion, of Pittsford, NY, Sandy Kuehl, of Gouverneur, NY, Steve Lefkowitz, of Swampscott, MA, and Ed Miner, of Rochester, NY, just celebrated their class’s 45th reunion, where a highlight was a wonderful, laugh-filled dinner reminiscing at the Century Club. They enjoyed themselves and learned a great deal regarding the state of the medical school and the marked transformation of the medical center since they graduated. “Would love to have a better turn out for our 50th in 2020! Please visit the Alumni Office website and update your email and mailing addresses at medalumni.upstate.edu.”

1971 Reunion
SEPTEMBER 23-24, 2016

Harvey M. Cohen, of Boca Raton, FL, retired two years ago from GI practice. He is a volunteer assistant professor at Florida Atlantic University School of Medicine in Boca Raton. He is playing golf, traveling the world, and enjoying his five grandchildren. He and Susan are celebrating their 44th anniversary.
1973

Beverly Khnie Philip and James H. Philip, of Chestnut Hill, MA, walked Europe’s 187 km (120 mile) Haute Route from Chamonix, France to Zermatt, Switzerland, over the Alps this summer in 11 days. “We walked through a world of glaciers and towering, snow-capped peaks, as well as green alpine valleys with flower-covered meadows and picture-book villages,” they write. The route traverses below the summits of 10 of the 12 highest peaks in the Alps and over 3000m passes, with an overall height gain of 50,000 feet.

1975

Paul M. Grossberg, of Madison, WI, says he had a wonderful time catching up with classmates at his 40th reunion. As clinical professor emeritus in the department of pediatrics at University of Wisconsin School of Medicine and Public Health, he continues to teach residents and medical students in the areas of substance abuse, motivational interviewing, and improving patients’ behavioral risks and treatment adherence. He has spent most of his career in the field of college health and continues to work on national grants to help reduce high-risk drinking. He received the 2014 Best Workshop Award from the Association for Medical Education and Research in Substance Abuse (AMERSA) and enjoys keeping his neurons active during ‘retirement’. He and his husband just celebrated 38 years together and have two awesome sons, ages 28 and 21.

1976

Reunion

SEPTEMBER 23-24, 2016

H. James Brownlee, Jr., of Saint Petersburg, FL, retired from full-time work at the University of South Florida College of Medicine in August, after 32 years on faculty and 19 years as chair of the Department of Family Medicine. He is now a professor emeritus. “I hope to attend our 40th reunion in 2016,” he writes.

Lorinda J. Price, of Tampa, FL, is semi-retired but still doing part-time general pediatrics locum tenens. Recently she worked in Delaware, then traveled to New York to see high school and college friends. Last December, she spent two weeks in Guatemala traveling with her daughter, and in September, went to China for the first time—a two week trip. “Would love to hear what my classmates are up to,” she writes.

1978

Richard F. Kasulke, of Geneva, NY, is a first-time grandparent, via son Tom. Son Matt finished general surgery residency at Albany and is now a fellow in minimally invasive surgery at Hartford. Ben is the oldest, and all over the place with cinematography projects.

Ronald D. Klizek, of Lakewood, NY, recently retired after 33 years as a diagnostic radiologist serving the Jamestown, NY, community. He has served as president of Chautauqua County Medical Society and president of the WCA Hospital Medical Staff, in which he was a member for the entire time. Over the last 12 years, he has been a physician representative on the board of directors of the hospital. He is a member of the Jamestown Radiologists PC, a six-person radiology subspecialty group, and served as its president for many years.
years. Recently, he was honored as physician of the year in the James-town community. He and his wife, Denise, recently celebrated their 40th wedding anniversary. They have two grown children: a son Matthew, who is a librarian/media specialist in Boone, NC, and a daughter, Emily, who is an attorney in Orlando, FL. Ron and Denise plan to retire to Charleston, SC. He is worried that he doesn’t play golf or fish. They both enjoy bicycle riding, traveling, hiking, cooking and wine.  

Stephen E. Presser, of Rochester, NY, shares that his wife of 37 years, Suzanne, passed away at home in October 2014, after a seven-year battle with early-onset Alzheimer’s disease. They met on a blind date set up by Mark Shulman ‘77. Dr. Presser remains in Rochester, practicing Mohs surgery and dermatology.

1979  

David Neifeld, of Chester, VA, and his wife, Jan, recently celebrated their 35th wedding anniversary. They continue to enjoy spending time with their granddaughter as she grows up. They also enjoy seeing their sons and families as well, who both live close by in Richmond. Neifeld continues to practice family medicine, which is not quite as much fun since EMR took over, and is beginning to think ahead to retirement in the not too distant future.

1980  

Susan E. Heywood, of Pennsylvania Furnace, PA, retired early due to cervical trauma. She now owns a 100-acre horse farm and is a therapeutic riding instructor. “My kids are grown. Beth, 26, is a kindergarden teacher near Baltimore and has been married for a year. Mark is in his chief residency at Temple in family medicine. His wife is one year behind him and they have a one-and-a-half-year-old daughter,” she writes.

Michael D. Privitera, of Cincinnati, OH, is president of the American Epilepsy Society.

Neal M. Shindel and Joan S. Dengrove ‘79, of Whittier, CA, write that their son Alex Shindel ’12 finished his internal medicine residency. He is now a chief resident at USC and will be applying for a GI fellowship starting in 2016.

William L. Sternheim, of Boca Raton, FL, is still living in sunny south Florida, practicing hematology and oncology, in his 30th year in the same practice in Palm Beach County. His wife, Lori Jalens, Sternheim ’81 practices radiology nearby. Their three children are out of the house, with David soon completing his fourth year of medical school at Northwestern in cold Chicago. Gillian graduated from Washington University in St. Louis and is doing research in child psychology at Northwestern, and Andrea is a senior at American University in Washington, DC. Their many trips to Africa and South America are now being replaced by weekend jaunts to Chicago and Washington.

Robert M. Vandemark, of Hillsborough, NC, has retired from his position as chief of radiology, at the Orlando VA Medical Center. “I am now back in North Carolina, relaxing and enjoying my grandchildren and family,” he writes. “The work was good, but retirement is better.”

Andrew W. Gurman, ‘80 of Altoona, PA, was elected president of the American Medical Association. He is an orthopaedic hand surgeon, in private practice.

1981 Reunion  

SEPTMBER 23-24, 2016  

Gerard R. Martin, of Washington, DC, received the Distinguished Fellowship Award at the American College of Cardiology’s Scientific Session in March. He is senior vice president of the Center for Heart, Lung, and Kidney Disease at Children’s National Health System in Washington.

Stephen A. Spaulding, of Horseheads, NY, shares that his daughter, Laura Helm, is a third-year family practice resident at Fort Belvoir, VA, and had a baby girl, Marie Therese, on August 1. Son Bill is a play-by-play broadcaster in the Boston area. Daughter Mary Claire is at Jefferson Community College in Watertown studying zoo technology. Spaulding is still at Schuyler Hospital and his wife, Terry, is taking a leave of absence to be the ‘nanny-granny’ for the new grandchild.

1982  

Joseph A. Smith, of Hillsborough, NJ, and his wife, Fern, celebrated their 36th anniversary and both are working hard in their family medicine practice, where Fern is the billing manager. Their daughter, Becky, 32, recently became engaged. Her fiance is from Ireland and they will be getting married in Portugal next summer. Daughter Jenny, 29, is getting her counseling psychology degree. Son Danny, 26, works at Madison Square Garden.
1984

John R. Ayres, of Lakewood Ranch, FL, and wife Deb are enjoying the freedom of an empty nest lifestyle now that both daughters have graduated from college and are working in New York City. When they left Syracuse for the warmer weather of Florida, they did not anticipate their children would eventually opt to return to the colder climate of Manhattan and Brooklyn. They are travelling back and forth quite a bit and would welcome working together with anyone interested in putting together a Gotham Upstate Alumni get-together.

James D. Kondrup, of Binghamton, NY, continues to travel the world teaching laparoscopic surgery. He has been to Saudi Arabia, Kuwait, Syria, Bahrain, Oman, Qatar, Israel, Wales, Cyprus, South Africa, Italy, Belgium, Netherlands, Germany, Spain, Mexico, UK, China, Malaysia, Borneo, Thailand, Dubai, Abu Dhabi, Chile, Colombia, Brazil and, oh yeah ... the U.S. His son, Ben, finished his first year at the United States Naval Academy and declared he wants to be a Naval Flight Surgeon (Yo Joe Dervay) after spending two weeks on the carrier Stennis. “Ooh ralh”

Kevin O’Connor, of Horseheads, NY, has been named chief of medical specialties for Arnot Health in Elmira, NY.

1986

Reunion

SEPTEMBER 23-24, 2016

John Labiak, of Saint James, NY, is excited to welcome his first grandchild, Luca Turturro, born April 22, to daughter Kelly and Walter Turturro. They are doing well and living in New York City.

1987

Martin J. Heslin, of Birmingham, AL, was elected the chief of the medical staff at the University of Alabama at Birmingham. “We are completing our 20th year here and appreciate the mostly warmer weather,” he writes.

1988

R. Eugene Bailey, of Manlius, NY, is now medical director of the Christian Health Service of Syracuse (CHSOS), a diagnostic and treatment center that serves the Medicaid, underinsured, and uninsured population of Onondaga County. It has been in operation since December 2012, and has a total of four providers. CHSOS functions by utilizing a small number of paid employees and a huge number of volunteers. In addition, Bailey recently returned from El Salvador, where he performs short-term medical missions serving three communities in Guaybo, Soyapongo, and La Liberated. He is married and has three children. His

1989

Lisa, happily celebrated their 29th wedding anniversary.

James Raphael, of Bryn Mawr, PA, became chairman of the Department of Orthopedic Surgery at Albert Einstein Medical Center in Philadelphia.
Blazing New Trails

In 1995, when Steve Weinman, MD ’89, set out to write a trail guide for the Shawangunk Mountains, he had no idea it would have such longevity. Twenty years later, A Rock with a View: Hiking, Biking and Skiing The Shawangunk Mountains, is in its fifth edition and has earned $21,000, proceeds Dr. Weinman has donated to local and environmental charities.

A native of New Paltz, New York, Weinman did not grow up hiking, despite the natural wonder around him. “My parents grew up near New York City. They just weren’t hikers,” he says.

Weinman’s own appreciation for the mountains began to grow during outdoor summer jobs while in high school and college, but didn’t fully develop until he was living in Colorado, where he worked as a locum tenens physician after residency.

“In Colorado, every town has its own trail guide,” Weinman says. “At the time, there were only rock climbing guides to the Shawangunks, but there was nothing for hiking or for mountain biking, which was becoming very popular.”

Weinman returned to New Paltz and created the guide, a 68-page saddle-stitched book that includes everything from a leisurely stroll to the most strenuous hike. “I think part of the guide’s success is that it was flat and fit in your pocket, so it was easy to take with you,” he says.

Although the latest version has a spine and includes information on biking, cross country skiing, and local accommodations, it retains its slim profile and portability.

Board certified in family medicine, Weinman spent 16 years after residency working locum tenens positions, mostly in emergency medicine, in locales ranging from Colorado to Guam. After returning to New Paltz, he joined forces with his wife, Mille, his father, Herbert Weinman, MD ’65, who practiced family medicine for 25 years in New Paltz, and his sister, Virginia, a physician’s assistant, to open the FirstCare Walk-In Medical Center, an urgent care facility in Highland, New York.

“We could see that there was a big need. There was no significant medical facility in the area that could handle walk-ins,” says Weinman, who serves as medical director. His father, who has an MBA, oversees the finances as well as treating patients, and his sister practices as a PA and handles human resources. Weinman’s wife designed the interior of the state-of-the-art facility and is the company’s advertising and graphic design director.

The Center sees a combination of patients: tourists; locals who don’t want to wait for an appointment with their regular physician; and locals who treat FirstCare as their primary care physician. “We’re clearly filling a need,” Weinman says. “We’ve grown from an average of 30 visits a day when we opened in 2008 to 110 visits a day today.”

Over time, the Center has added physical therapy and occupational therapy, services patients had to previously travel to other cities for, as well as a family practice. In addition, Weinman has taken extensive training in cosmetic procedures and runs the EssenceMediSpa, a cosmetic dermatology practice specializing in anti-aging and skin rejuvenation procedures.

When he’s not working, you can find Weinman hiking or biking in the mountains nearby with his wife and three children. “I’ve had each of my kids in the babyseat behind my bike starting when they were three months old,” he says. “They love it.”

Weinman recently released A Rock With A View as an ebook, which is available at iBooks and at NewPaltzTrailGuide.com. “I encourage my classmates to buy a copy and come to New Paltz for a personalized tour,” he says.

—Renée Gearhart Levy
son will begin Upstate Medical University in fall 2016. His youngest daughter is in nursing school at Crouse Irving Memorial and his oldest daughter works for KS&R, a local research firm.

Suzanne M. Piotrowski, of Rochester, NY, is associate professor at the University of Rochester Department of Family Medicine. She was recently awarded the Society of Adolescent Health and Medicine Hillary J. Millar Innovation Award for her work with Rochester urban youth. She is also director of teen health and success partnership at the University of Rochester.

1990

Paul O. Ketro, of Boston, MA, moved to Boston after residency and stayed. He lives with his wife and daughter. He has been working for Massachusetts General Hospital for the past six and a half years.

1991

Reunion SEPTEMBER 23•24, 2016

1992

Jaime A. Alvarez, of Fort Myers, FL, writes, “Hello class of 1992!” He and Helen are going on their 17th year in their private practice, despite all of the changes in health care. Their oldest son graduated from Georgia Tech. Their youngest has one more year at Florida Atlantic University. And he is still a Hurricane fan! “Go canes!”

1995

Joshua D. Steinberg, of Johnson City, NY, is residency faculty at the family medicine program in Binghamton along with clinical campus stuff. He’s doing old-fashioned, full-spectrum family medicine including office, hospital, and obstetrics. He leads a national collaborative curriculum program for obstetric education. In addition, he has a hobby writing free iPhone software for doctors and trainees worldwide. He also has a two-year-old son at home so life is busy. “Feel free to drop me a line and say hello,” he writes.

1996

Reunion SEPTEMBER 23•24, 2016

Luis J. Castro, of Syracuse, NY, is proud to mention that he took part in a medical mission with Operation Walk-New York to Antigua, Guatemala, in August. They operated on 67 patients with a total of 82 joints (hip or knee replacements). “Please go to Operation Walk-New York website for more information and donations,” he writes.

1998

Matthew W. Doust, of Scottsdale, AZ, took part in a study published in Anesthesiology, titled “Novel 10-kHz High-frequency Therapy (HF10 Therapy) Is Superior to Traditional Low-frequency Spinal Cord Stimulation for the Treatment of Chronic Back and Leg Pain: The SENZA-RCT Randomized Controlled Trial.”

2001

Reunion SEPTEMBER 23•24, 2016

Namrata Mehta, of Marshfield, WI, is currently practicing family medicine and administration, helping with medical-centered home, meaningful use and quality metrics. She is married to Rahul Sehgal and they are enjoying bringing up their boys, three and seven, in a town of 20,000. This past year she was a regular on Central Wisconsin’s CBS “Doc is In” segments and enjoyed discussing relevant topics and reaching thousands.

Anna M. Olson, of Colorado Springs, CO, welcomed Anika Gabrielle and Axel Garrick in 2015. “What we lack in sleep, we more than make up for in giggles, coos, smiles, surprises, and joy!” she writes. “We are

2003

Namrata Mehta ’03 on her local news station’s “Doc is In” segment

Anna M. Olson ’03 and family
looking forward to each new phase of this crazy love rodeo, and wishing everyone who reads this double happiness, new horizons, and grand adventures.”

Christopher E. Paoloni, of Richmond, VA, was elected chairman of OB/GYN at Bon Secours St. Francis Medical Center, in Richmond.

2004

Kenar D. Jhaveri, of Searingtown, NY, edited a textbook in a new field in nephrology called “Oncinephrology,” a field that deals with renal complications of cancer and chemotherapy.

Alyssa M. Stephany, of Durham, NC, and husband Chris DeCiantis, along with daughter Genevieve, welcomed a son, Grant Thomas, born January 26, 2015.

2007

Evan Cohen, of New York, NY, and wife, Melanie, celebrated the birth of their son, Hunter Leo, on August 21.

Hunter Leo Cohen, son of Evan Cohen ’07 and wife, Melanie

Ralph Milillo, of Roslyn, NY, was recently promoted to medical director of the Northwell Health Reichert Family Imaging at Huntington in Long Island. “If you are in the area, be sure to drop by and check out this gorgeous new state-of-the-art facility!” he writes.

2008

Matthew D. Thornton, of Manlius, NY, recently returned to Upstate Medical University as a faculty member in the Department of Emergency Medicine, specializing in pediatric emergency medicine. Since graduating from Upstate, he has completed his residency in pediatrics at Brown University/Hasbro Children’s Hospital and his fellowship in pediatric emergency medicine at Yale-New Haven Children’s Hospital. He worked for a year in the pediatric emergency department at Baystate Medical Center as a Tufts University faculty member before returning to Upstate. He married his wife, Hannah, shortly after graduation from Upstate. They have two children, Keira, three-years-old, and Rowan, nine-months.

2009

Robert Van Gorder, of Rochester, NY, completed his orthopaedic sports fellowship at the University of Rochester and has recently joined Tier Orthopedic Associates, PC, in Johnson City.

2010

Douglas M. Hildrew, of Pittsburgh, PA, graduated from residency in otolaryngology-head and neck surgery from the Tulane University School of Medicine and is now a fellow in otology, neurotology, and skull-base surgery at the University of Pittsburgh Medical Center. In addition, he and his wife, Rebecca, are expecting their first child in December 2015.

2011


2012

Nathaniel D. Herr, of Minneapolis, MN, married Abby on August 16, 2014, and they now have a two-month-old daughter, Adeline. They will be living in Jinja, Uganda, for five months in 2016, studying the use of lung ultrasound in children with pneumonia as a partnership between the University of Minnesota Division of Global Pediatrics and Global Health Uganda.
Akos Mersich, of Denver, CO, was recently married to Alexis Ritvo, whom he met during their psychiatry residency at the University of Colorado in 2012. They were married in Breckenridge on September 5, 2015. He recently started his child and adolescent psychiatry fellowship at the University of Colorado. Alexis will be starting her addiction psychiatry fellowship in July 2016.

David Strosberg and Jennifer Schwartz ’09, of Columbus, OH, just celebrated their second wedding anniversary in August. Jennifer recently finished her minimally invasive surgery fellowship and started her first attending position as assistant professor at The Ohio State University Wexner Medical Center, general and gastrointestinal surgery, in the Department of Surgery.

Zachary Williamson Shepherd, of Syracuse, has joined the Upstate Department of Medicine as a clinical assistant professor, where he also completed his residency in internal medicine. He served in the U.S. Army in Germany and Iraq prior to joining Upstate.

Rhonda L. Diescher, of Hartford, CT, will be married October 1, 2016, to Andrew Philopena of Manchester, CT, in Auburn, NY.

Anthony S. Rossettie, of Syracuse, is engaged to Josephine Le (SU SLP). He reports Justin Meyer and Jenny Johnson are also engaged, both to be married in the summer of 2016.

House Staff

Mutaz B. Habal, of Tampa, FL, is editor in chief of Journal of Craniofacial Surgery, and celebrated the 25th anniversary of the journal with a signature edition, as the premier journal of the specialty. Habal was chief resident, instructor in surgery at Upstate from 1965-69.
IN MEMORIAM

1945

THOMAS M. FLANAGAN, of Norwich, NY, died July 4. Dr. Flanagan's long association with Syracuse University and the Upstate College of Medicine began with his uncles, T.F. Manley, MD 1901, George L. Manley, MD '20, and his aunt, Margaret J. Manley, a 1907 Syracuse graduate, and continued through generations with his sons, grandchildren, and many other family members receiving Syracuse University degrees. Flanagan served as a physician in the U.S. Navy Medical Corps. In 1951, he returned to Norwich, where he established his practice in urology. He, along with his brother James Flanagan, MD '44, and Phil Aronson, MD, was instrumental in building the Medical Arts Building and was credited with bringing medical specialty care to Chenango County. Flanagan was survived by his wife, Esther; sons, Thomas, Timothy, Peter, Stephen, William, David, and Patrick; 17 grandchildren and seven great-grandchildren.

1954

PHILIP L. FERRO, of Jamesville, NY, died June 3. Dr. Ferro served in the U.S. Navy prior to college. While in private practice in Syracuse with George Soufleris, MD, from 1959 to 1989 he served as a clinical professor in the Upstate Department of Ob/Gyn. After leaving private practice, he joined the department as a full time faculty member and was the director of family planning until his retirement in April 2015. He was survived by his wife, Esther; sons, Thomas, Timothy, Peter, Stephen, William, David, and Patrick; 17 grandchildren and seven great-grandchildren.

1956

C. WILLIAM AUNGST, of Tonawanda, NY, died May 11. He was survived by his wife, Elizabeth; sons William, Frank J.R., and Edward; daughters Catherine, Caroline, and Claire; stepchildren, Jeremiah, Joseph, Karen, Patricia, John, Margaret, Elizabeth, and Kathleen; 26 grandchildren; and one great grandchild.

1957

WALTER A. SUNDERLAND, of Salem, OR, died June 1.

1958

HUGH G. GREGG, of Easton, MD, died March 15, 2014. Dr. Gregg practiced medicine in New Brunswick, NJ, until 1970, then moved to Easton and joined Easton Memorial Hospital’s Radiology Department. He was appointed chief of radiology in 1980 and was appointed to the board of directors of Memorial Hospital in 1988. He was instrumental in bringing new imaging technology to the radiology department in the 1980s and 1990s. He continued to practice medicine at the hospital and at Shore Radiology until his retirement in 1999. He was survived by his wife, Barbara; two sons, Gordon, and Kevin; his brother, Dr. Robert Gregg; and four grandchildren.

1963

DONALD J. MAYERSON, of East Chatham, NY, died February 1.

1965

MARTIN WILLIAM ARONOVITZ, of Colorado Springs, CO, died October 12. Dr. Aronovitz served in the U.S. Public Health Service as a Naval Lieutenant Commander. He completed his psychiatric training at the University of Colorado and the University of New Mexico. He set up a private psychiatric practice in Colorado Springs, practicing more than 40 years. He also served as a consultant to Fort Carson, Peterson Air Force Base and the U.S. Air Force Academy. He was survived by his wife, Alice; son Benjamin A. Aronovitz, MD ’99; daughter Ann; and two grandchildren. Donations can be sent to the Benjamin N., Mollie P., Gerson H. ’57 and Martin W. Aronovitz, MD ’65, Memorial Scholarship, Upstate Medical Alumni Foundation, Setnor Academic Bldg #1510, 750 E Adams St, Syracuse, NY, 13210 or online at medalumni.upstate.edu/donate-endow.

2005

ADAM M. OBERLANDER, of Huntington, NY, died July 26. He was survived by his parents, Norman and Carol Oberlander; his sister, Janeen Sucharski; and his grandmother, Halina Darrow. Donations can be sent to the Upstate Medical Alumni Foundation/ Oberlander Scholarship, Setnor Academic Bldg #1510, 750 E Adams St, Syracuse, NY, 13210 or online at medalumni.upstate.edu/donate-endow.
IN MEMORIAM

Dialysis Pioneer

NORMAN S. COPLON, MD ’61

NORMAN S. COPLON, MD ’61, of Portola Valley, CA, died January 11. Dr. Coplon was known throughout the field of nephrology and the dialysis industry for his patient-first focus and innovative spirit, which evoked many new industry standards.

A native Syracusan, Coplon attended Syracuse University and Upstate Medical University, where he specialized in renal-electrolytes, the precursor to the field of nephrology. He completed his residency at Kaiser Permanente Medical Center in San Francisco, followed by a fellowship in nephrology at Stanford University School of Medicine, and was named medical director of Stanford’s Renal Care Unit.

When he took the helm there, dialysis had been in use for about a decade and was only available at large regional hospitals. Some of his patients traveled hours for dialysis treatments, significantly impacting their lives and those of their families. Aided by extensive research and the support of his medical community, Coplon developed an innovative new delivery model to provide patients with better access to care.

In 1973, the first freestanding dialysis facility in California opened in San Jose, with Coplon leading a staff of four. Coplon named his not-for-profit company Satellite Dialysis. Patients were treated in La-Z-Boy chairs he personally selected—a departure from the in-bed treatments administered at hospitals—and could now read, watch TV, and talk to fellow patients and staff while dialyzing. The model proved to be a success and other Satellite Dialysis centers opened their doors across the greater San Francisco Bay Area and Central Valley.

In 1999 Satellite Dialysis was renamed Satellite Healthcare to reflect the wide variety of services and activities being conducted, including the funding of on-site and off-site research and extensive efforts to better educate patients and the public about end-stage renal disease. Today, Satellite Healthcare’s staff of more than 1,500 provides care to more than 6,000 patients across 75+ centers in six states.

Coplon was an early leader in encouraging people on dialysis to do the things they’d always loved to do, including travel. He established the first-ever dialysis center on the grounds of Yosemite National Park so visitors could readily receive dialysis during their vacations there. He arranged for trips to Hawaii and Alaska for his staff and as many as 30 patients at a time with their immediate family, filling entire chartered planes.

Coplon was the recipient of numerous awards and honors, including the prestigious Martin Wagner Memorial Award from the National Kidney Foundation in 1979, the highest honor the foundation can bestow on a lay volunteer, and the organization’s Man of the Year award in 1992. The Norman S. Coplon/Satellite Healthcare Professorship in Medicine was endowed at Stanford University Department of Nephrology in 2008.

Coplon’s spirit lives on through the Norman S. Coplon Grants, established by Coplon and Satellite Healthcare in 2000, to fund promising research on kidney health. The Coplon Grants have become one of the nation’s largest private research endowments offered in the renal industry.

Dr. Coplon was survived by his wife of 53 years, Sandra; his daughters, Bonnie and Deana; his son Dovid; 13 grandchildren; a great-grandson; and his brother, Arthur.

House Staff

JULES HIRSCH, of Englewood, NJ, died July 23. Dr. Hirsch was an early leader in the study of human metabolism, highlighting the dynamic interactions among diet, metabolism, and obesity. He received his undergraduate degree from Rutgers University and earned his MD at Southwestern Medical School, University of Texas in 1948. After an internship at Duke University Hospital, residency at Upstate, and two years as an officer in the Public Health Service, Hirsch joined Rockefeller University as an assistant physician in 1954. In 1967 he was a professor and senior physician and was named Sherman M. Fairchild Professor in 1988. He served as physician-in-chief of the Rockefeller University Hospital from 1992 to 1996. He was survived by two sons, David and Joshua.

JOHN F.H. KEIGHLEY, of Ashburn, VA, died September 12, 2014. Dr. Keighley attended Beaumont College, Old Winsor, in Berkshire, and medical school at Trinity College, Cambridge University and Middlesex Hospital Medical School in London, England. His important work in pulmonary disease research and treatment helped save many more lives during his long and distinguished career. He was survived by his wife, Anita; sons John and David; and daughters Elizabeth and Joanne.
Applying to medical school is a highly competitive—and often highly stressful—process. We’d like to help.

As a service to our alumni, the Upstate Student Admissions Office will host a medical school admission workshop designed to help “friends” of Upstate as they prepare to apply to medical school. The half-day interactive workshop, intended for college students and beyond, will provide an insider’s view on how we evaluate applications and offer tips on preparing for interviews, as well as one-on-one constructive feedback regarding individual applicant credentials.

Friends of Upstate Admissions Workshop
June 13, 2016

9:00 am  Registration / Continental Breakfast
9:30 am  Welcome / Program Overview
9:45 am  How to Apply to Medical School:
          Nuts and Bolts
10:00 am The Application
         ■ Dos and Don’ts
         ■ What the Admissions Committee
           Really Wants to See
         ■ Examples of Applications
10:45 am The Personal Statement
          ■ What We are Really Looking For
11:00 am The Interview
          ■ Dos and Don’ts
          ■ What Interviewers Want to Hear
11:30 am MMI Mock Interviews
       Noon  Lunch
1:00 pm  One-on-one counseling sessions with
         Admissions Staff Members

This program is designed to help future applicants assess potential strengths and weaknesses so they can prepare the strongest application possible, wherever they choose to apply to medical school. Although we hope your loved ones will choose to apply to Upstate, participation in the workshop should not be viewed as indication of future admission.

To register, please visit the Admissions website at upstate.edu/prospective
Upcoming Alumni Events

ANNUAL CAREER
ADVISORY
NETWORKING
DINNER

**Syracuse**
Weiskotten Hall
9th Floor
January 4
5:30 - 8:30 pm

**Binghamton**
Grande’s Bella Cucina
January 6
6:00 - 8:00 pm

ALUMNI REGIONAL
EVENT
**Boston**
Summer—Date TBD

REUNION WEEKEND
**Syracuse**
September 23 & 24

For more information, visit upstate.edu/medalumni